

Clinical cases

Sub-classification and treatment of MTC

SOPHIE LEBOULLEUX
sophie.leboulleux@gustaveroussy.fr

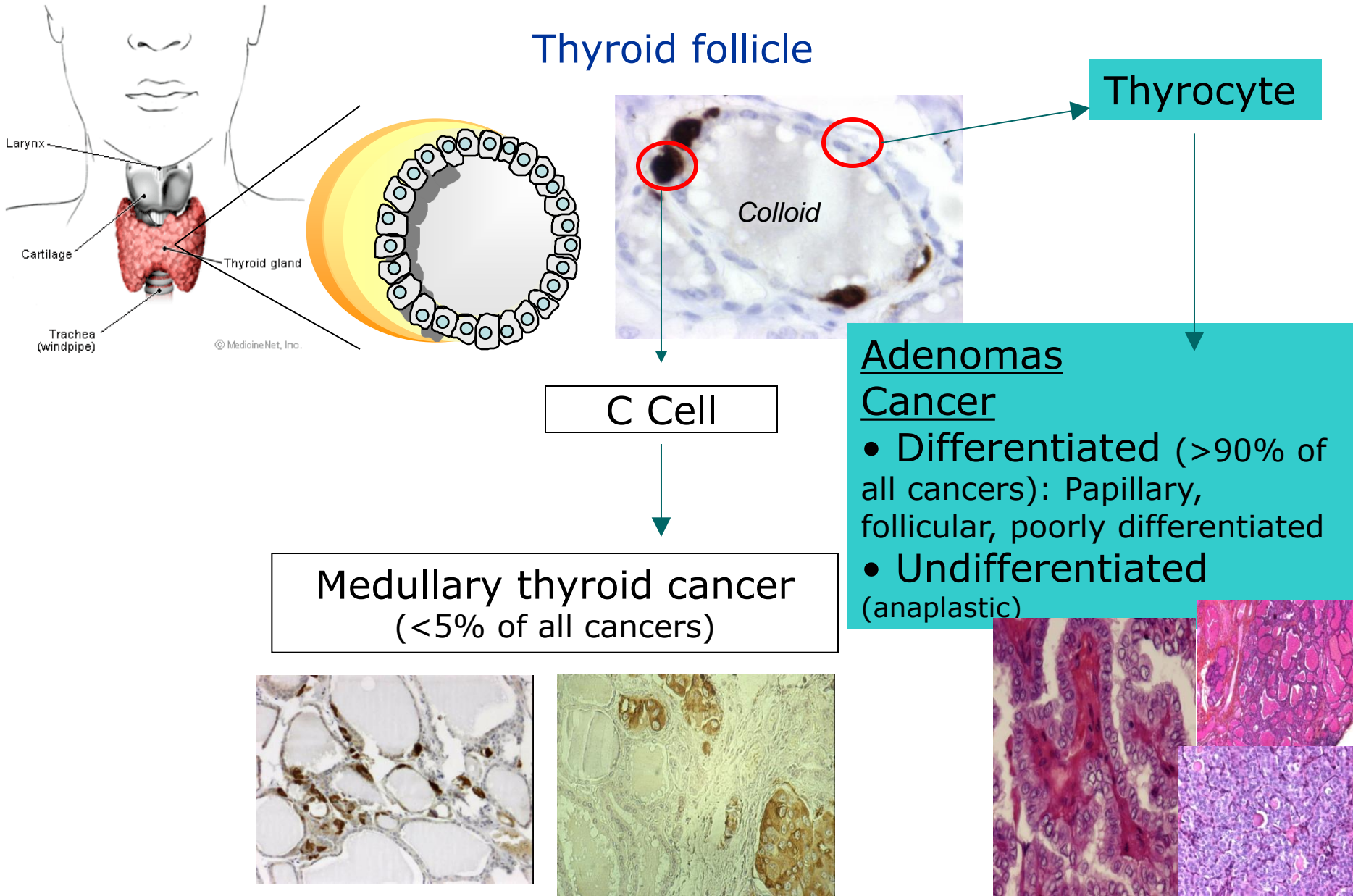
Departement of Nuclear Medicine and Endocrine Oncology

