



GOOD SCIENCE
BETTER MEDICINE
BEST PRACTICE



Hôpital européen Georges-Pompidou

Supportive Care in Cancer Highlights of the Year 2015

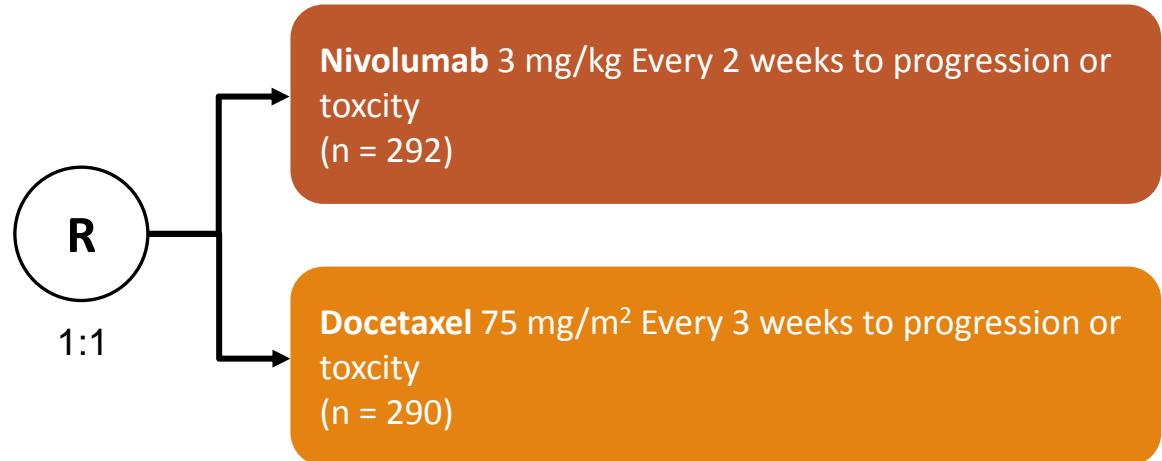
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HÔPITAL EUROPÉEN GEORGES POMPIDOU
MEDICAL ONCOLOGY / SUPPORTIVE CARE IN CANCER UNIT –
EA 4569 « ETHIQUE, POLITIQUE ET SANTÉ »
UNIVERSITÉ PARIS DESCARTES
PARIS - FRANCE

Old / New Treatment - Safety

- Phase III study (CheckMate 057) of nivolumab vs docetaxel in second_line of non-squamous cell carcinoma (1)

- Non-squamous cell carcinoma
- Stades IIIB/IV
- ECOG PS 0-1
- Previously treated with only one line of platinum-based chemotherapy ± ITK



- Primary endpoint : OS
- Secondary endpoints :
 - OR RECIST v1.1
 - progression-free survival (PFS)
 - efficacy by PD-L1 expression*
 - quality of life safety

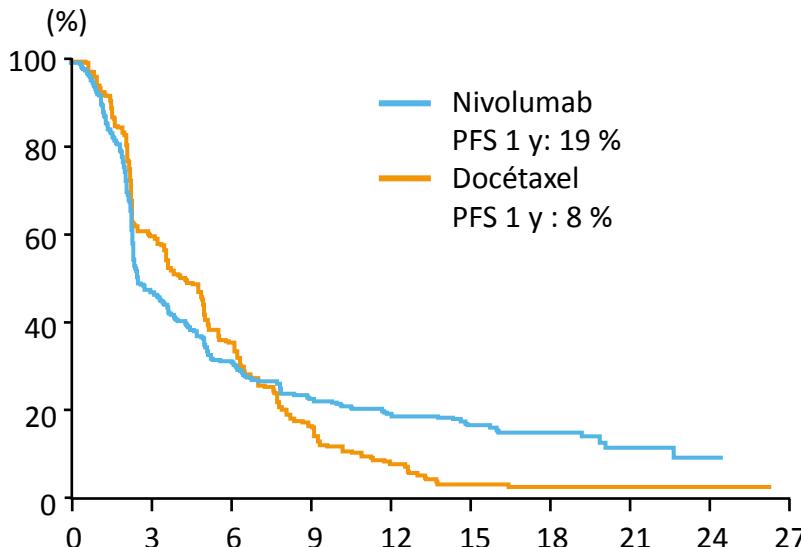
* Anti PD-L1 IHC evaluated with Daka IHC system

Old / New Treatment - Safety

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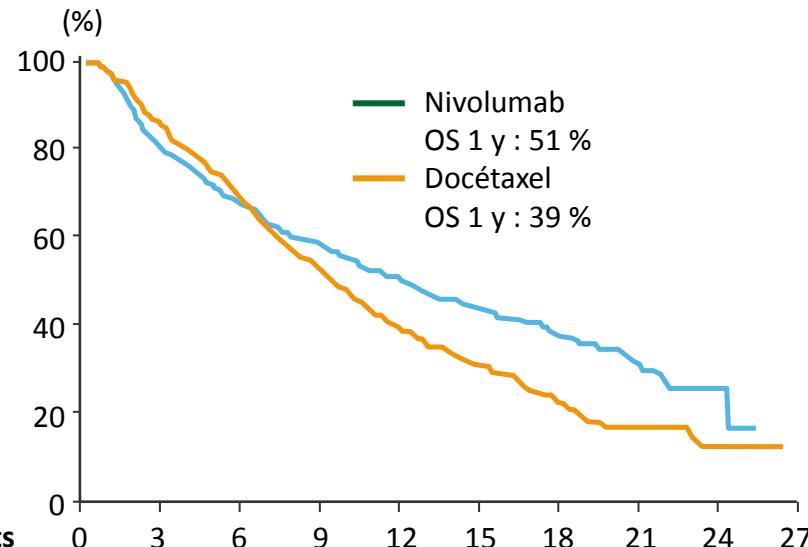
Progression-free survival

	Nivolumab (n = 292)	Docetaxel (n = 290)
Median (months)	2,3	4,2
HR = 0,92 ; IC ₉₅ : 0,77-1,11 ; p = 0,3932		



Overall survival

	Nivolumab (n = 292)	Docetaxel (n = 290)
Median (months)	12,2	9,4
HR = 0,73 ; IC ₉₅ : 0,59-0,89 ; p = 0,0015		



Old / New Treatment - Safety

	Nivolumab (n = 237)	Docetaxel (n = 268)
Grade 3-4 Adverse effects (%)	10	54
Graded 3-4 serious adverse effects (%)	5	18
Serious adverse effects with interruption of the treatment (%)	5	15
Ineterstitial pneumonia (%)	3	< 1
Hepatitis (%)	6	2
Diarrhea (%)	8	23
Hypothyroidism (%)	7	0

