

**ESMO PRECEPTORSHIP
ON LYMPHOMA**

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LUGANO, SWITZERLAND**

Treatment of DLBCL

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Overview of this lecture

- ▶ Classification
- ▶ Epidemiology
- ▶ Staging and prognostic stratification
- ▶ History of CHOP
- ▶ Treatment
 - ▶ Young, low risk patients without bulky disease
 - ▶ Young, low-intermediate risk patients or low risk with bulky disease
 - ▶ Young high and high-intermediate risk patients
 - ▶ Patients aged 60-80 years
 - ▶ Patients older than 80 years
- ▶ Risk of CNS relapse and CNS prophylaxis
- ▶ Relapsed and refractory disease



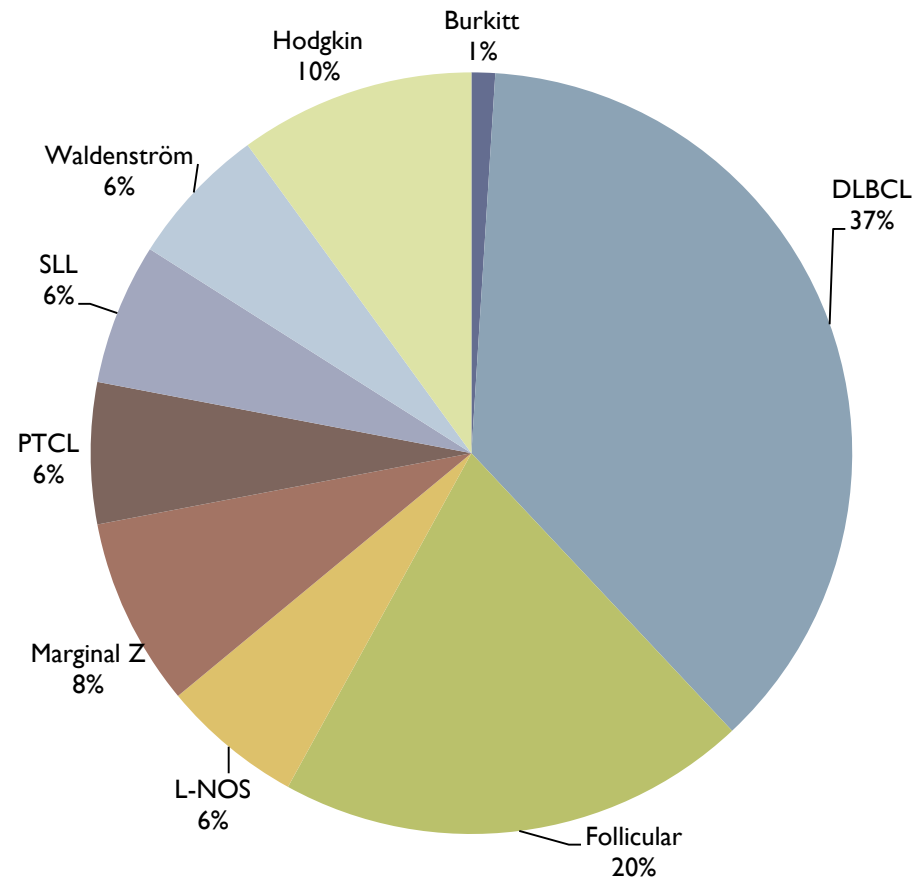
Classification¹

WHO Classification of Tumours of Haematopoietic and Lymphoid Tissues

- *Diffuse large B-cell lymphoma NOS*
 - Common morphologic variants
 - Centroblastic
 - Immunoblastic
 - Anaplastic
 - Rare morphologic variants
 - Molecular subgroups
 - Germinal centre B-cell-like (GCB)
 - Activated B-cell-like (ABC)
 - Immunohistochemical subgroups
 - CD5-positive DLBCL
 - Germinal centre B-cell-like (GCB)
 - Non-germinal centre B-cell-like (non-GCB)
- *Diffuse large B-cell lymphoma subtypes*
 - T-cell histiocyte-rich large B-cell lymphoma
 - Primary DLBCL of the CNS
 - Primary cutaneous DLBCL, leg type
 - EBV positive DLBCL of the elderly
- *Other lymphomas of large B-cells*
 - Primary mediastinal large B-cell lymphoma
 - Intravascular large B-cell lymphoma
 - DLBCL associated with chronic inflammation
 - Lymphomatoid granulomatosis
 - ALK-Positive LBCL
 - Plasmablastic lymphoma
 - Large B-cell lymphoma arising in HHV-8 associated multicentric Castleman disease
 - Primary effusion lymphoma
- *Borderline cases*
 - *B-cell lymphoma, unclassifiable, with features intermediate between DLBCL and Burkitt lymphoma*
 - *B-cell lymphoma, unclassifiable, with features intermediate between DLBCL and Classical Hodgkin*

Epidemiology

- ▶ 30-50% of all non-Hodgkin lymphomas
- ▶ Incidence in Europe 4-8 / 100,000 per year¹
- ▶ Risk factors of DLBCL:
 - ▶ Family history
 - ▶ Autoimmune disease
 - ▶ HIV or HCV seropositivity
- ▶ Incidence is increasing
- ▶ Occurs in all age groups
- ▶ Median age 65-70 years



1. Sant, *et al.* Blood 2010; 116: 3724-34.
2. LYFO, Danish Lymphoma Registry

Staging and risk stratification

Lugano classification

- ▶ Ann Arbor stage I-IV
- ▶ PET/CT
- ▶ CeCT
- ▶ BMB only if
 - ▶ no PET-pos skeletal findings
 - ▶ findings would have therapeutic implications
- ▶ MRI and LP if suspected CNS involvement

IPI, aaIPI

Risk factors	Age >60 years		
	Serum LDH > normal		
	Stage III–IV		
	Performance status 2–4		
	Extranodal sites >1		
Risk categories	Low	0–1	91 (89–94)
	Low intermediate	2	81 (73–86)
	High intermediate	3	65 (58–73)
	High	4–5	59 (49–69)

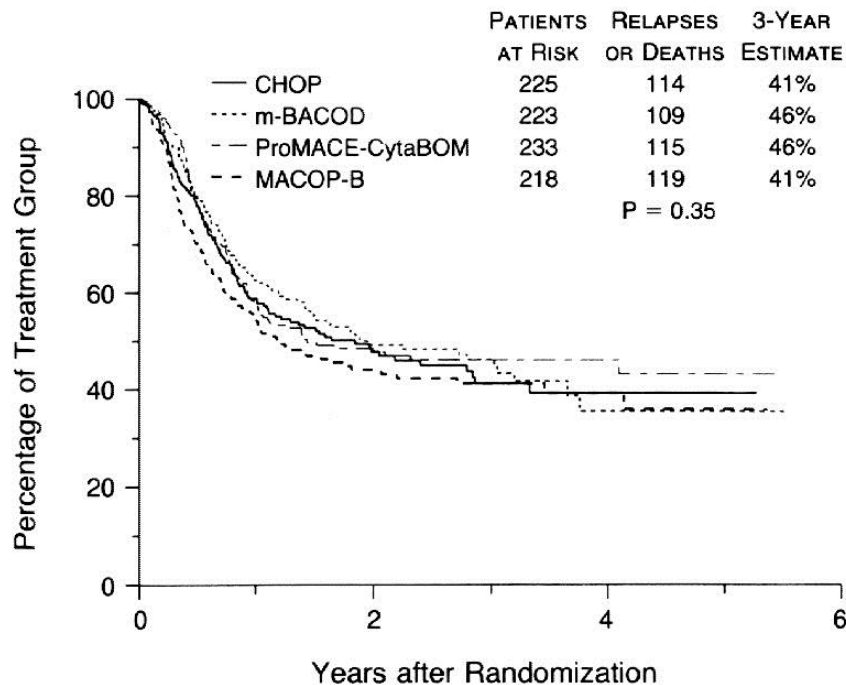
Age-adjusted international prognostic index (aaIPI) in patients ≤60 years

Risk factors	Serum LDH > normal		
	Stage III–IV		
	Performance status 2–4		
Risk categories	Low	0	98 (96–100)
	Low intermediate	1	92 (87–95)
	High intermediate	2	} 75 (66–82)
	High	3	

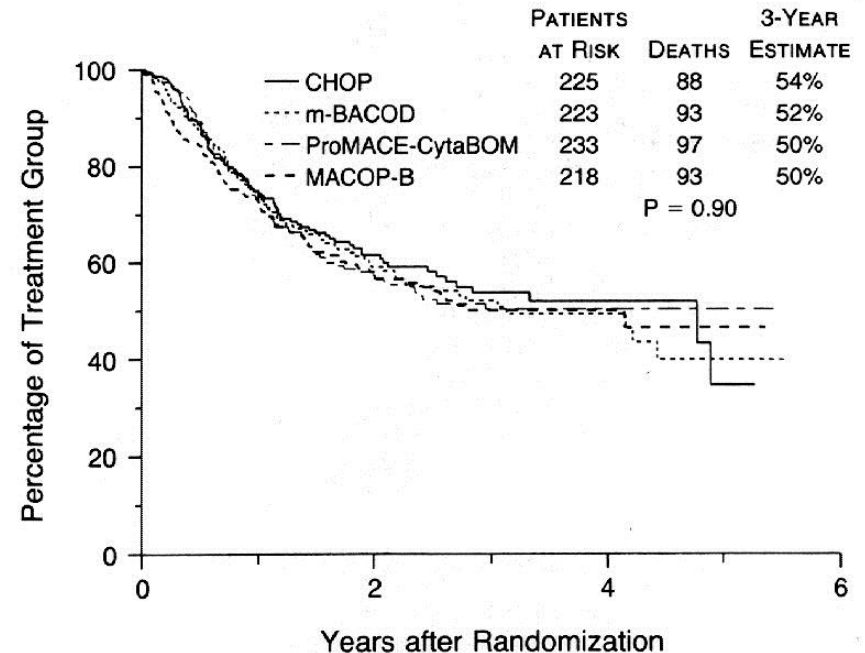
1. Cheson B, *et al.* JCO 2014, 32, 3059–68.
2. Shipp M, *et al.* NEJM 1993; 329, 987–94.