Gustave-Roussy, Villejuif FRANCE

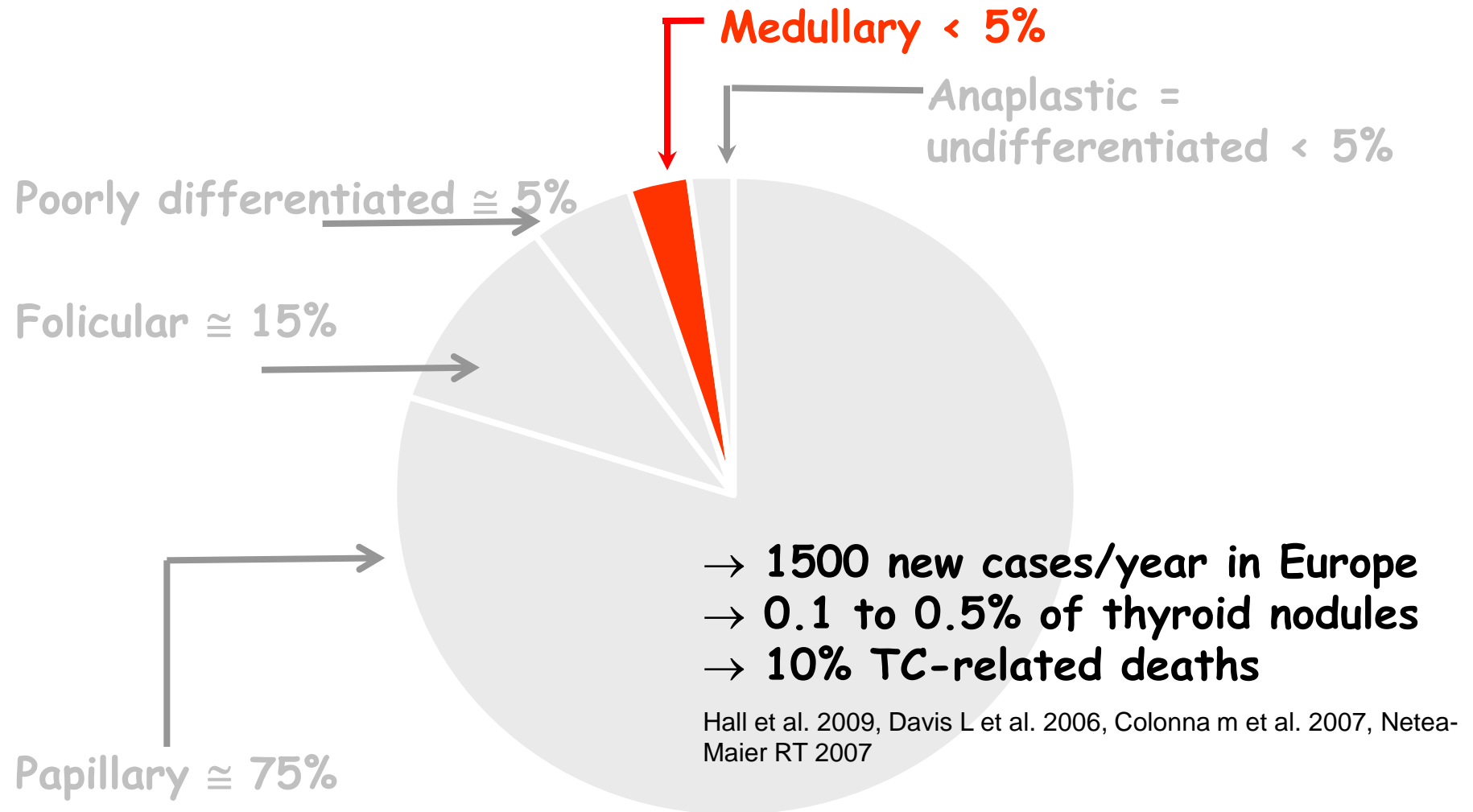


28 September 2014

Thyroid tumors: classification



Thyroid Cancers

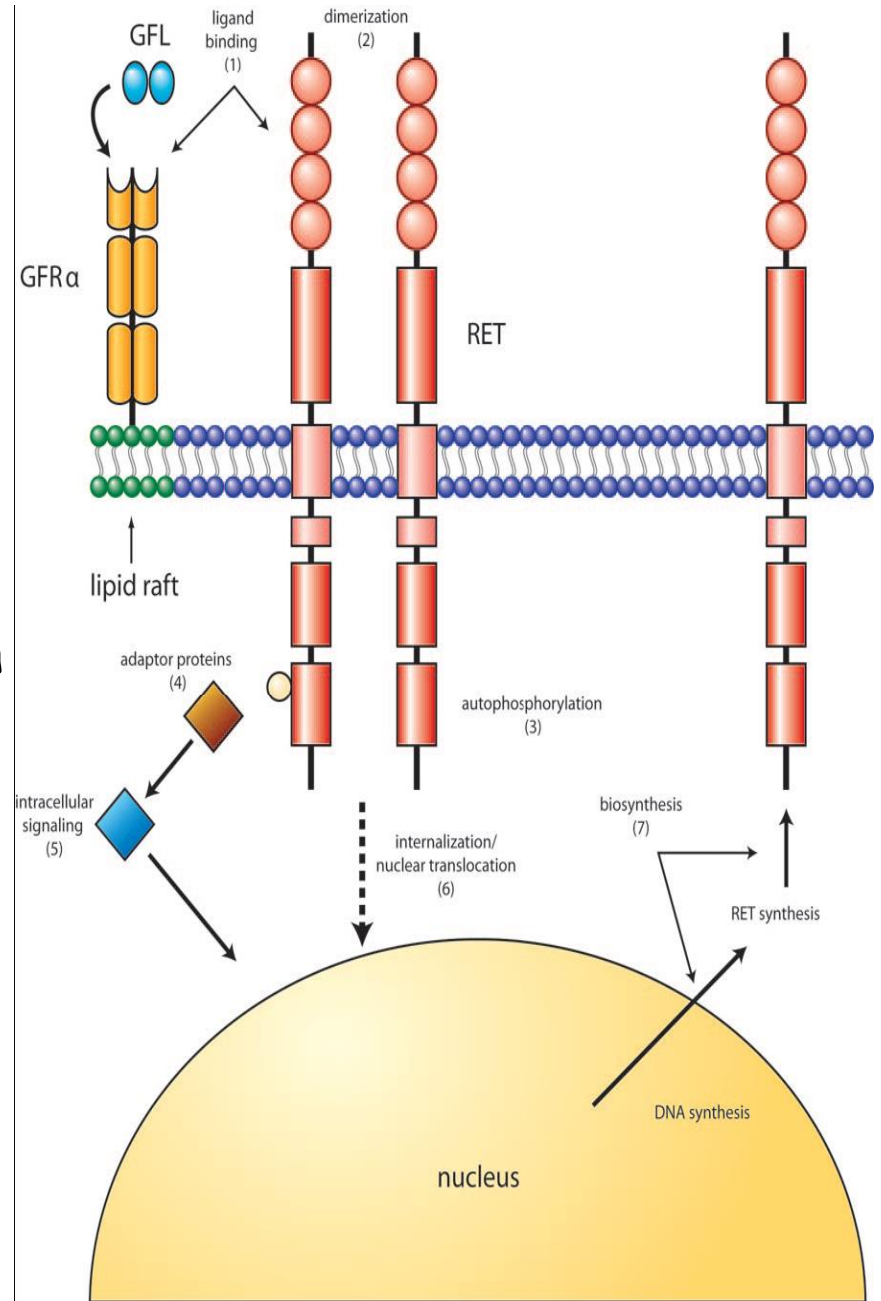


Medullary Thyroid Cancer subclassification

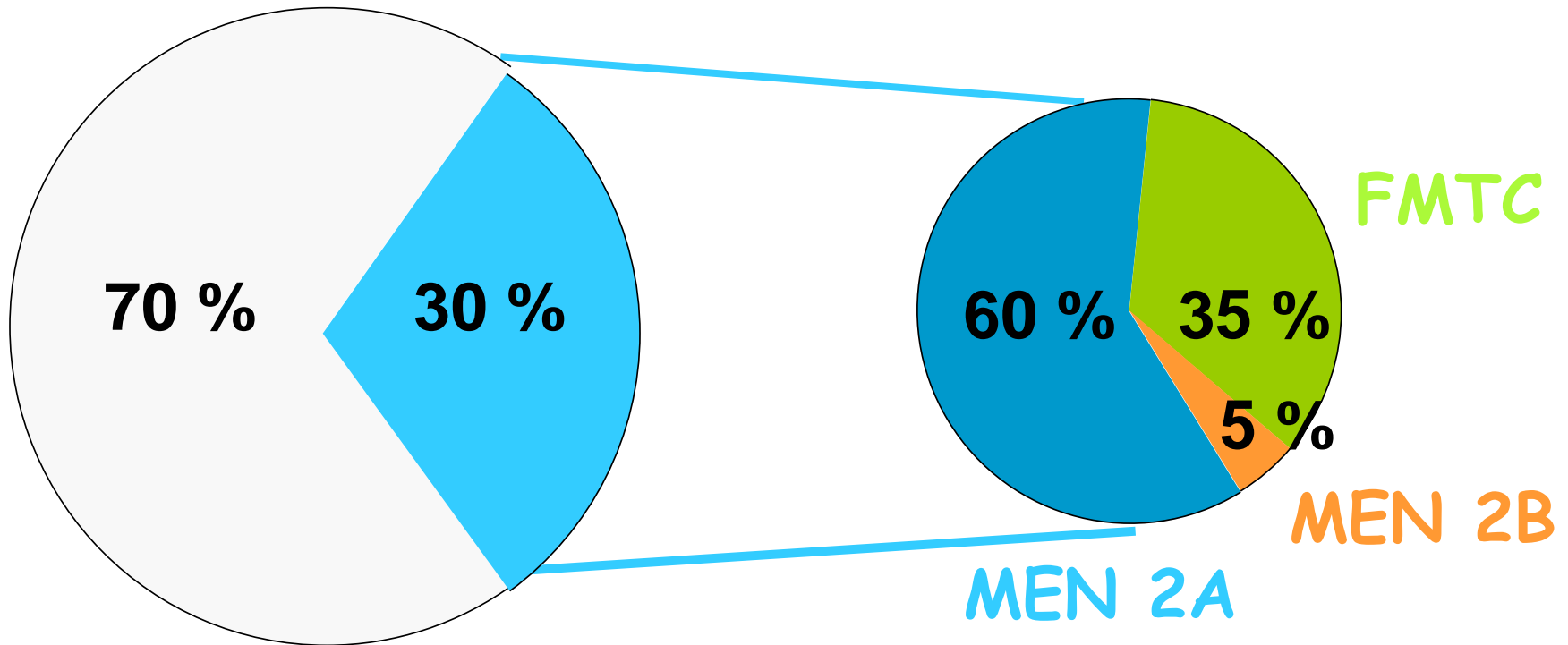
- ✓ Hereditary ?
- ✓ Symptoms ?
- ✓ Distant Metastases or unresectable locoregional disease ?
- ✓ Progressive disease,
 - decide whether a treatment is needed
 - Focal or systemic ?

Proto oncogene RET

- ✓ Tyrosine kinase membrane receptor
- ✓ Ligand: GDNF
Co-receptor: GFR alpha
- ✓ Ligand binding induces dimerization and kinase activation
- ✓ Germinal mutation is found in almost all hereditary cases
Present in 25%-30% of cases: hereditary disease.
- ✓ Somatic mutation in > 40% of cases
If not, RAS mutation in > 60% cases



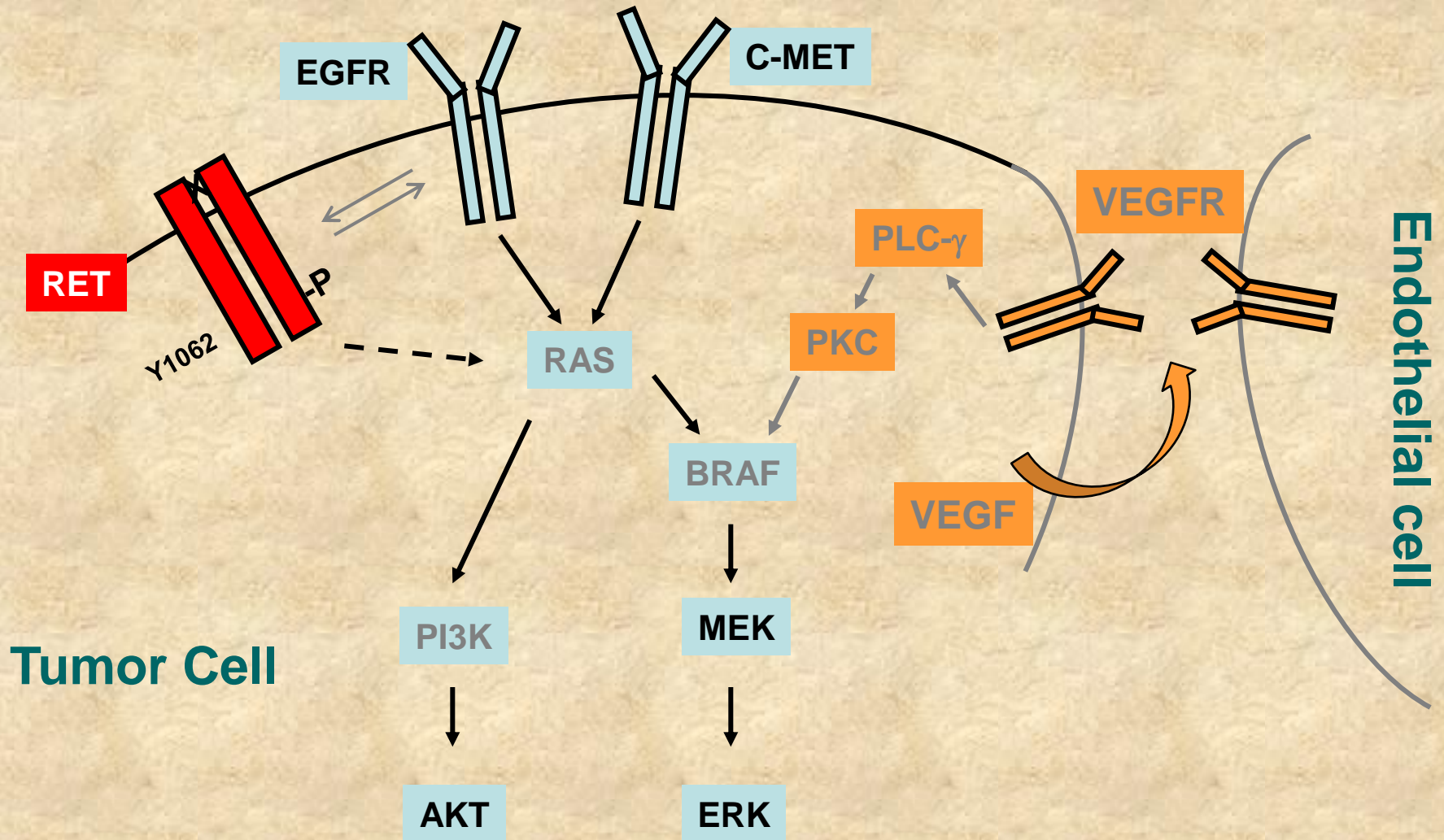
Hereditary MTC : RET mutation



Germline RET screening in all MTC patients:
RET mutation: hereditary:
 Familial screening
 Search for associated lesions
No RET mutation: sporadic