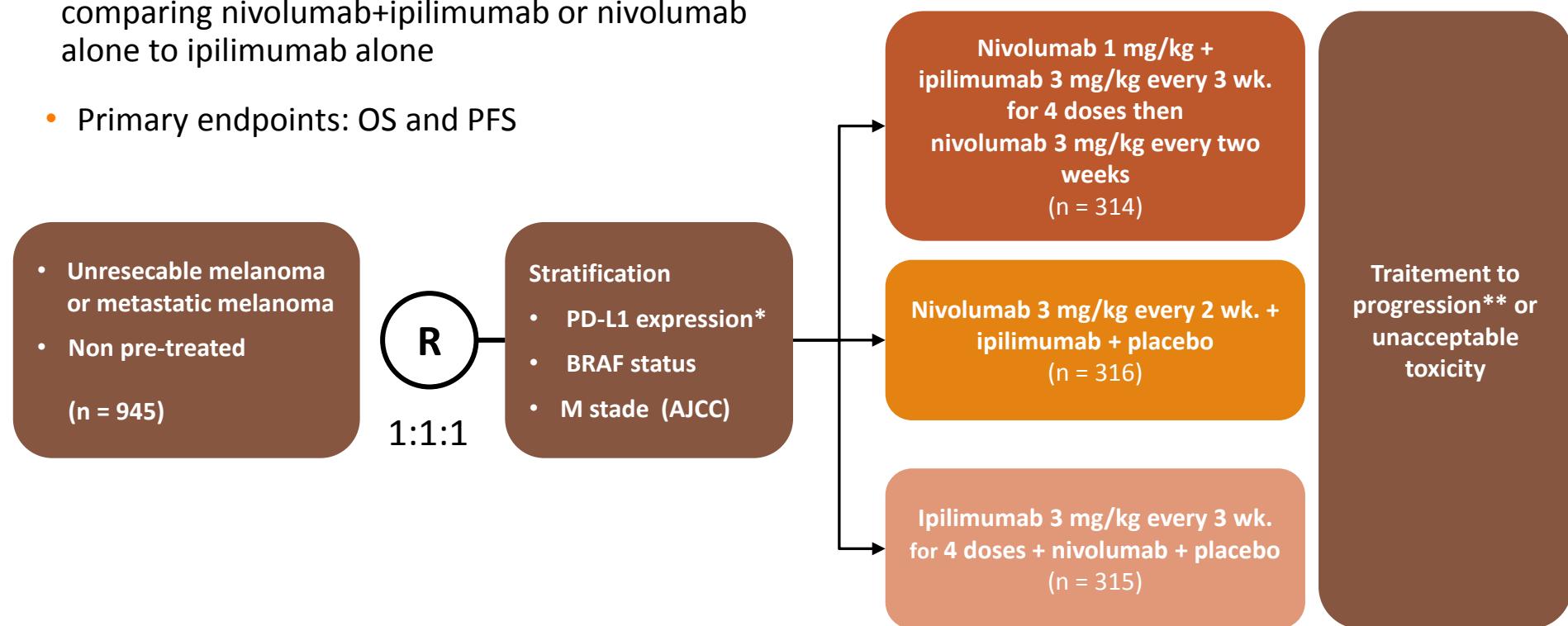
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OLD SAFETY EDUCATION

Old / New Treatment - Safety

- Phase III trial CheckMate 067 Evaluating the interest of combined inhibition of PD-1 and CTLA-4
 - Randomized phase III trial, double-blind, comparing nivolumab+ipilimumab or nivolumab alone to ipilimumab alone
 - Primary endpoints: OS and PFS



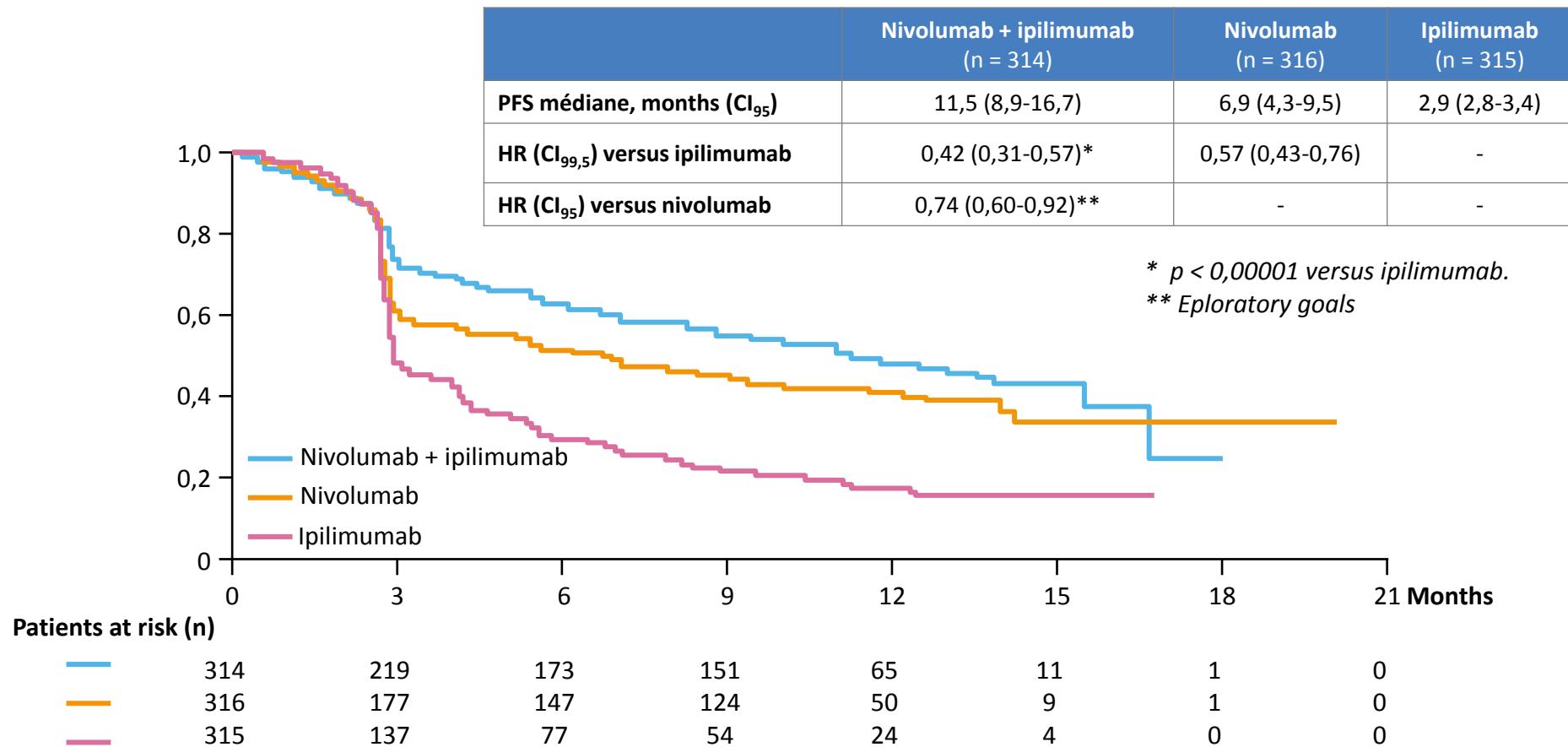
* Stratification function of PD-L1 expression of 5%

