

# Molecular Imaging: Can we predict residual disease?

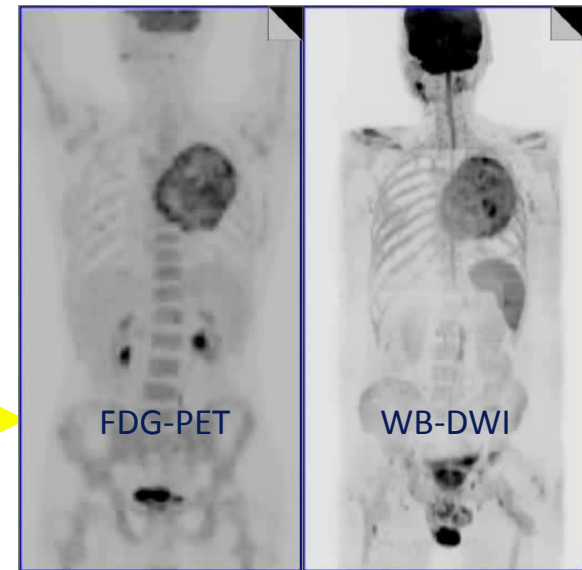
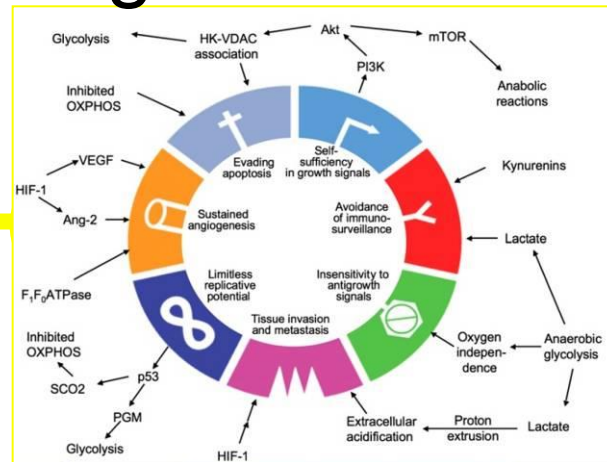
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London, UK

# Cancer hallmarks & metabolic derangements

Normal

Atypia



FDG-PET

WB-DWI

*Altered metabolism & hypoxia*

<sup>18</sup>F-DG-PET  
<sup>1</sup>H and <sup>13</sup>C MRS  
BOLD-MRI  
<sup>18</sup>F-MISO PET

