### Surgical management of Peritoneal Carcinomatosis from colorectal cancers

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#### Declaration of interest

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# The peritoneum is an organ

- Own histologic structure
- Own circulations and drainages
- Its surface = the body square surface
- But,1 tumor seeding \_\_\_\_\_\_ progressive diffusion in all the abdominal cavity

Like other organs, it needs an own and particular treatment.

### PM have a poorer prognosis than the other metastases

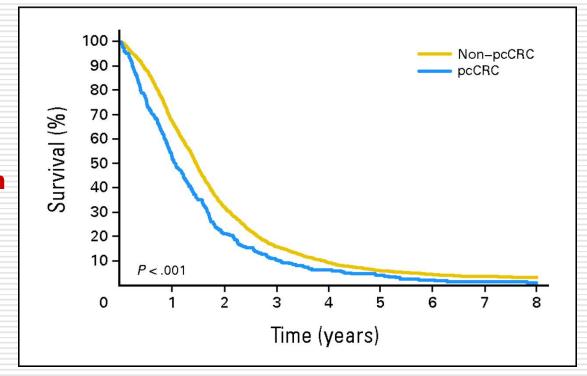
Data of 2 prospective randomized trials about chemo (oxali and Irinotecan) 2095 patients



Without PC: 17.6 m

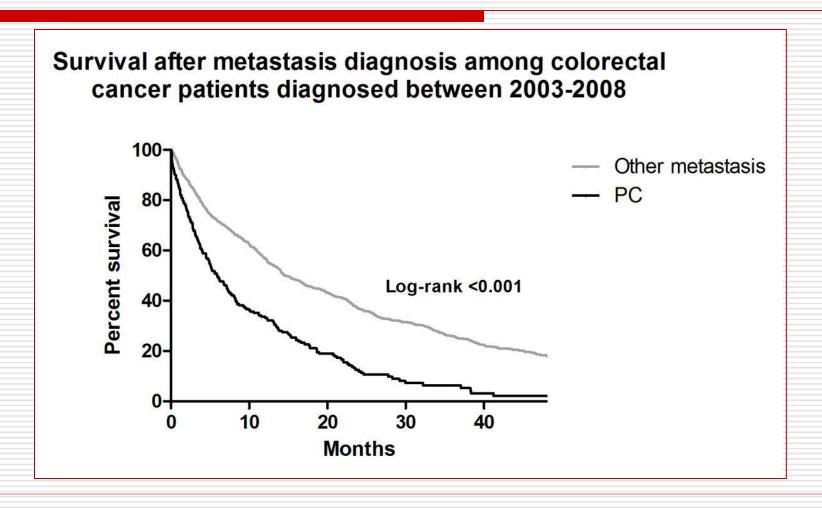
With PC: **12.7 m** 

P<0.01



Franko J, et al. JCO 2012; 30: 263-267

### PM have a poorer prognosis than the other metastases



Dutch Eindhoven Cancer Registry: 1074 metastatic patients (200 with PC)

## Pathologic response under chemo: comparison between LM and PC

	LM	PC
Complete responses	10%	9.7%
Major responses >50% of died cell	36%	20%

Passot G. et al. **115 pts**. Ann Surg Oncol 2014; 21: 2608-2614 Kohne CH. Et al. **3825 pts** Ann Oncol 202; 13: 308-17



### PM have a poorer prognosis than the other metastases

### Randomized Deutch trials **Cairo1 and Cairo** 2 based on Xelox

	<b>Without PM</b> Nb Median S.		<b>With PM</b> Nb Median S		p
Cairo 1 (no targeted therapy)	739	17	34	10	<0.001
Cairo 2 (with targeted therapy)	689	21	47	15	<0.001

(Klaver Y. et al. EJSO 2012; 38: 617-623)

# At last, appearance of PM is frequently considererd as a funest event and only palliative treatments are proposed

- Is it justified?
- Is it possible to cure PM?



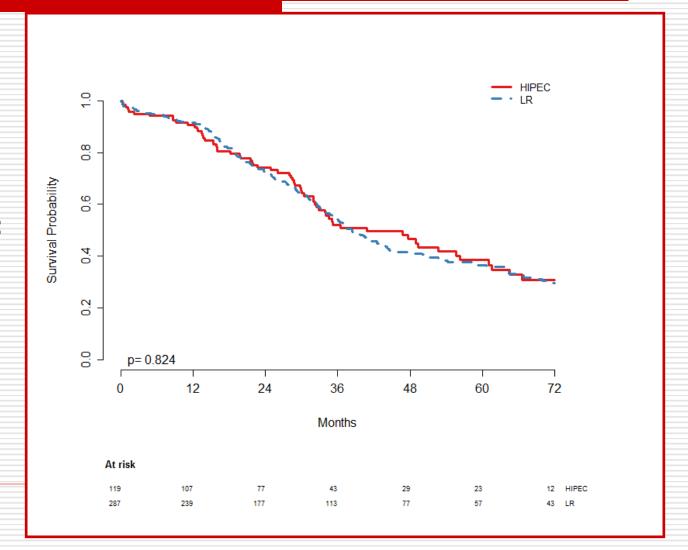
### In fact, the prognosis of **optimaly treated**LM and PM are the same!

1993-2009

287 hepatectomy:

38.5%

119 CCRS+HIPEC: **36.5%** 



Elias et al. Ann Surg 2014

# How to treat PC with a curative intent?

- ☐ By using <u>complete</u> cytoreductive surgery (CCRS)
- Plus or minus Hyperthermic intraperitoneal chemotherapy (HIPEC)
- ☐ With the assistance of the systemic chemotherapy



### Principles of CCRS + HIPEC

- □ Surgery must resect all the visible (macroscopic) disease (> 1 mm of Ø).
- HIPEC has the ambition to treat the remaining non visible (microscopic) disease.