- ✓ MTC
- ✓ Pheochromocytoma
- ✓ Hyperparathyroidism
- ✓ Other

Signal transduction pathways in thyroid cancers



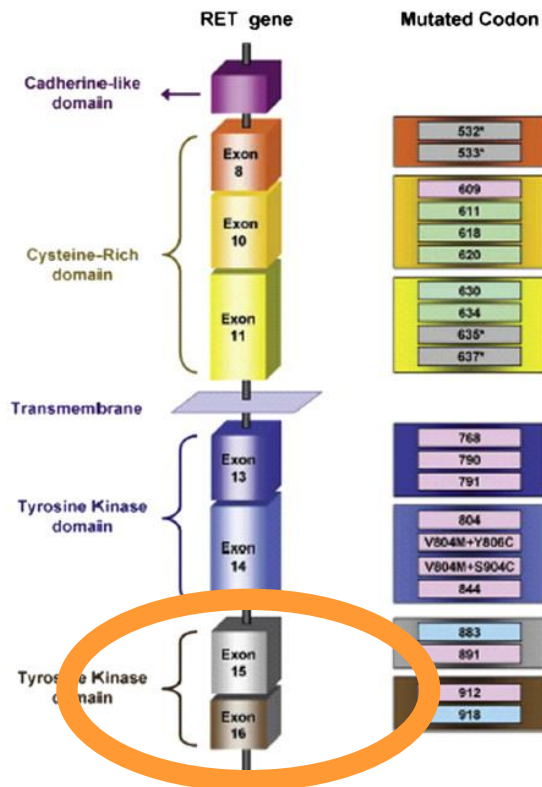
Phenotype-Genotype Correlation

Multiple Endocrine Neoplasia (MEN)	MTC %	Pheochromocytoma %	Hyperparathyroidism %	Other
Familial MTC	100	-	-	
MEN 2A	100	10-50	10-20	Lichen amyloidosis, Hirshprung
MEN 2B	100	50	-	Ganglioneuromatosis, Marfanoid syndrome

- ✓ Penetrance of MTC is $\cong 100\%$
- ✓ Age at MTC occurrence and age for prophylactic surgery depend on the mutation
- ✓ Occurrence of Pheo-Hyperparathyroidism and other features is dependent on the mutation

MEN 2B Phenotype

- ✓ Marfanoid habitus
- ✓ Mucosal neuromas (intestinal, urinary, prominent corneal nerve)
- ✓ Skeletal deformation



From Kouvaraki M et al.

Phenotype-Genotype Correlation

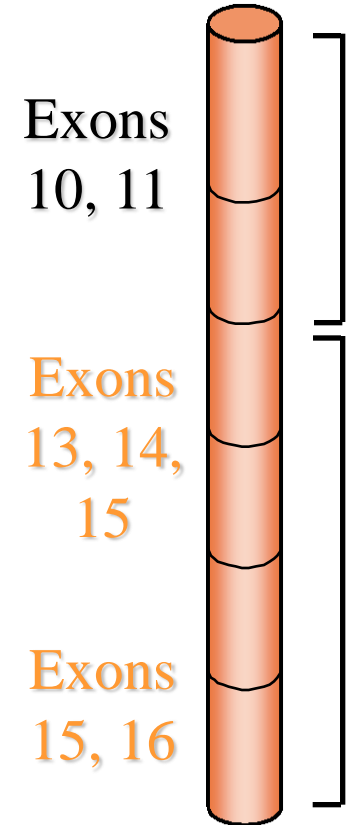
In patients with a germline RET mutation, there is a progression of the disease:

C cell- diffuse C cell hyperplasia-microMTC-clinical MTC

N1 occurs early

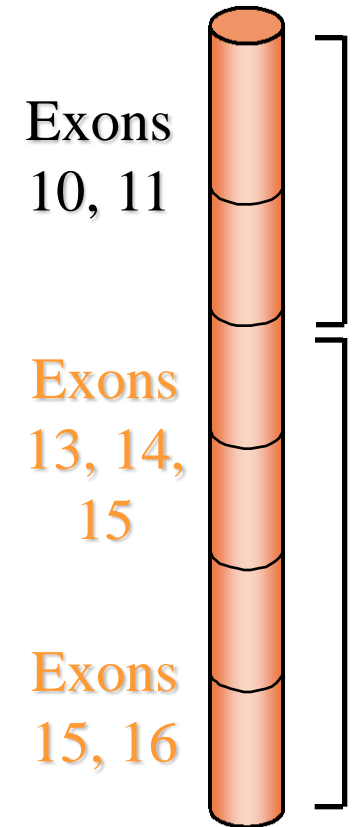
C cell growth starts at an age that is related to the mutation
Serum Ct level is related to the mass of C cells

Total thyroidectomy should be performed before the occurrence of a MTC: it will prevent the occurrence of the disease



Phenotype-Genotype Correlation

Multiple Endocrine Neoplasia (MEN)	Mutated Exon
Familial MTC	10 / 13 / 14 / 15 > 11
MEN 2A	11 (80%) > 10 / 13 / 14 / 15
MEN 2B	16 (95%) > 15



- ✓ Three groups for age at prophylactic thyroidectomy:
 - ✓ MEN2B: during the first year of life
 - ✓ MEN2A-634: before the age of 6 years
 - ✓ Other mutations: may be performed later if Ct is undetectable

Medullary Thyroid Cancer subclassification

- ✓ Hereditary ?

Pheochromocytoma is to be treated FIRST → metanephrines

- ✓ Symptoms?

- ✓ Distant metastases or unresectable locoregional disease?