CHOP - backbone of aggressive NHL therapy

Time to treatment failure



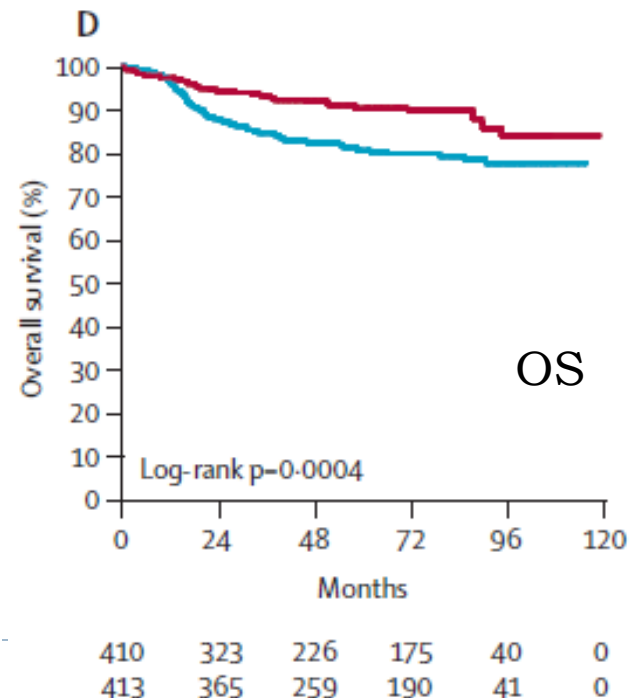
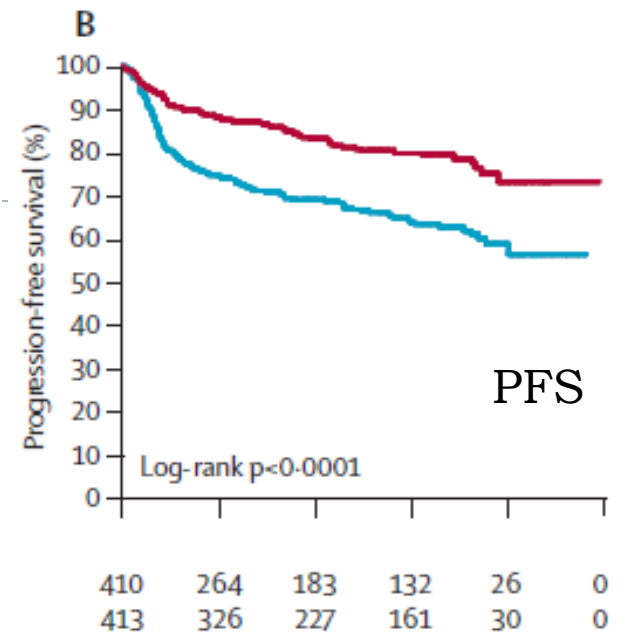
Overall survival



Young, low-risk ($aaIPI = 0$), no bulk

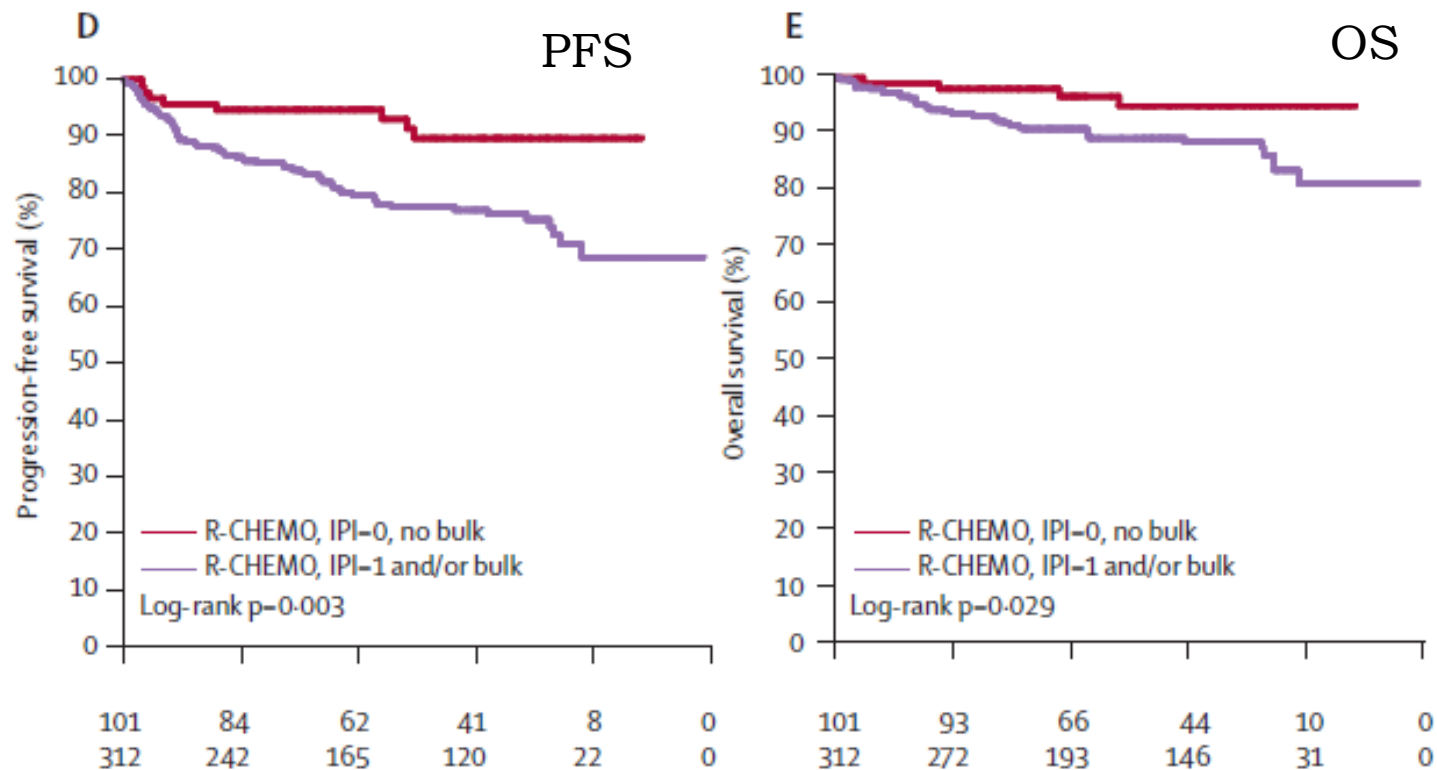
MInT trial

- ▶ 18-60 years
- ▶ aalPI 0-1
- ▶ Stage II–IV disease or stage I disease with bulk
- ▶ 6x CHOP(-like) chemotherapy +/÷ Rituximab
- ▶ Radiotherapy to sites of bulky or extranodal disease
- ▶ ITT population of 813 patients
- ▶ Red: with rituximab
- ▶ Blue: without rituximab



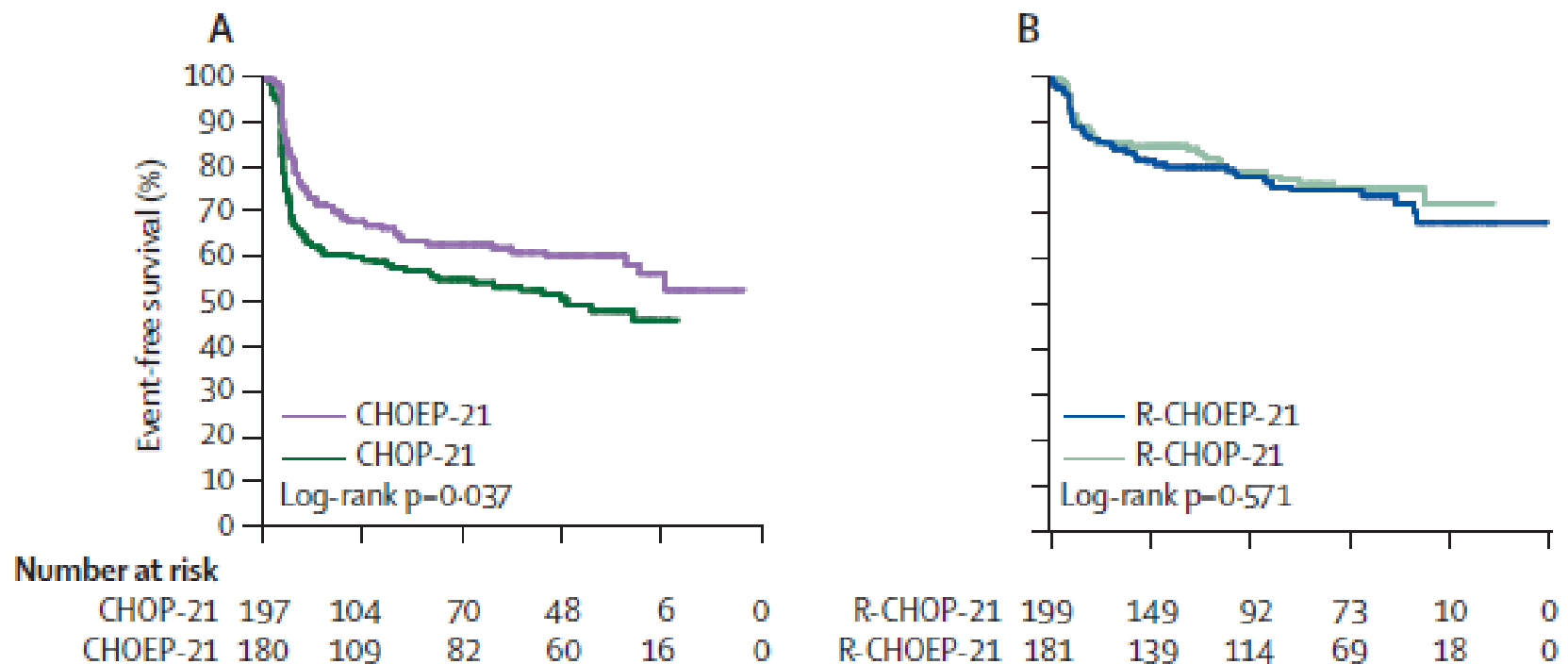
MInT trial

- Two distinct prognostic subgroups emerge when rituximab is added to CHOP or CHOEP