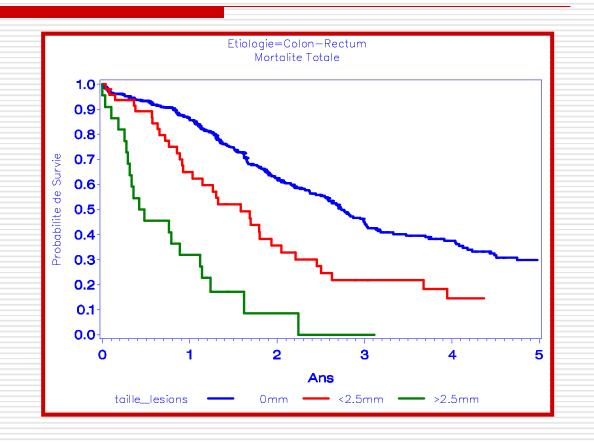
Recall: with HIPEC, the penetration of drugs is limited to **1 mm** in depth.



#### If R2: HIPEC is contraindicated

#### French Registry:

- 523 PC treated
- 1990 2007
- in 23 centres

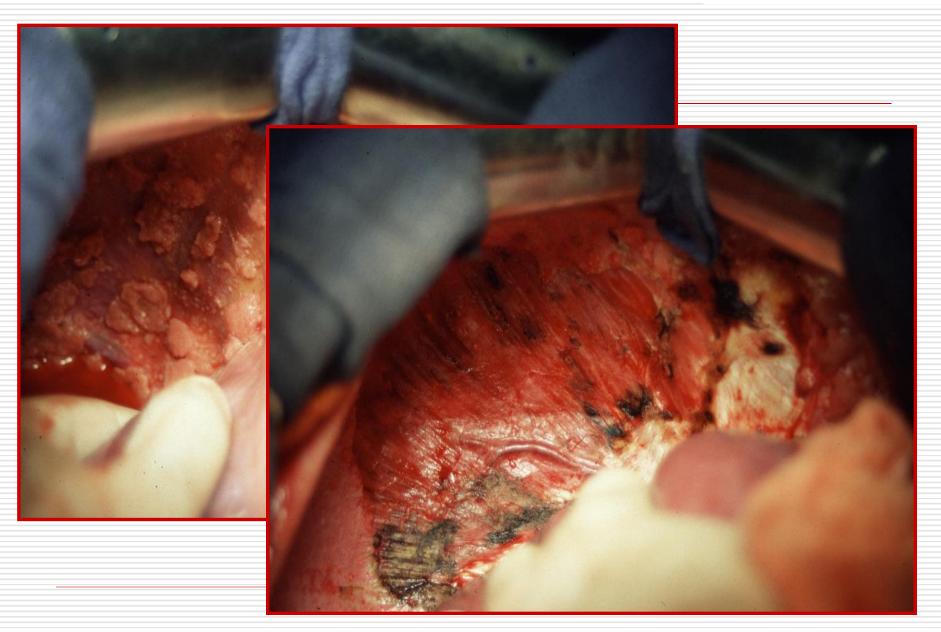


### Astonishing (and illogical) !

- □ Levine et al. Experience of 1000 patients treated with HIPEC. (J Am Coll Surg 2014; 218: 573-87)
- 1000 pts treated between 1991 and 2013
- □ Division in 5 time periods (quintiles)
- First quintile: 65% of R2
- Last quartile: 47% of R2