*Angiogenesis*

DCE-MRI  
DSC-MRI  
DCE-CT  
DCE-US  
H<sub>2</sub> <sup>15</sup>O-PET

*Proliferation*

<sup>18</sup>FLT-PET  
<sup>1</sup>H-MRS  
DW-MRI

*Apoptosis*

<sup>99m</sup>Tc-Annexin V  
DW-MRI

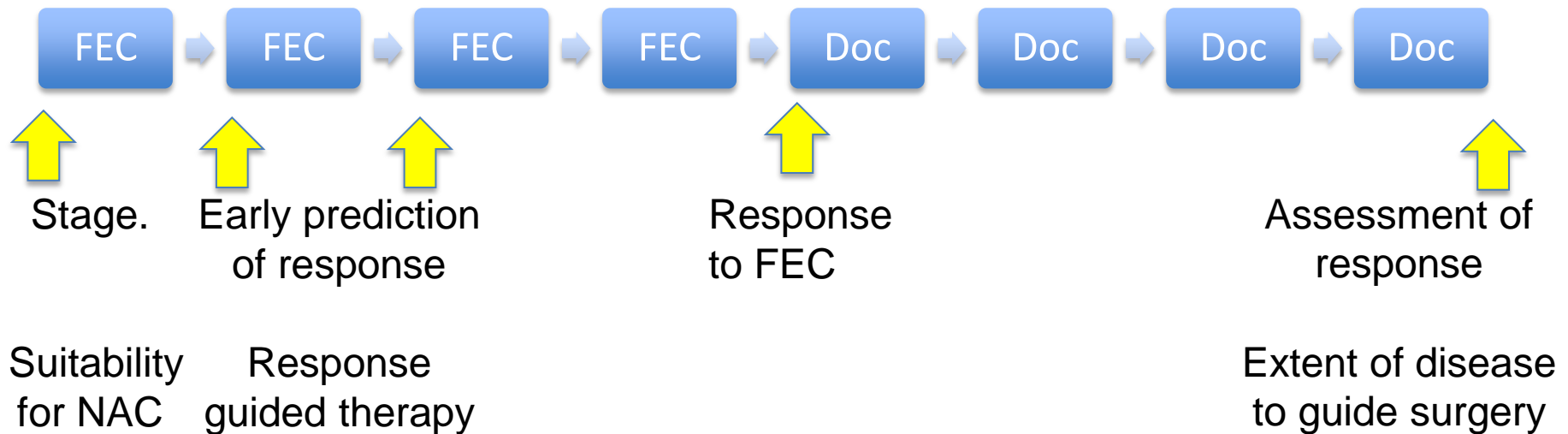
*Metastasis*

Lymphography  
WB-DWI  
Bone scan  
CT etc

- Limitless proliferation
- Evading apoptosis
- Self sufficiency in growth signals
- Insensitivity to anti-growth signals
- Abnormal glucose uptake & metabolism
- Extra-cellular acidosis and resistance to acid-mediated toxicity
