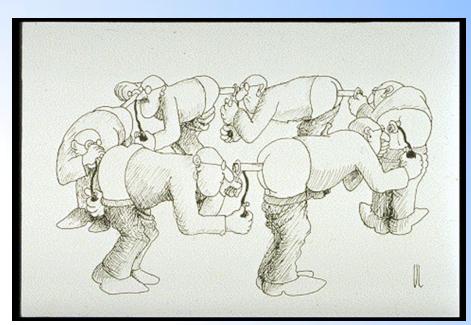


Can We Improve Screening Methods of CRC?



Nadir Arber MD, MBA, MSc

Health Promotion Center and

Center Integrated Cancer Prevention Center

Tel Aviv Medical Center and Tel Aviv University



Ideal CRC Screening Test

- Organized program
- · High Uptake
- Test accuracy (NPV, PPV, Spec, Sens)
- Quality (FIT, colonoscopy, polypectomy)
- Costs
- Adherence to surveillance
- · Reduced incidence of CR neoplasia
- Reduced specific morbidity
- Reduced specific mortality
- Reduced overall mortality



Different Screening Modalities

- Blood tests (Septin9, Medial, CD24)
- ▶ Stool Tests (FOBT, FIT, Cologuard, M2-PK)
- Sigmoidoscopy
- Colonoscopy
- CT-colonography
- Capsule endoscopy (Mea



The best screening test is the one that gets done

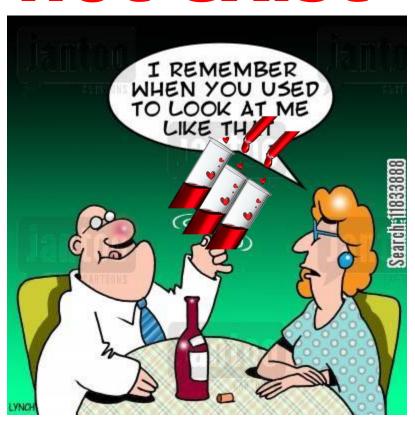
Each one has different preferences





And you thought your job sucked

Blood test is highly desire but still does not exist



Low Public Compliance with CRC Screening









In 2017 **Any Screening** Modality is Better than Nothing

But colonoscopy is still the best option

The New England Journal of Medicine

(2006; 355,1863)

ORIGINAL ARTICLE

Colonoscopy in Colorectal-Cancer Screening for Detection of Advanced Neoplasia

Jaroslaw Regula, M.D., Maciej Rupinski, M.D., Ewa Kraszewska, M.Sc., Marcin Polkowski, M.D., Jacek Pachlewski, M.D., Janina Orlowska, M.D., Marek P. Nowacki, M.D., and Eugeniusz Butruk, M.D.

ABSTRACT

BACKGROUND

Recommendations for colorectal-cancer screening are based solely on age and family history of cancer, not sex.

METHODS

We performed a cross-sectional analysis of the data from a large colonoscopy-based

From the Department of Gastroenterology, Medical Center for Postgraduate Education, and the Maria Sklodowska-Curie Memorial Cancer Center and Institute of Oncology (J.R., M.R., M.P., J.P., J.O., E.B.); and the Departments of Biostatistics (E.K.) and Colorectal

1828

My wife is perfect.....

I think I am

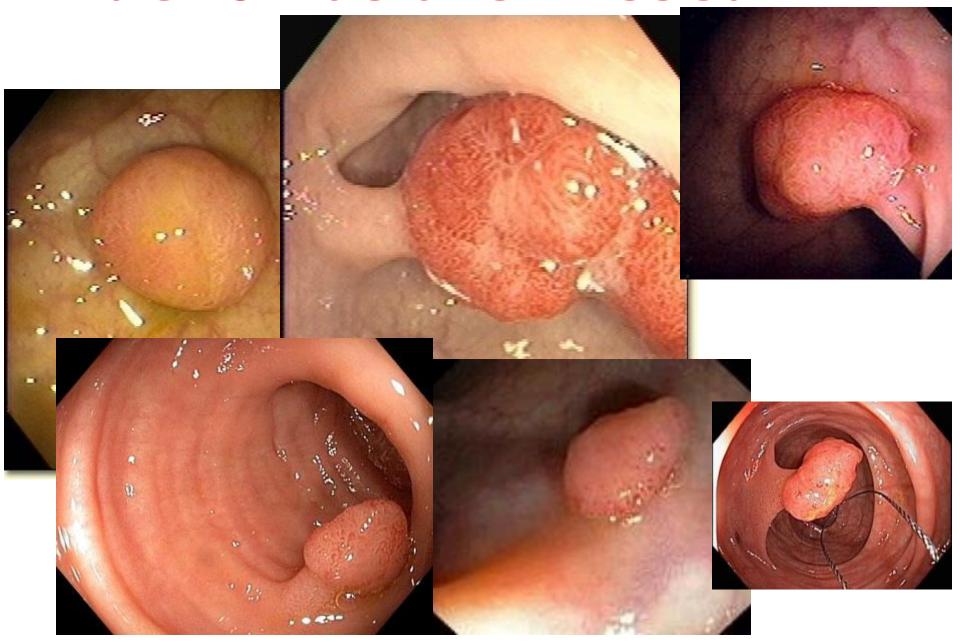
But colonoscopy is definitly not perfect...







Adenomas are missed...



High ADR Decreases the Risk of Interval Cancer:

Colonoscopy-based CRC screening

186 endoscopists

46,032 subjects

Endoscopist ADR

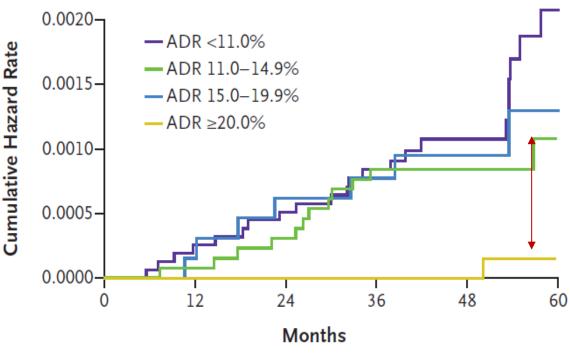
188,788 persons-years

42 interval cancers

Interval cancers according to ADR;