** The patients could have been treated to progression according to condition defined by the study protocol

Old / New Treatment - Safety

- Phase III trial CheckMate 067 Evaluating the interest of combined inhibition of PD-1 and CTLA-4

Progression free survival



Old / New Treatment - Safety

- Phase III trial CheckMate 067 Evaluating the interest of combined inhibition of PD-1 and CTLA-4 (6)

	Nivolumab + ipilimumab (n = 313)		Nivolumab (n = 313)		Ipilimumab (n = 313)	
	All grades	3-4 Grade	All grades	3-4 Grade	All grades	3-4 Grade
Adverse events related to treatment	95,5	55,0	82,1	16,3	86,3	27,3
Adverse events inducing interruption of treatment	36,4	29,4	7,7	5,1	14,8	13,2
Adverse events inducing death of the patient	0		0,3		0,3	

67,5 % Of patients who stop treatment because of toxicity (81/120) had clinical response

Old / New Treatment - Safety

- Phase III trial CheckMate 067 Evaluating the interest of combined inhibition of PD-1 and CTLA-4 (6)

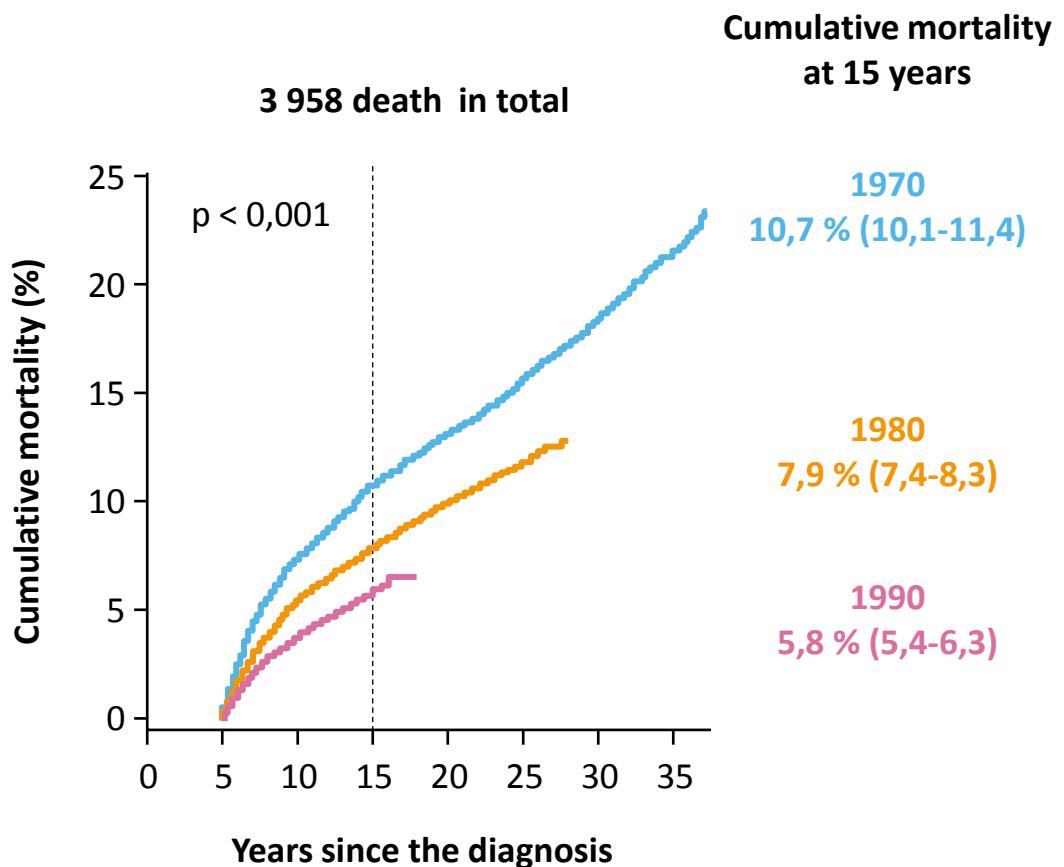
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NEW SAFETY EDUCATION

67,5 % Of patients who stop treatment because of toxicity (81/120) had clinical response

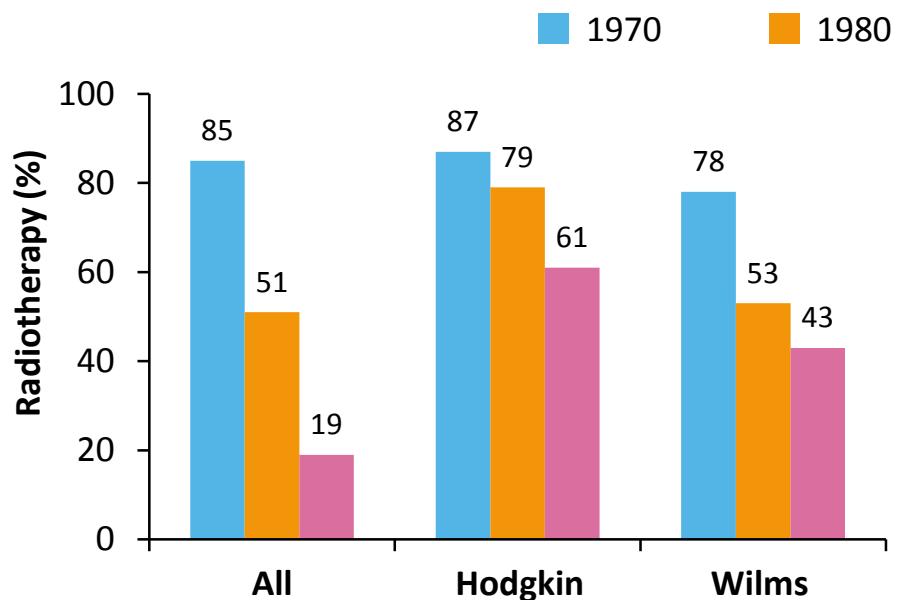
Survivorship : A story of cancer

- Endpoint : Compare the causes of death of the survivors of pediatric cancers
- Evaluation of the causes of late mortalities related to treatments
- Hazard regression to estimate the mortality of every treatment