MInT trial

- ▶ No difference between R-CHOP and R-CHOEP in this group



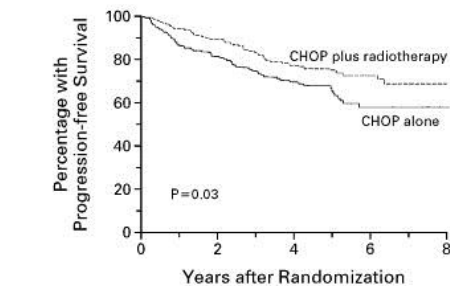
Young, low-risk (aaIPI = 0), no bulk

- ▶ Significant improvement of all outcome parameters after addition of rituximab¹
- ▶ Outcome is extremely good for patients with aaIPI = 0 and no bulk¹
- ▶ No advantage of R-CHOEP over R-CHOP¹
- ▶ No advantage of radiotherapy to initial non-bulky sites²

1. Pfreundschuh M, *et al.* Lancet Oncol 2011; 12: 1013–22.
2. Lamy T, *et al.* ASH 2014, abstract 393.

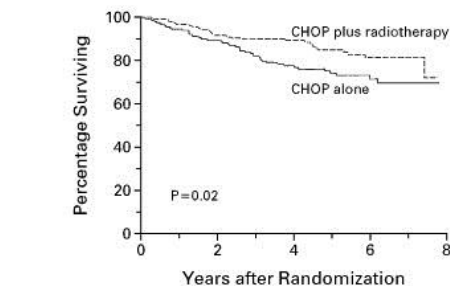
Localised DLBCL

201 Patients Receiving 8xCHOP
and 200 Patients Receiving
3xCHOP plus Radiotherapy¹



No. AT Risk

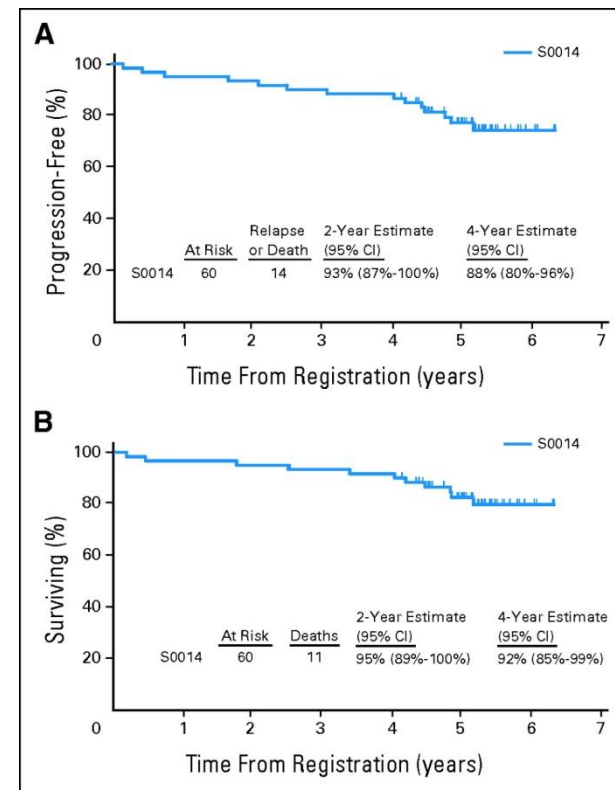
	201	172	111	55	14
CHOP alone	201	172	111	55	14
CHOP plus radiotherapy	200	178	119	70	17



No. AT Risk

	201	187	120	61	14
CHOP alone	201	187	120	61	14
CHOP plus radiotherapy	200	185	128	75	17

60 patients enrolled in a SWOG
trial of 3xR-CHOP followed by
involved-field radiation therapy²

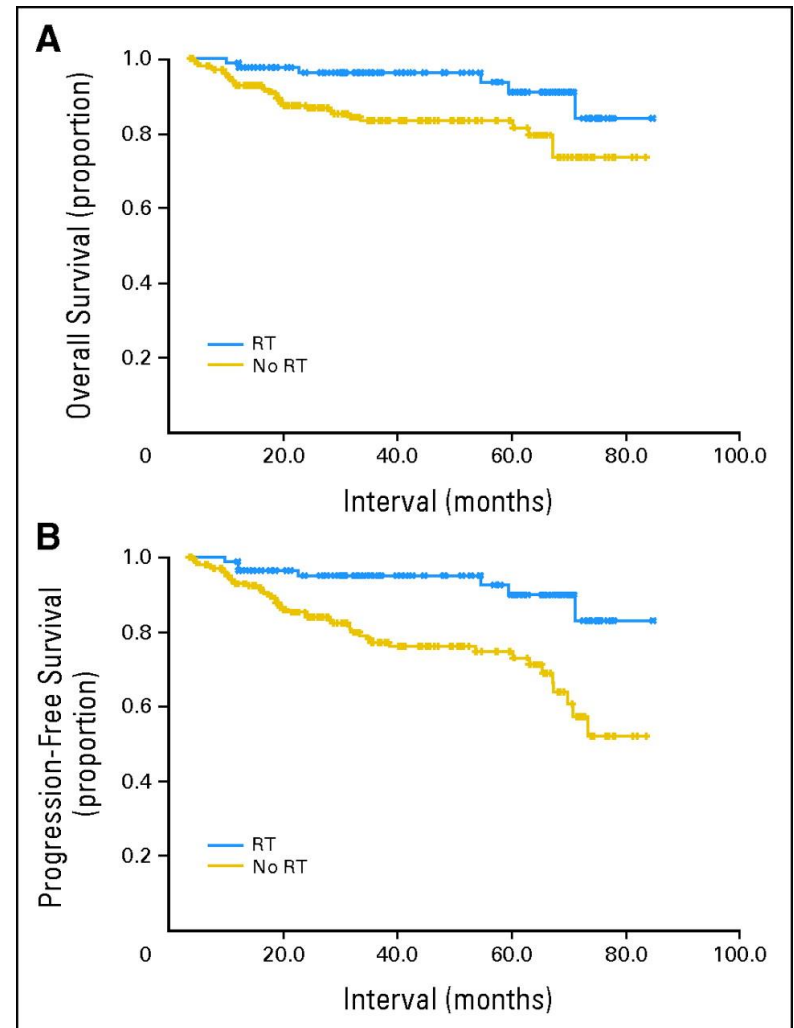


1. Miller TP, et al. N Engl J Med 1998;339:21-26.
2. Persky DO, et al. JCO 2008;26:2258-2263.

Young, low-intermediate risk patients
(aaIPI = 1) or low risk (aaIPI = 0) with bulk

Young, low-intermediate risk patients (aaIPI = 1) or low risk (aaIPI = 0) with bulk

- ▶ The MInT trials showed significant improvement of all outcome parameters after addition of rituximab also in this group¹
- ▶ Still no advantage of R-CHOEP over R-CHOP¹
- ▶ Radiotherapy is recommended to bulky sites² →
- ▶ R-ACVBP have shown superiority over R-CHOP in this group but no radiotherapy given in that trial



Young, high and high-intermediate
risk patients ($\text{aaIPI} \geq 2$)

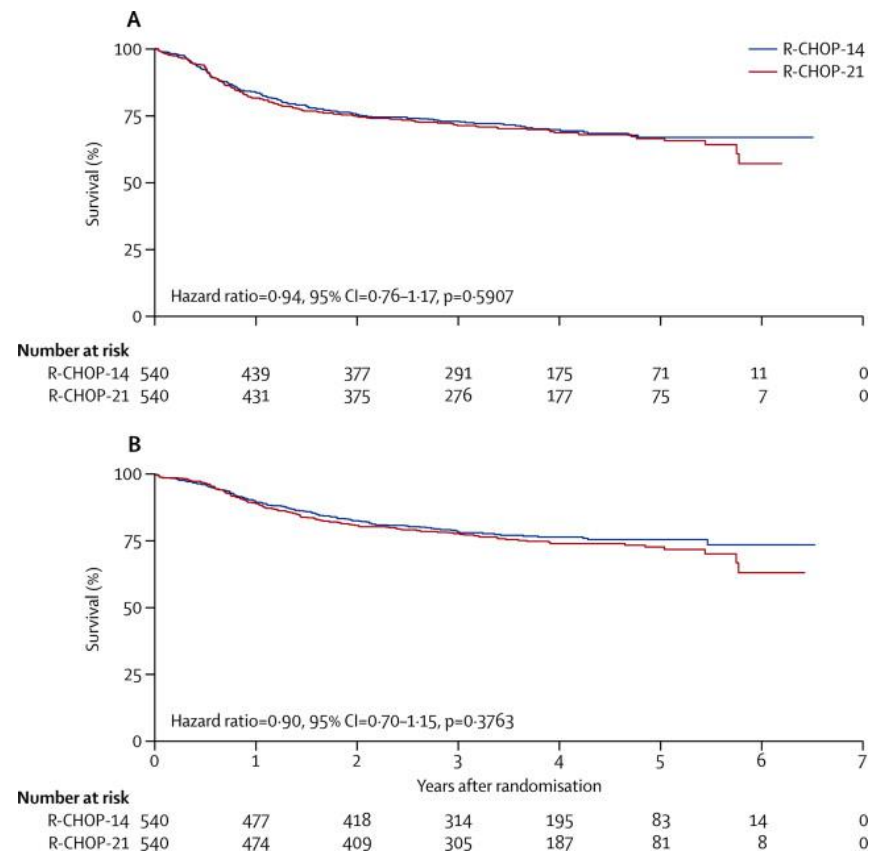
No clear standard in this group

- ▶ R-CHOP14 vs. R-CHOP21?
- ▶ R-CHOEP vs. R-CHOP
- ▶ More intensive regimens?
- ▶ HDC+ASCT?