- Tissue invasion and metastasis
- Sustained angiogenesis
- Avoidance of immune surveillance
- Hypoxia
- Raised interstitial pressures

Gatenbury RA & Gillies RJ. Nature Cancer Reviews 2008; 8: 56-61

# Imaging during Neoadjuvant Chemotherapy



# Options for Imaging during Neoadjuvant Therapy

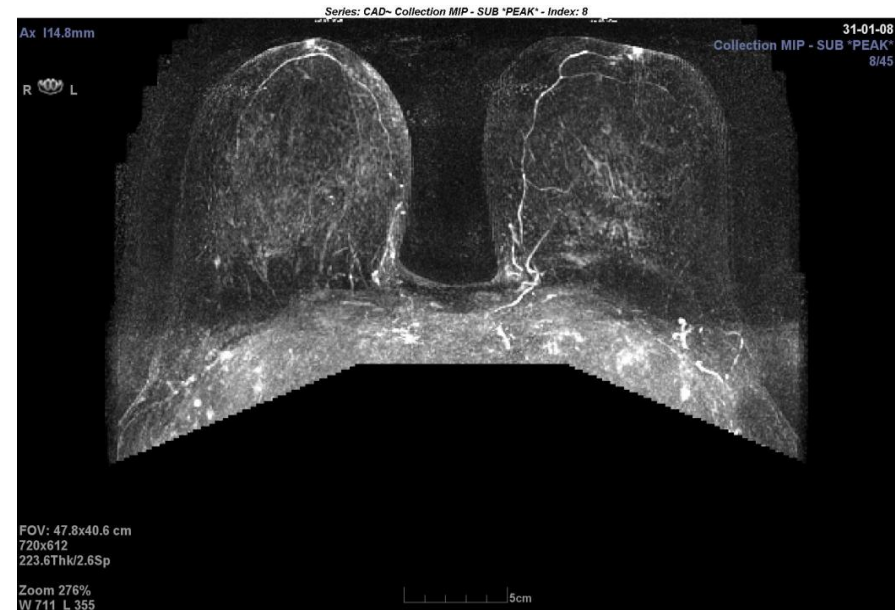
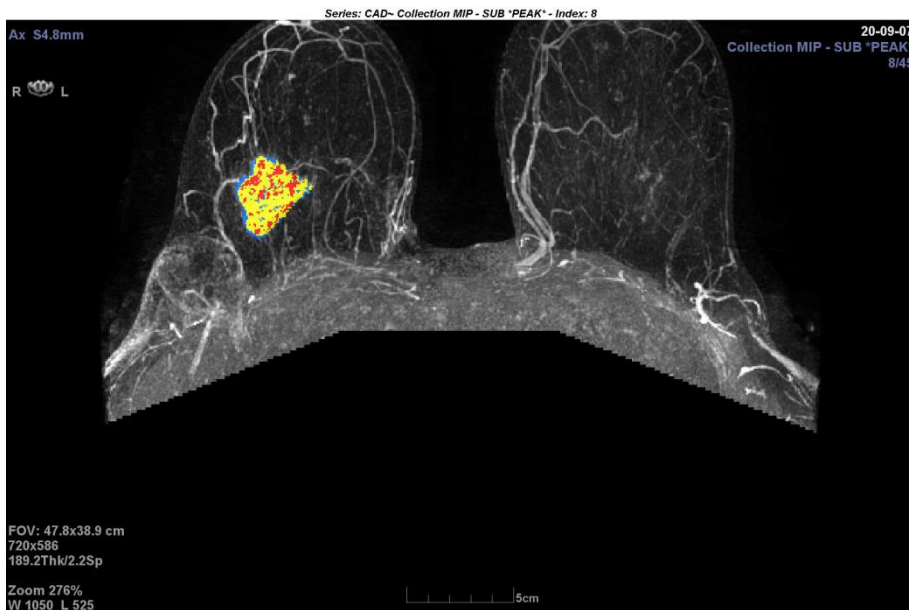
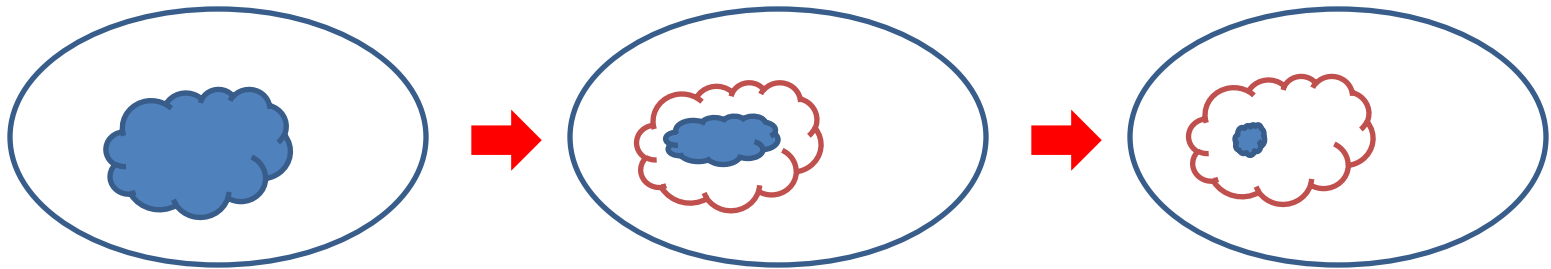
- Magnetic Resonance Imaging:
  - DCE
  - DWI
  - Spectroscopy
- Radionuclide Imaging:
  - FDG-PET
  - FLT-PET