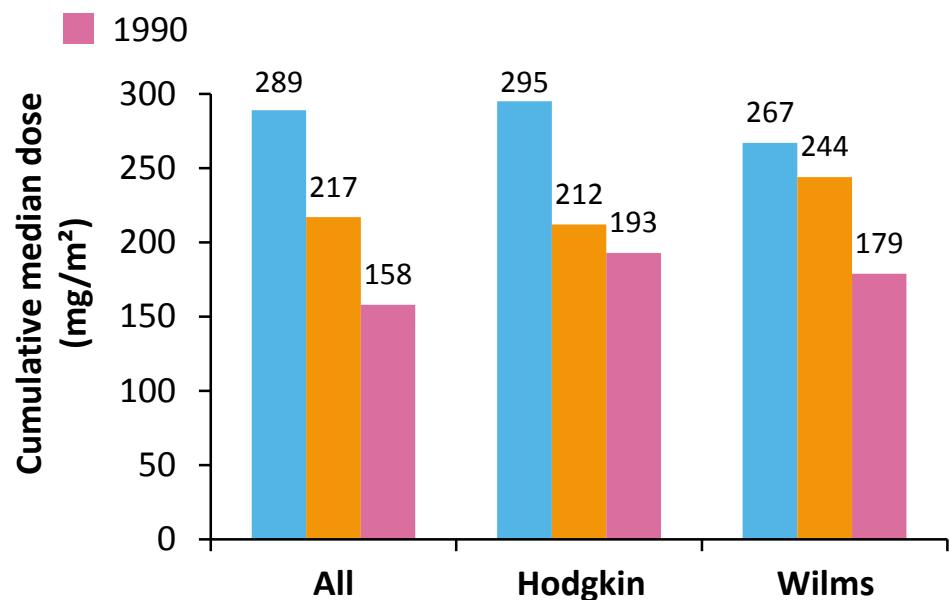


Survivorship : A story of cancer

Evolution in time of radiotherapy exposure

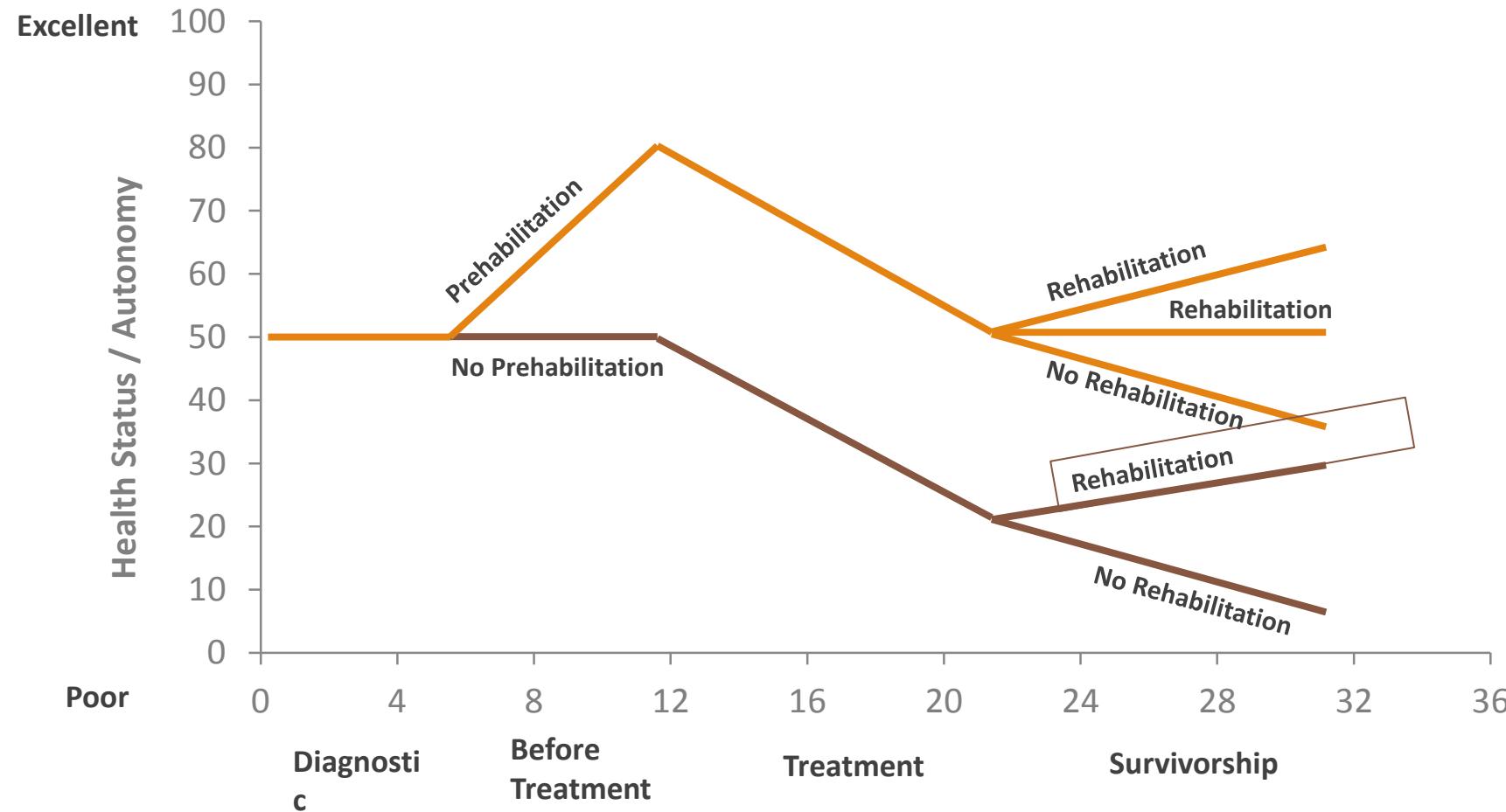


Evolution in time of anthracyclines exposure



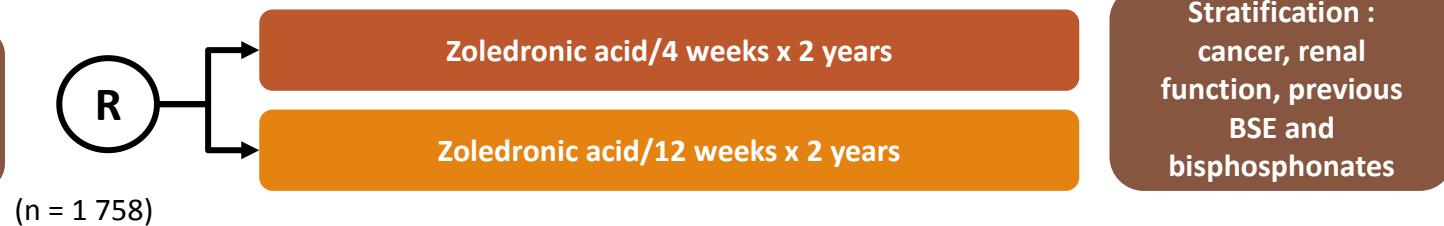
- The therapeutic progress and toxicity management jointly improve the survival
- *Supportive Care to Cancer Toxicity Management*