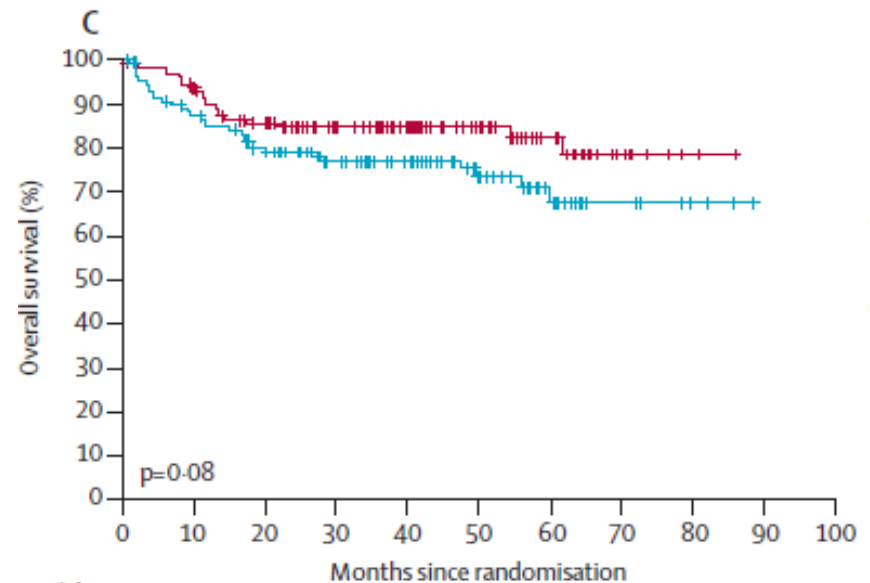
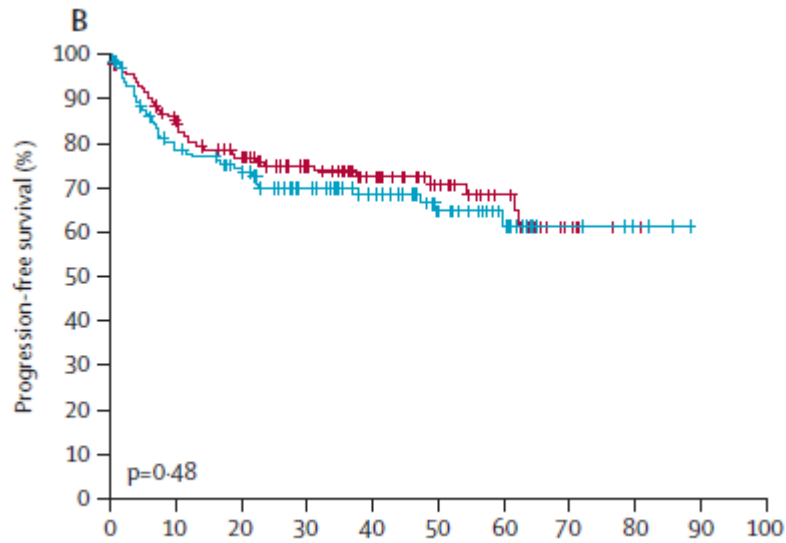
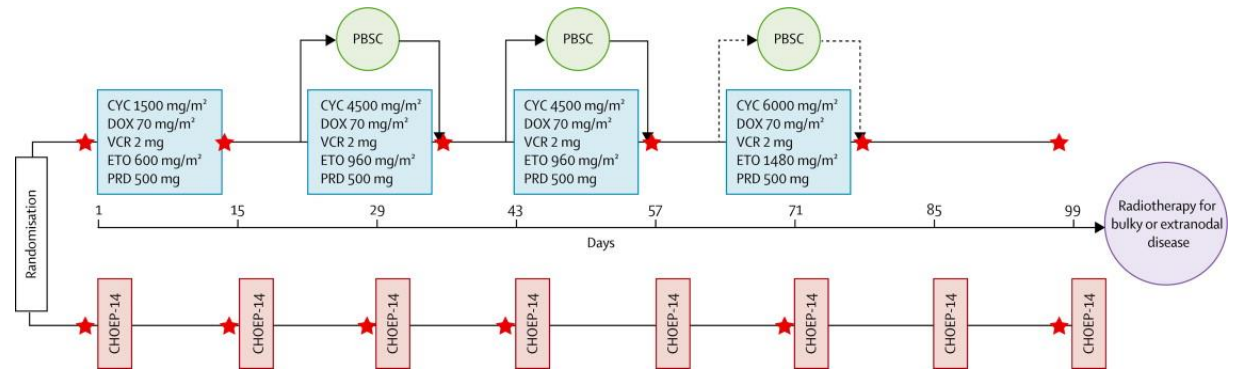
R-CHOP14 vs. R-CHOP21

- ▶ All age groups
- ▶ Stage IA with bulk or stage IB-IV
- ▶ All IPI groups
- ▶ No advantage of R-CHOP14 over R-CHOP21 in any of the prognostic groups or age groups



R-CHOEP?

- ▶ 18-60 years
- ▶ aalPI 2 or 3
- ▶ No difference in PFS and OS



More intensive regimens?

- ▶ No direct comparisons between R-CHOEP or R-ACBVP and R-CHOP in young, high-risk patients
- ▶ Four randomised trials have compared R-chemo with or without HDC+ASCT
 - ▶ Two trials show PFS benefit but not OS benefit
 - ▶ FIL DLCL04
 - ▶ SWOG-9704
 - ▶ Two trials show no benefit at all
 - ▶ DSHNHL 2002-1
 - ▶ GOELAMS 075

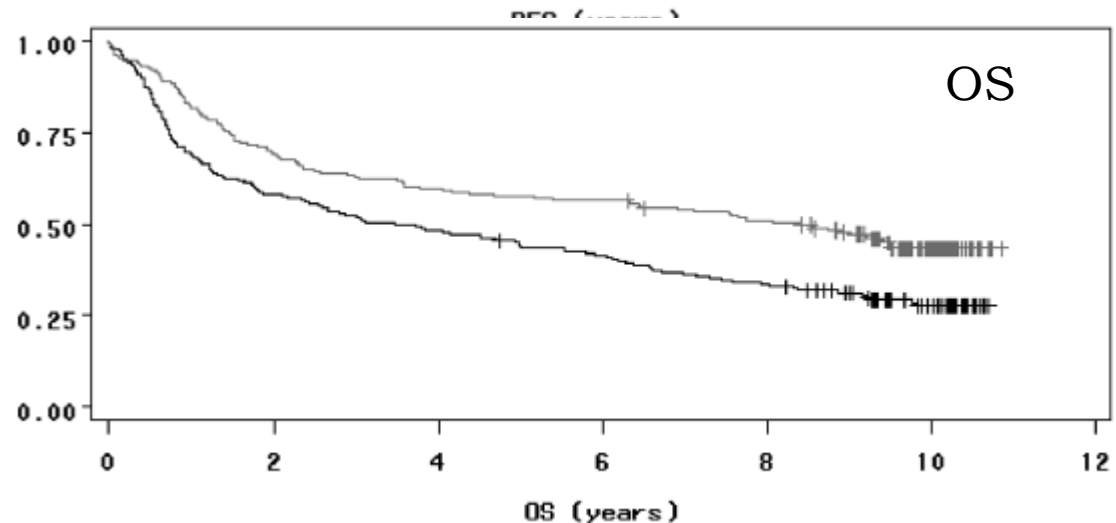
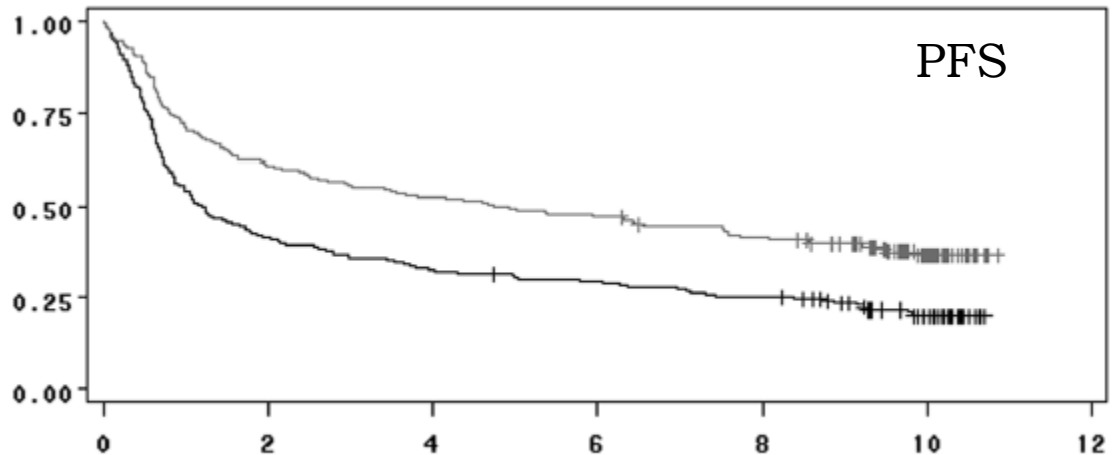