# MRI: role in Neoadjuvant Therapy

- Pretreatment staging to determine extent of disease
  - tumour size, multifocal/multicentric disease, chest wall/pectoralis muscle invasion
- Post-chemotherapy assessment
  - Good correlation with residual invasive cancer
- Early assessment of response

# Patterns of response to Neoadjuvant Chemotherapy

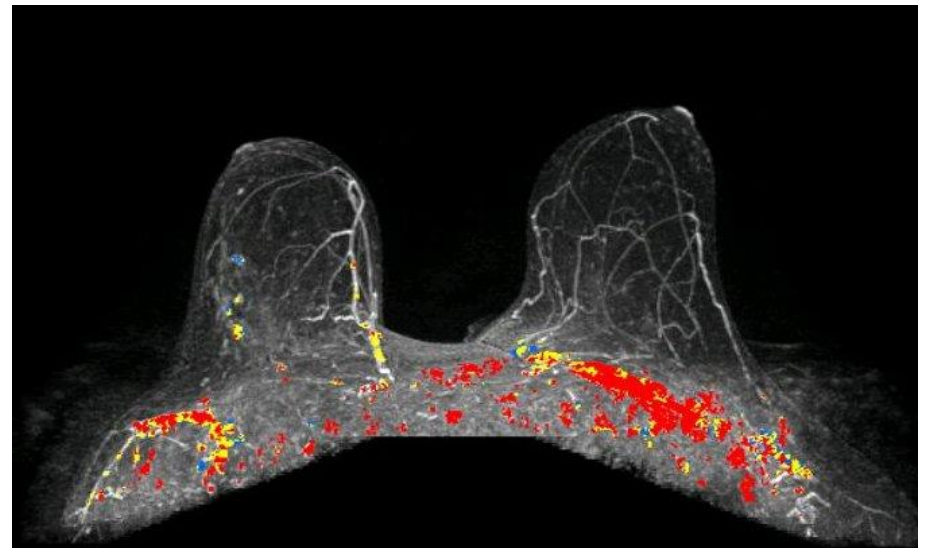
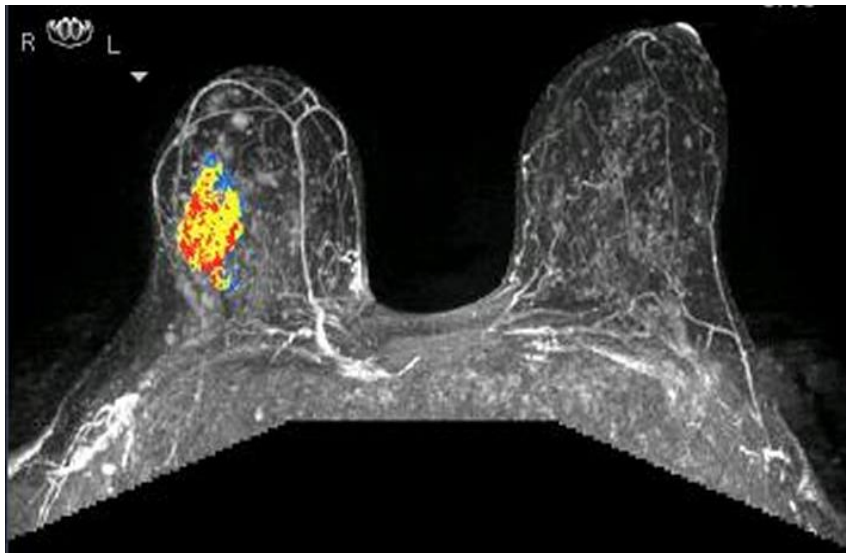
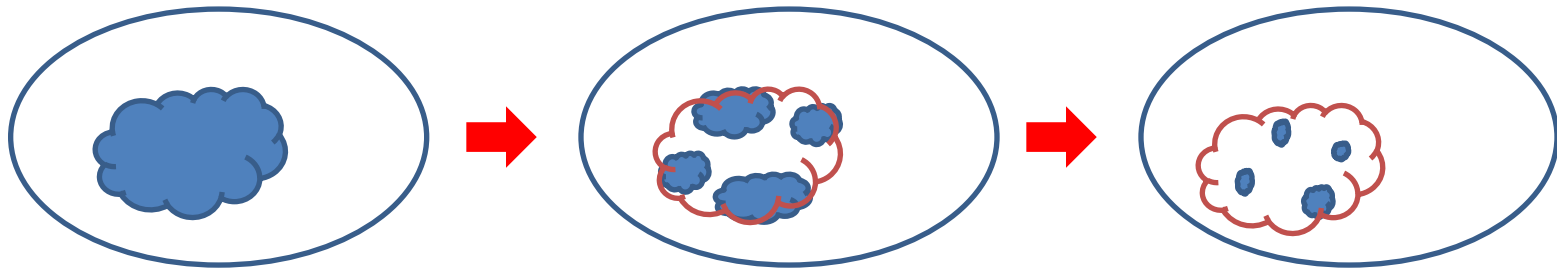
## A. Concentric shrinking



Courtesy of: E Provenzano and P Britton

# Patterns of response to Neoadjuvant Chemotherapy

## B. Scatter pattern



Courtesy of: E Provenzano and P Britton

# Accuracy of Clinical Exam, Mammography, US and MRI in determining post-neoadjuvant pathological response to NAC

Characteristic	Clinical Examination	Digital Mammography	Ultrasound	MRI
Accuracy	57%	74%	79%	84%
Positive Predictive Value	91%	85%	85%	93%
Negative Predictive Value	31%	41%	44%	65%
Sensitivity	50%	81%	90%	86%
Specificity	82%	48%	33%	79%