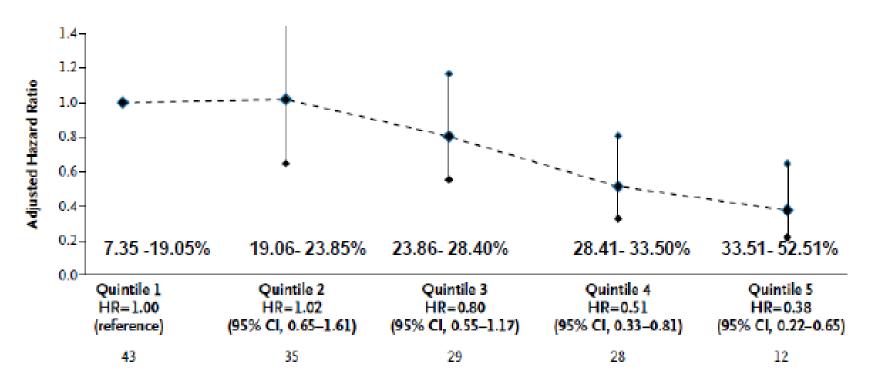
<u>></u> 20%	1
15-19.9%	12.50 (1.5-103.4)
11-14.9%	10.75 (1.3-85.0)
< 11%	10.94 (1.3-87.0)

HR (95% CI)



Kaminski MF, N Engl J Med 2010; 362: 1795-803

High ADR Decreases the Risk of CRC Death:



Each 1% ADR increase = 5% decrease in CRC death

Why Do We Miss Adenomas?

- Inadequate colon prep
- Flat/depressed lesions
- Colon anatomy (proximal folds and flexures)
- Suboptimal technique
 - Short withdrawal time
 - Missing cecal intubation

Low ADR

Current technology limitations

ORIGINAL ARTICLE

Quality Indicators for Colonoscopy and the Risk of Interval Cancer

Michal F. Kaminski, M.D., Jaroslaw Regula, M.D., Ewa Kraszewska, M.Sc., Marcin Polkowski, M.D., Urszula Wojciechowska, M.D., Joanna Didkowska, M.D., Maria Zwierko, M.D., Maciej Rupinski, M.D., Marek P. Nowacki, M.D., and Eugeniusz Butruk, M.D.



Quality Colonoscopy

- Bowel Prep given in split doses
- Cecum should be intubated and documented by photography
- Colonoscopists should measure adenoma detection rate
 - 20% in women
 - 30% in men
- Withdrawal time in negative screening exams should average at least 6 minutes





Improving Polyps Detection

- Extra Wide Angle View Endoscope (Olympus)
- Full Spectrum Endoscopy (EndoChoice)
- Third Eye Retroscope and Panoramic
- Aer-O-scope (GI-View)
- G-Eye (Pentax)
- EndoCuff (Medivator)
- EndoRings (Endoaid)
- Colonic Capsule (Medtronics)
- Prepless Colonic Capsule (Check-Cap)



Mechanical Fold Flattening Approach



Cap assisted colonoscopy





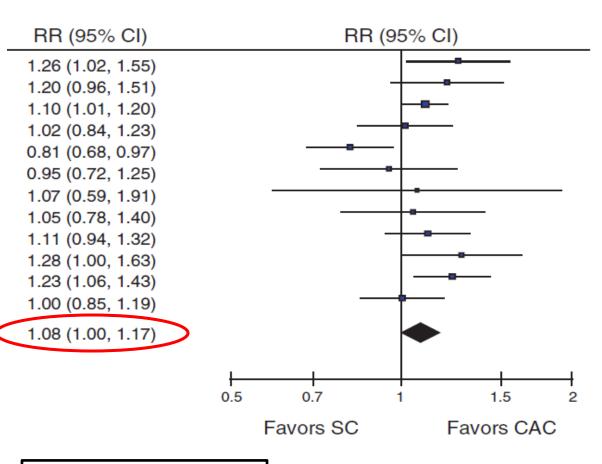
Endocuff/ Endoings Endoscopic Over tube





Cap-Assisted Colonoscopy: A Meta-Analysis with Borderline Efficacy

Endpoint = Polyp Detection

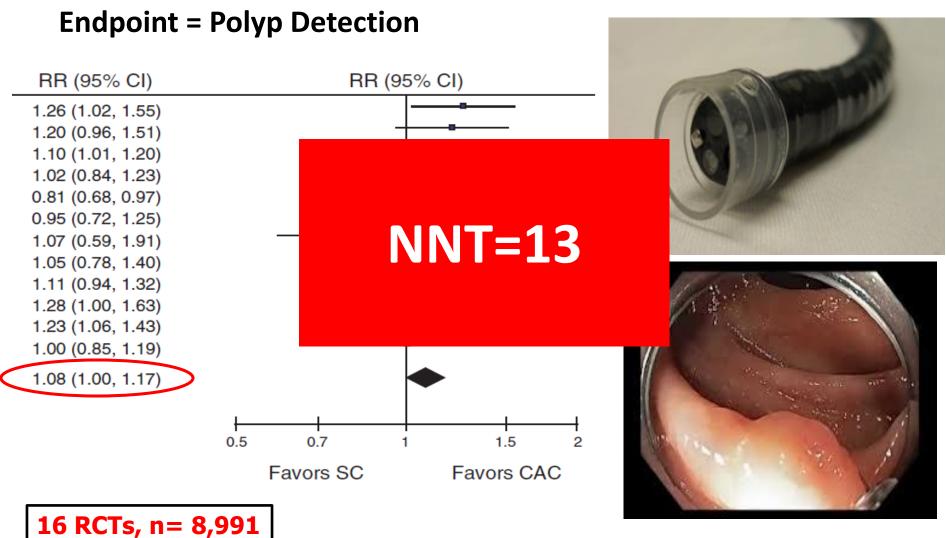






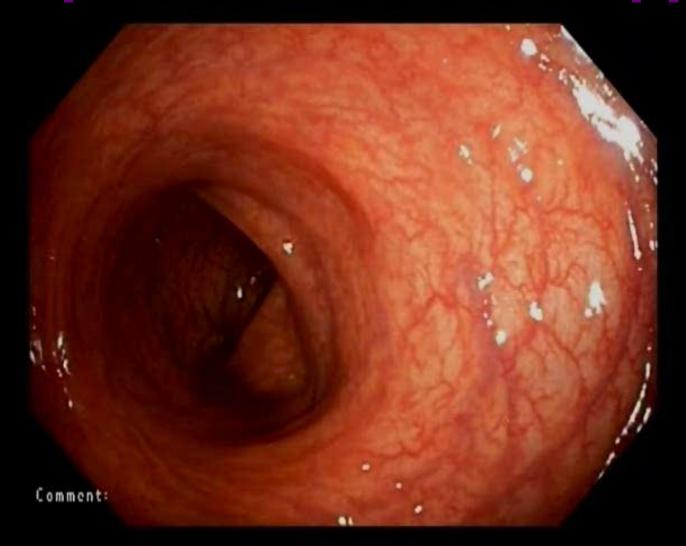
16 RCTs, n= 8,991

Cap-Assisted Colonoscopy: A Meta-Analysis with Borderline Efficacy



Phol et al. Endoscopy 2015, Ng SC et al. Am J Gastroenterol 2012

Cap-Assisted Colonoscopy



NaviAid™ G-EYE™ Balloon-Colonoscope

SMART Medical Systems, Ra'anana, Israel

- Pentax colonoscope with permanently integrated, reusable balloon
- Balloon inflated by the endoscopist (foot pedal) through the colonoscope internally, no external mounted accessories
- Cecum with balloon deflated
 - ✓ Balloon inflated to engage the colon walls& withdrawn
 - ✓ Mechanical straightening of folds & flexures