Patients aged 60-80 years

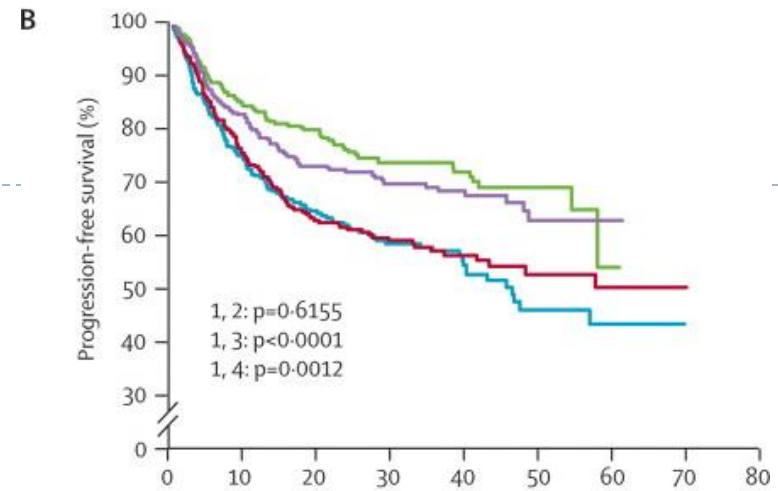
LNH 98.5: CHOP vs. R-CHOP

- ▶ 399 patients aged 60-80
- ▶ Stage II-IV DLBCL
- ▶ PS 0-2



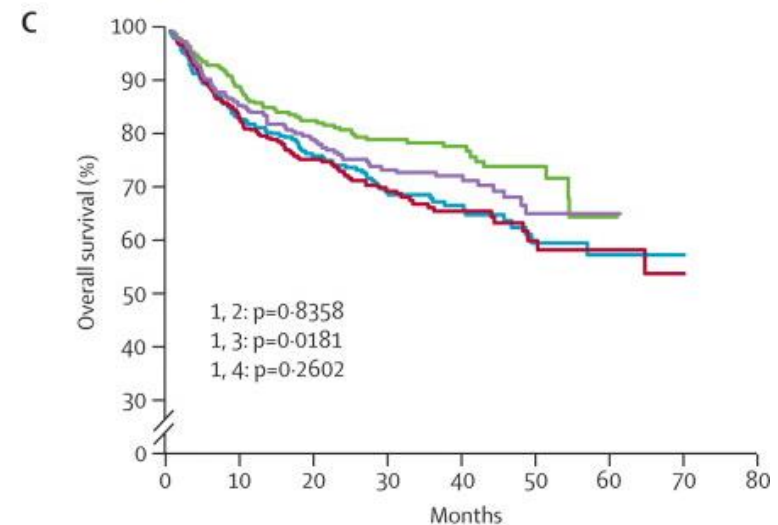
RICOVER-60

- ▶ 1222 patients
- ▶ 61-80 years
- ▶ Randomised to
 - ▶ 6 x CHOP14 —
 - ▶ 8 x CHOP14 —
 - ▶ 6 x R-CHOP14 —
 - ▶ 8 x R-CHOP14 —



Number at risk

1:	214	162	103	62	27	15	0
2:	216	153	107	59	29	19	1
3:	240	202	126	83	30	1	0
4:	232	177	117	84	29	3	0

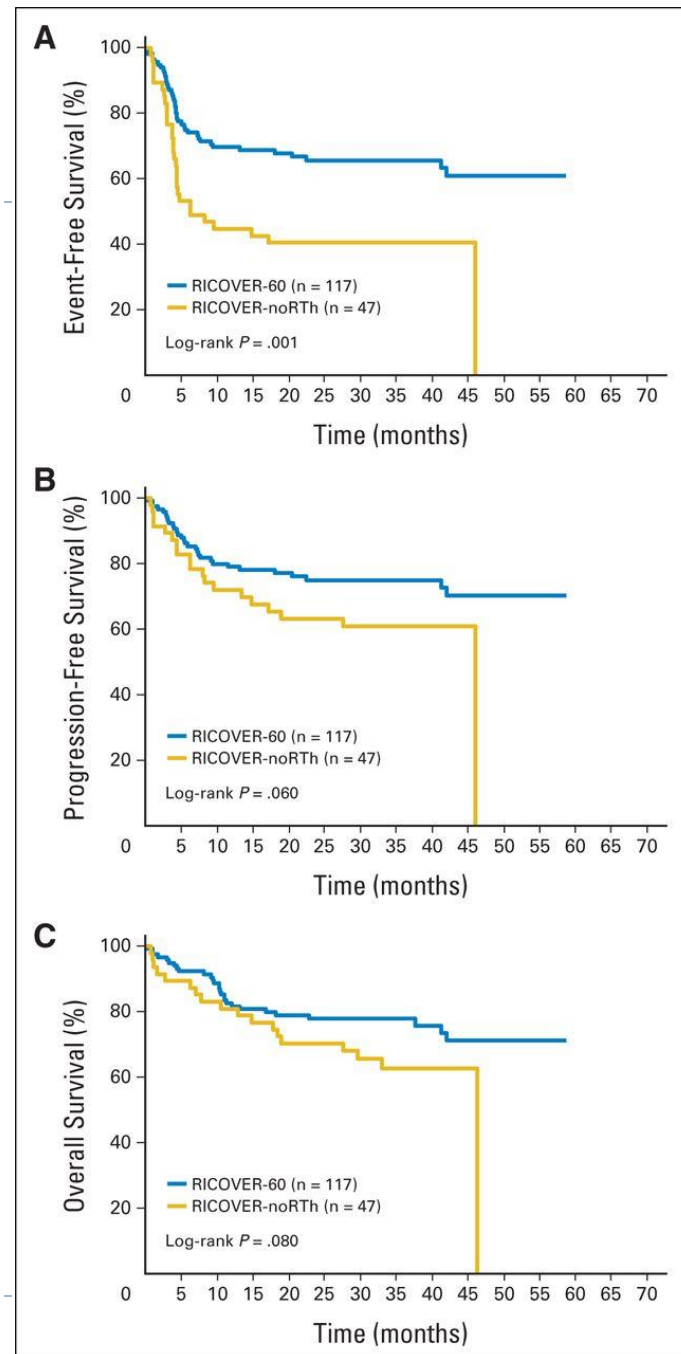


Number at risk

1:	243	192	125	82	41	22	1
2:	242	189	129	73	34	23	1
3:	258	213	138	93	37	1	0
4:	249	200	129	91	32	3	0

RICOVER-60: RT to bulky disease?

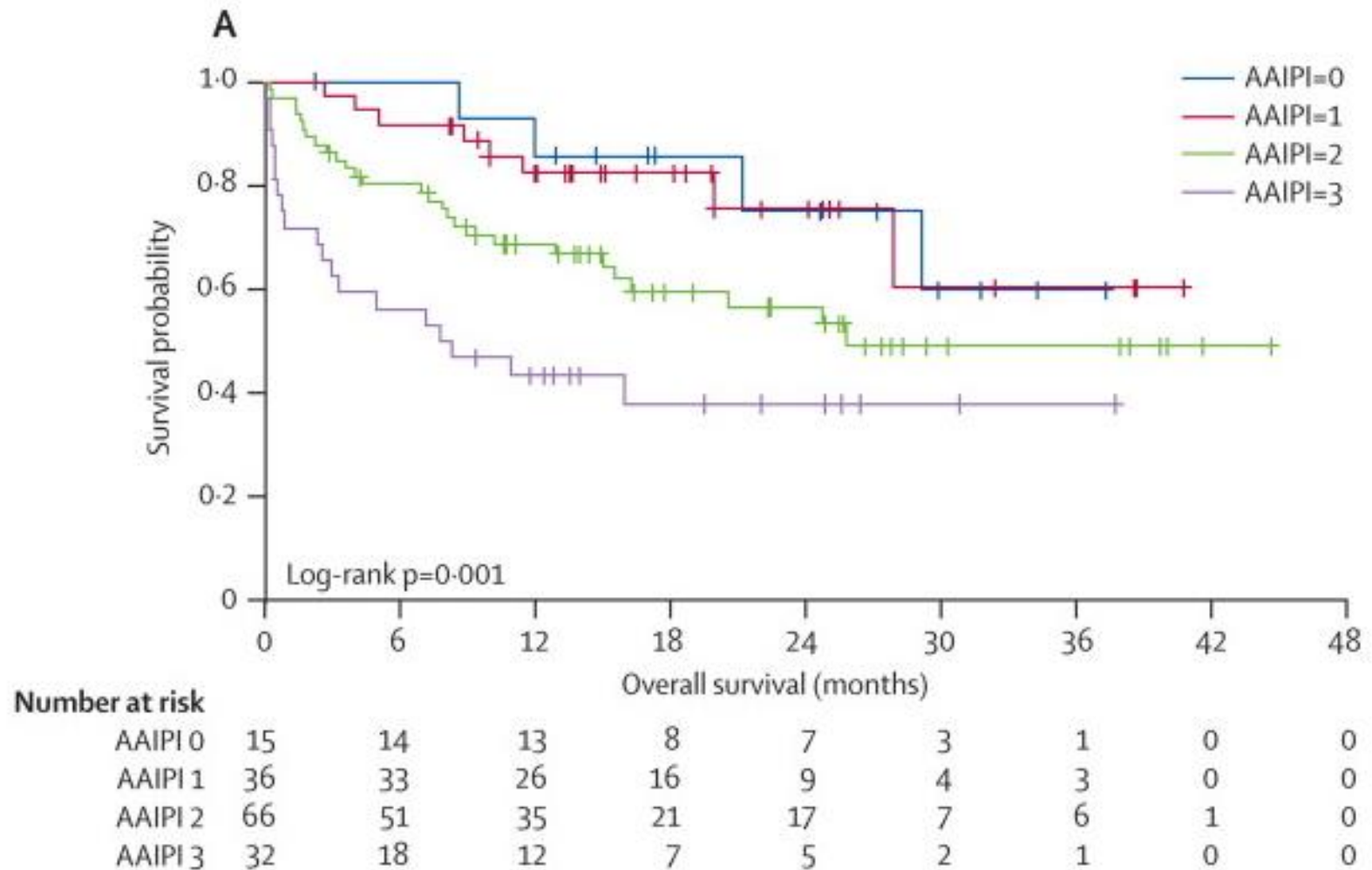
- ▶ The best arm of the RICOVER-60 trial (6×R-CHOP-14+2R plus involved-field RT [36 Gy] to sites of initial bulky [≥ 7.5 cm] disease and extralymphatic involvement) – versus
- ▶ A cohort receiving the same immunochemotherapy but without RT in an amendment to the RICOVER-60 trial (RICOVER-noRTh) in a prospective fashion