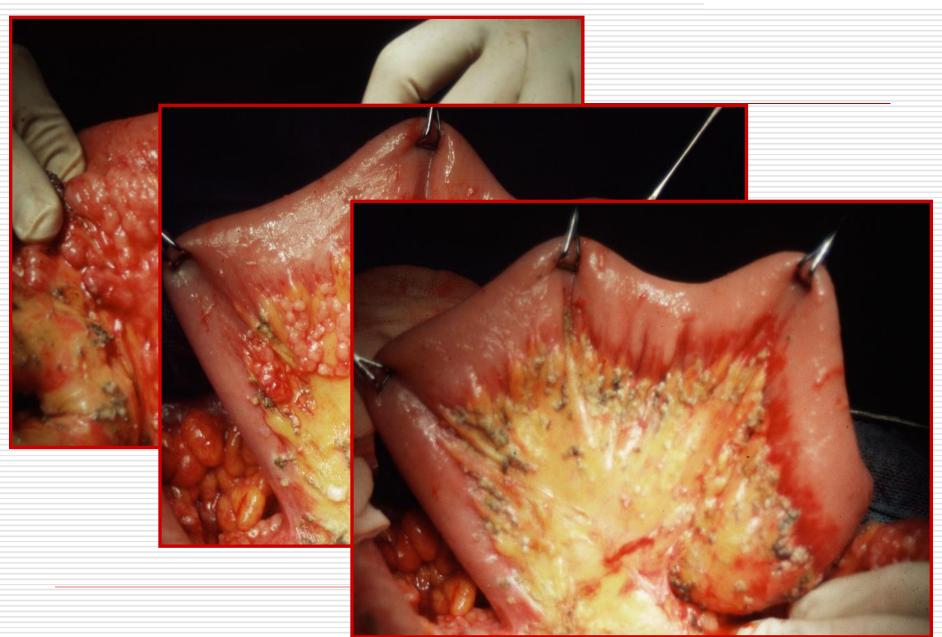
In our personnal practice: 0% of R2

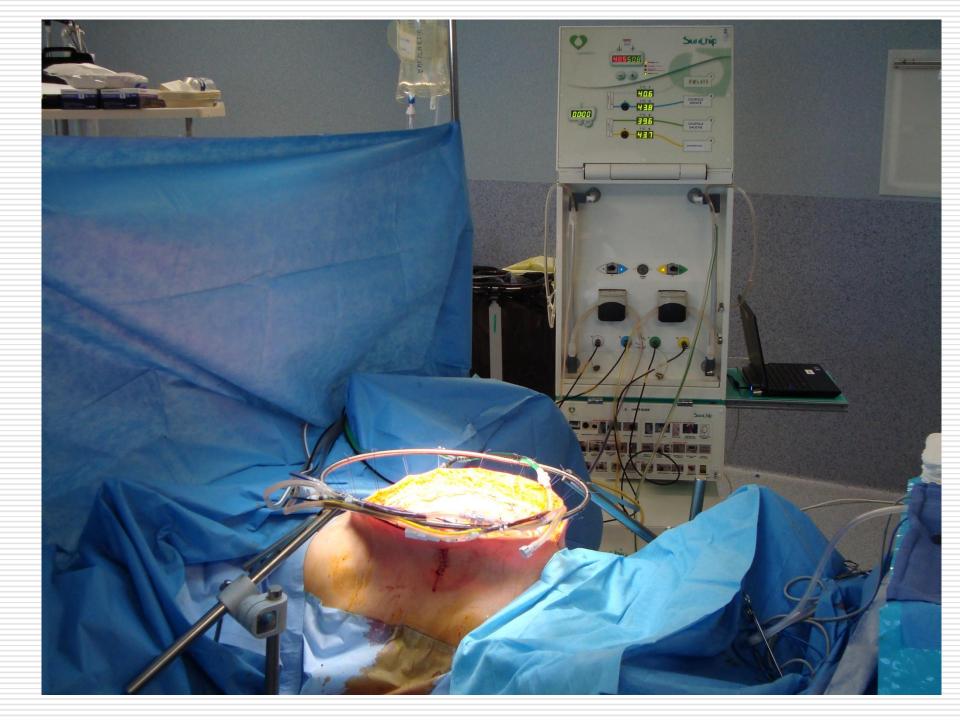


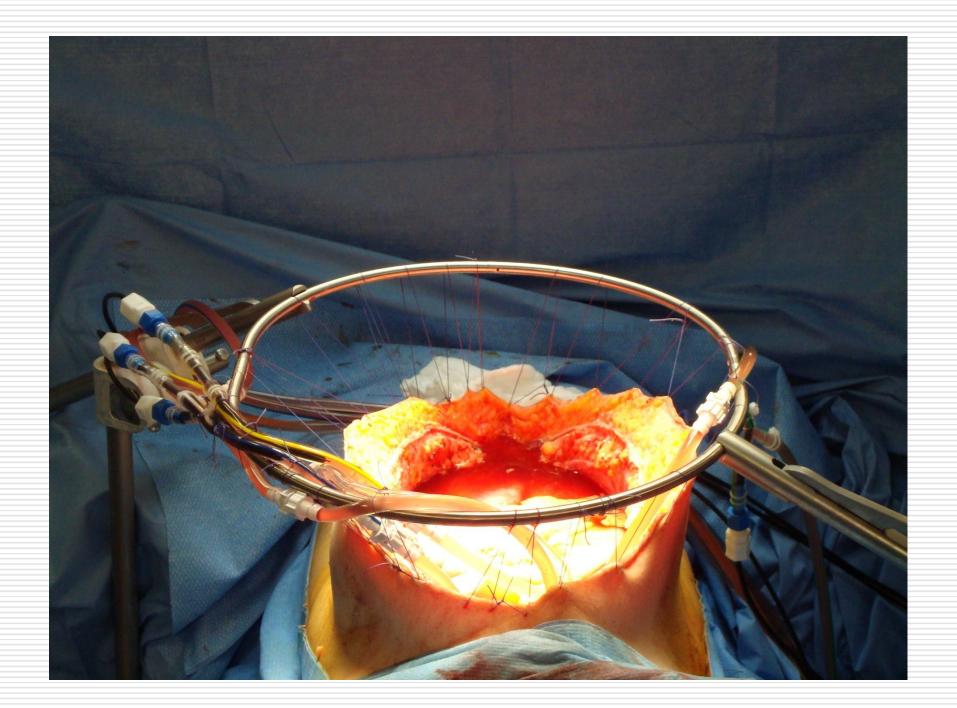
















#### Current results of systemic chemotherapy

### Randomized Deutch trials **Cairo1 and Cairo 2** based on Xelox: median survivals

	Without PM	With PM	
Cairo 1 (no targeted therapy)	17 months	10 months	<0.001
Cairo 2 (with targeted therapy)	21 months	15 months	<0.001

(Klaver Y. et al. EJSO 2012; 38: 617-623)