Pre-Habilitation / Re-Habilitation New Standard of Care ?



Zoledronic acid : 1 month vs 3 months !

- Non inferiority study
- Primary endpoint :BSE incidence



Stratification :
cancer, renal
function, previous
BSE and
bisphosphonates

Disease	Treatment	n	≥ 1 BSE	p (CI ₉₅)
Breast, prostate, myeloma	ZA x 4 weeks	882	260 (29 %)	0,79 (-3,3 ; 5,1)
	ZA x 12 weeks	884	253 (29 %)	

BSE : bone secondary events

No significative difference

- Depending on tumour type : breast ($p = 0,66$) ; prostate ($p = 0,69$) ; myeloma ($p = 0,39$)
- On bone morbidity ($p = 0,75$), pain scores ($p = 0,75$) and general condition ($p = 0,64$)
- On osteonecrosis ($p = 0,08$) and renal function impact ($p = 0,12$)

➔ Zoledronic acid can be administered every 12 weeks in prevention of the bone events

YMCA

- Invasive cancer
- Active treatment or not

R

(n = 186)

Immediate participation to LIVESTRONG YMCA program

Waiting list of 12 months

3-month evaluation of care

Significative results ($p < 0,05$)

- Adherence to program
- Modification of physical activity level
- Quality of life score (FACT-G)

Who

Survivors with or without treatment

What

Individualised exercise program in small groups with YMCA instructor

When/Where

2 sessions of 90 min/wk./3 months in a YMCA wellness center

How

Quality of life evaluation before and after program follow by YMCA instructors

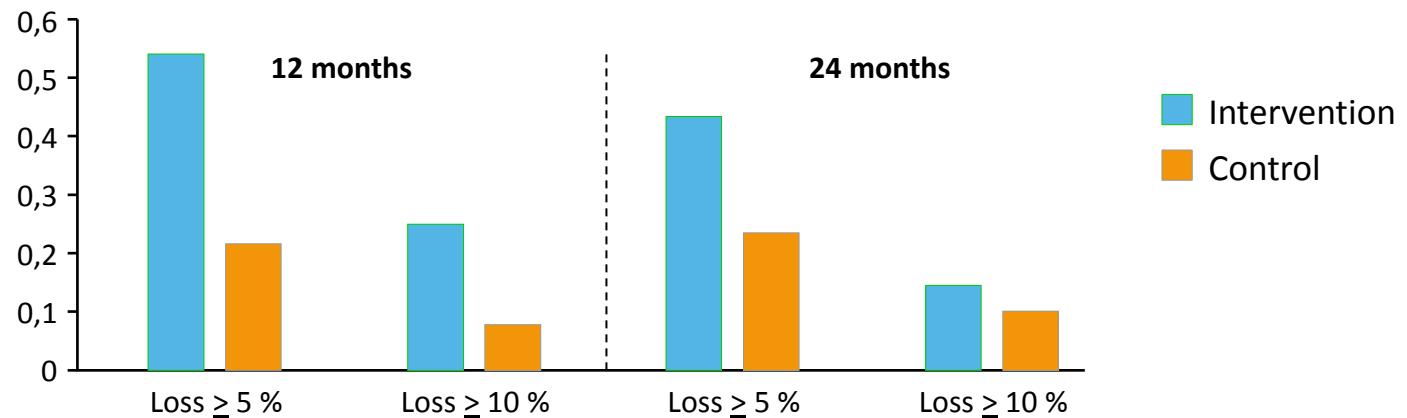
→ Support programs improve quality of life and help to adhere

ENERGY : breast and obesity

- Breast cancer
- End of treatment : 6 months to 5 years before
- BMI 25-45 kg/m²



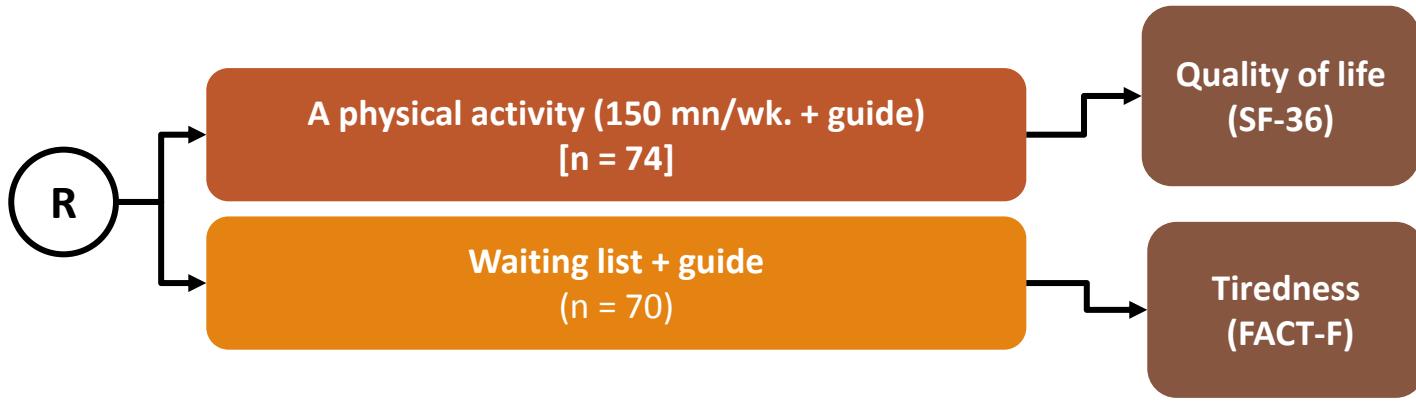
Participants' proportion in the study reaching a loss of weight $\geq 5\%$ and $\geq 10\%$ of initial weight at 12 and 24 months