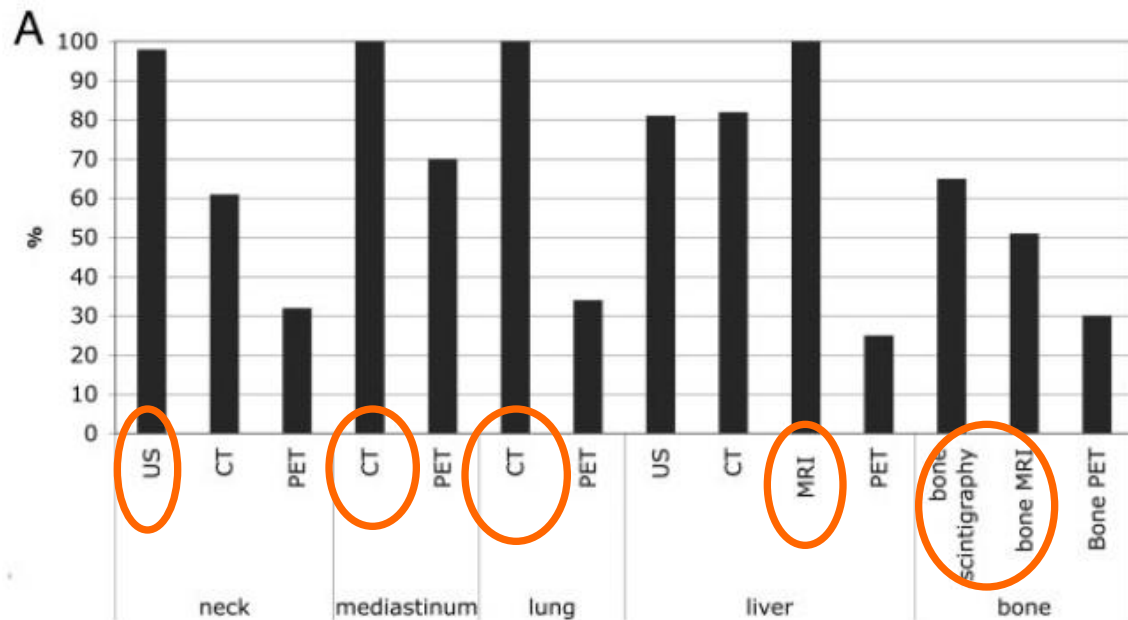
- ✓ Progressive disease,

 - decide whether a treatment is needed

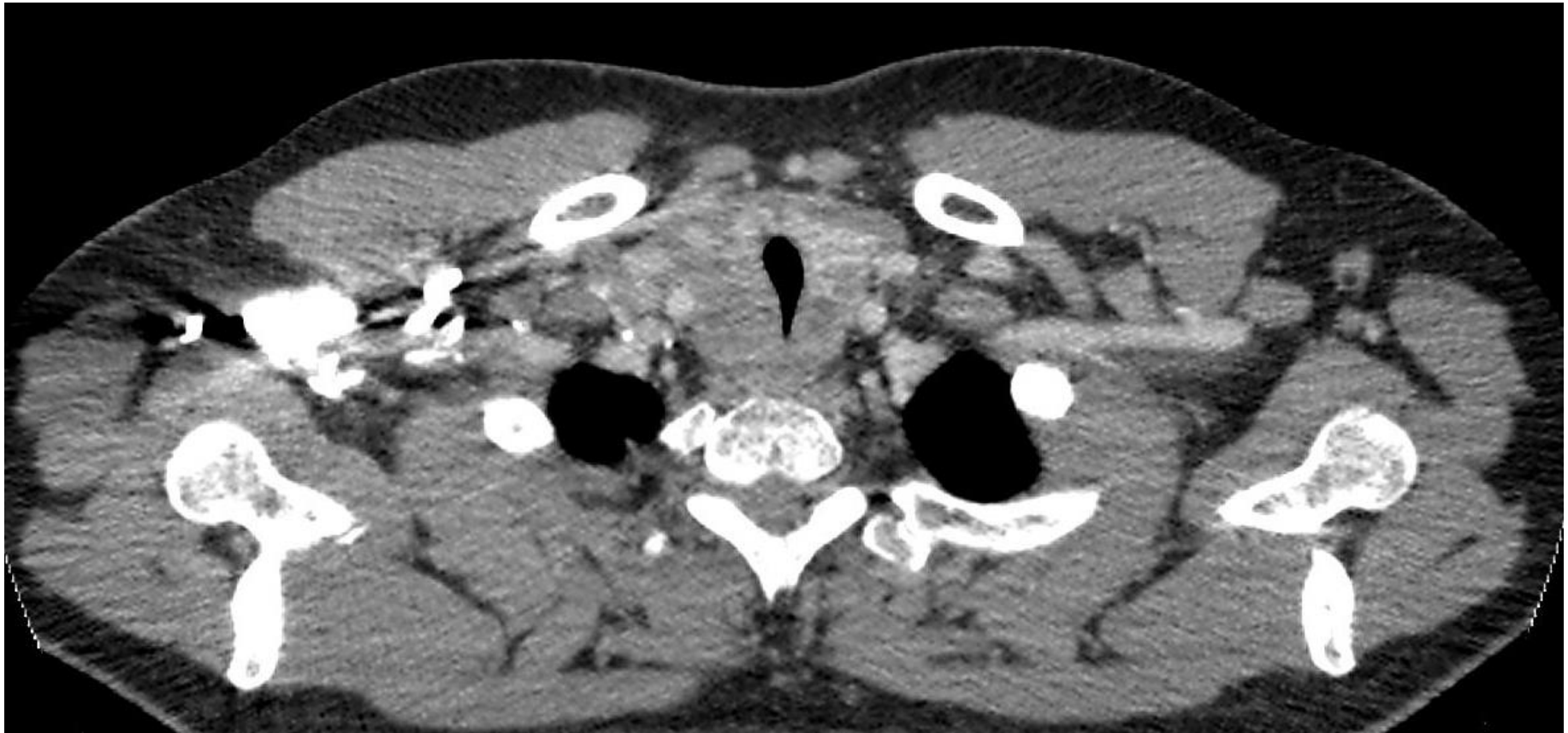
 - Focal or systemic?

MTC: complete work up

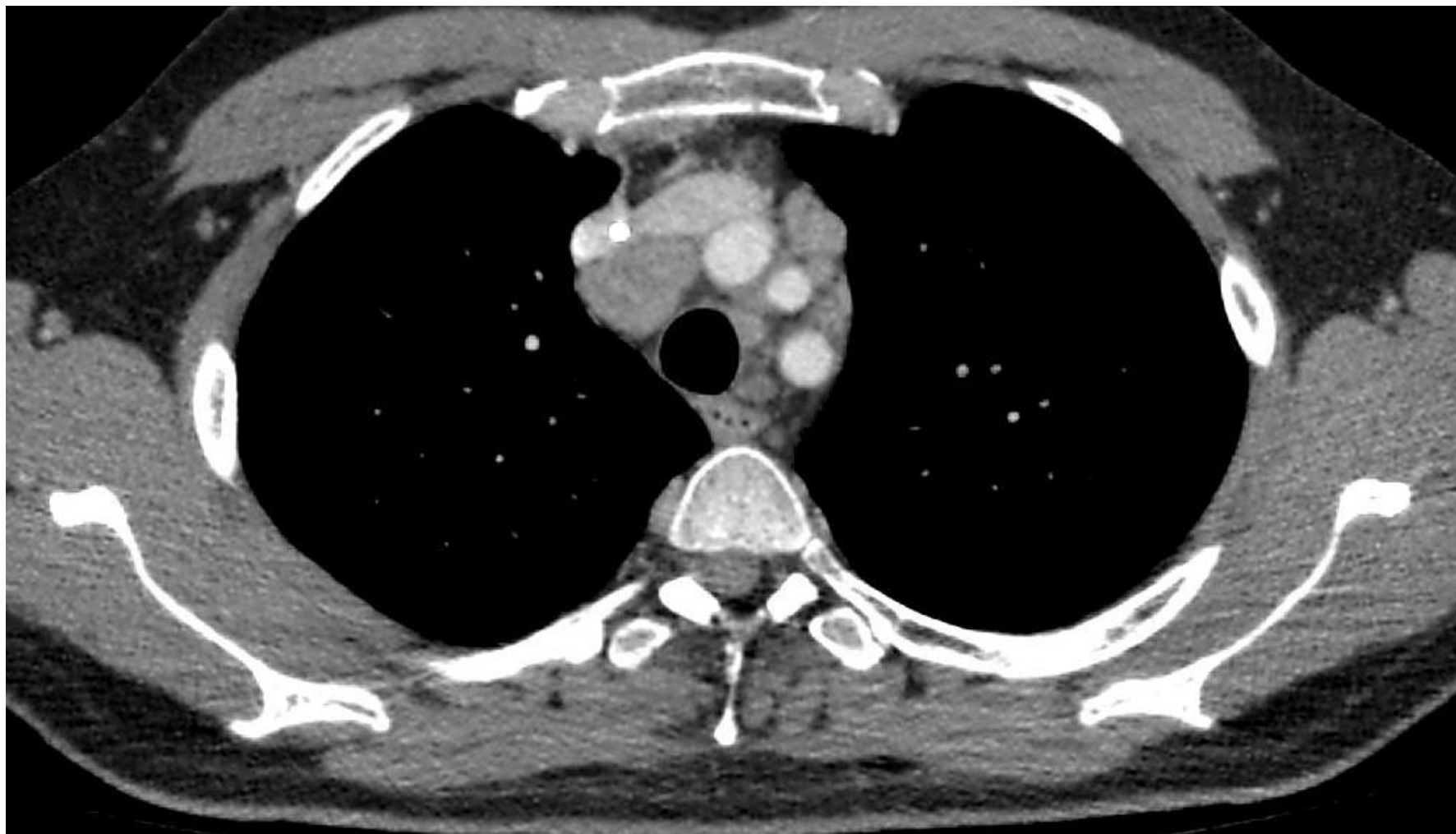
- Assessment of disease extent - standardized imaging
 - Neck US - CT scan with contrast medium
 - Chest CT scan with contrast medium
 - Liver MRI, and if not feasible, dual-phase CT scan
 - Bone: bone scintigraphy + axial MRI
 - Brain: MRI or spiral CT scan
 - FDG-PET: poorly sensitive. FDOPA-PET ?