Patients over 80 years

R-mini-CHOP



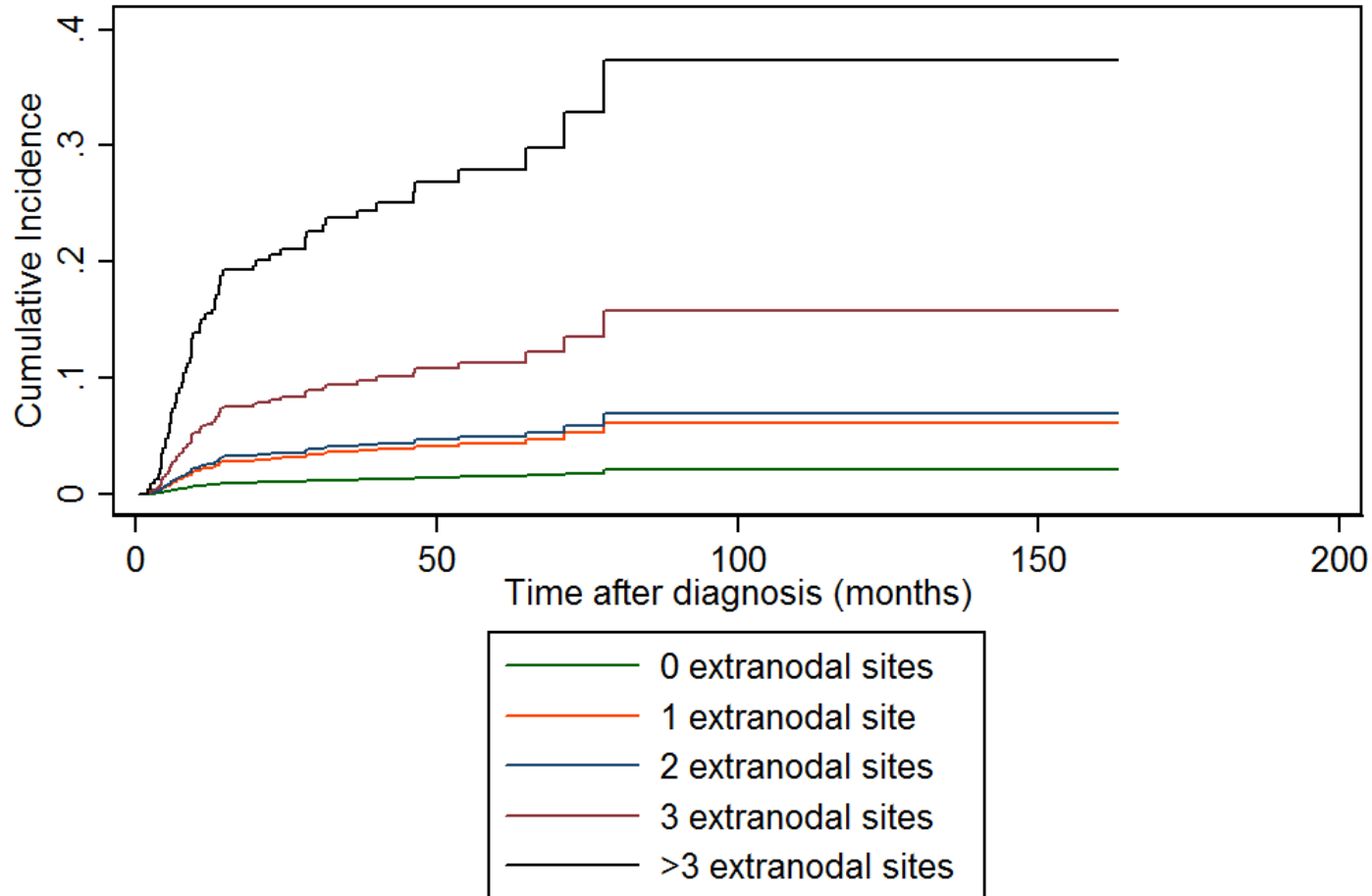
Risk of CNS relapse / CNS prophylaxis

CNS disease: analysis of patients treated on DSHNHL trials

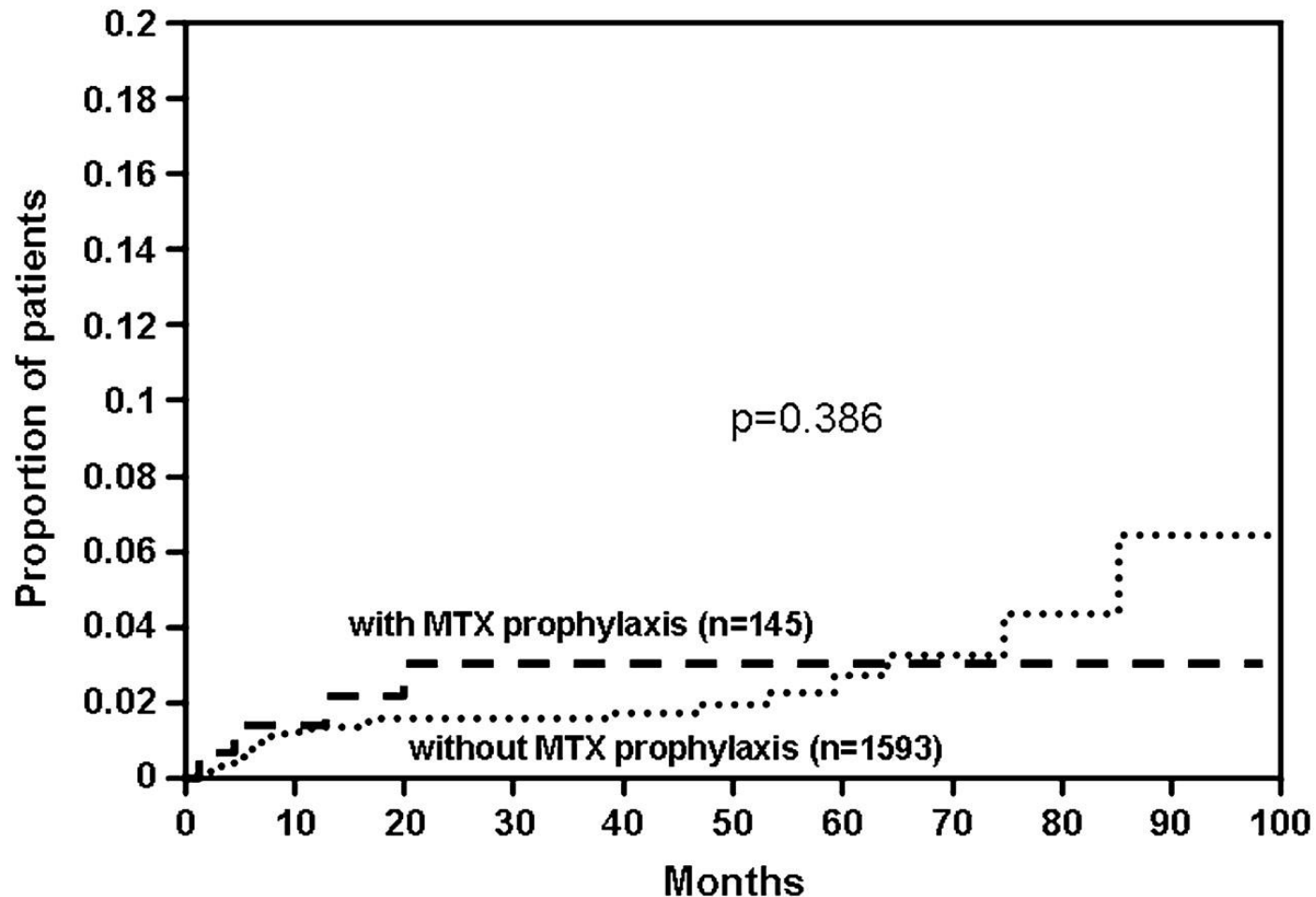
aaIPI	All patients (n = 2196)		With rituximab (n = 620)		Without rituximab (n = 1576)	
	No.	Incidence	No.	Incidence	No.	Incidence
0	920	0,8%	166	0%	754	1,0%
1	858	2,0%	243	0,5%	615	2,6%
2	313	4,4%	157	4,2%	156	4,6%
3	104	11,4%	53	9,7%	51	13,20%

No. extranodal sites predicts CNS relapse

CNS progression rate with deaths before CNS relapse as competing events



CNS disease: analysis of patients treated on DSHNHL trials



Indications for CNS prophylaxis

- ▶ IPI > 2
 - ▶ PS >1 (HR) = 2.01
 - ▶ Testicular (HR = 6.67)
 - ▶ Kidney (HR = 20.14)
 - ▶ Breast or Uterus involvement (HR = 6.14)
 - ▶ CNS & Epidural lymphoma
 - ▶ More than 2 extranodal sites*
-
- ▶ Use of IT prophylaxis does not appear to decrease CNS relapse



MORE MTX means LESS CNS relapses

Table 3. Overall and CNS relapse-free survival by group

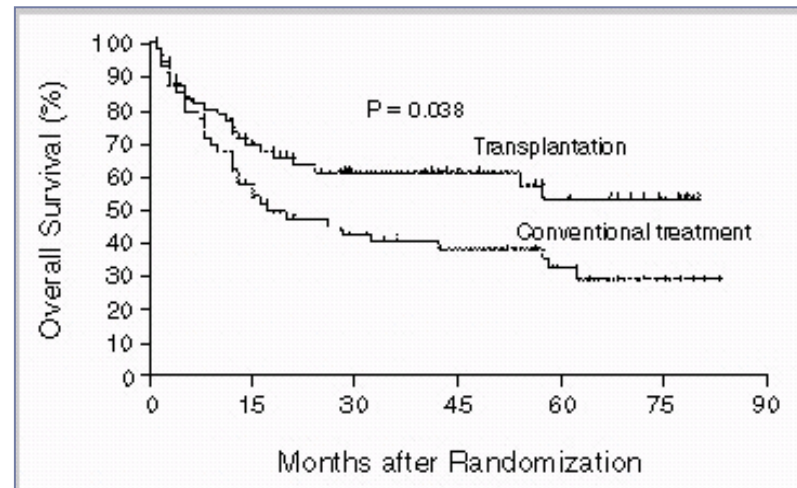
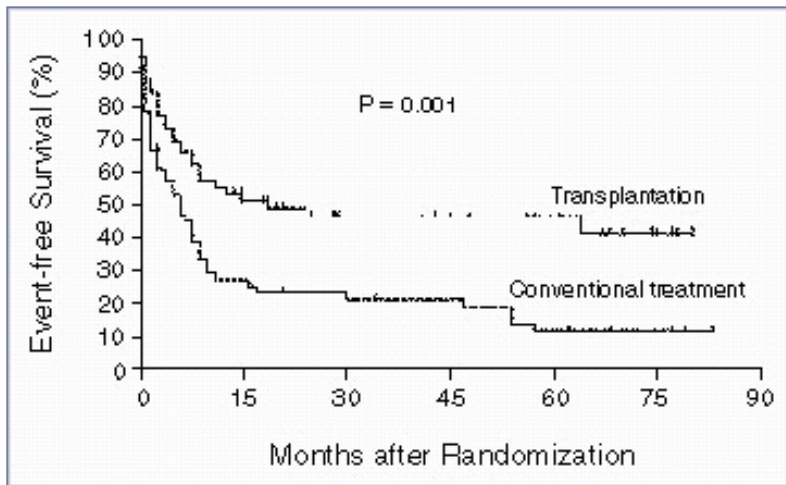
	Group 1	Group 2	Group 3	
	CHOP ± R + IT MTX	CHOP ± R + IT + IV HD MTX	HyperCVAD or CODOXMIVAC ± R	P-value
Number	12	10	1	—
Localisation				
Leptomeningeal	5	1	0	0.16
Parenchymal	4	5	0	
Both	2	0	0	
Unknown	1	4	1	
3-Year cumulative incidence of CNS relapse (95% CI)	18.4% (9.5–33.1%)	6.9% (3.5–13.4%)	2.3% (0.3–15.4%)	0.009
3-Year overall survival	68.0% (52.4–79.3%)	85.9% (77.6–91.3%)	89.2% (73.7–95.8%)	0.029