### Comparison of therapeutic results for colorectal PM: Review

2492 patients from 19 selected studies

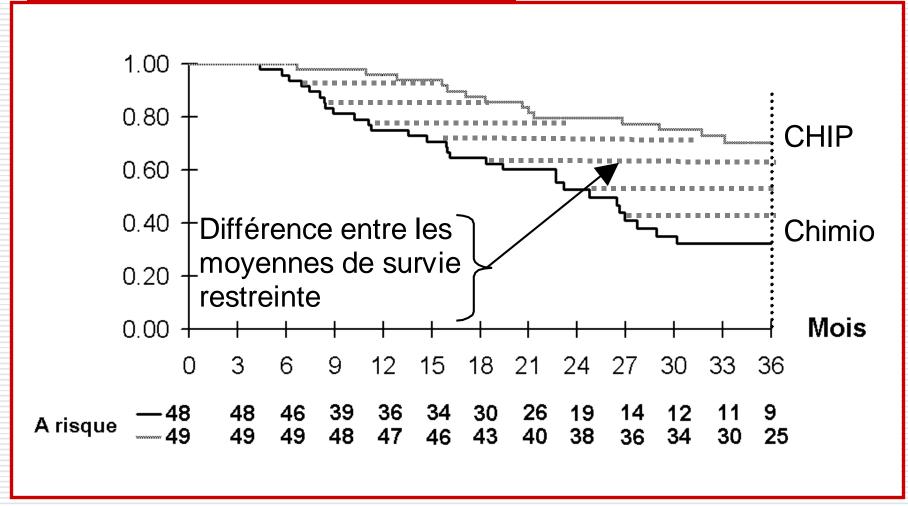
	Nb	Median S.	5-year S.
Incomplete CS + chemo.	1408	12 months	13%
CCS + HIPEC	1084	33 months	40%

Current evidence have demonstrated the efficiency of CCS+ HIPEC for which should now embraced <u>as the standard</u> <u>of cure.</u>

Chua T. et al. J Surg Oncol 2013; 107: 566-573



# Retrospective comparative study In the control group: 3.4 lines of chemo Median survivals: 25 months vs 60 months



(Elias et al. J Clin Oncol 2009; 27:681-5)

### Is it possible to obtain definitive cure with CCRS + HIPEC?

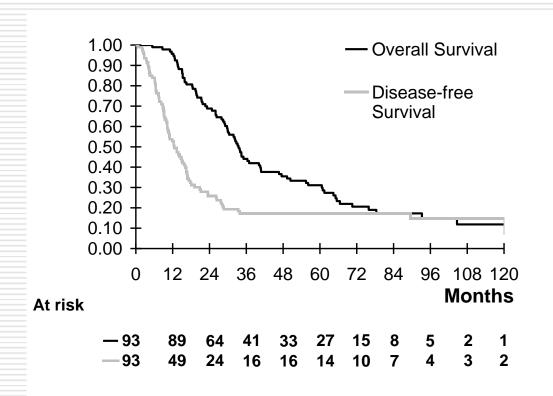
Prospective study of our patients treated between January 1995 and December 2005 (n=93). Learning curve = worst results.

### The Cure = no recurrence during a minimal delay of 5 years





- ☐ Median follow-up: 99 months
- ☐ Median Survival: 34 months (currently:60 months)
- □ Overall 5-year survival : 32% (currently: 48%)



Absolute cure at 5 years: 17/107 pts = 16%

#### Actual 10-Year Survival After Resection of Colorectal Liver Metastases Defines Cure



James S. Tomlinson, William R. Jarnagin, Ronald P. DeMatteo, Yuman Fong, Peter Kornprat, Mithat Gonen, Nancy Kemeny, Murray F. Brennan, Leslie H. Blumgart, and Michael D'Angelica

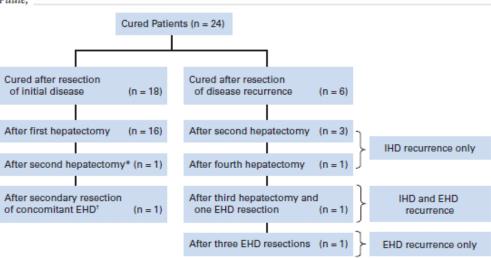
At 10 years: 102/612 pts =16,7%

Table 1. Characteristics of 102 Actual 10-Year Survivors			
Characteristic	N	lo. of Patients	
Disease status			
NED		99*	
AWD		2	
DOD		1	
Median follow-up, months	146		
Disease recurrence		16	
Liver		7	
Lung		6	
Liver/lung		2	
Peritoneum		1	

#### Patients With Initially Unresectable Colorectal Liver Metastases: Is There a Possibility of Cure?

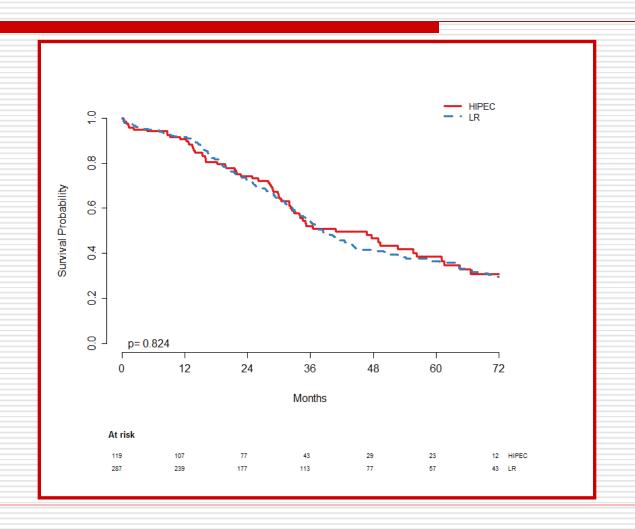
René Adam, Dennis A. Wicherts, Robbert J. de Haas, Oriana Ciacio, Francis Lévi, Bernard Paule, Michel Ducreux, Daniel Azoulay, Henri Bismuth, and Denis Castaing