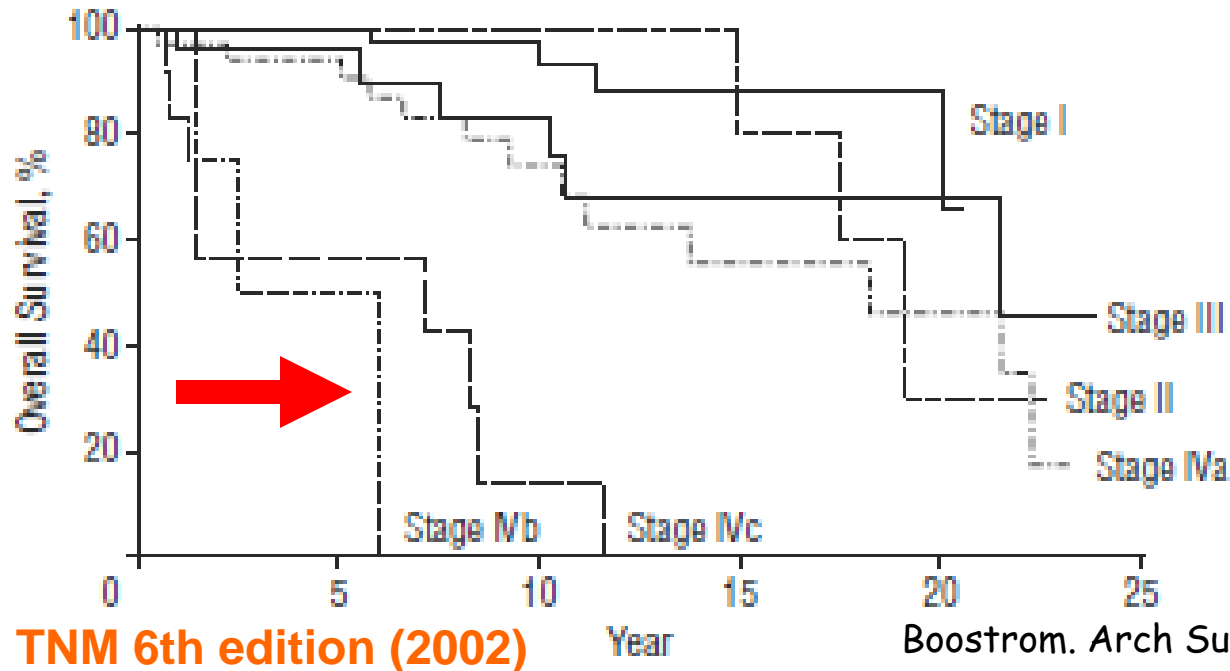
Non resectable locoregional disease



Non resectable locoregional disease



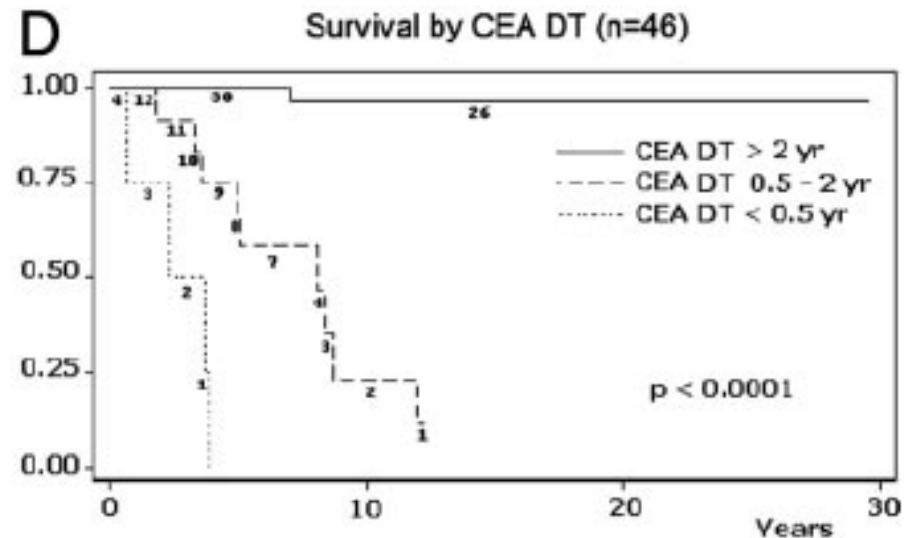
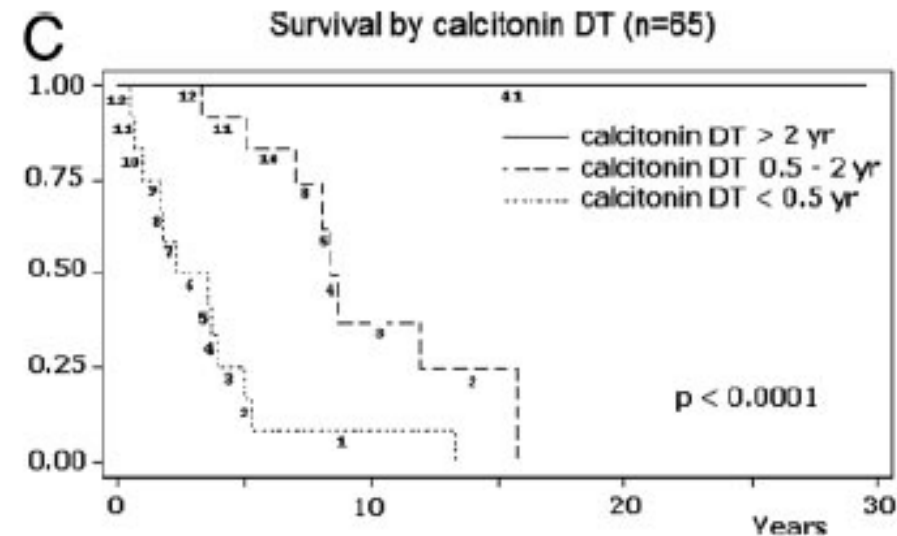
MTC : Overall survival



Stage IVb: **T4b** (tumor invades prevertebral fascia or encases carotid artery or mediastinal vessels), Any N, M0.

Stage IVc: Any T, Any N, **M1: some patients with long survival: 10 years survival ranges from 21 to 40%** (Modigliani 98, Raue 93, Roman 06)

Ct & CEA doubling time < 6 months: prognostic factor



Correlation between CEA & Ct doubling time and RECIST progression

55 consecutive MTC patients

Correlation of Ct & CEA doubling time to RECIST progression

RECIST	Stable	Progression	p
Basal Calcitonin (Ct) (pg/mL)	1510	1564	NS
Basal CEA (ng/mL)	37	109	
Ct Doubling time (months)	48	12	<0.0001
CEA Doubling time (months)	58	12	

Medullary Thyroid Cancer subclassification

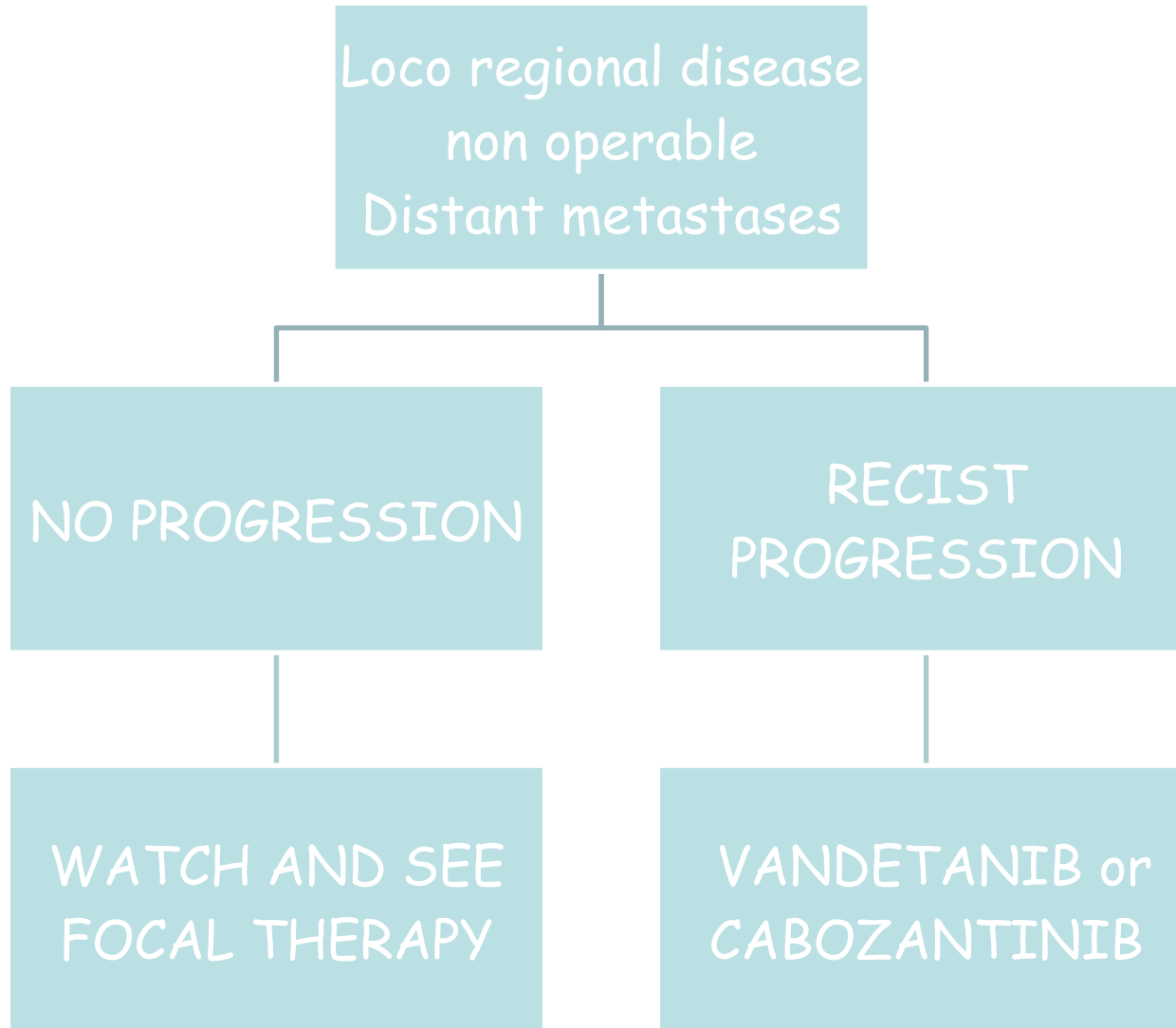
- ✓ Hereditary ?
- ✓ Symptomatic?
- ✓ Distant Metastases or unresectable locoregional disease ?
- ✓ Progressive disease,

→ decide whether treatment is needed

Systemic treatment in patients with metastatic or unresectable locoregional disease, with documented progression, and if not accessible to focal treatment.

Symptoms (diarrhea, pain) are frequently present.

MTC systemic therapy



Clinical case

✓ Male, 51 years at diagnosis

Thyroid nodule < 5 mm. Ct level of 1119 pg/mL

RET testing < 0

Metanephrines to exclude a pheochromocytoma

January 26th, 2006: Total Thyroidectomy + neck lymph node dissection:
central bilateral + lateral (II-III-IV) bilateral

→ **pT1N1b (2N1, OR+/29)** (3cm level VI, 3mm level II)

✓ Post-operative assessment :

Ct level: April 2006 : <10 pg/mL
 March 2007: 22 pg/mL
 April 2008: 74 pg/mL

CEA levels : <10 ng/mL

Doubling time of Ct : \cong 6 months

Imaging in 12/2008 (Ct: 235pg/mL) included :

Neck US

Neck, Chest, abdominopelvic CT scan

Liver MRI

Spine MRI

NORMAL

✓ **September 2009:**

Ct level : 379 pg/mL

CEA level : 1 ng/mL

Imaging work up : Normal

✓ **Mai 2010**

Ct: 745pg/mL

Neck recurrence (US): 7 mm lymph node

Liver metastases (US): 7 mm & 11 mm

✓ **What to do:**

Follow-up?

Systemic treatment ?

Local treatments ?