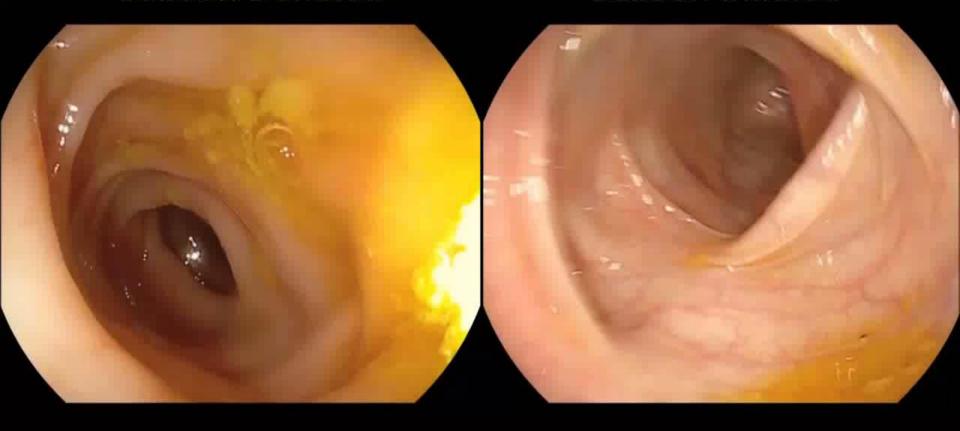




NaviAidTM G-EYETM

Balloon Deflated

Balloon Inflated



EndoCuffTM (Medivators)









EndoCuffTM

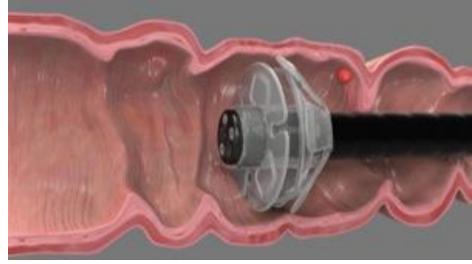
- RCT, 2 centers, n=498
- Colonoscopy with and without endocuff,
- EC 63% more polyps detected
- PDR = EC 56% vs no EC 42%, p=0.001
- EC significantly more polyps (<1cm) detected
 in cecum (p=0.001) and sigmoid (p=0.002)
- ADR significantly increased by 86% (P=0.002)
- No adverse events



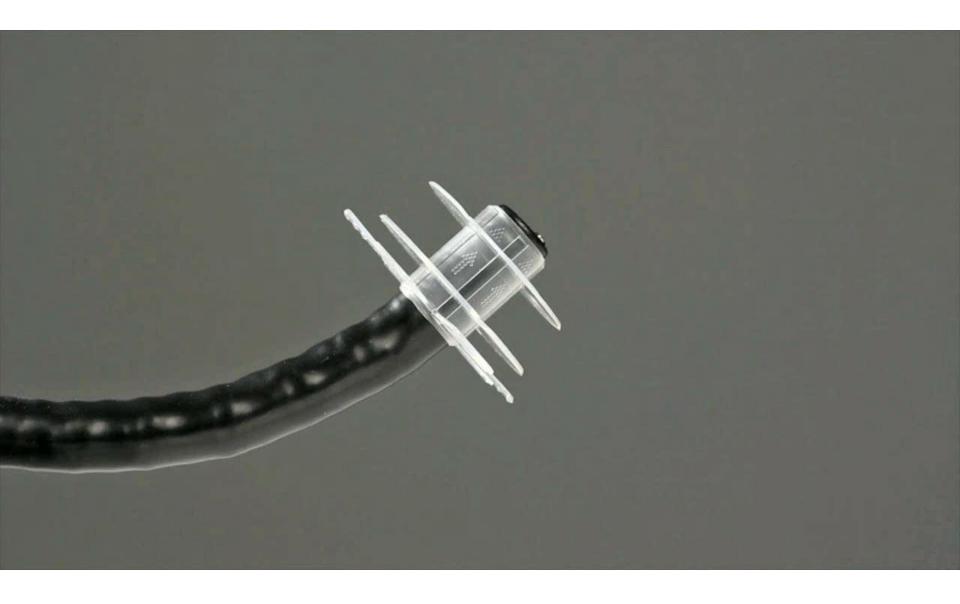
EndoRingsTM

EndoAid, Israel





The Beauty of Simplicity



EndoRings – CLEVER Study

- RCT, N=116 Dik, Siersema, Gralnek et al. (Endoscopy, 2015)
- Tandem colonoscopy design,
- Study endpoint = adenoma miss rate
 - With endorings = 15%
 - Without endorings = 48%, p < 0.01
- Time to cecum (9.6 min vs. 8.1 min, p=0.17)
- Withdrawal times (7.2 vs. 6.8 min, p=0.14)
- No adverse events

Improving Polyps Detection "Inspection Behind Folds"