At 5 years without rec. 24/148 pts =16%





#### Our results (comparison of LM and PM)



Elias et al. Ann Surg 2014



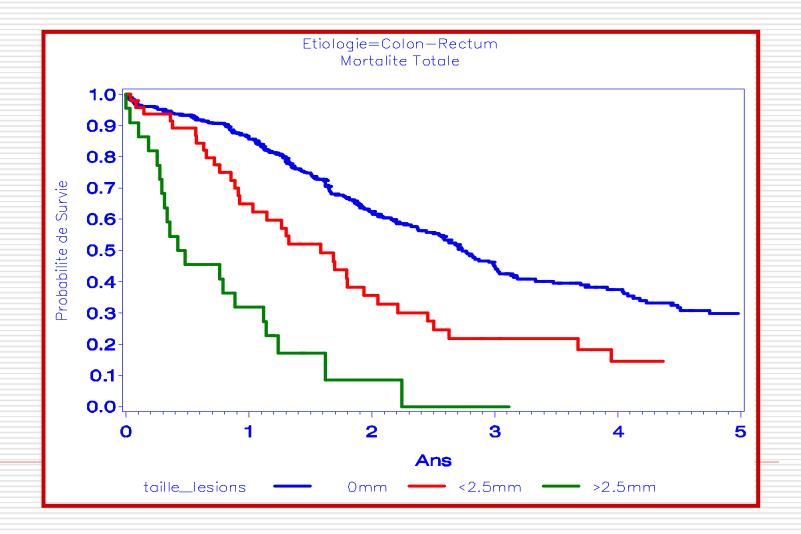
#### Prognostic factors (CRS+HIPEC)

- ☐ French registry (1990 2007)
- □ 523 patients treated in 23 centres
- Mortality: 3%, grade 3-4 morbidity: 30%

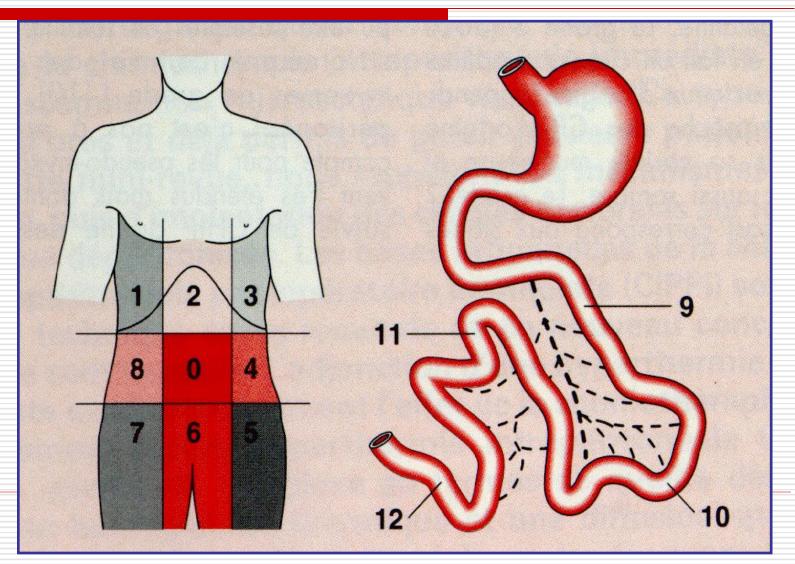
- Two major prognostic factors (+++):
- 1. The completness of the cytoreductive surgery
- 2. The extent of the peritoneal disease (PCI)

## Survival according to the **Radicality** of the Surgery (p< 0.0001)

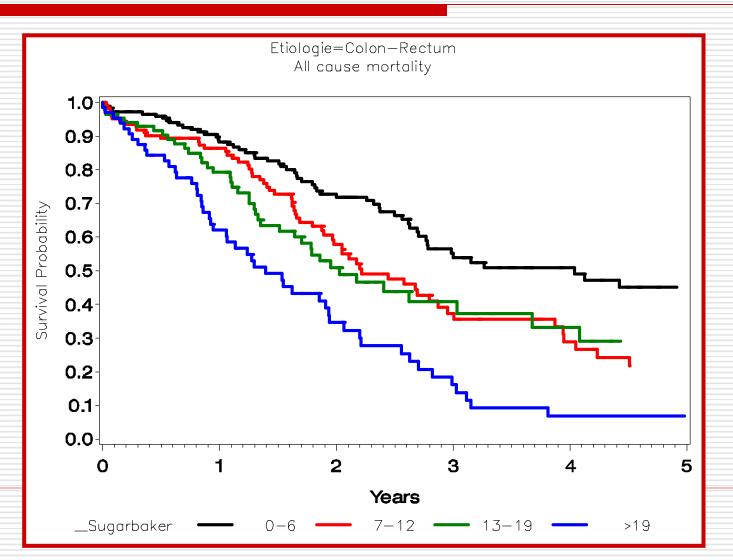




### The Peritoneal carcinomatosis Index (PCI) (Ranging from 1 to 39)



### Survival according to the **Extent** of the Péritoneal Carcinomatosis (p< 0.0001)



## Prognostic impact of the efficiency of the systemic chemo.

- Morphological (radiologic) response: no strong impact on survival rate.
- Pathologic response: strong impact on survival

Pathologic response	5-year survival
Complete (10%) Major (20%) Minor / none (> 50% residual cancer cells)	75% 57% 15%