➔ To care allows to reduce significantly the obesity

Adapted physical activity in ovarian cancer

- Ovarian cancer (I to IV)
- No active treatment
- Inactivity
- Diagnosis ≤ 4 years



Modifications over 6 months	Change on fatigue	p	Change on quality of life	p
< 150 mn/wk. (n = 26)	0,6 (-3,4 ; 4,6)	0,76	-2,6 (-6,9 ; 1,6)	0,22
≥ 150 mn/wk. (n = 48)	5,3 (2,5 ; 8,0)	0,0003	3,5 (0,7 ; 6,4)	0,02

➔ Adhesion to APA is a security of improvement of the fatigue and of the quality of life

Olanzapine : Less Nausea

- ENT cancer and advanced oesophageal cancer
- RCT (5-FU) CDDP
- Chemo-free

(n = 100)
R

D1 : olanzapine 10 mg p.o. ; palonosetron 0,25 mg i.v. ;
dexamethasone 20 mg i.v.
D2-D4 : olanzapine 10 mg/d p.o.

D1 : fosaprepitant 150 mg i.v. ; palonosétron 0,25 mg i.v. ;
dexamethasone 12 mg i.v.
D2-D3 : dexamethasone 4 mg x 2/d p.o.

Evaluation
- Complete response
- Nausea (VAS)

Period	Complete response(%)		No nausea (%)	
	Olanzapine (n = 51)	Fosaprepitant (n = 49)	Olanzapine (n = 51)	Fosaprepitant (n = 49)
Acute phase (0-24 h)	88	84 (p > 0,05)	86	77 (p > 0,05)
Delayed phase (24-120 h)	76	73 (p > 0,05)	71	41 (p < 0,01)
Overall period (0-120 h)	76	73 (p > 0,05)	71	41 (p < 0,01)

Complete response : no nausea or dizziness, no backup treatment

→ Olanzapine is effective in antiemetic prevention of highly emetogenic chemotherapies

Olanzapine - ALLIANCE A221301

- First cycle HEC
Cisplatinum \geq 70 mg/m²
- Or
Anthracycline (60 mg/m²)
+ Cyclophosphamide (600 mg/m²)



- Standard Treatment**
- Setron
 - Dexamethasone
 - Aprepitant

First Objective: No Nausea

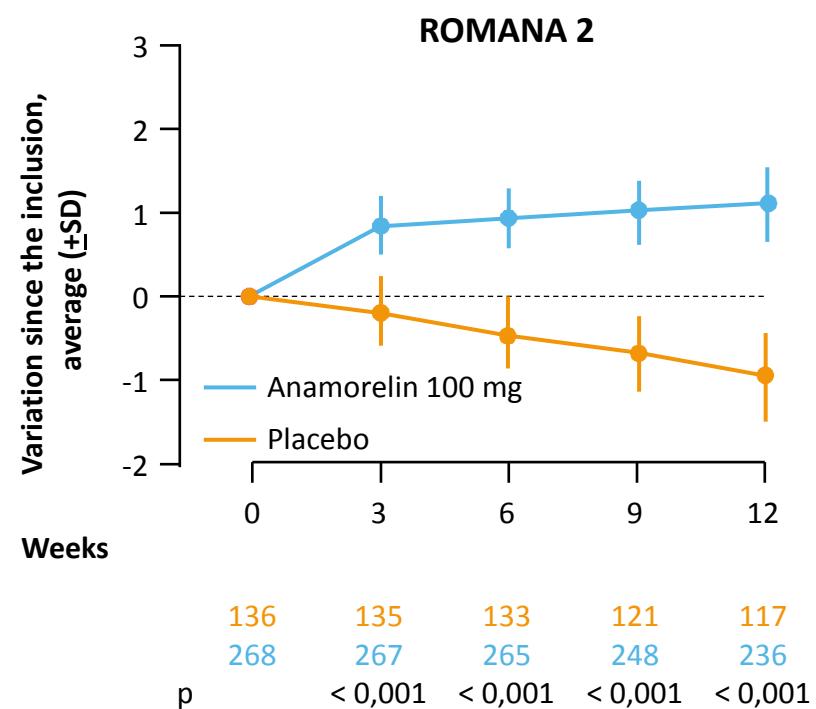
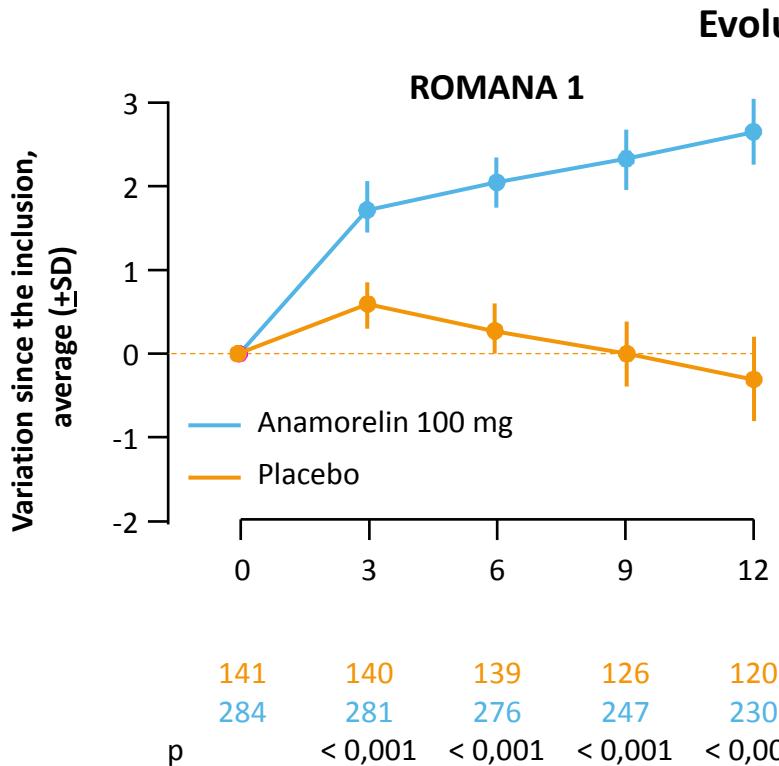
Phase	Olanzapine N=192	Placebo N=188	P
Acute (0-24h)	73,8	45,3	<0,0001
Delayed (24-120h)	42,4	25,4	0,0008
Global (0-120h)	37,3	21,9	0,0015

2d Objective: Complete Response

Phase	Olanzapine N=192	Placebo N=188	P
Acute (0-24h)	85,7	64,6	<0,0001
Delayed (24-120h)	66,9	52,4	0,0073
Global (0-120h)	63,6	40,6	<0,0001