Optical Approach



The third eye



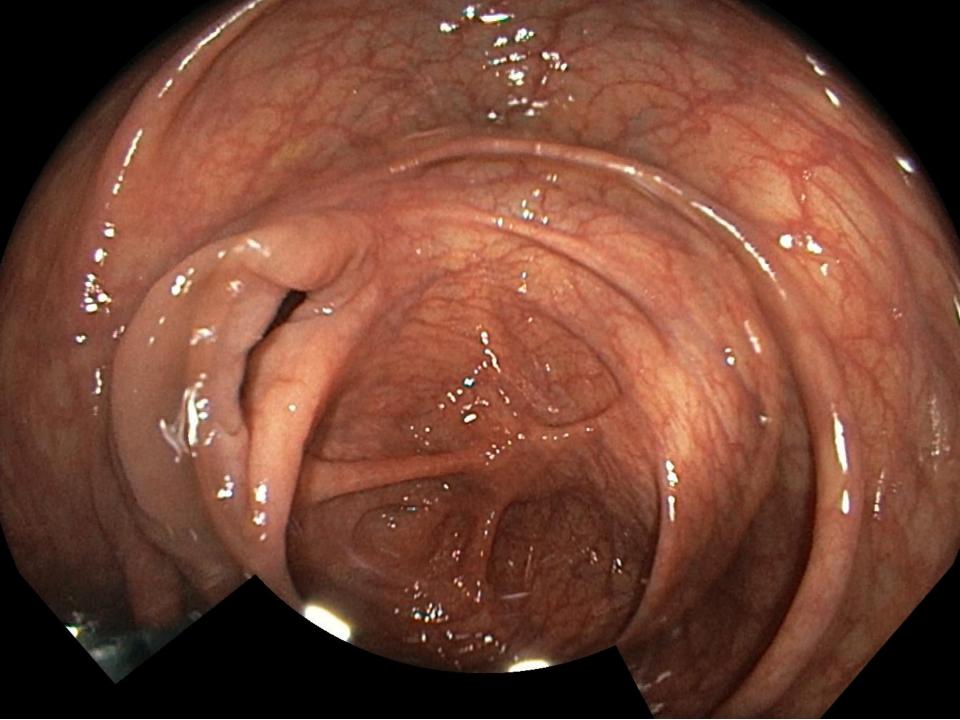
FUSE full spectrum endoscopy



Omnivision

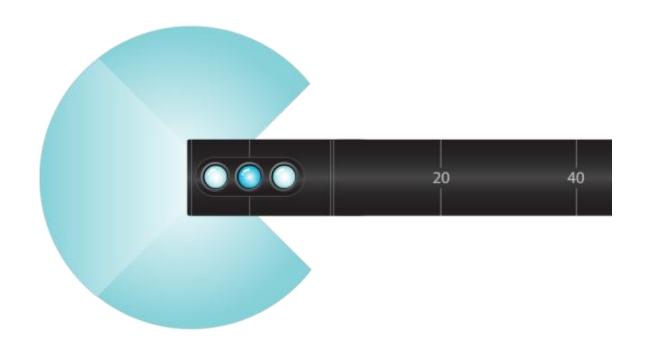
Extra Wide Angle View Endoscope (Ewave)



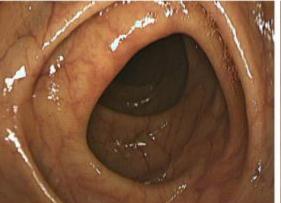




330°
Field of View



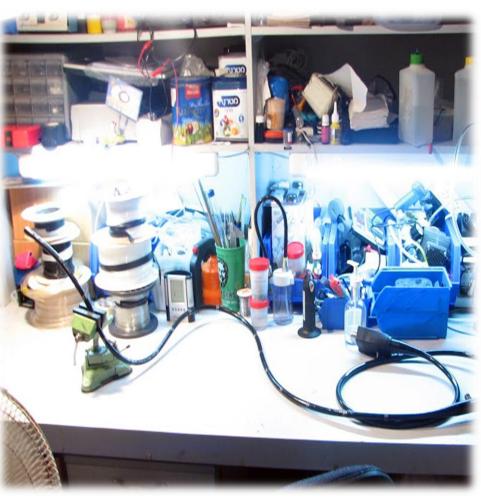






The Fuse Story

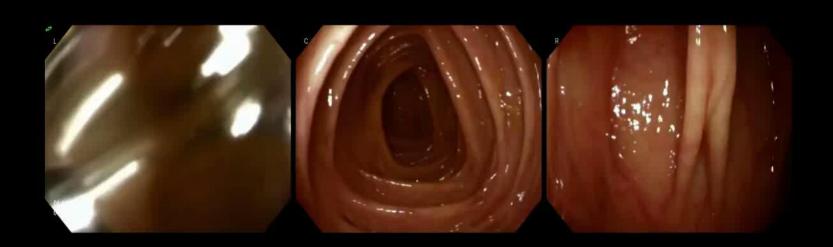




- **◆Kitchen trial: home made colon model**
- **◆**Animal Lab: 3 screens







The Fuse Study

Grainek et al. Lancet Oncol 2014

	SFV followed by Fuse (n=88)	Fuse followed by SFV (n=97)	p-value
Age, years (mean ± SD)	55.9 ± 9.5	55.7 ± 9.7	0.88
Gender, female (%)	46 (52.3%)	55 (56.7%)	0.55
Ottawa Bowel Preparation Score (mean ± SD)	3.4 ± 2.6	3.4 ± 2.8	0.89
Indication for Colonoscopy			
Screening n, (%)	53 (60.2%)	50 (51.5%)	0.24
Surveillance n, (%)	16 (18.2%)	20 (20.6%)	0.68
Diagnostic Evaluation n, (%)	19 (21.6%)	27 (27.9%)	0.33
Additional Adenomas Detected	69%	8%	p<0.0001
Adenoma Miss Rate	20/49 (40.8%)	5/67 (7.5%)	p<0.0001
ADR	30/88 (34.1%)	34/97 (35.1%)	0.89

FUSE Study in Italy — Not that Promising



Arnaldo Amato², Andrea Anderloni³, Franco Armelao⁵, Arrigo Arrigoni¹, Maurizio Cavina⁶, Giovanni DePretis⁵, Gianpiero Manes⁴, Gianni Miori⁵, Alessandra Mondardini¹, Franco Radaelli², Alessandro Repici³, Romano Sassatelli⁶, Nereo Segnan⁸,

Cesare Hassan⁷

Endoscopy Unit, AOU Città della Salute e della Scienza – Ospedale San Giovanni Antica Sede, Turin¹; Endoscopy Unit, Ospedale Valduce, Como²; Endoscopy Unit, Istituto Clinico Humanitas, Rozzano (Milan)³; Endoscopy Unit, Ospedale di Circolo, Rho (Milan)⁴; Endoscopy Unit, Ospedale S Chiara, Trento⁵; Endoscopy Unit, IRCCS S Maria Nuova, Reggio Emilia⁶, Endoscopy Unt, Ospedale Nuovo Regina Margherita, Rome⁵; AOU Città della Salute e della Scienza, CPO Piemonte, Turin⁶.