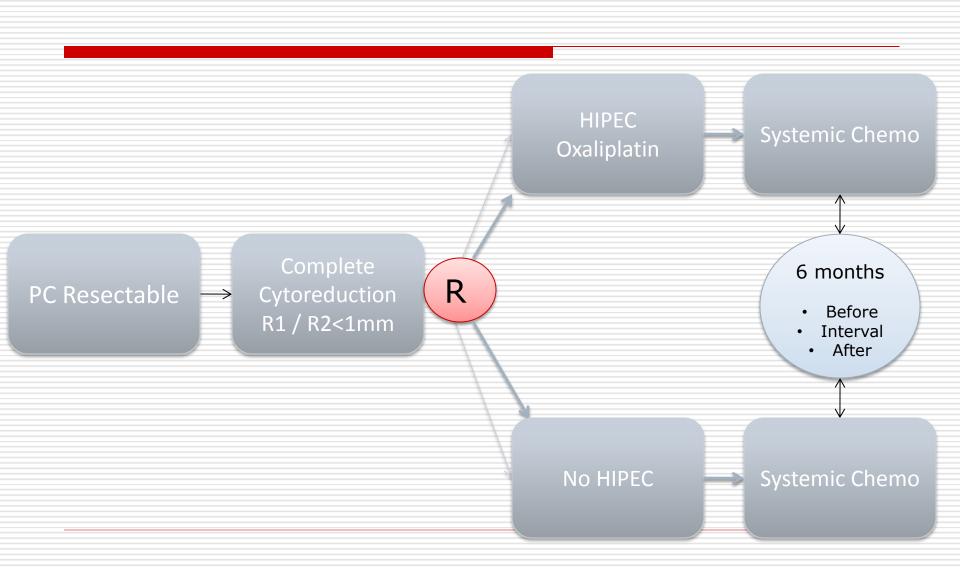
Passot G et al. Ann Surg Oncol 2014; 21: 2608-2614 (115 pts)



# What is the exact gain due to HIPEC alone?

- -We do not know in human
- -There is many proofs in animal models
- -Only a randomized trial will give the answer

#### French multicentric randomized trial « Prodige 7 »





### Current status of Prodige 7 trial

End-point: To improve OS from 30 months to 48 months

The 270 patients have already been randomized.

## Current proposed guidelines for colorectal PM

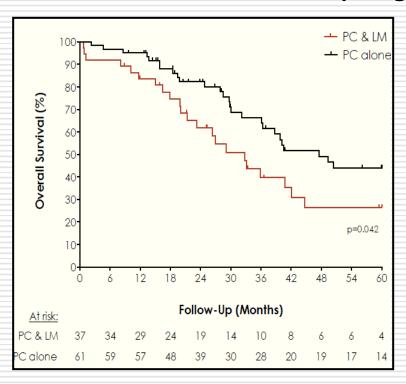
- CCRS + HIPEC is the gold standard treatment for patients:
  - With a good general status
  - With a PCI index lower than 16
  - Who are chemosensitive
  - With no other metastases (excepted ovarian metastases or 1-5 LM easily resectable or ablatable.



#### A case control of similar pts (61

with PC alone and 37 with PC+LM)

- Median PCI of each group: 11 (range: 2-26)
- ☐ Median nb of LM: 2 (range: 1-16)



#### Median survivals:

PC alone: 49 months PC + LM: 32 months

P = 0.042

Maggiori et al. Ann Surg 2013; 258: 116-21



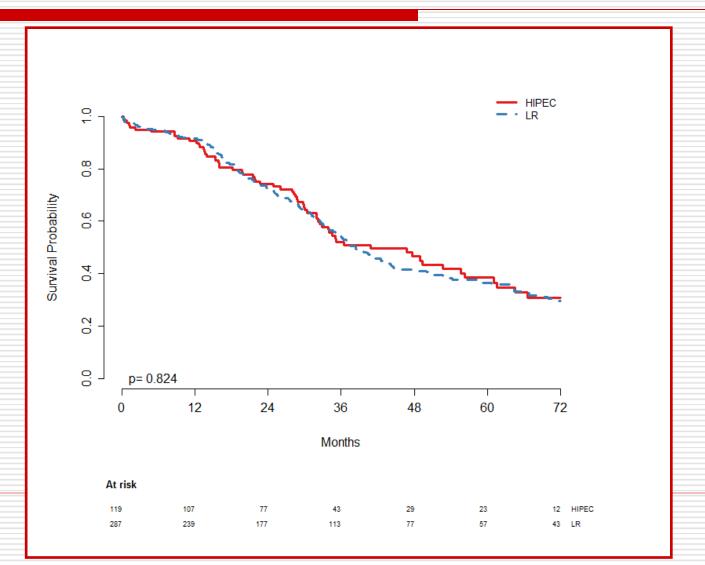
#### Equivalence between LM and PM

- □ 287 hepatectomy
- ☐ 119 CCRS+HIPEC
- □ Exclusion of [Hepatec + CCRS-HIPEC] (n=37)
- □ Follow-up > 5 years

- Subgroups according to the global tumor load:
  - LM in 2 groups: ≤ 10 LM, and > 10 LM
  - PM in 3 groups: PCI 1-5, 6-15, > 15

