

# Basic techniques in translational research

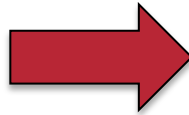
IMPAKT training course

Françoise Rothé

**I have no conflict of interest to disclose**

# From bench to bedside

**Translational research** is meant to bridge the gap between **basic research** and **the clinic** in order to facilitate the transition of knowledge and discovery into therapeutics and lead to improvement of healthcare.



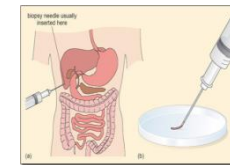
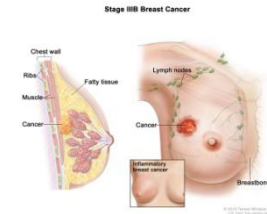
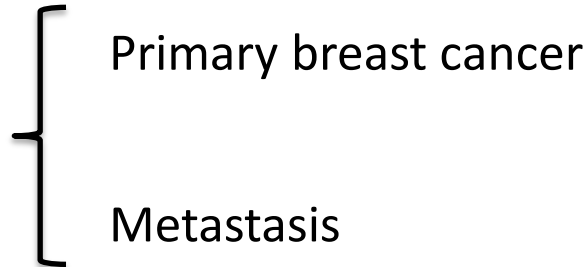
# Overview

- 1/ Sample types used in translational research/ collection
- 2/ Biological material - extraction
  - quality and quantity assessment
- 3/ Basic technologies to dissect cancer complexity

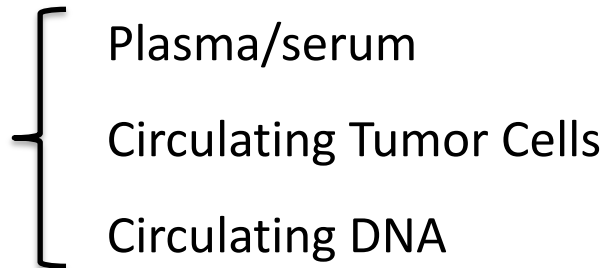
# Sources of biological material

## Tissues

(FFPE/frozen)



## Blood derived



**Cancer cell lines, mouse models...**

# Basic rules: High quality samples

## Sample collection and preservation

- **Stabilize** tissue in a suitable fixative (Formalin, RNAlater<sup>®</sup>, ...)  
or **freeze** the tissue **immediately** (in liquid nitrogen or -80° C)
- Process blood within 1h after blood draw for serum and plasma preparation
- Whole blood should be frozen **immediately**

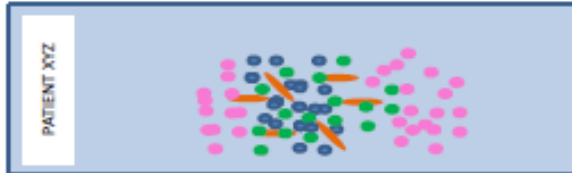
**SPEED is the key**

# Be aware of the cellular composition of the samples

- DNA/RNA does not only come from the tumor epithelial cells
- Many other cell types are present in the tumor microenvironment (fibroblasts, lymphocytes, adipocytes...)
- Normal/stromal cells might influence the signal

# Cellular composition evaluation

- Evaluation on an H&E slide
- Tumor area or tumor cellularity?
- Semi-quantitative