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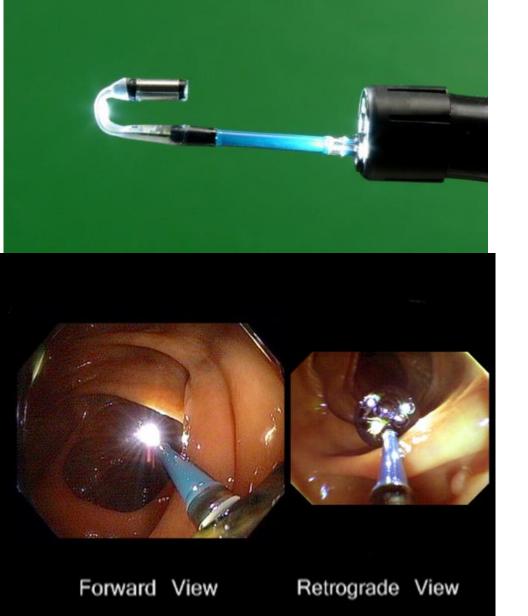
Cesare Hassar

Endoscopy Unit, AOU Città de la Colle e della Scienza – Ospedale San Giovanni Antica Sede, Turin¹; Endoscop, Unit, Ospedale Valduce, Como²; Endoscopy Unit, Istituto Clinico Humanitas, Kozzano (Mara); Endoscopy Unit, Ospedale di Circolo, Rho (Milan)⁴; Endoscopy Unit, Ospedale Saluta Saluta e di Arte CPO Piemonte, Turin⁸.





Third Eye Retroscope



- Device that passes
 through scope
 channel
- Automatically retroflexes 180°
- Provides forward

 and backward view

 simultaneously on

 side-by-side monitor

 Courtesy of Prof. Jerry Way

TER: Leufkens et al. GIE 2011

N=349

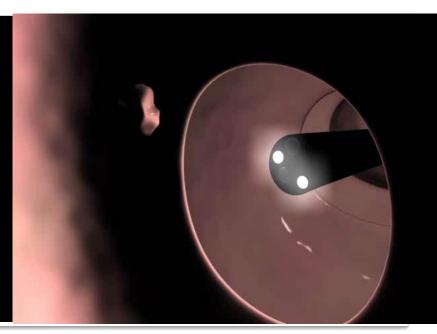
Adenoma Miss Rates

Detected

SFV 22.6%
TER 45.8%
TER 45.8%

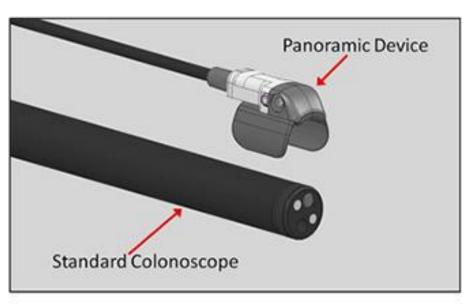
Limitations of Third Eye:

- 1. Not user friendly
- 2. Takes up working channel
- 3. Increases procedure time
- 4. Costs

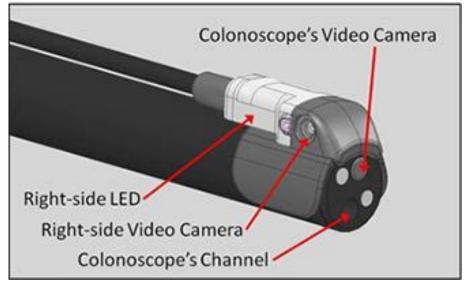


Additional

Third-Eye Panoramic (Avantis)







- Pilot and feasibility
- Single use device
- CMOS chips, LEDs
- N=17
- 100% cecal intubation

Aer-O-Scope™ Key Advantages

- OMNI-directional 360° vision
- Joystick controlled self propelled colonoscope
- Scanner induces lower pressure on the colonic wall
- Extremely safe system
- Disposable
- Single operator
- The only available FDA approved self propelled colonoscope



Aer-O-Scope® (Israel)



AER CSCOPE Colonoscope
System by GI View Ltd.

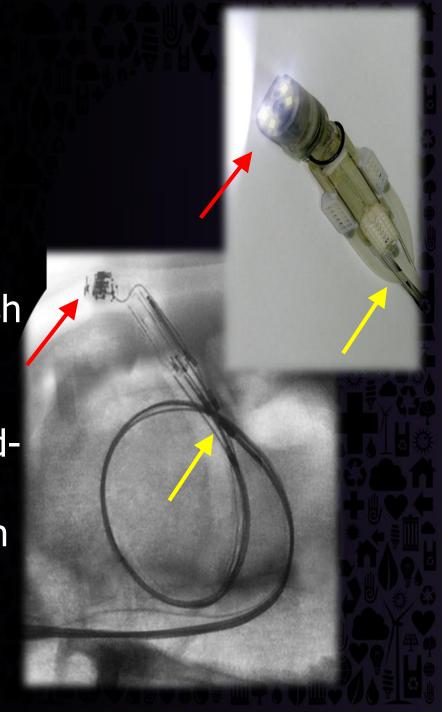


Motus GI

Started in Boris house in Nazareth as a self-propelled single use colonoscope

◆First funded an Arab - Jewish incubator

Changed direction to an addon
 on
 device that cleans the colon
 during colonoscopy



PURE-VU (Israel)

Motus – Clinical Trial Real Movie ...

Still not FDA approved



Capsule Endoscopy

Overcome invasiness





- Terminal Illeum
- Ileo-cecal Valve



Pillcam Colonoscopy: What did

we learn?



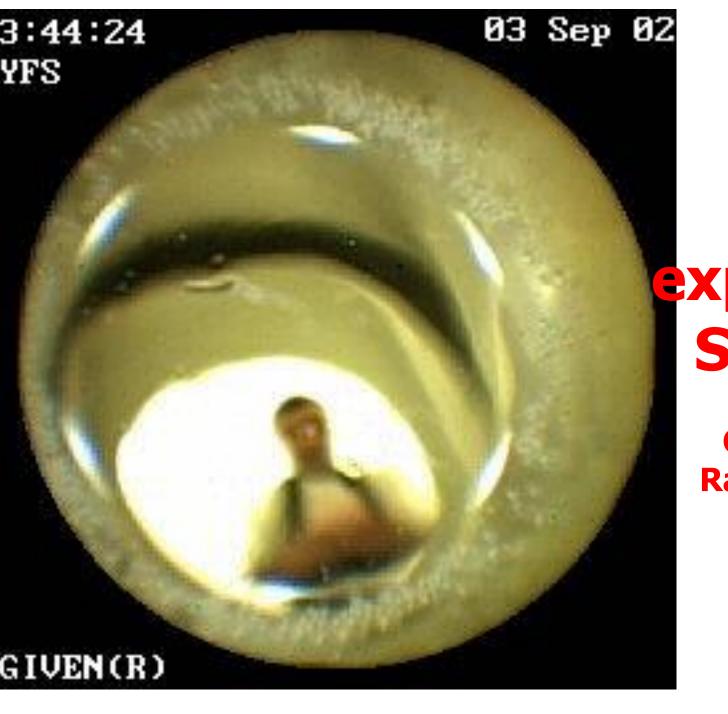
ESGE 2012

- Average risk patients
- Incomplete colonoscopy
- Unwilling to undergo conventional colonoscopy
- Colonoscopy contraindicated