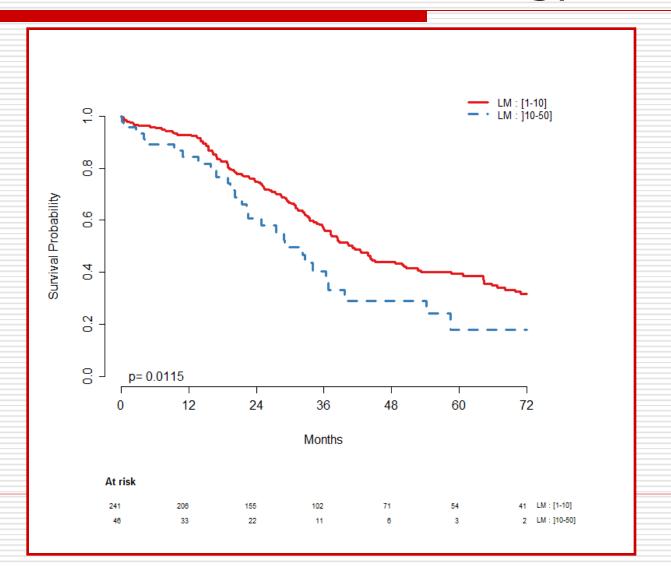


# Same overall global survival



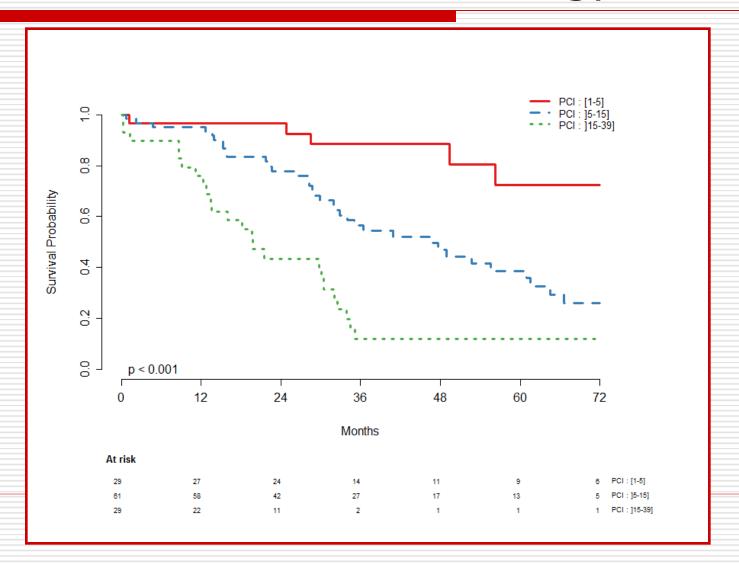


# Overall survival for the 2 gps of LM



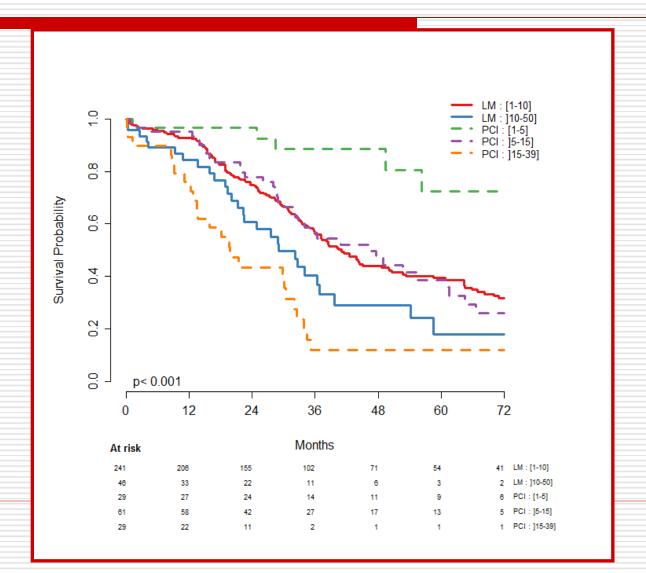


# Overall Survival for the 3 gps of PM





# Equivalences and difference between LM and PM





# A future for this combined approach to treat early colorectal PM?

- -Survival results are very high when the PCI is low (72% when PCI from 1 to 5).
- -Surgery is easier and morbidity is lower when the PCI is low

PM must be detected and treated at a very early stage!



## How to detect PM at an early stage?

- No symptoma, no imaging, no biological markers
- The only way: to propose a second-look
- But, it is not possible to propose it to all patients
- We must select a population of high-risk patients
- □ Then to proove that effectively they present early PC, that CCRS+HIPEC is feasible and not too morbid, and at last, that this new approach improves overall survival.

# Who are High-risk patients?

Systematic review of the literature published from 1941-2011

#### ☐ High-risk: ≥ 40%

- Synchronous PM (resected): 54-75%
- Ovarian metastases: 56-62%
- Perforated primary tumor: 24-54%

#### No High-risk: ≤ 20%

- T4 tumor: 8-17%
- Positive cytology: 9-36%
- Histologic subtype: 11-36%
- Occlusion / Bleeding: < 15%





#### Second-look trial: Phase 1-2

- □ 41 patients included between 1999 and 2009
- ☐ They received 6 months of chemo., then
- □ Second-look at 1 year
- ☐ Macroscopic PM was present in 56%
- □ It was early cases (mean PCI = 8)
- 100% undewent HIPEC
- Mortality: 2%, morbidity: 10%



Elias et al. Ann Surg 2011; 254: 289-292



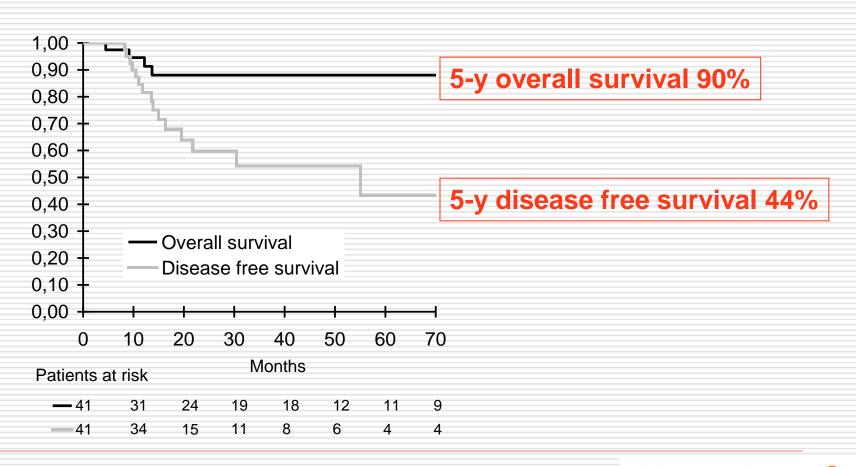
Minimal synchronous PC resected with the primary tumour: PM in 60%