- Tumor epithelial cell
- Lymphocyte
- Fibroblast
- Normal epithelial cell

**Tumor area = 40%**

**Tumor cellularity:**

Tumor epithelial cells = 30%

Normal epithelial cells = 30%

Lymphocytes = 30%

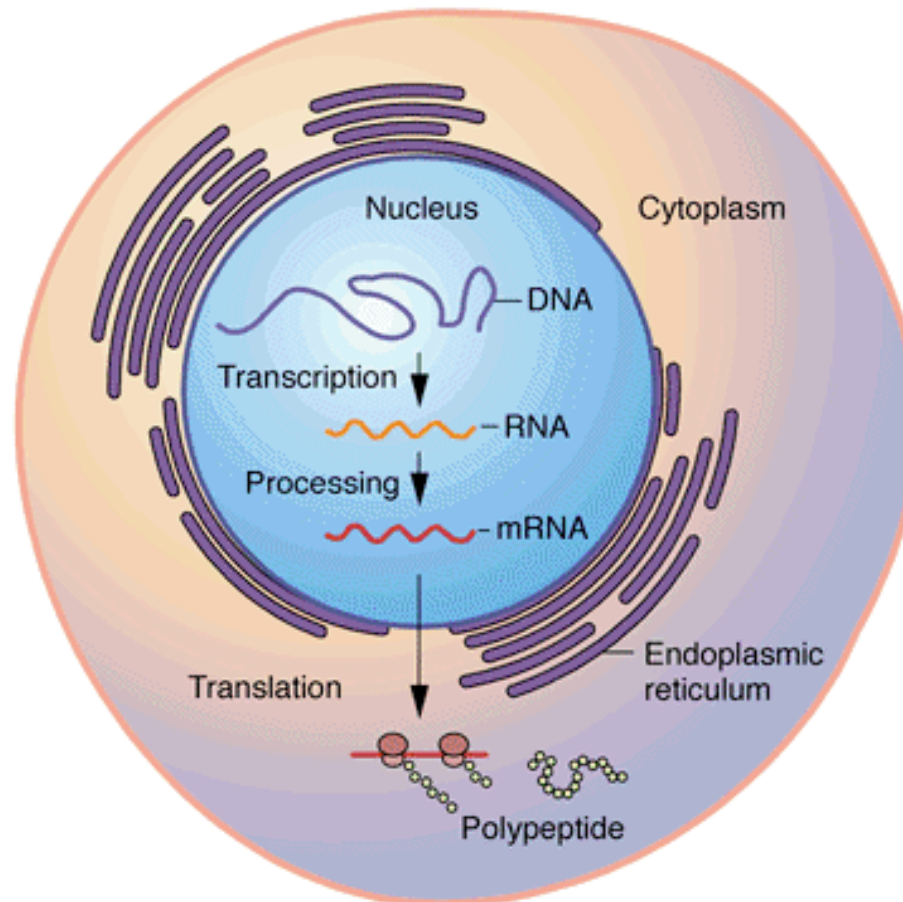
Fibroblasts = 10%

Adipocytes = 0%

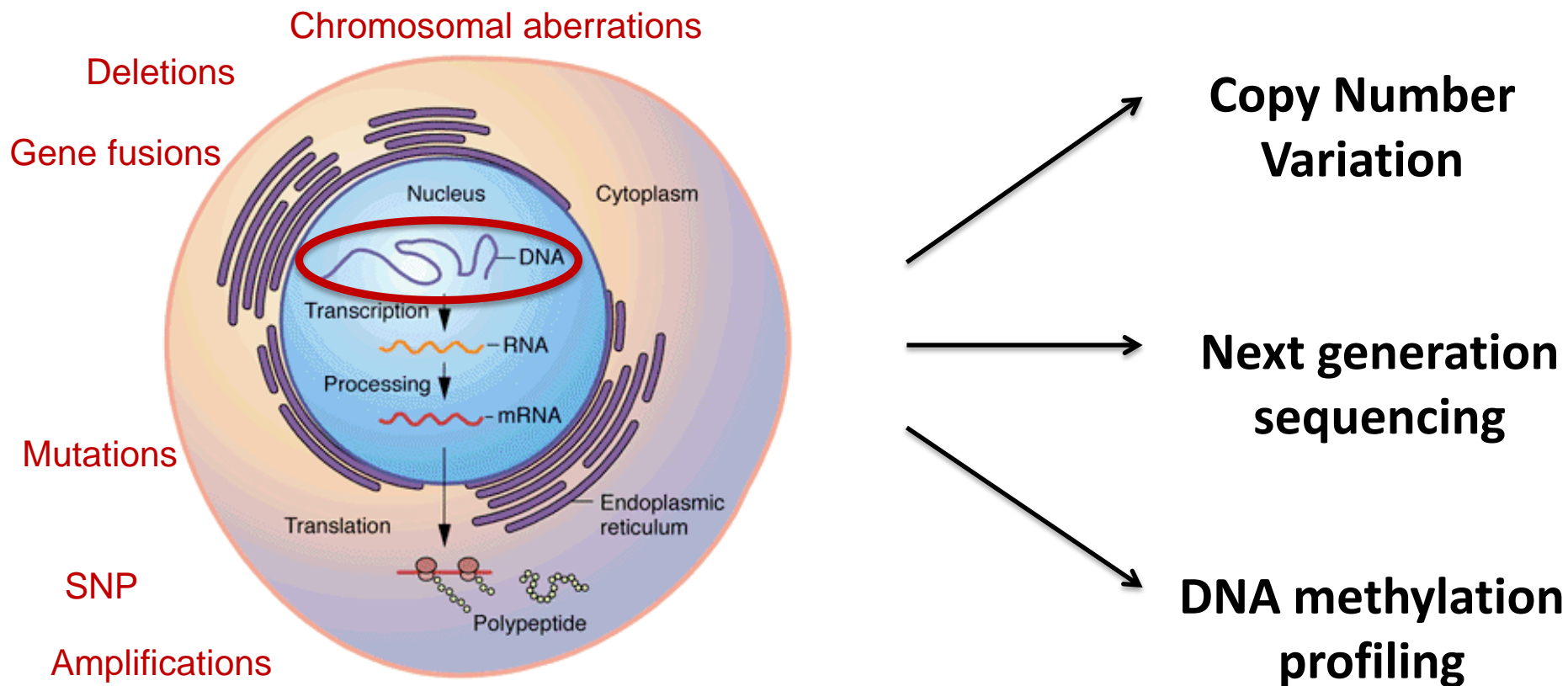
DCIS = 0%



# From genes to proteins

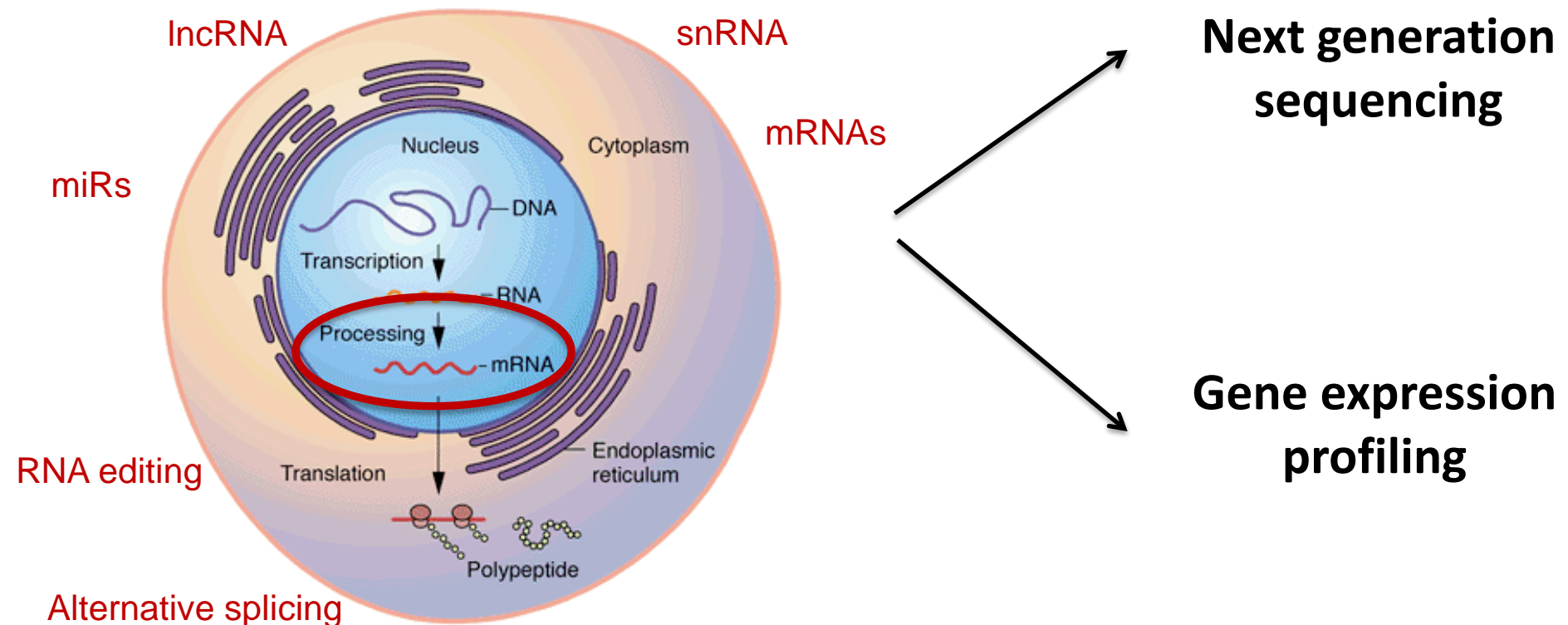


## At the DNA level



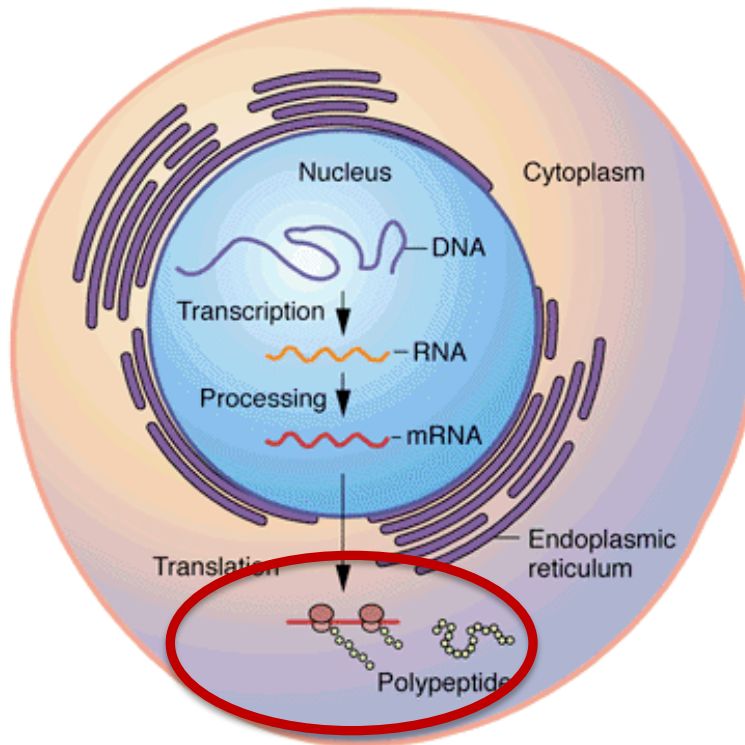
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## At the RNA level



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# At the protein level



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**Protein  
expression**

**Post translational  
modifications**

# Nucleic acids extraction methods

- First extraction in 1869
- **Specific** techniques depending on samples types  
(blood, FFPE, frozen...)
- Common steps for DNA/RNA:  
**Cell lysis → proteins/lipids removal → RNase/DNase treatment → DNA/RNA purification**
- Phenol-chloroform method (ex: Trizol)