FDA 2014

- Incomplete colonoscopy
- Colonoscopy contraindicated

For	Against
Patient preference	Physician preference Novelty Training Remuneration
Increased capacity	Increased work load
Pan-endoscopy	Histology
Non medical reading	Intervention
Increased access	Cost
Safety?	Time Lag

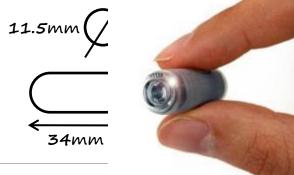


An expensive Selfi!!!!

Courtesy: Rami Eliakim

Prepless Capsule Colonoscopy: Ultra Low Dose X-ray-Based Imaging Technology (Check-Cap, Israel)

- Ultra-low dose (0.03 mSv)
- Low energy (56 70 Kev)





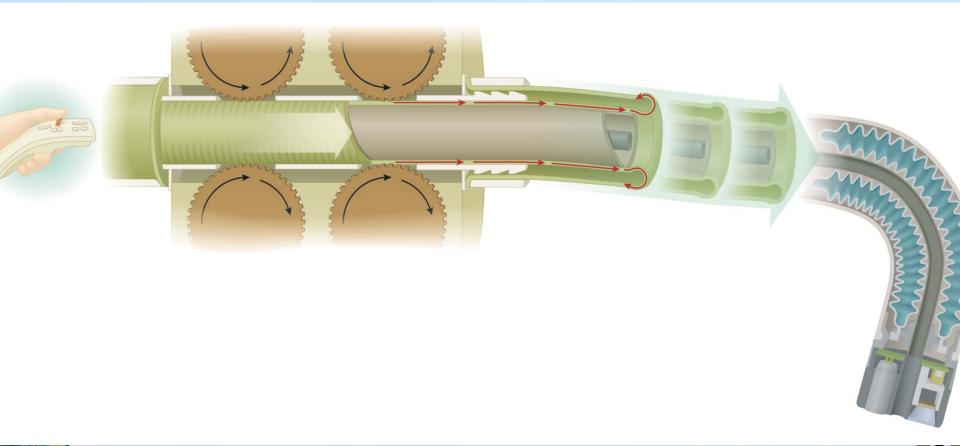
C-Scan®

for Colorectal Cancer Prevention



Moshkowitz, Gluk, Arber (Gut 2016)

Invendoscope (Germany)



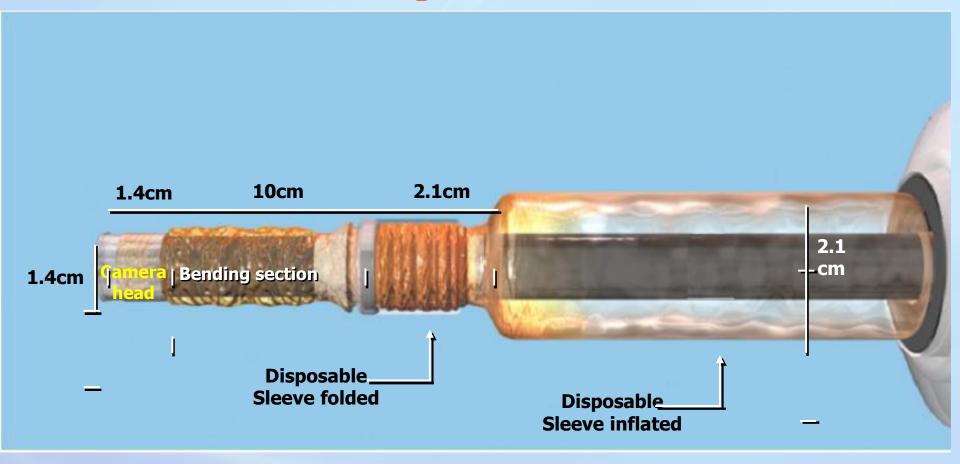




Invendoscope (Germany)