Anamorelin against cachexia

- Stages 3 and 4 NSCLC
- Anorexia/cachexia
 - Loss of weight $\geq 5\%$ at 6 months
 - BMI $< 20 \text{ kg/m}^2$



Anamorelin against cachexia

Primary endpoint	ROMANA 1			ROMANA 2		
	Placebo (n = 161)	Anamorelin (n = 323)	p	Placebo (n = 165)	Anamorelin (n = 330)	p
Lean mass (kg)	-0,44 (-0,88 ; 0,20)	1,10 (0,75 ; 1,42)	< 0,001	-0,96 (-1,27 ; -0,46)	0,75 (0,51 ; 1,00)	< 0,001
Wirst force (kg)	-1,45 (-2,69 ; -1,05)	-1,00 (-1,60 ; -0,30)	0,45	-0,95 (-1,60 ; 0,00)	-1,15 (-2,05 ; -0,45)	0,74

Adverse effects	ROMANA 1		ROMANA 2	
	Placebo (n = 161)	Anamorelin (n = 320)	Placebo (n = 161)	Anamorelin (n = 330)
All grades, n (%)	15 (9,3)	46 (14,4)	12 (7,5)	32 (9,7)
1-2 grades, n (%)	13 (8,1)	43 (13,4)	8 (5,0)	22 (6,7)
3-4 grades, n (%)	2 (1,2)	3 (0,9)	4 (2,5)	9 (2,7)

- Nauseas, metabolic disorders (diabetes, hyperglycemia)
- Overall survival : HR = 1,06 ; CI₉₅ : 0,89-1,26 ; p = 0,47



Kidney Failure and Mortality: What Level

CUT-OFF = GRF 70 ml/min

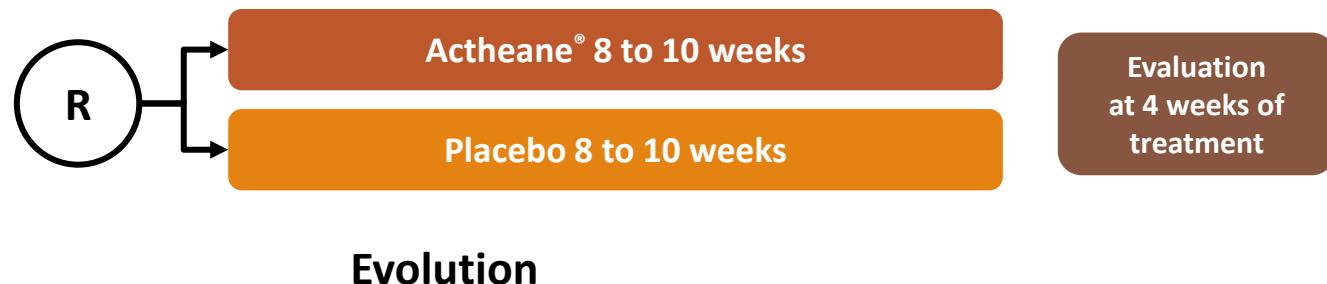
A Method Test	HR (CI ₉₅)	p	B Method Test	HR (CI ₉₅)	p
GFR < 90 versus GFR ≥ 90	1,02 (0,93-1,13)	> 0,05	GFR < 90 versus GFR ≥ 90	1,03 (0,93-1,14)	> 0,05
GFR < 80 versus GFR ≥ 90	1,04 (0,94-1,16)	> 0,05	GFR < 80 versus GFR ≥ 80	1,04 (0,94-1,16)	> 0,05
GFR < 70 versus GFR ≥ 90	1,16 (1,03-1,31)	0,02	GFR < 70 versus GFR ≥ 70	1,18 (1,06-1,31)	0,03
GFR < 60 versus GFR ≥ 90	1,23 (1,07-1,42)	0,04	GFR < 60 versus GFR ≥ 60	1,16 (1,03-1,27)	0,001
GFR < 50 versus GFR ≥ 90	1,27 (1,08-1,51)	0,005	GFR < 50 versus GFR ≥ 50	1,27 (1,09-1,49)	0,003
GFR < 40 versus GFR ≥ 90	1,50 (1,23-1,83)	< 0,0001	GFR < 40 versus GFR ≥ 40	1,50 (1,25-1,81)	< 0,0001
GFR < 30 versus GFR ≥ 90	1,53 (1,22-1,92)	0,0002	GFR < 30 versus GFR ≥ 30	1,53 (1,24-1,86)	0,0001

GFR : glomerular filtration rate

ASCO 2015 - Launay-Vacher V et al., abstr. 1589,

Hot Flushes : Homeopathy vs Placebo

- Localized breast cancer
- Hormone-adjuvant
- No radio- or chemotherapy
- Flushing > 10



Evolution

Variation of flushing after 4 weeks of treatment	Actheane® (n = 65)	Placebo (n = 73)	Test
Median of absolute variation	- 2,9 (-16,9 ; 16,5)	- 2,5 (-21,8 ; 19,4)	Wilcoxon p = 0,756
Median rate of relative variation	-17,2 (-98,0 ; 76,7)	-15,4 (-99,6 ; 171,5)	Wilcoxon p = 0,629
Reduction of flushing (%)	46 (75,4)	48 (67,6)	Chi-2 p = 0,323

→ Placebo effective against flushing, Acthéane® not superior to placebo

Impact of pain on overall survival in metastatic cancer patients treated with chemotherapy