- Column-based methods (ex: Qiagen kits, Roche kits...)

# Top 5 sources of RNase contamination

- 1) Skin
- 2) Endogenous cellular RNases
- 3) Unsterile material (tips, tubes,...)
- 4) Water and buffers
- 5) Lab surfaces

# DNA/RNA quantification and quality control

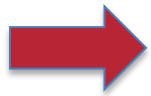
# Nucleic acids quantification

## 1/ Spectrophotometer

- Most widely used method (ex: Nanodrop)
- Simple and accurate method to determine DNA/RNA concentration
- DNA and RNA show maxima absorbance at 260nm
- Assessment of nucleic acids purity:

**Ratio A260/280: protein contamination**

**Ratio A260/230: organic compounds contamination**



Both ratios should be close to 2 for pure DNA/RNA

- No information about the integrity of the sample



## 2/ Fluorometer

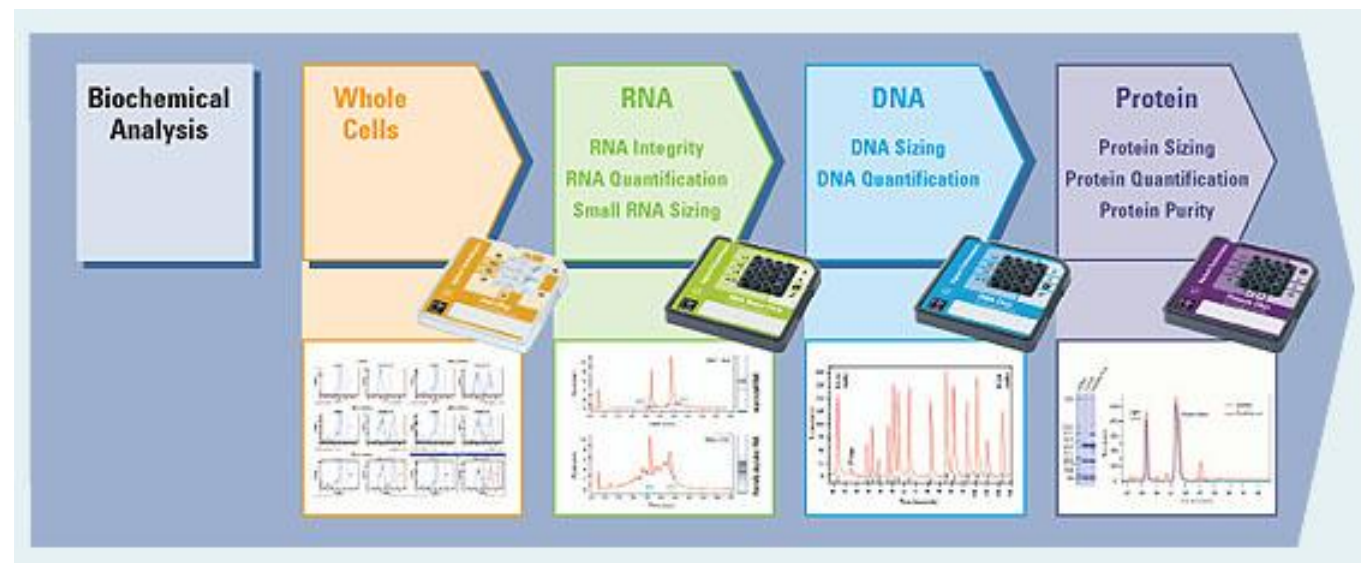
- Qubit® technology or Quant-iT™ PicoGreen®
- Incorporation of fluorescent dye in selected molecule  
→ Quantification of dsDNA, RNA, proteins