September 2009:

Ct level : 379 pg/mL

CEA level : 1 ng/mL

Imaging work up : Normal

Mai 2010

Ct: 745 pg/mL

Neck recurrence (US) : 7 mm lymph node

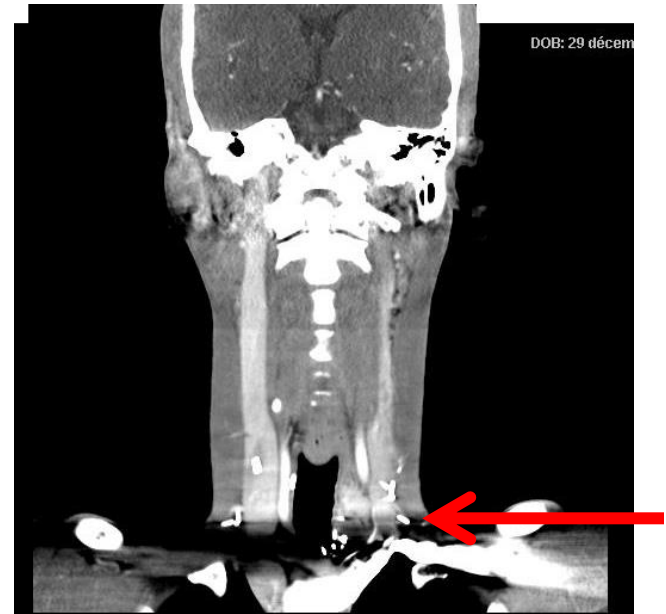
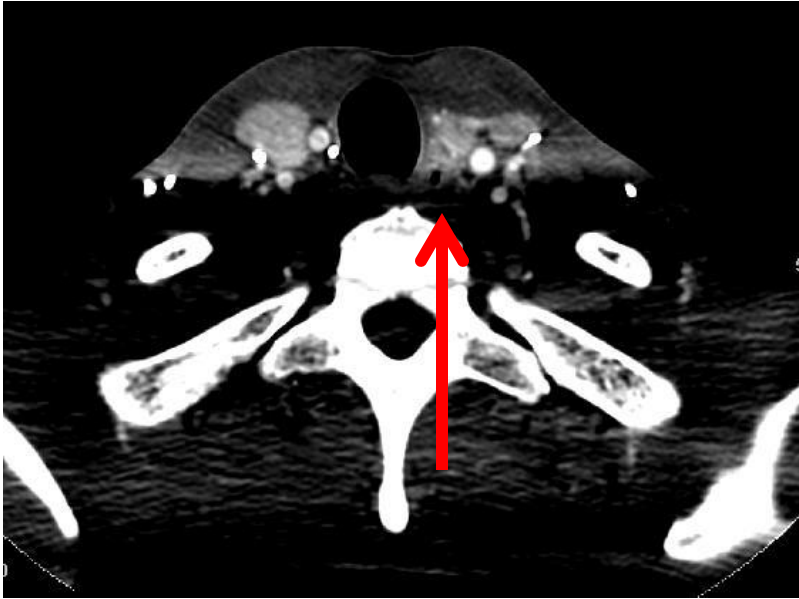
Liver metastases (US): 7 mm & 11 mm

December 2010:

Ct level : 1931 pg/mL

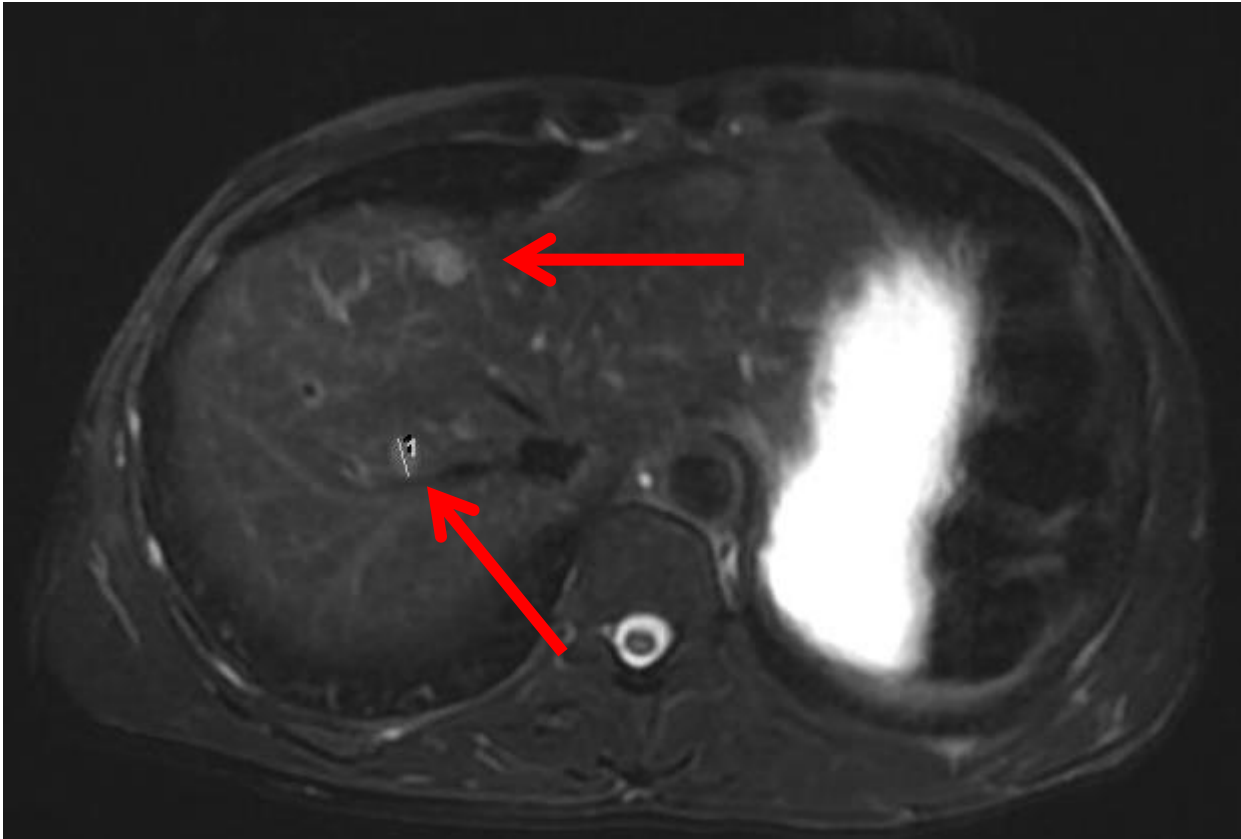
CEA level : 1 ng/mL

Left Neck recurrence: May to December 2010



20 mm vs 7 mm

Liver metastases



Bone is normal

15 mm vs 11 mm

- ✓ Distant metastases
- ✓ Targets lesions
- ✓ Progressive within 6 months
- ✓ Low volume target
- ✓ No symptoms

✓ What to do:

Follow-up?

Systemic treatment ?

Focal treatments ?

✓ Patient refused any systemic treatment

Neck surgery : January 17th, 2011

Central

Left recurrent nerve voluntary sacrificed

R1 surgery

Pathology : 5cm N1

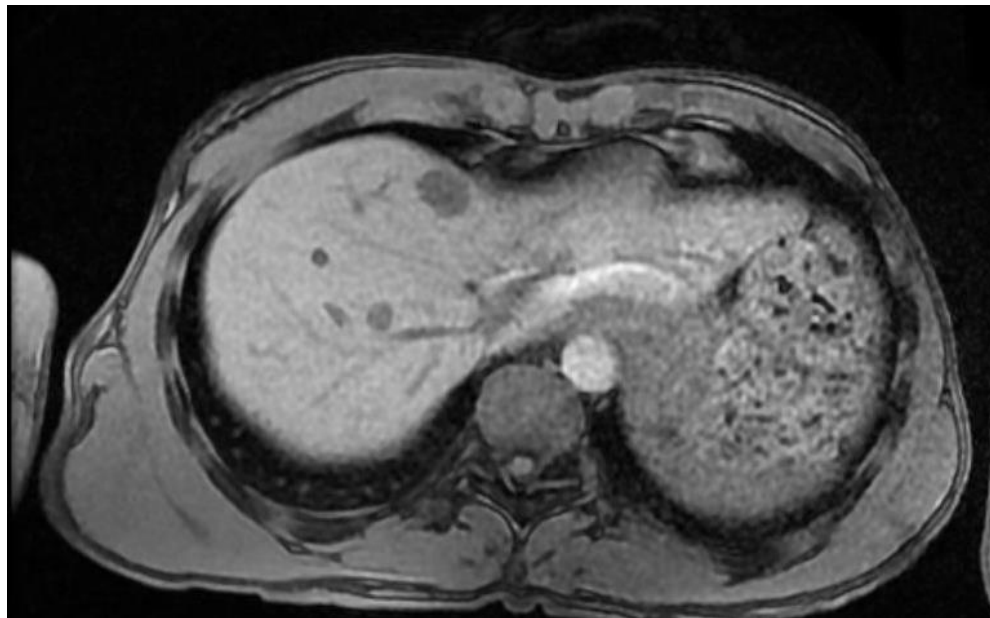
+ Neck external radiation therapy

Rapid progression

R1 surgery

+ Liver Radiofrequency ablation: June 9th, 2011

RFA in June 2011



Before RFA

Ct : 2580 pg/mL



After RFA

Ct : 1788 pg/mL

November 2011

Ct level : 2025 pg/mL vs 1788 (August 2011)

No target lesion on CT scan, neck US or liver MRI

November 2012

Ct level : 1968 pg/mL

No target lesion on CT scan, neck US

liver recurrence in one of the lesions treated with RFA

→ Second session of liver RFA

April 2013

Ct level : 4783 pg/mL

→ mediastinal lymph nodes + 5 mm liver recurrence



Distant metastases

Targets lesions

Progressive but low volume lesions

No symptoms

What to do:

Follow-up?