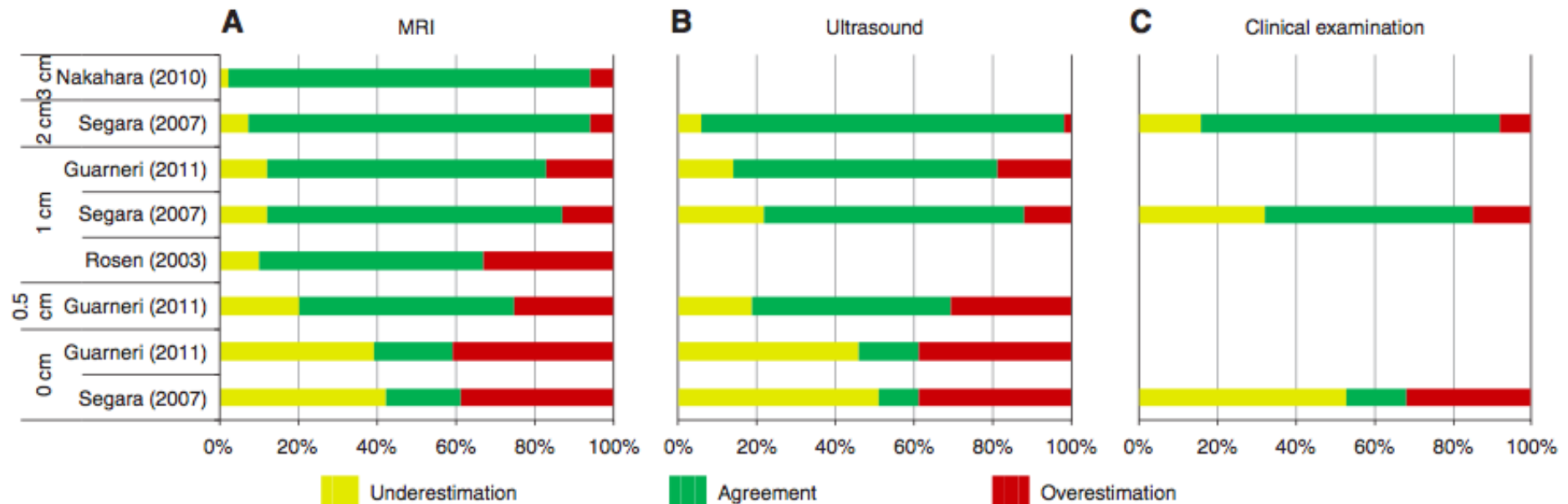
- Image-guided biopsy needed to confirm pCR
- Imaging could play a role in identifying patients without pCR who may benefit from longer and/or modified NAC



# Meta-analysis of agreement between MRI and pathologic tumor size post-NAC

- Data from 19 studies (958 patients)
- Mean differences and limits of agreement reported
- MRI better than mammography and US
- MRI overestimates pathologic size
- Studies comparing imaging and pathologic size have inherent limitations:
  - errors in pathologic measurement: re-excisions, orientation, fixation, residual DCIS, scatter shrinkage
- But these studies largely preceeded taxanes, herceptin, and tumour subtyping