### **Fluorescence emitted only when dye bound to the specific molecule**

- More sensitive and accurate than UV light absorbance
- Saving on precious samples
- Standard technique used to quantify DNA for NGS applications

# Nucleic acids quality control using Agilent Bioanalyzer

**Microfluidics-based** chip platform for sizing, quantification and quality control

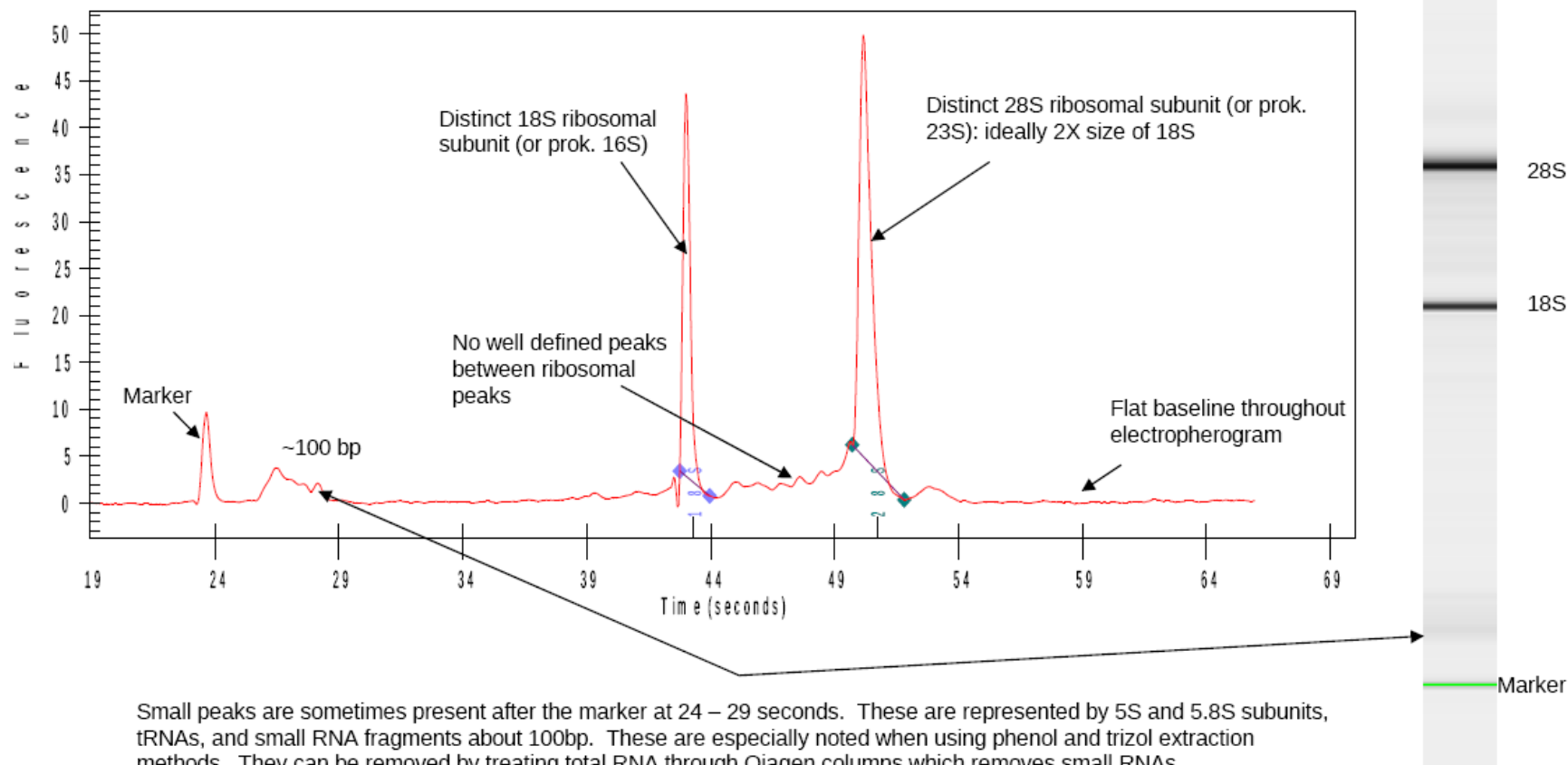


# Use of Agilent Bioanalyzer for RNA

- Total RNA:
  - mRNA represent only 1-3%
  - ribosomal RNA makes up >80% total RNA
- 2 most abundant RNAs= ribosomal RNAs 18S and 28S
- Ribosomal ratio 28S/18S =2 for intact RNA
- RNA Integrity Number (**RIN**) calculated for each sample  
(1: degraded RNA → 10: intact RNA)
- Developed to remove individual interpretation in RNA quality control