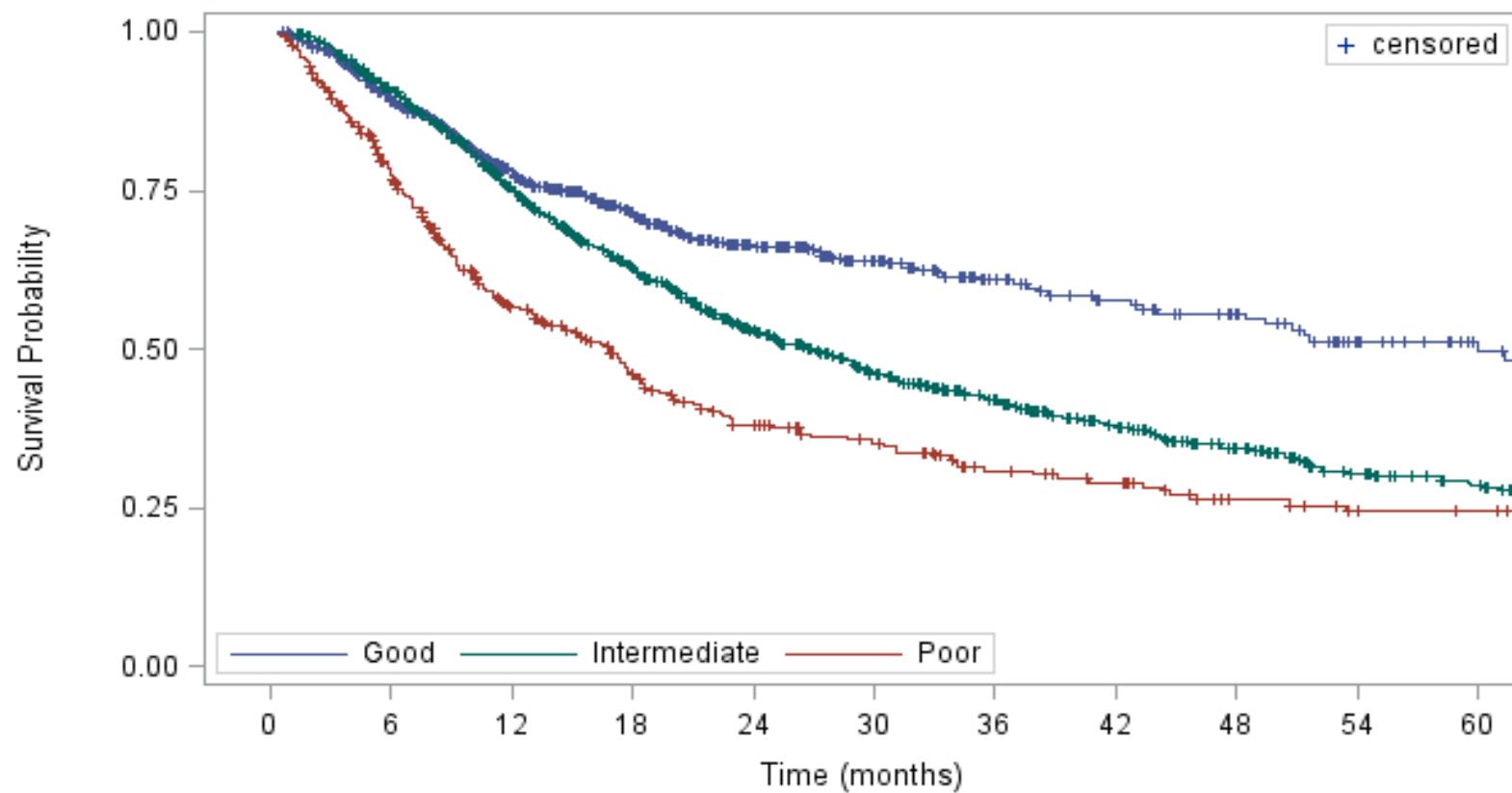
**Reza ELAIDI*, Florian SCOTTÉ, DUONG Khoa, Hail ABOUDAGGA, Jacques MEDIONI, Elizabeth FABRE,
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ARTIC – Association pour la Recherche de Thérapeutiques Innovante en Cancérologie

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Product-Limit Survival Estimates

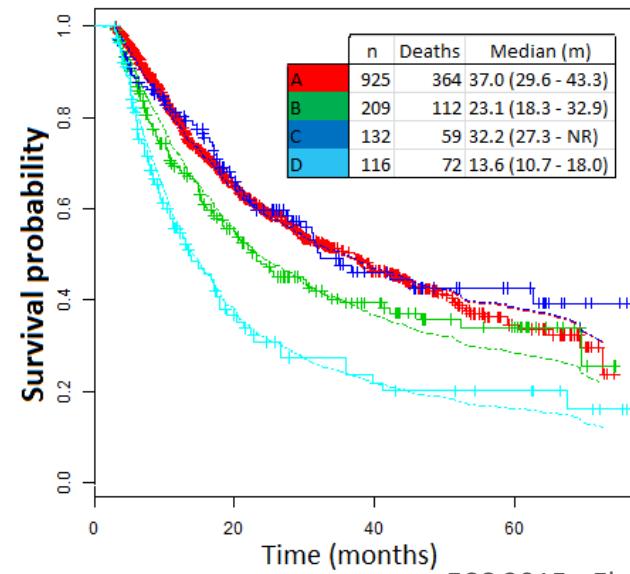
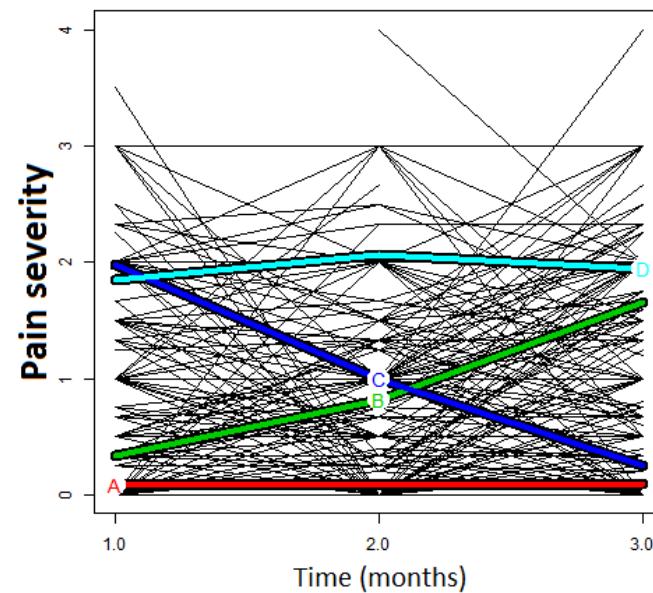


Patients at risk

Good	680	567	393	276	191	139	100	82	67	48	33
Intermediate	964	851	669	519	401	314	246	189	143	100	83
Poor	379	265	166	117	89	74	52	45	30	24	22

	Overall survival median (Months-95%CI)	Followup median (months)	Deaths
Overall cohort	30,2 (27,3-33,9)	31,5	47%
No pain	52,9 (49,9-NR)	20,7	31%
Low pain	29,3 (26,4-34,4)	40,0	54%
Moderate to severe pain	16,4 (12,8-18,4)	33,0	59%

—A— : 66.9% —B— : 15.1% —C— : 9.55% —D— : 8.39%





MASCC/ISOO

ANNUAL MEETING ON SUPPORTIVE CARE IN CANCER

Adelaide, Australia | 23-25 June, 2016

Supportive
Care Makes
Excellent Cancer
Care Possible



**“Supportive care makes
excellent cancer care possible”**

Dorothy M.K. Keefe,