ProtectiScope Israel

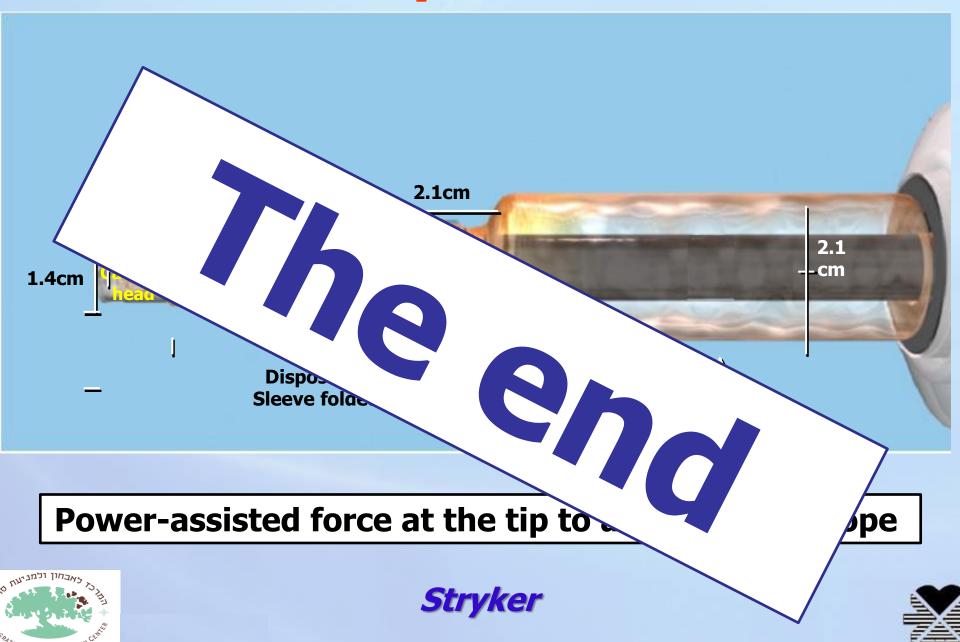


Power-assisted force at the tip to advance the scope





ProtectiScope Israel



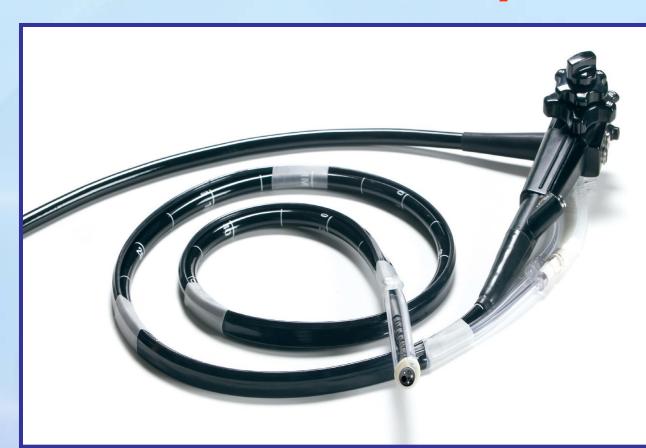
ClearPath (Israel)

Efficient Irrigation and Evacuation System

ISO 13485 Certified

FDA approved, 2009

CE Cleared, 2009







ClearPath (Israel)

Efficient Irrigation and Evacuation System



Improve Imaging





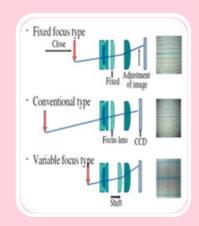


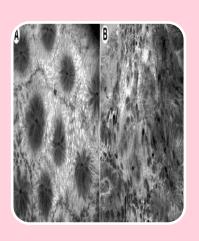
© Can Stock Photo - csp8717968

Increase Magnification









Standard Endoscopy (SD)

0.4 megapixel

High definition (HD)

1.2 megapixel

Magnifying colonoscopy

Zoom X300

Confocal Laser endomicroscopy

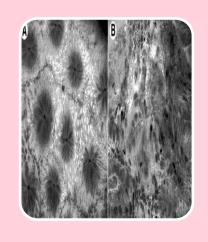
X1000

Increase Magnification





· Fixed focus type



Standard Endoscopy (SD)

0.4 megapixel

High definition (HD)

1.2 megapixel

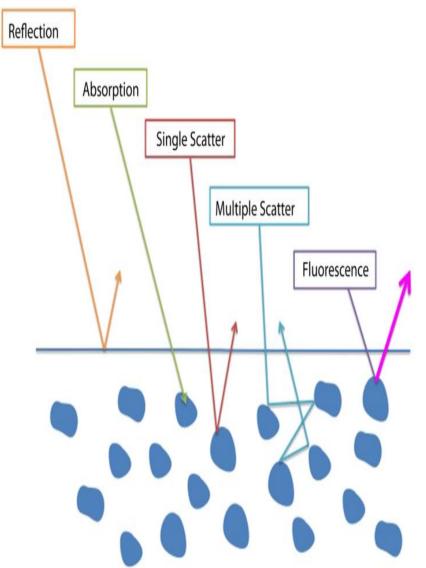
Magnifying colonoscopy

Zoom X300

Confocal Laser endomicroscopy

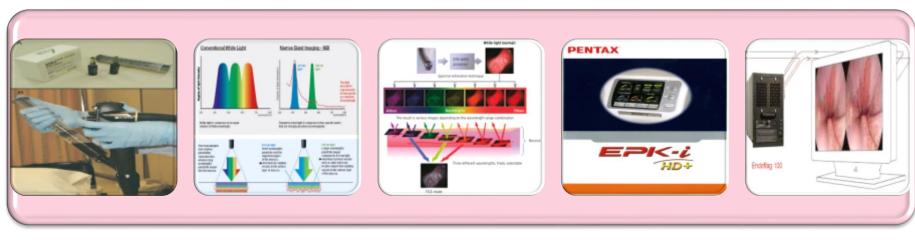
X1000

Optic Imaging



- The behavior of visible ultraviolet and infrared light omitted from a source [i.e. laser, xenon] to a surface is variable
- Light may interact with tissue in various ways that can be measured and analyzed
- These interactions provide information about tissue type,
 Hb content, micro- structure, and molecular characteristic

Image Enhanced Endoscopy











FICE



i SCAN



Endoflag

Olympus

Fujinon

Pentax

Endopix

Chromoendoscopy



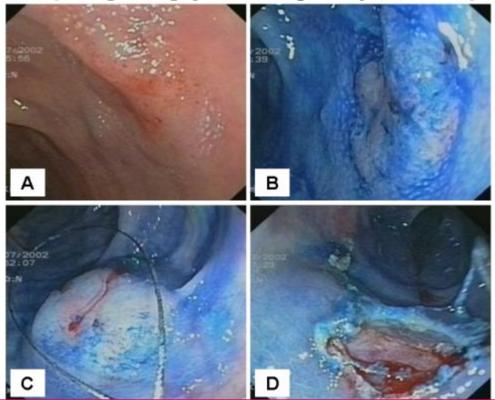
- Absorptive stains
 - Lugol's solution
 - Methylene blue
 - Crystal violet
 - Acetic acid

- Contrast stains
 - Indigocarmine

Chromoendoscopy is Most Useful in the Evaluation of Nonpolypoid Colorectal Neoplasms

(Kiesslich, Eur J Gastroenterol 2005)