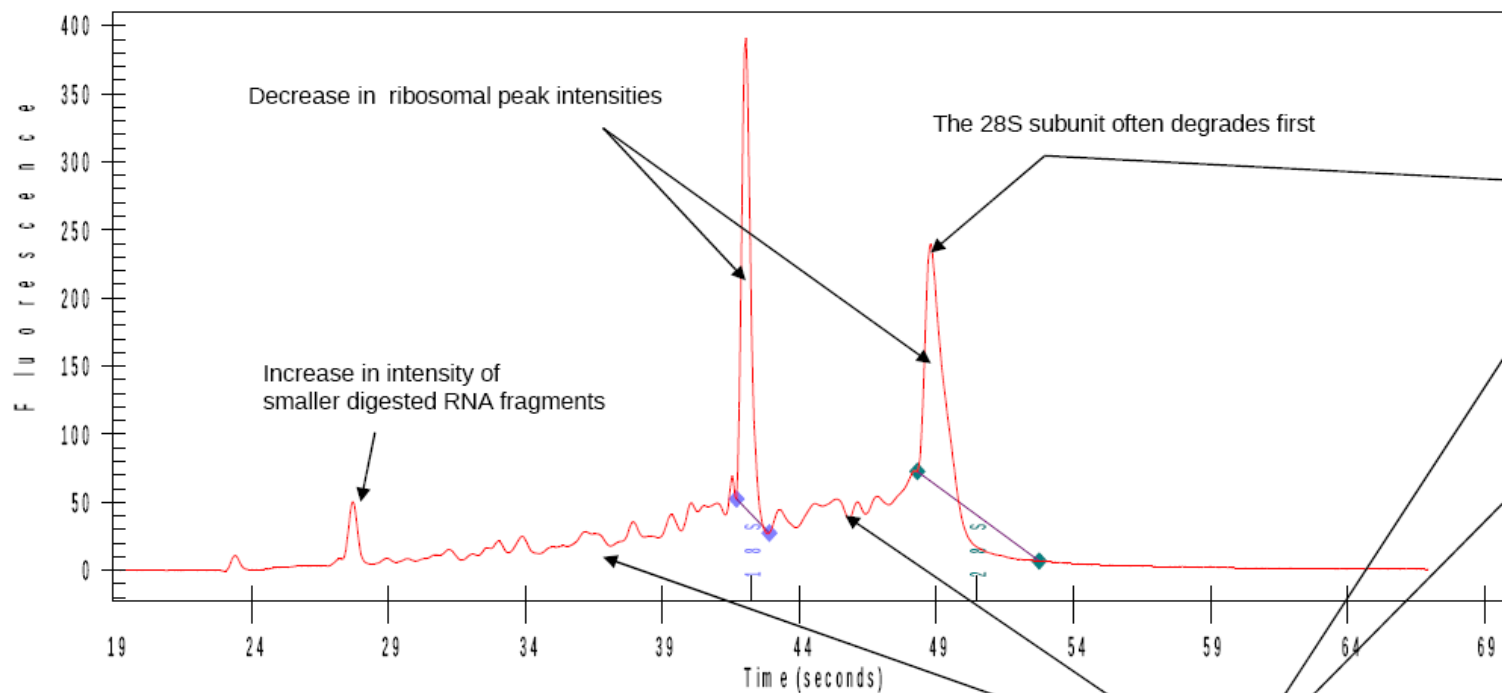
# Intact total RNA

**RIN~10**

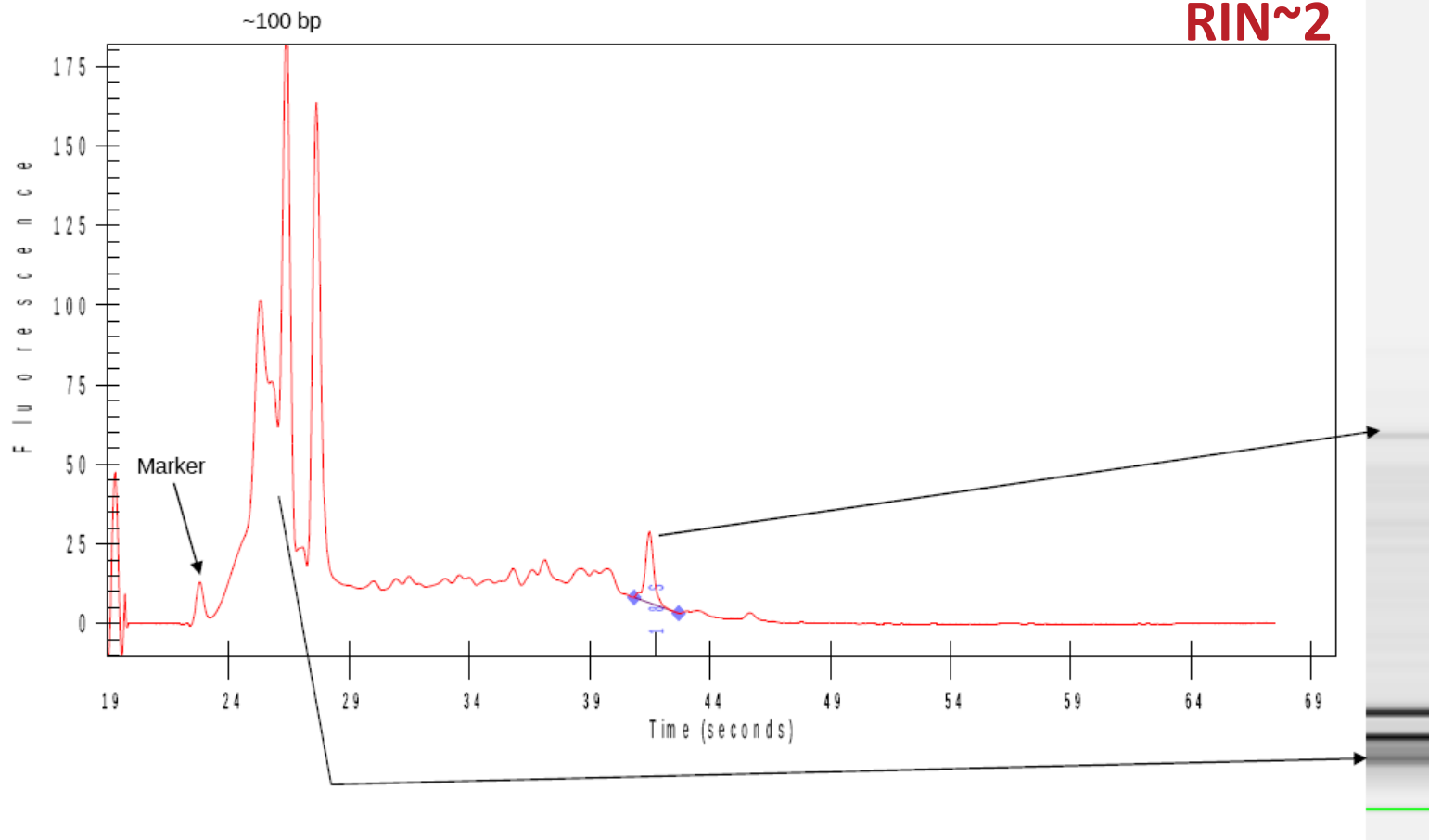


# Partially degraded total RNA

RIN~7



# Totally degraded total RNA



# Use of Agilent Bioanalyzer for DNA

## Especially useful for NGS applications:

- Assess quality of starting material
- Monitor size distribution after fragmentation and adapter ligation steps
- Quantify yield and detection of artifacts post-PCR amplification
- Detect small quantities of DNA in amplification-free protocols

# Some basic applications in TR

## At the DNA level:

### 1/ PCR:

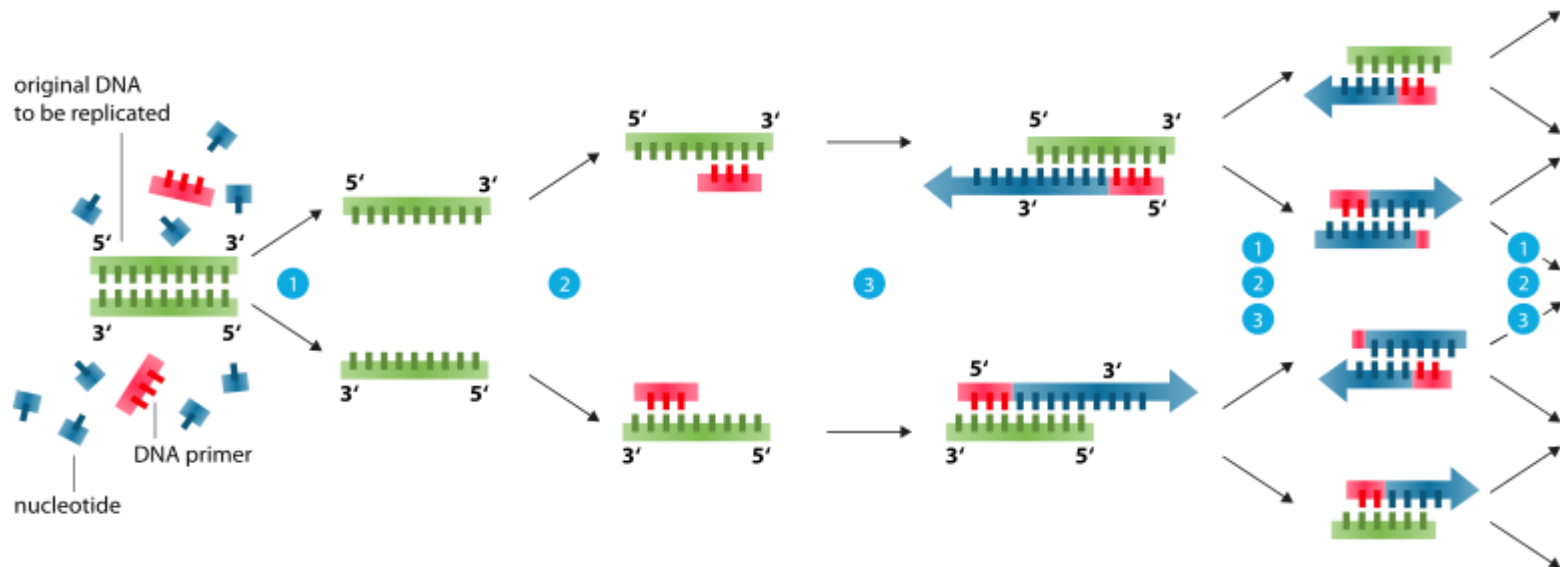
- **Specific** exponential DNA amplification from few to millions of copies
- High sensitivity, specificity and robustness
- **Great spectrum of research and diagnostic applications:**

DNA cloning, mutation screening/validation, diagnosis of hereditary diseases, detection of infectious diseases, prenatal diagnosis, site-directed mutagenesis...