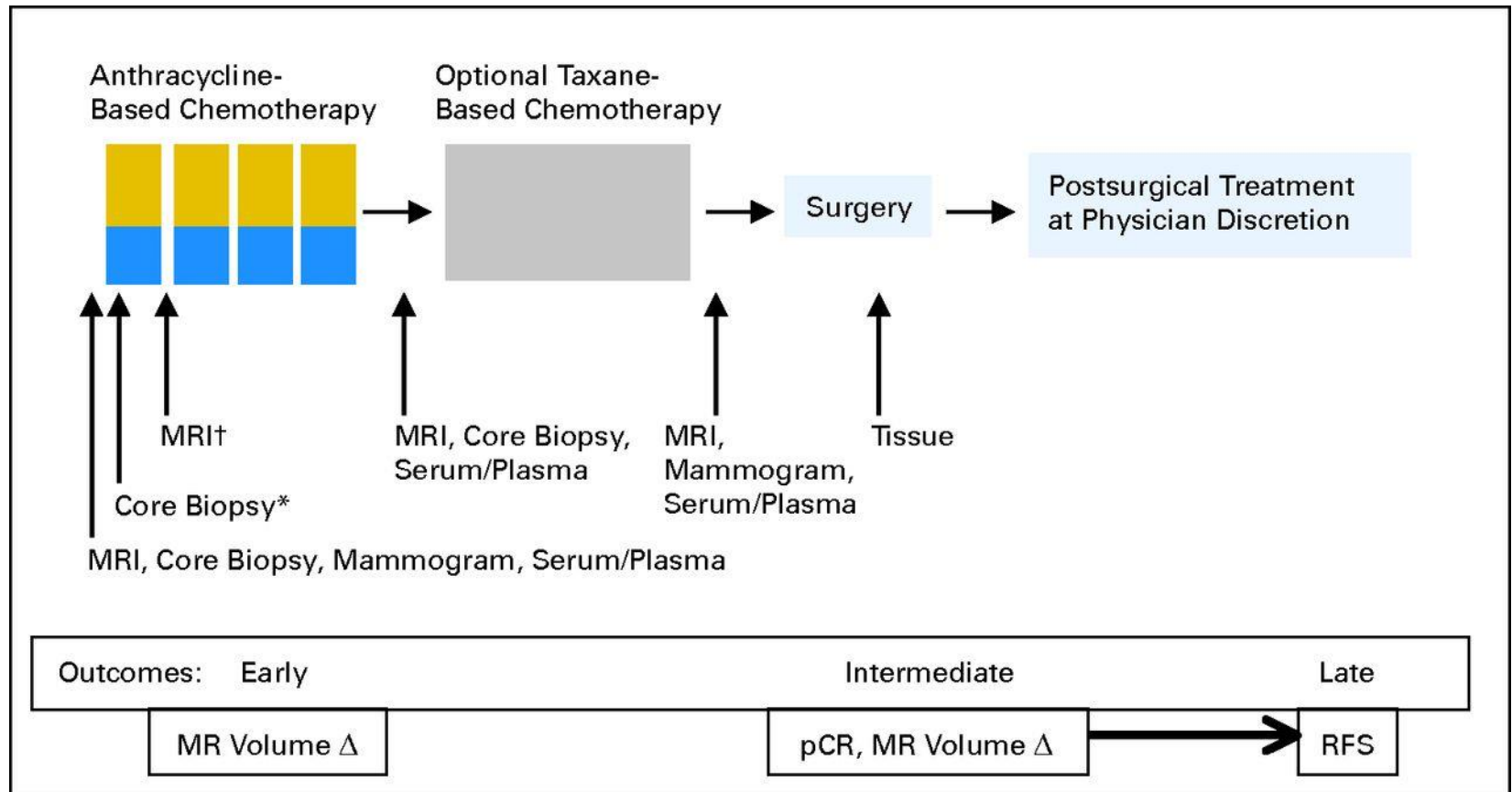
# Percentage agreement, underestimation and overestimation for MRI, US, and clinical examination



# Functional MRI Imaging Techniques

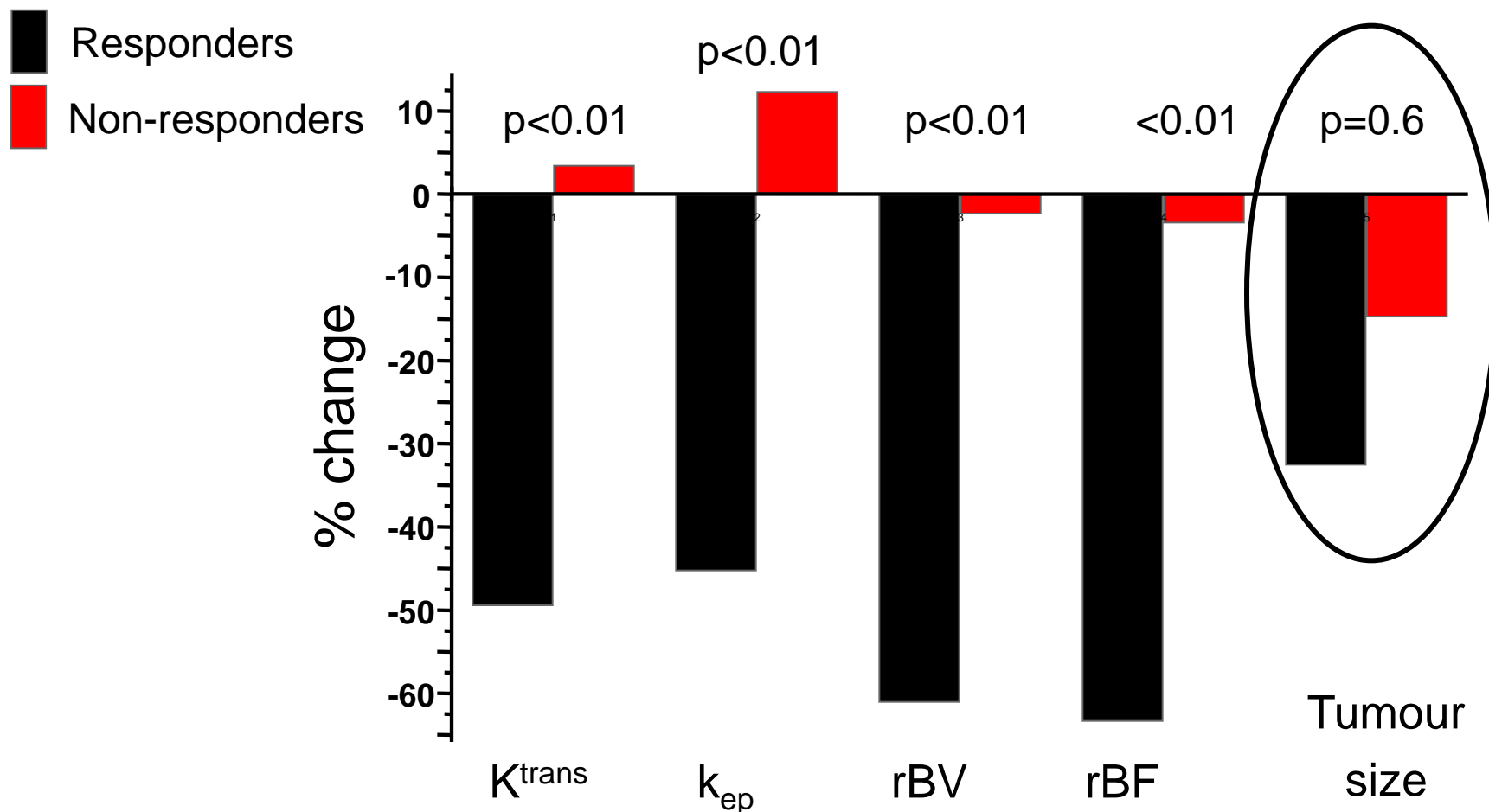
- DCE-MRI
  - Vascular Parameters: Perfusion/Permeability
- DW-MRI
  - Diffusivity of water
  - Cell density/necrosis
- MR-Spectroscopy
  - Cell membrane turnover
- BOLD-MRI
  - Oxygenation/Hypoxia