Abbreviations: CI=confidence interval; CNS=central nervous system; CODOXMIVAC=cyclophosphamide, vincristine, doxorubicin, methotrexate, ifosfamide, etoposide, cytarabine; HD=high dose; IT=intrathecal; IV=intravenous; MTX=methotrexate; R-CHOP=rituximab, cyclophosphamide, doxorubicin, vincristine, prednisolone; R-HyperCVAD=rituximab, hyperfractionated cyclophosphamide, doxorubicin, vincristine, dexamethasone; R-MTX-ara-c=rituximab, high-dose methotrexate, high-dose cytarabine. Bold denotes $P < 0.05$.

Relapsed and refractory DLBCL

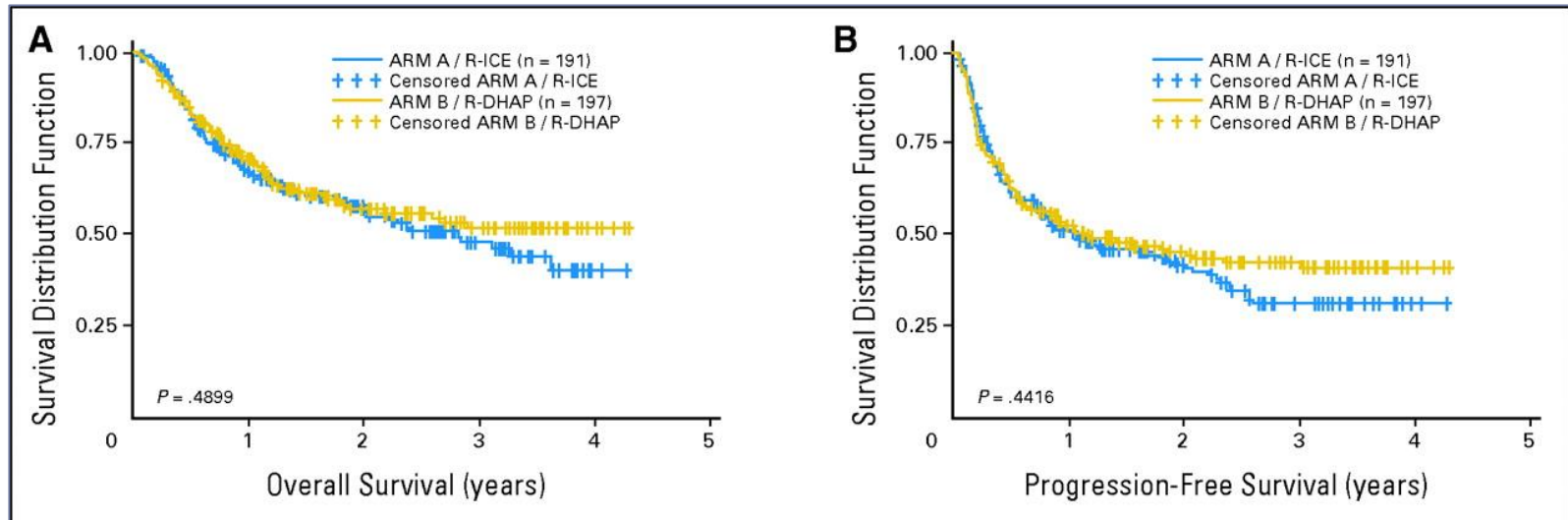
Parma trial

n=215. 2 x DHAP: response → randomisation
(n=109)



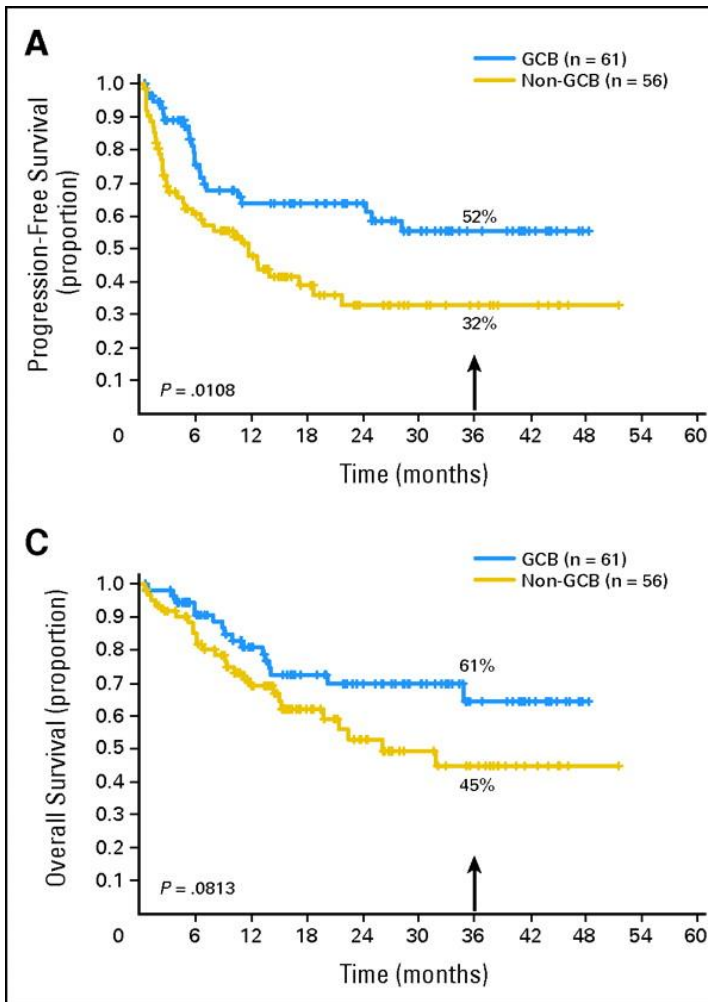
Conventional therapy: 4 x DHAP with or without RT
Autologous transplant: BEAC conditioning