□ ovarian metastases resected : PM in 62%

□ Perforated primary tumour: PM in 37%

### Survival rates

**Peritoneal recurrence: 17%** 







# ProphyloCHIP Trial

« high risk » patients 6 months IV Folfox IV then: Work-up that must be negative Randomization Standard arm **Experimental arm** Surveillance Systematic 2nd look plus HIPEC

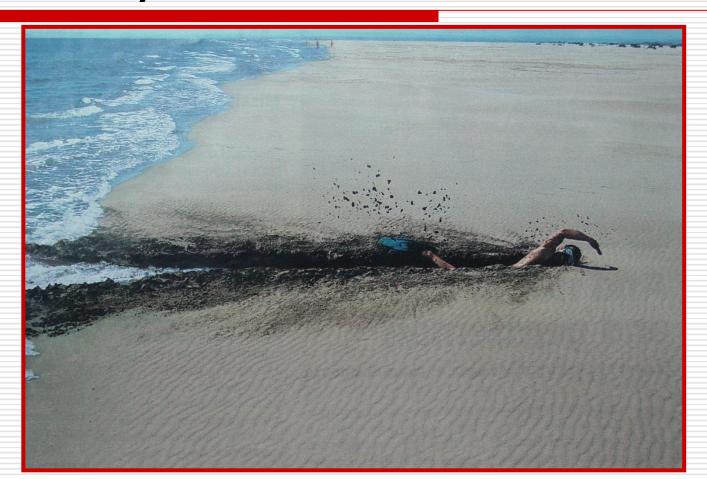


### Conclusions

- For eligible patients, CCRS+HIPEC is currently the gold standard treatment.
- CCRS + HIPEC is able to definitively cure many patients.
- Its results are similar to those obtained with hepatectomy for LM.
- It gives very high results when the PCI is low.
- □ The second-look approach for high-risk patients could be the main future of CCRS+HIPEC.



# Thank-you



Female, age 60 years, WHO PS 0

January 2012: Sigmoidectomy for pT3N2M0 adenocarcinoma, followed by 6 months of adjuvant chemotherapy (FOLFOX) until august 2011

August 2014: Increase of serum CEA to 19. No clinical symptoms.

CT-scan: no suspicious lesions; **FDG-PET** scan: several hot-spots in peritoneum.

- 1) Exploratory laparotomy, and, if possible, resection of metastases
- 2) Cytoreductive surgery + HIPEC
- 3) Systemic treatment with palliative intent
- 4) Systemic treatment, and if decrease in CEA then laparoscopy to assess the extent of the disease.

#### **Treatment options**

- 1) Exploratory laparotomy, and, if possible, resection of metastases
- 2) Cytoreductive surgery + HIPEC
- 3) Systemic treatment with palliative intent
- 4) Systemic treatment, and if decrease in CEA then laparoscopy to assess the extent of the disease.

Low PCI (peritoneal cancer index) (< 15): cytoreductive surgery + HIPEC High PCI: continue systemic treatment

Male, age 66 years, WHO PS 0
January 2014: During laparoscopic sigmoidectomy, **accidental discovery** of peritoneal deposits, which showed adenocarcinoma. No other distant metastases. pT3N1M1 **PCI = 5** 

- 1) Systemic treatment with palliative intent
- 2) Cytoreductive surgery during same surgical procedure
- 3) Cytoreductive surgery + HIPEC after 1-2 months
- 4) Systemic treatment during 3 months, if no disease progression: followed by cytoreductive surgery + HIPEC

- 1) Systemic treatment with palliative intent
- 2) Cytoreductive surgery during same surgical procedure
- 3) Cytoreductive surgery + HIPEC after 1-2 months
- 4) Systemic treatment during 3 months, if no disease progression: followed by cytoreductive surgery + HIPEC

Male, age 66 years, WHO PS 0

January 2014: During laparoscopic sigmoidectomy, accidental discovery of many peritoneal deposits, which show adenocarcinoma. No other distant metastases. pT3N1M1

PCI = 22

- 1) Systemic treatment with palliative intent
- 2) Cytoreductive surgery during same surgical procedure
- 3) Cytoreductive surgery + HIPEC after 1-2 months
- 4) Systemic treatment (3 months), if no disease progression followed by cytoreductive surgery + HIPEC
- 5) Systemic treatment (3 months), then reassessment by laparoscopy

- 1) Systemic treatment with palliative intent
- 2) Cytoreductive surgery during same surgical procedure
- 3) Cytoreductive surgery + HIPEC after 1-2 months
- 4) Systemic treatment (3 months), if no disease progression followed by cytoreductive surgery + HIPEC
- 5) Systemic treatment (3 months), then reassessment by laparoscopy

Female, age 56 years, WHO PS 0

June 2014: During laparoscopic sigmoidectomy, accidental discovery of **metastasis in left ovary**, which was removed. No other distant metastases, no peritoneal disease. pT3N0M1

- 1) Expectancy
- 2) Adjuvant systemic treatment (6 months)
- 3) Cytoreductive surgery + HIPEC after 1-2 months
- 4) Adjuvant systemic treatment (6 months), and if the following work-up is negative: surgery + HIPEC

- 1) Expectancy
- 2) Adjuvant systemic treatment (6 months)
- 3) Cytoreductive surgery + HIPEC after 1-2 months
- 4) Adjuvant systemic treatment (6 months), and if the following work-up is negative: surgery + HIPEC