Systemic treatment ?

Local treatments ?

April 2013



February 2014



Systemic treatment to start !

Which treatment ?

TKI, Chemo?

Which TKI ?

	FDA	EMA
Vandetanib	07 april 2011 treatment of symptomatic or progressive MTC in patients with unresectable locally advanced or metastatic disease	21 February 2012 treatment of aggressive and symptomatic MTC in patients with unresectable locally advanced or metastatic disease.
Cabozantinib	29 November 2012 treatment of progressive, unresectable, locally advanced, or metastatic MTC.	25 mars 2014 treatment of adult patients with progressive, unresectable locally advanced or metastatic MTC

Thanks to ...

Pr Martin Schlumberger

Dr Eric Baudin

Dr Jean Lumbroso

Dr Désirée Deandreis

Dr Amandine Berdelou

Dr Marie Terroir

Department of Nuclear Medicine
and Endocrine Oncology

Pr Jean Michel Bidart

Dr Abir Al Guzhlan

Dr Philippe Vielh

Dr Ludovic Lacroix

Department of medical biology and
pathology

Dr Clarisse Dromain

Dr François Bidault

Dr Sophie Bidault

Dr Elizabeth Girard

Pr Thierry De Baere

Department of radiology

Dr Dana Hartl

Dr Haitham Mirgani

Department of Surgery

Dr Ellen Benhamou

Dr Isabelle Borget

Department of Biostatistics and
Epidemiology

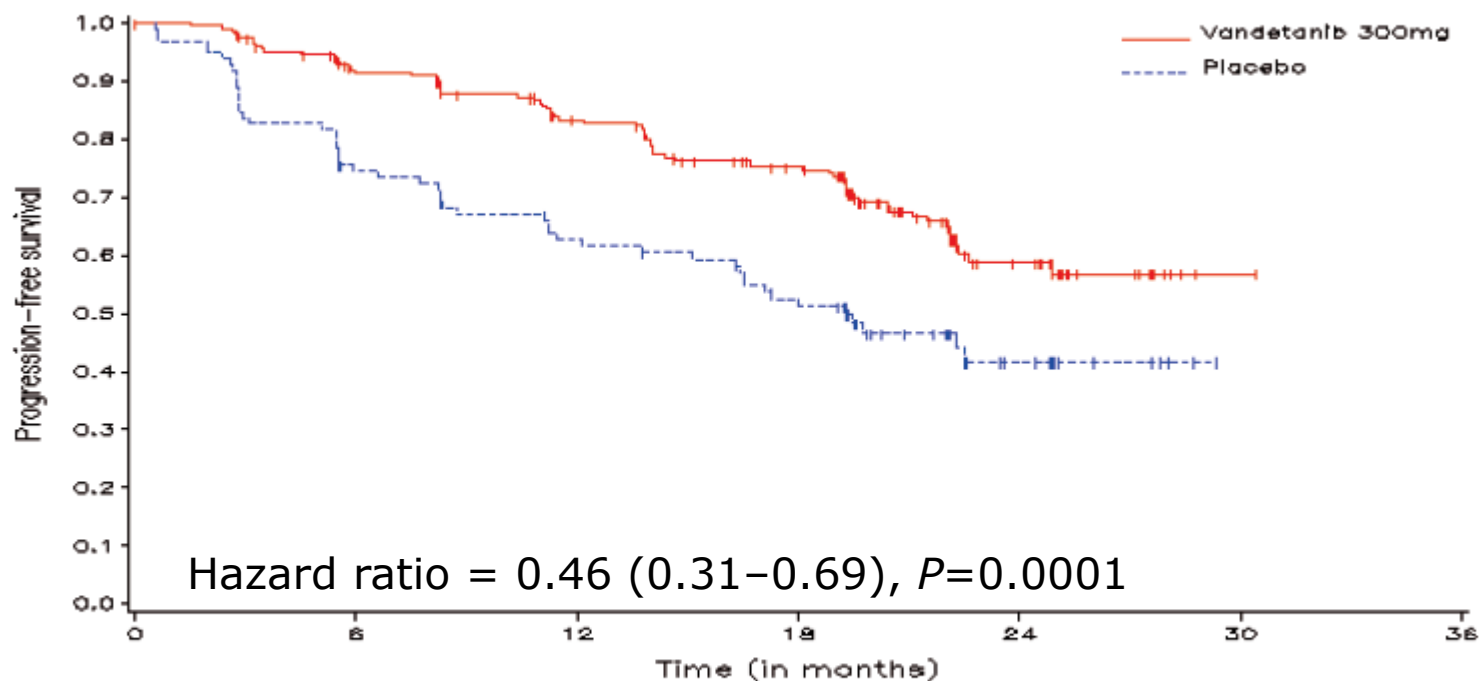
ITK : Vandetanib et Cabozantinib

Compound	IC ₅₀ (nm)						
	VEGFR1	VEGFR2	VEGFR3	RET	RET/PTC3	RAF	Autres cibles
Axitinib	1.2	0.25	0.29	-	-	-	-
Vandetanib	1600	40	110	100	50-100	-	EGFR
Motesanib diphosphate	2	3	6	59	-	-	PDGF-R, C-KIT
Sunitinib	2	9	17	41	224	-	-
Sorafenib	-	90	20	49	50	6	-
Lenvatinib (E7080)	22	4	5	35			PDGF-R, FGFR-1
Cabozantinib (XL184)	-	0.035	14	4	-	-	C-MET, C-KIT
Pazopanib	10	30	47				PDGF-R, C-KIT

CMT: Phase III

	Vandetanib ZETA	Cabozantinib EXAM
number	331	330
OMS 0	64%	54%
Hereditary	10%	6%
RET positive	38%	45%
RET unknown	41%	39%
RET 918	-	35%
Distant Metastases	94%	95%
Bone Metastases	35%	35%
Previous treatment	40%	38%
Previous TKI treatment	Inconnue	20%
Progression	no	Yes (14 months)
Placebo vs ITK	≈	≈

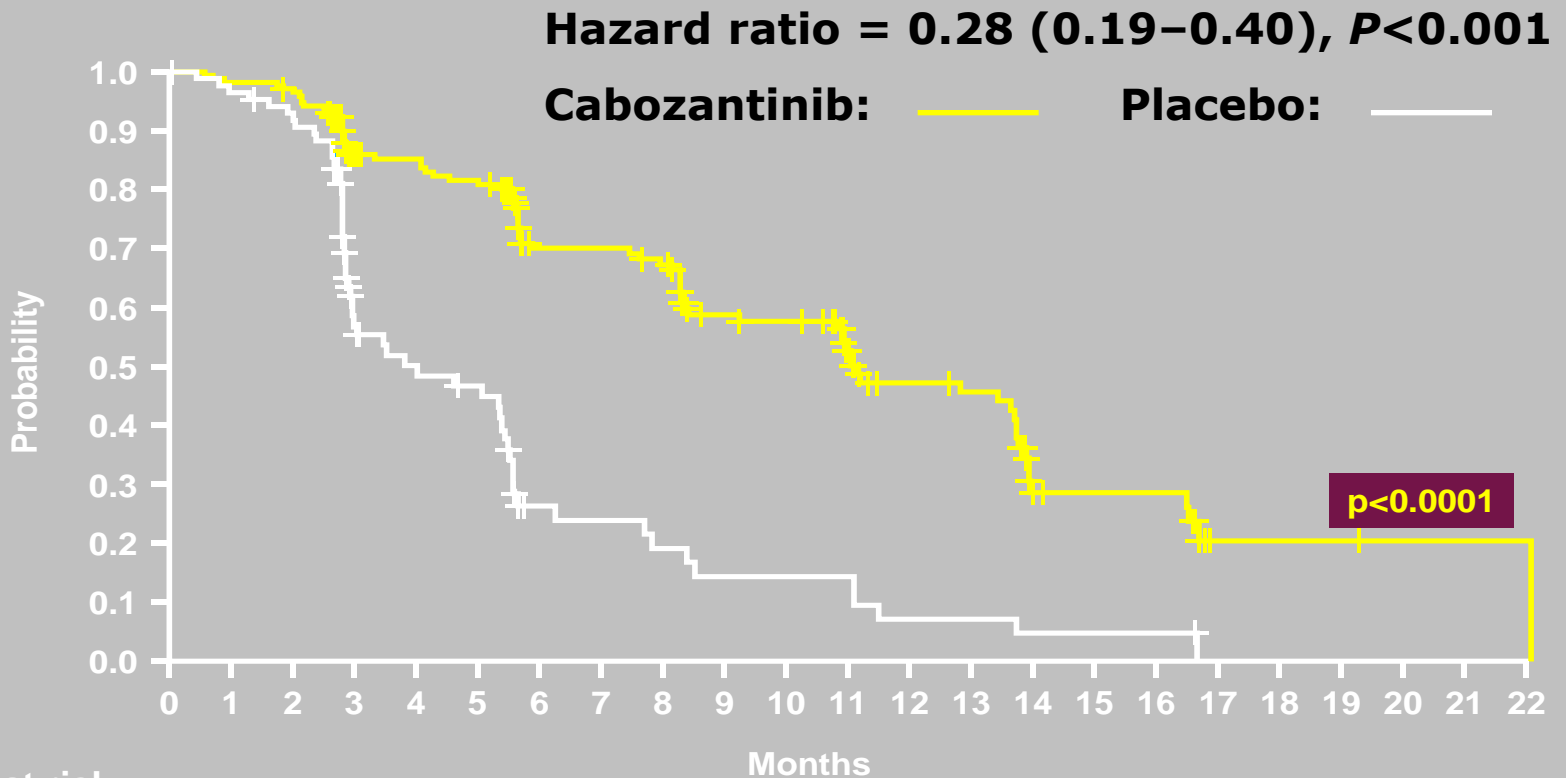
Vandetanib improves PFS



n at months	0	6	12	18	24	30	36
Vandetanib 300mg	231	196	169	140	40	1	0
Placebo	100	71	57	45	13	0	0