## I-SPY 1 TRIAL (Investigation of Serial Studies to Predict Your Therapeutic Response With Imaging and Molecular Analysis) schema.



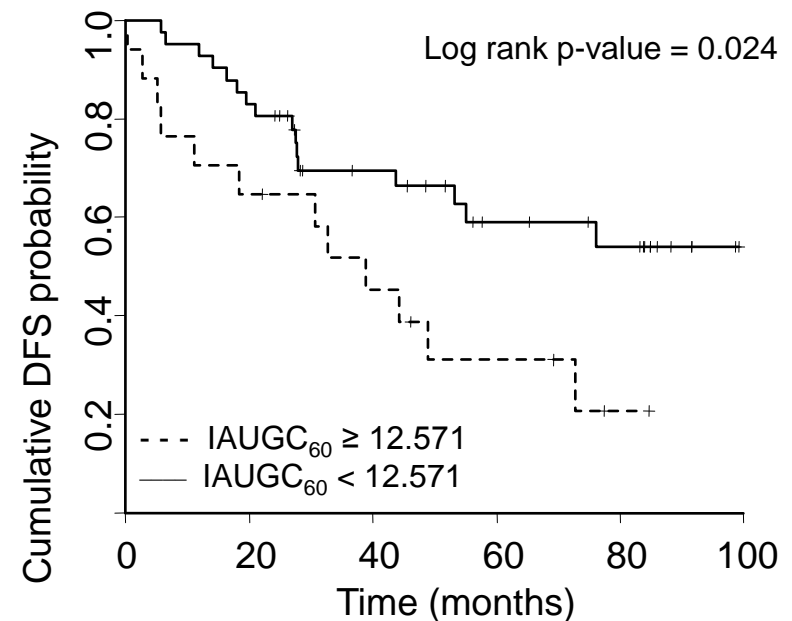
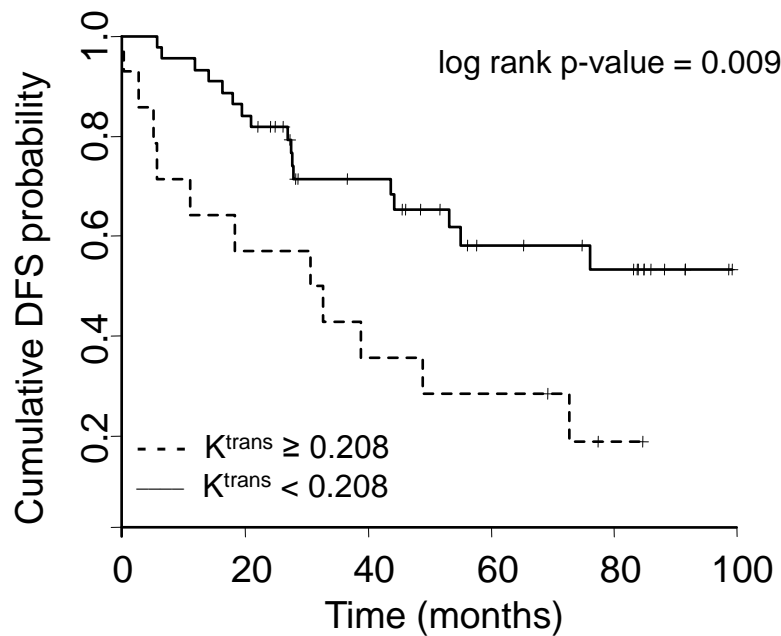
Esserman L J et al. JCO 2012;30:3242-3249