# PCR

- 3 Steps:**
- denaturation
  - annealing
  - elongation

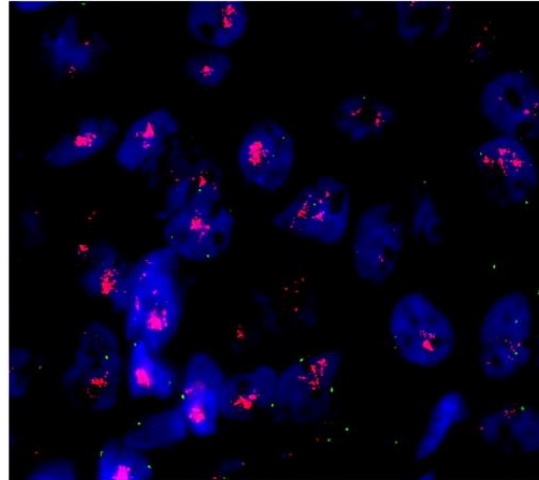


## **2/ Fluorescence *In Situ* Hybridization (FISH):**

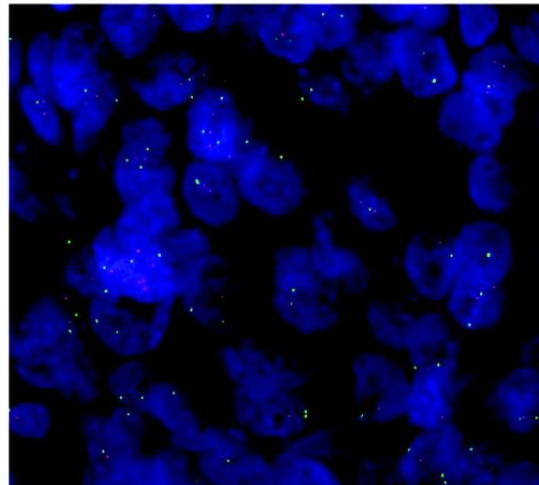
- Visualization of chromosomes or portions of chromosomes using fluorescent molecules
- Assessed on morphologically preserved chromosome preparations, fixed cells or tissue sections
- Identification of chromosomal alterations:  
(ex: amplification/loss/translocation/ploidy determination)
- Validation of NGS and array CGH data

## *her2* FISH

HER2 amplified



HER2 non-amplified



*her2* amplification:  
*her2*/CEP17  $\geq 2^*$

Chromosome 17 centromere  
*her2* gene

### 3/ Other DNA techniques include:

Cloning, Southern blot, gel electrophoresis, DNA transfections,  
Sanger sequencing, methylation analysis, array CGH...