CORAL study

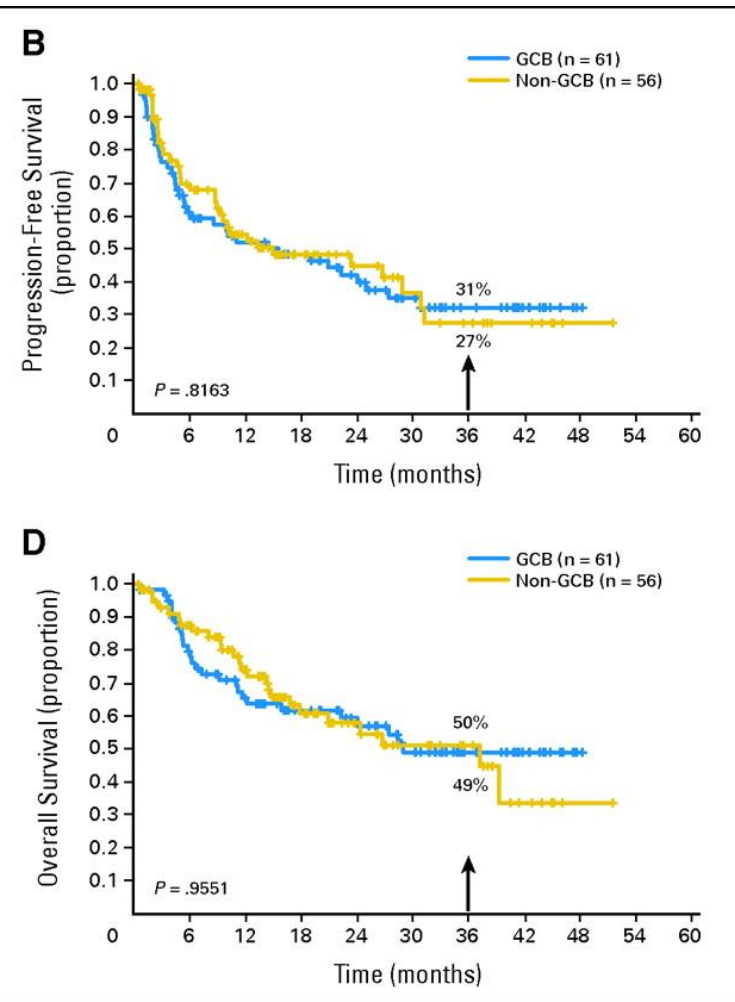


Bio-CORAL study

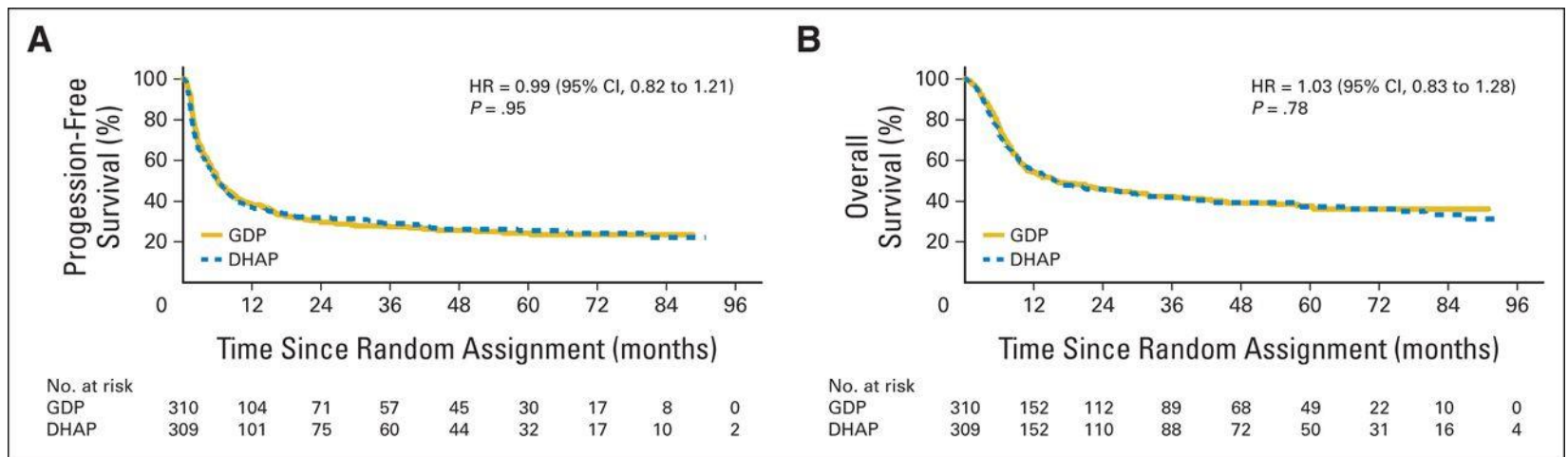
R-DHAP



R-ICE



R-DHAP VS R-GDP + BEAM



R-DHAP VS R-GDP + BEAM

Table 3. Most Serious Adverse Events

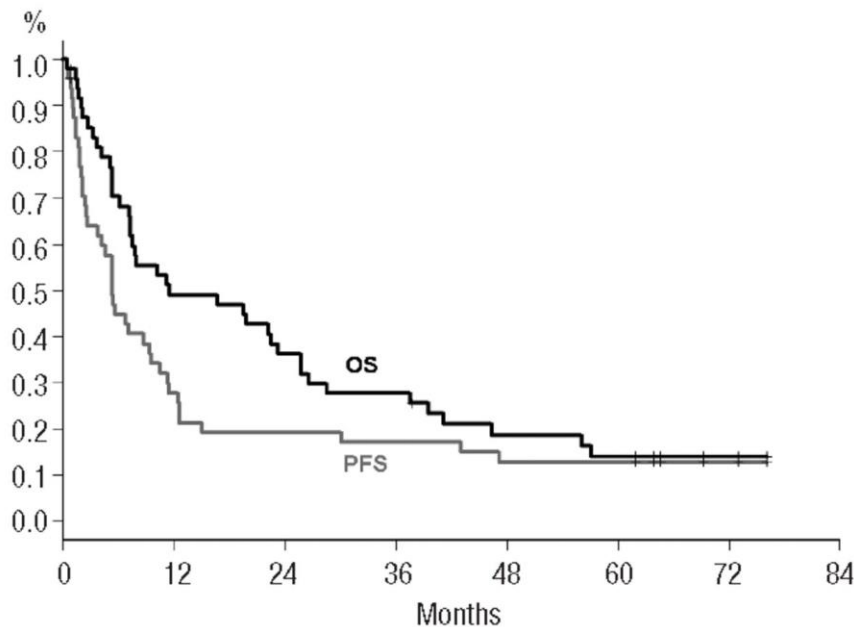
Adverse Event	GDP (n = 306)		DHAP (n = 304)		<i>P</i>
	No.	%	No.	%	
Thrombosis/embolism	18	6	18	6	NS
Fatigue	30	10	28	9	NS
Nausea	13	4	25	8	.04
Vomiting	22	7	21	7	NS
Infection					
With grade 3 to 4 neutropenia	18	6	28	9	NS
Without neutropenia	21	7	22	7	NS
Febrile neutropenia	28	9	70	23	< .001
Syncope	7	2	16	5	
Worst overall	143	47	186	61	< .001

NOTE. Comparison of most frequently occurring serious adverse events, occurring in at least 5% of patients who received at least one dose of protocol therapy, at grade 3 or 4 (National Cancer Institute Common Toxicity Criteria version 2.0).

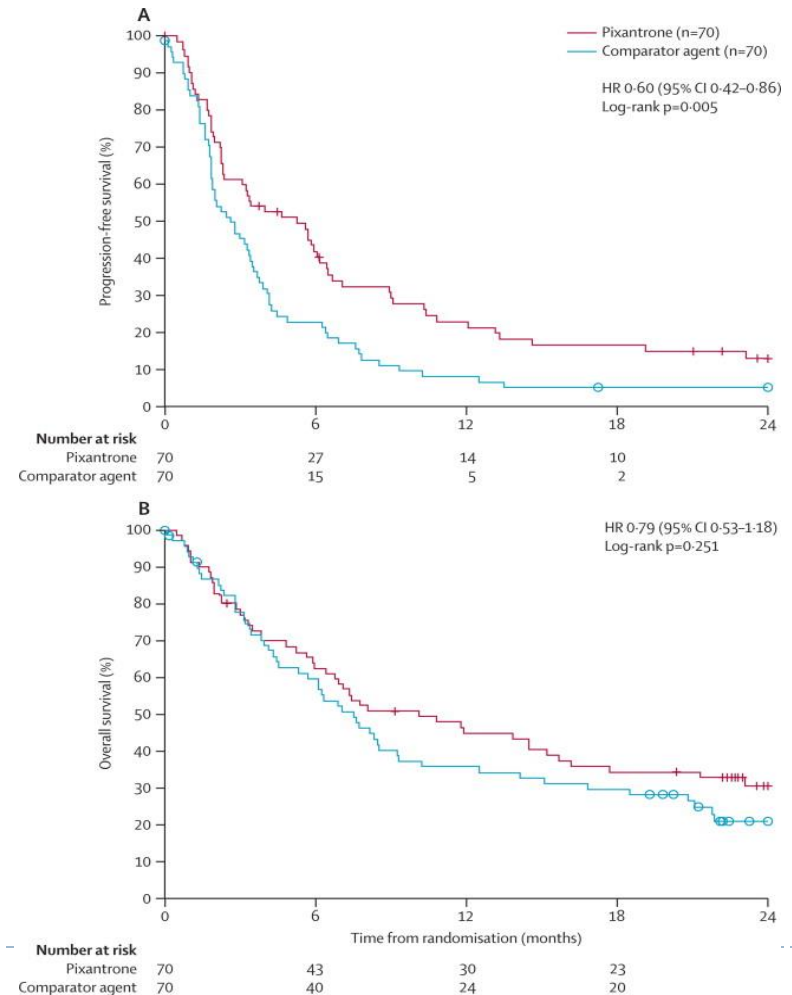
Abbreviations: DHAP, dexamethasone, cytarabine, cisplatin; GDP, gemcitabine, dexamethasone, cisplatin; NS, not significant.

Transplant-ineligible patients

► R-GemOx¹



► Pixantrone²



1. Mounier N, *et al.* Haematologica 2013; 98: 1726-31.
2. Pettengell R, *et al.* Lancet Oncol 2012; 13: 696-706.

Further considerations

Open questions

- ▶ Ibrutinib may improve the efficacy of R-CHOP in 1st line treatment of ABC subtype DLBCL¹
- ▶ The poor prognosis of double-hit, particularly MYC rearrangement/overexpression, is an unsolved issue
- ▶ PET-response adapted therapy?
- ▶ DA-EPOCH?
- ▶ Bortezomib (plasmablastic variant?)
- ▶ Lenalidomide and other ImiDs
- ▶ PI3K inhibition
- ▶ Syk/JAK inhibition (Cerdulatinib)
- ▶ Antibody-drug conjugates (CD19, CD79B)
- ▶ BCL2 inhibition (ABT-199)

2015 revised ESMO DLBCL guidelines

- For young, low-risk patients (aa-IPI = 0) without bulky disease:
 - six cycles of combination chemotherapy with CHOP treatment combined with six doses of rituximab given every 21 days is the current standard [I, A];
 - consolidation by radiotherapy to initial non-bulky sites has no proven benefit in patients treated with rituximab or not [I, A].
- For young low-intermediate-risk patients (aa-IPI = 1) or IPI low risk (aa-IPI = 0) with bulky disease:
 - either R-CHOP21 × 6 with radiotherapy to the sites of previous bulky disease or the intensified regimen R-ACVBP is recommended [II, B].
- For young high- and high-intermediate-risk patients (aa-IPI ≥ 2):
 - enrolment in clinical trials should be a priority;
 - six to eight cycles of chemotherapy with CHOP combined with eight doses of rituximab given every 21 days are most frequently applied [III, B];
 - dose dense treatment with R-CHOP given every 14 days has not demonstrated a survival advantage over standard R-CHOP given every 21 days [I, C];
 - intensive treatment with R-ACVBP or R-CHOEP is frequently used but these regimens have not been directly compared with R-CHOP in this category [II, B];
 - HDC with ASCT in first line remains experimental or may be proposed for selected high-risk patients [II, C];
 - the role of interim PET to select patients who could benefit from consolidative ASCT or from radiotherapy is under evaluation [I, C].
- For patients aged 60–80 years:
 - six to eight cycles of combination chemotherapy with CHOP plus eight doses of rituximab given every 21 days is the current standard [I, A];
 - if R-CHOP is given every 14 days, six cycles of CHOP with eight cycles of rituximab are sufficient [I, A];
 - a comprehensive geriatric assessment in order to ascertain comorbidities and functional decline is recommended to guide the choice of treatment in elderly poor-prognosis patients [III, A];
 - R-CHOP treatment can usually be used up to 80 years of age in fit patients [I, A], but modulation of treatment according to geriatric assessment is recommended [III, C].
- For patients aged >80 years:
 - the combination of rituximab with attenuated chemotherapy, such as R-miniCHOP, can induce complete remission and long survival in fit patients older than 80 years [III, B];
 - substitution of doxorubicin by gemcitabine, etoposide or liposomal doxorubicin, or even its omission, can be considered from the beginning or after a few cycles in patients with cardiac dysfunction or who are frail or unfit [III, C].



Thank you!