In the real world....it is not

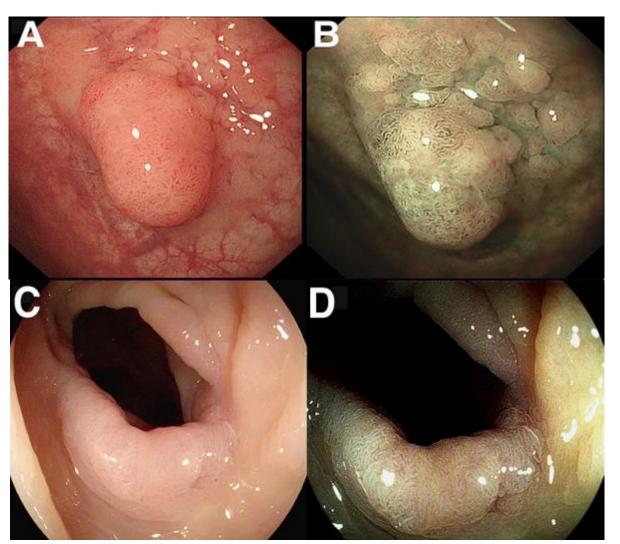


Prevalence of flat adenomas:

without Chromoendoscopy 1-5%

with Chromoendoscopy 20-35%

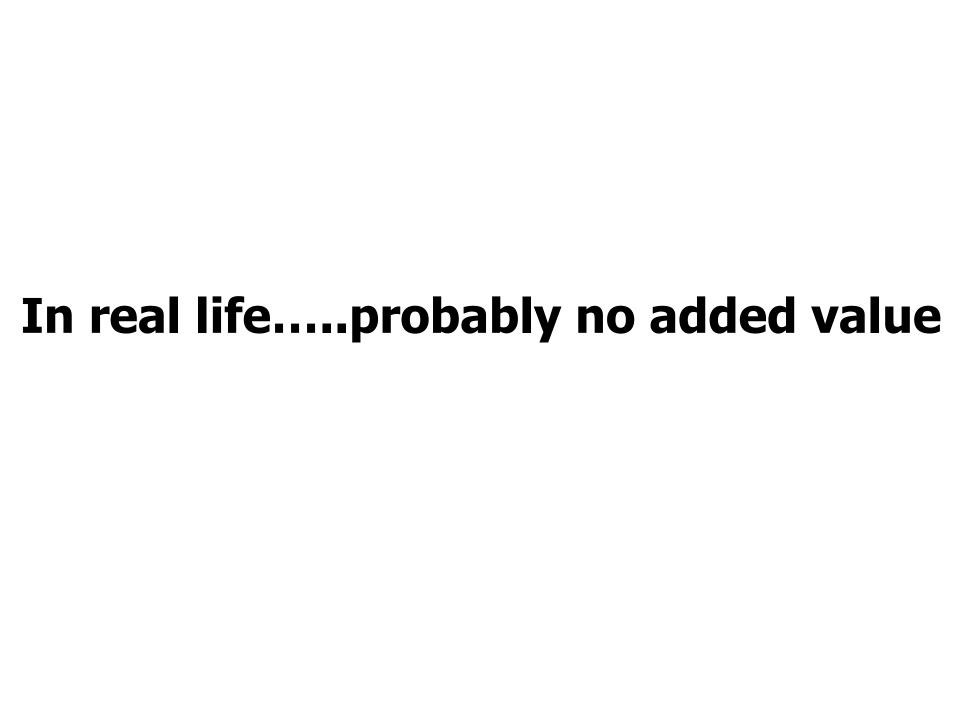
Electronic Chromoendoscopy?



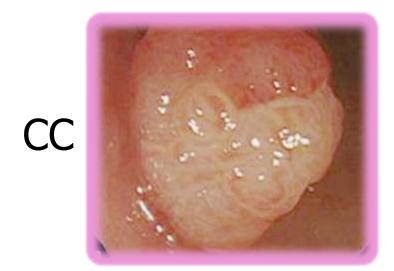
NBI

i-Scan

Subramanian et al. Clin Gastroenterol Hepatol 2013
ASGE Technology Committee. GIE 2015







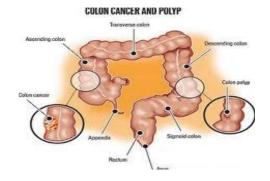




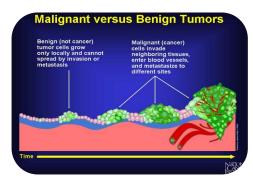
NBI is equal to chromoendoscopy for distinguishing neoplastic from non-neoplastic lesions

Machida, Endoscopy 2004

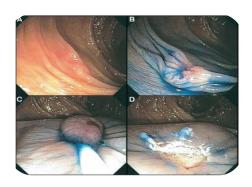
The Future is Molecular Imaging



Improved detection of tumor location



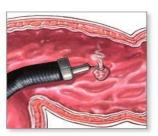
Malignant Vs Benign



Tumor Margins



Pharmacologic al therapy [response]

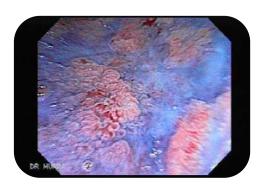


Tissue is removed from the colon for examination



*ADA

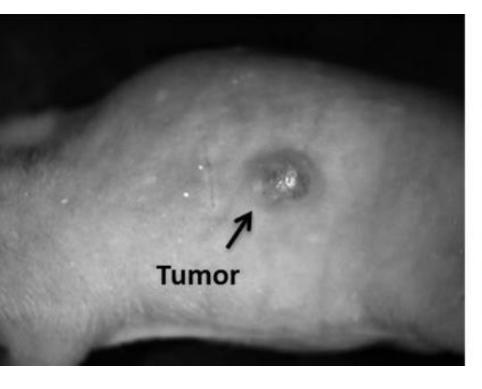
Minimize number of biopsy

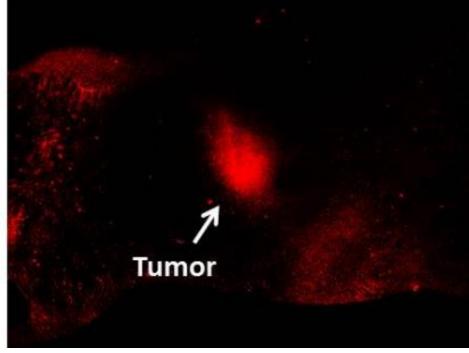


Dysplasia in inflamed mucosa



mAb to CD24 concentrating in CRC in nude mice (Arber's lab)





"A test is better than none, and the best test is the one that is done"

- Two stages approach
- Non invasive test as the initial step
 - □ Blood test
 - □ Stool test/virtual colonoscopy/ Capsule/ prepless cap?

One Stage Colonoscopy



One Stage Colonoscopy

The big brother quality control

ADR/withrawl time/cecal intubation rate

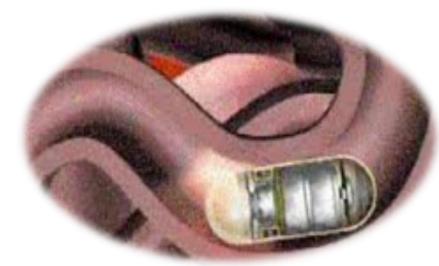
Advanced technologies are available, but are time and money consuming

- Public demands
- Legal issues



No Matter How Advanced the Technology and Equipment are....









Gastroenterologist!!!