## NGS: Whole genome and exome sequencing

## At the RNA level:

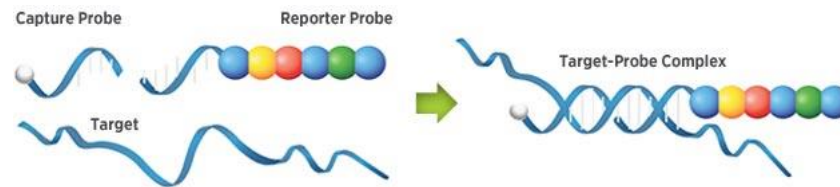
### 1/ Quantitative RT-PCR:

- Variant of PCR used to assess specific RNA expression (mRNAs, miRNAs,...)
- **2 steps:**
  - Reverse transcription (RNA → cDNA)
  - qPCR
- **2 main technologies:**
  - SYBrGreen: non-specific fluorescent dyes that intercalate within dsDNA
  - Taqman: sequence-specific DNA probes labeled with a fluorescent reporter
- Validation of microarray data (frozen/FFPE)
- **21 genes Recurrence Score – FFPE samples**

**(Prognosis and prediction of benefit from CT in ER+ BC pts)**

## 2/ Nanostring technology

- Digital color-coded barcode technology
- Each color-coded barcode is attached to a single target-specific probe corresponding to a gene of interest



- Detection and counting of >100s different transcripts in one reaction
- High sensitivity (< 1 copy per cell)
- No amplification step
- **PAM50 classifier and prognosticator – FFPE samples**

### 3/ Other RNA techniques include:

- Gene expression profiling: Northern blot, microarray
- RNA-ISH

## NGS: RNA-seq

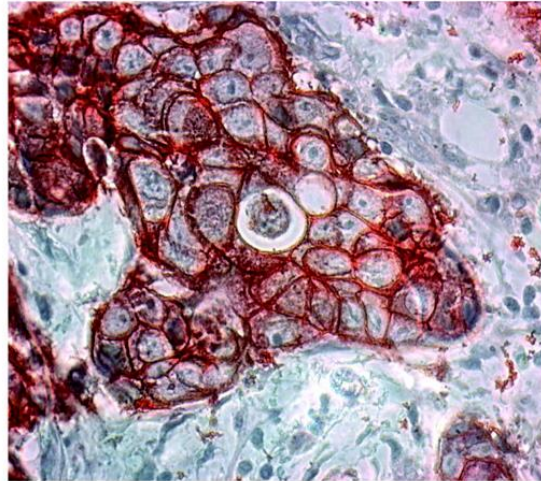
## At the protein level:

- Protein expression/modification/pathway analysis:  
Western Blot, ELISA, IHC,...
- Protein localisation: IF, IHC
- Protein interaction: chromatin-IP, EMSA, co-IP, 2 yeast hybrid
- Protein identification: mass spectrometry