Placebo: PFS median: 19.3 mo
Vandetanib: PFS median >30.5 mo,
(not reached)

Cabozantinib improves PFS

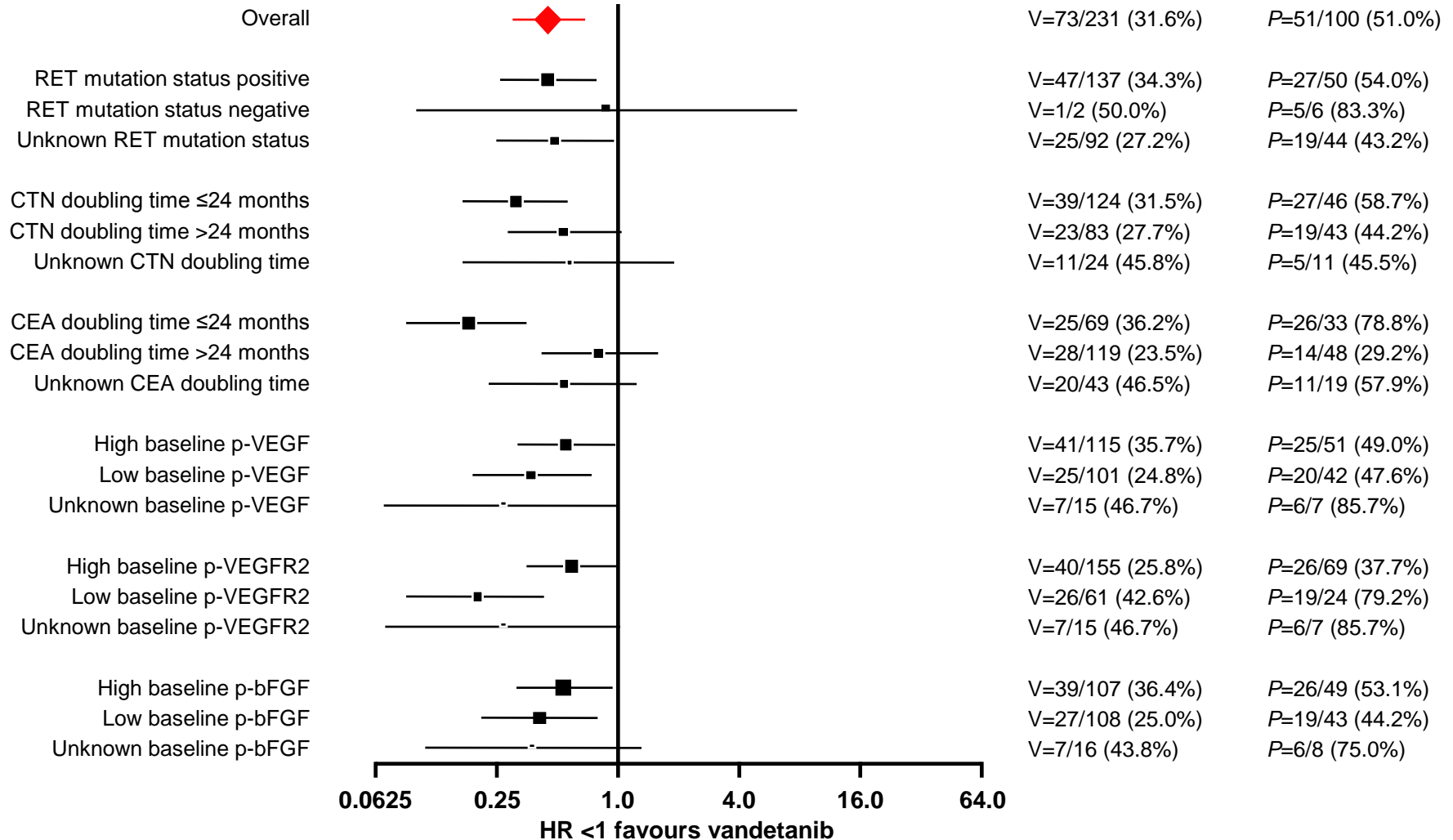


Subjects at risk:

Cabozantinib	219	121	78	55	31	12	2	1
Placebo	111	35	11	6	3	2	0	0

Placebo: PFS median: 4 months
Cabozantinib: PFS median : 11.2 months

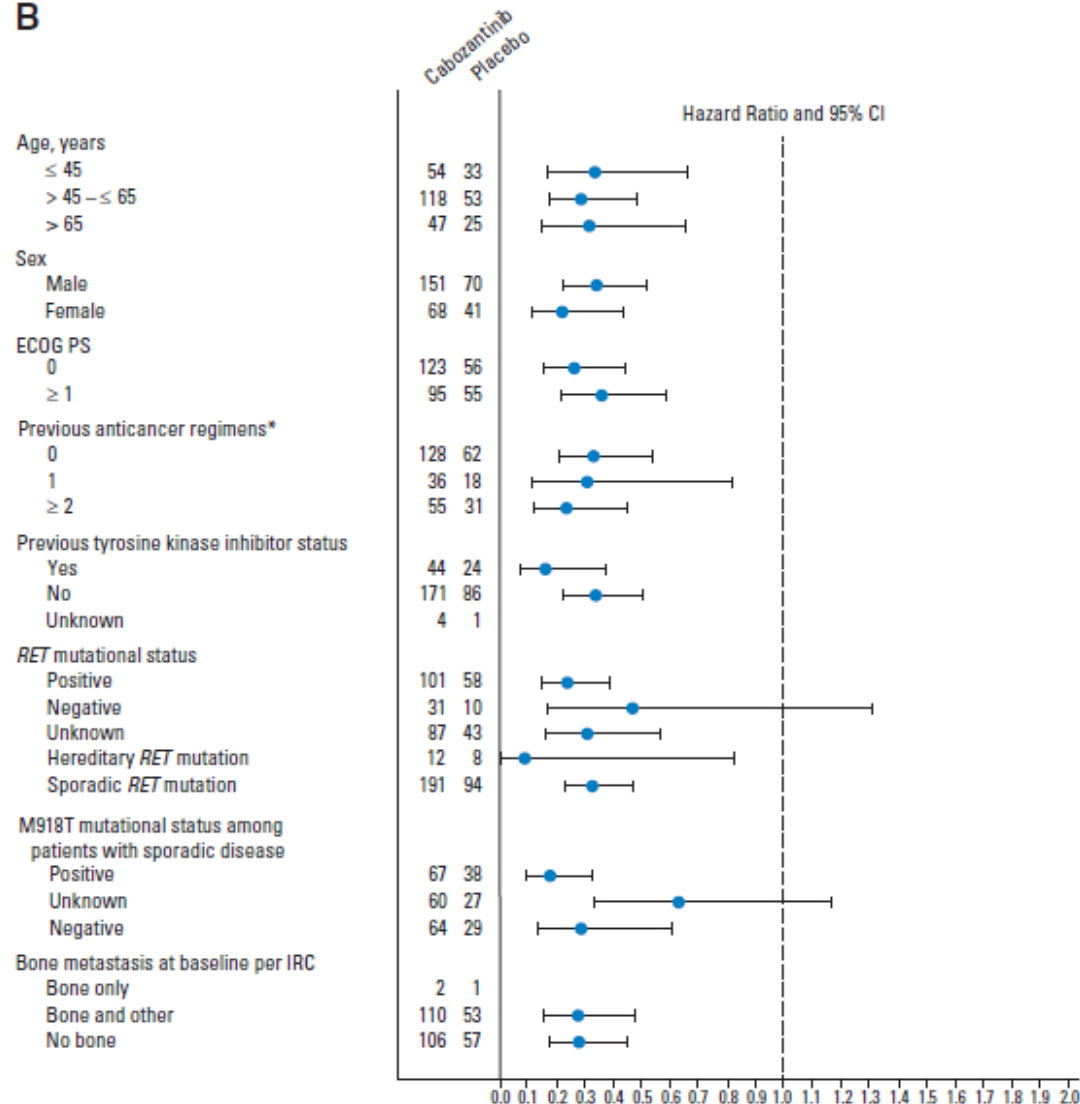
Vandetanib benefited all predefined subgroups of patients



The analyses were performed using a log-rank test with treatment as the only factor

Cabozantinib benefits in all predefined subgroups of patients

B



Vandetanib according to RET M918T Mutation

	RET Mutation RET Present (n=187)*	No M918T muttation and no other RET mutation identified (n=79)
Efficacy Endpoint SSP HR (95%) confidence interval)	0.45 (0.26, 0.78)	0.57 (0.29, 1.13)
PFS median estimation (months) (vandetanib vs placebo)	29 vs 18	28 vs 18
Objective response rate (vandetanib arm)	52%	35%
Reponse length (months)	22	18

* Germinal RET mutation + sporadic RET mutation, 92% being M918T

Cabozantinib efficacy according to RET mutation

	PFS benefit	ORR	Length of PFS (vs placebo)
RET + (169)	yes	0.23	60 weeks (vs. 20) (61 if RET M918T pl17)
RET- (46)	no		25 weeks (vs.23)
Unknown (115)	yes	0.3	45 weeks (vs.13)
Ras and no RET mutation	yes	0.15	45 weeks (vs.18)