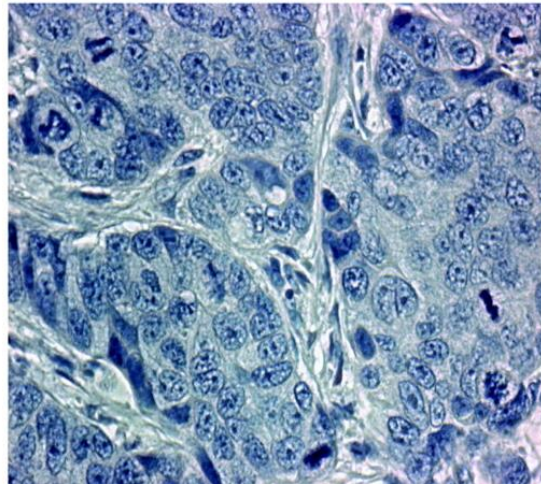
## HER2 IHC

HER2 2+



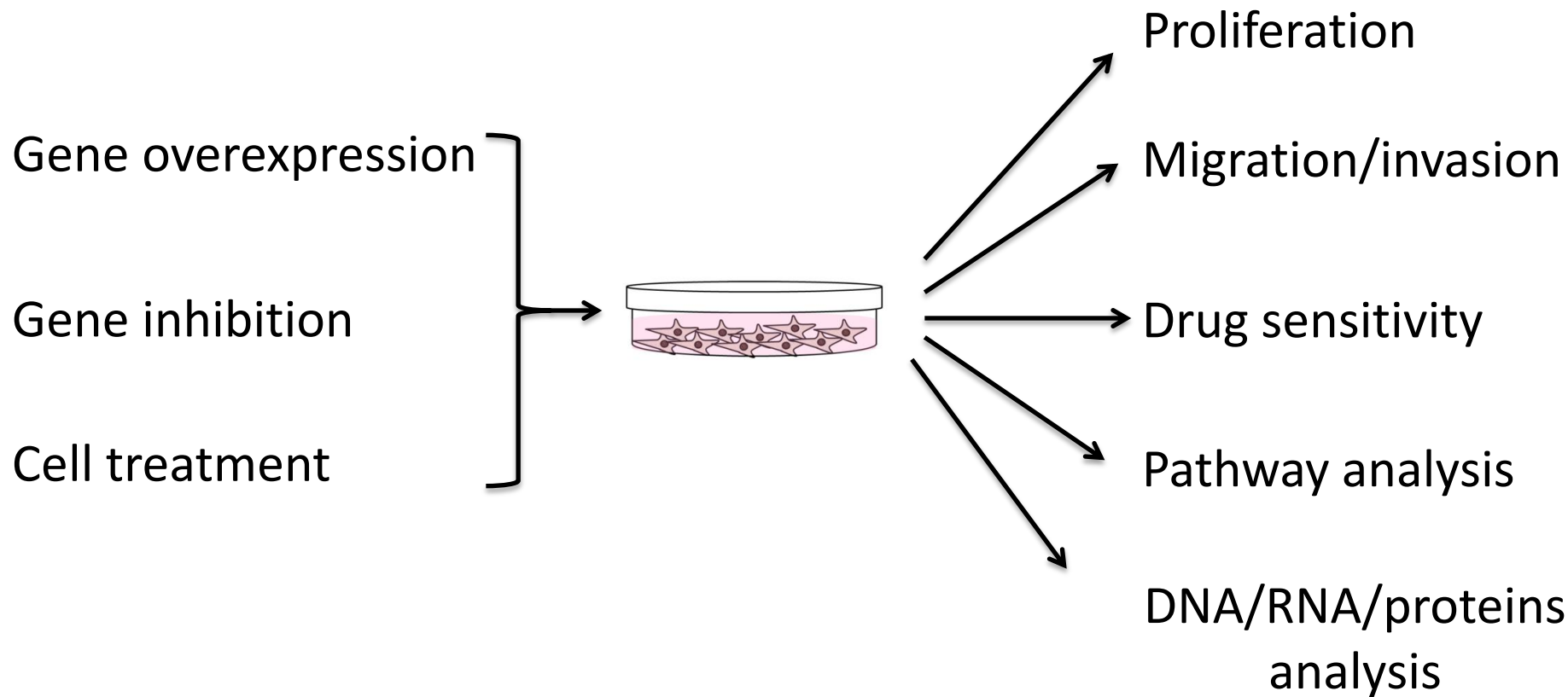
→ FISH

HER2 negative

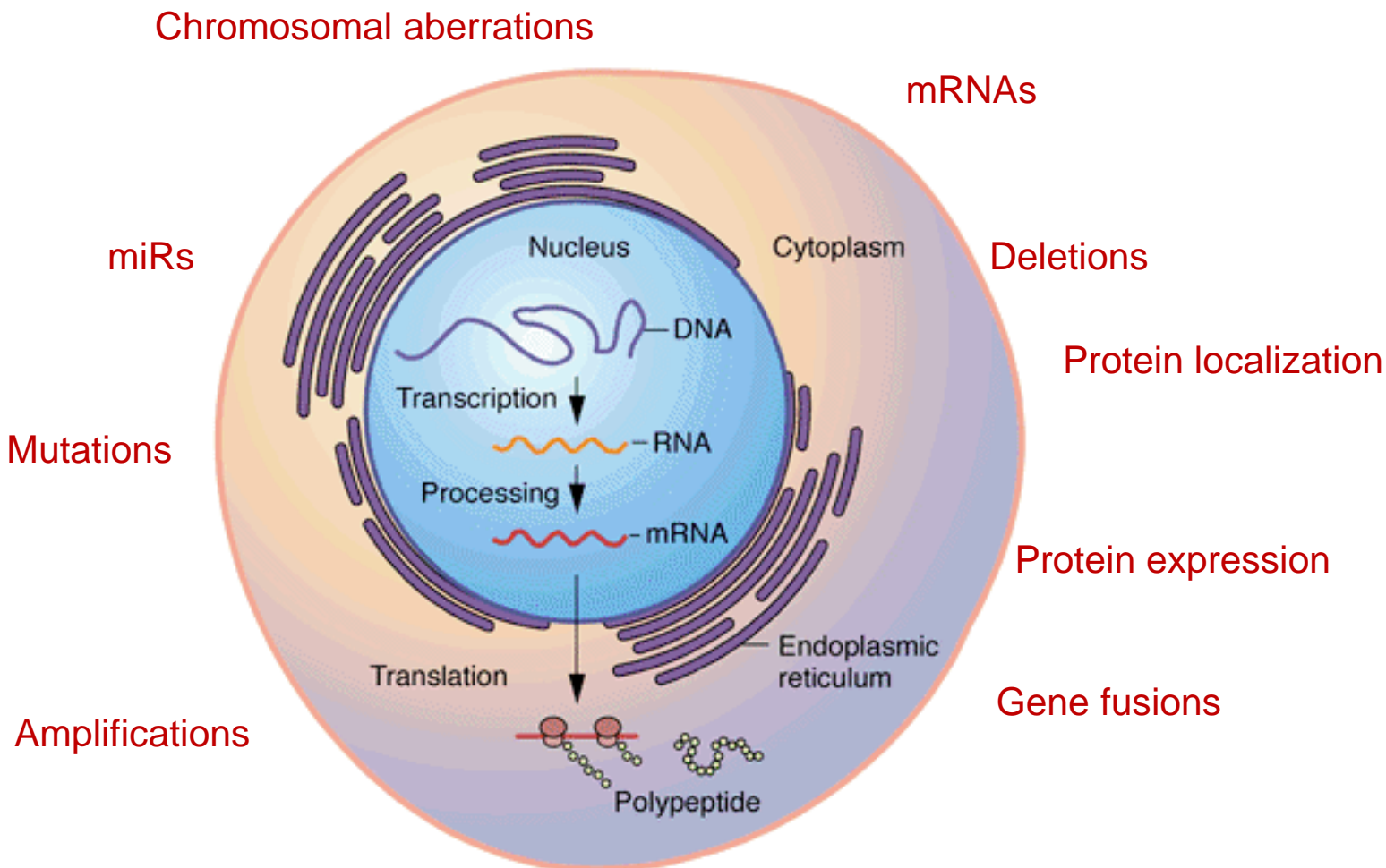




## Cell lines in cancer study



# From genes to proteins



# Acknowledgements

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**Thank you for your attention**