# Changes in DCE-MRI kinetic parameters classified by pathological response post NAC



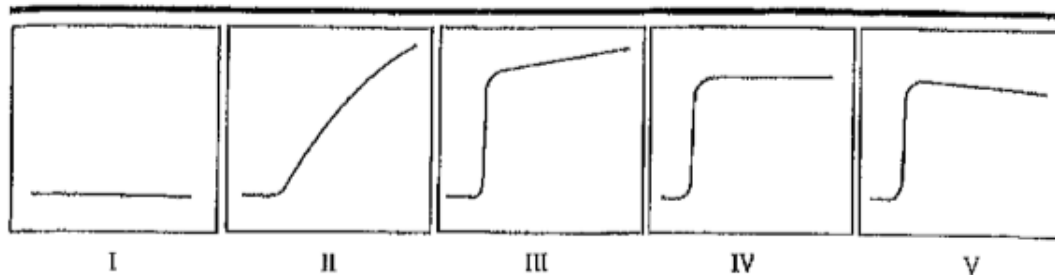
# DCE-MRI as prognostic biomarker

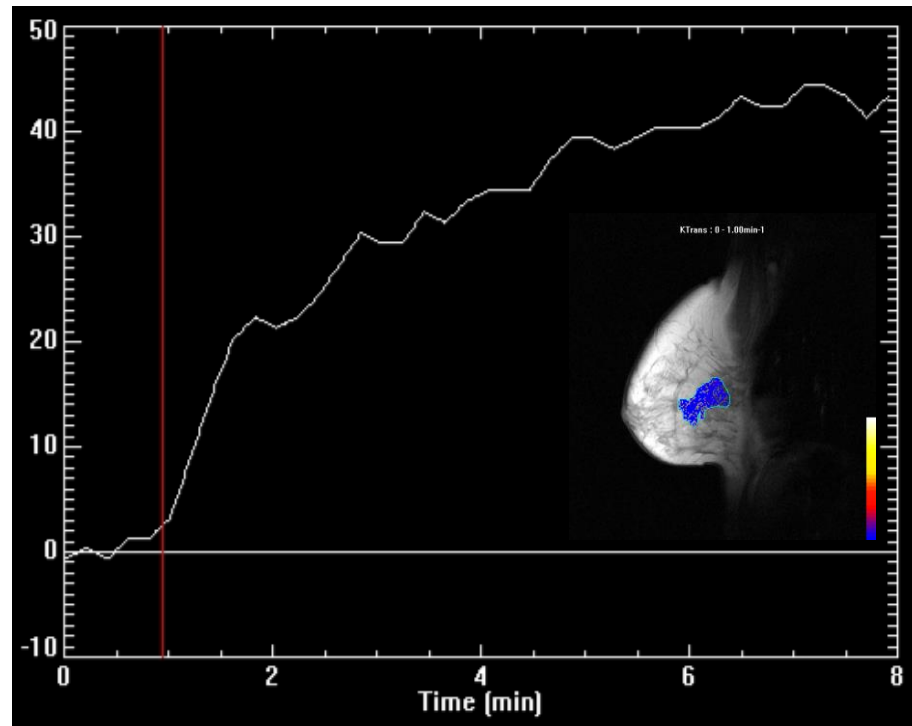
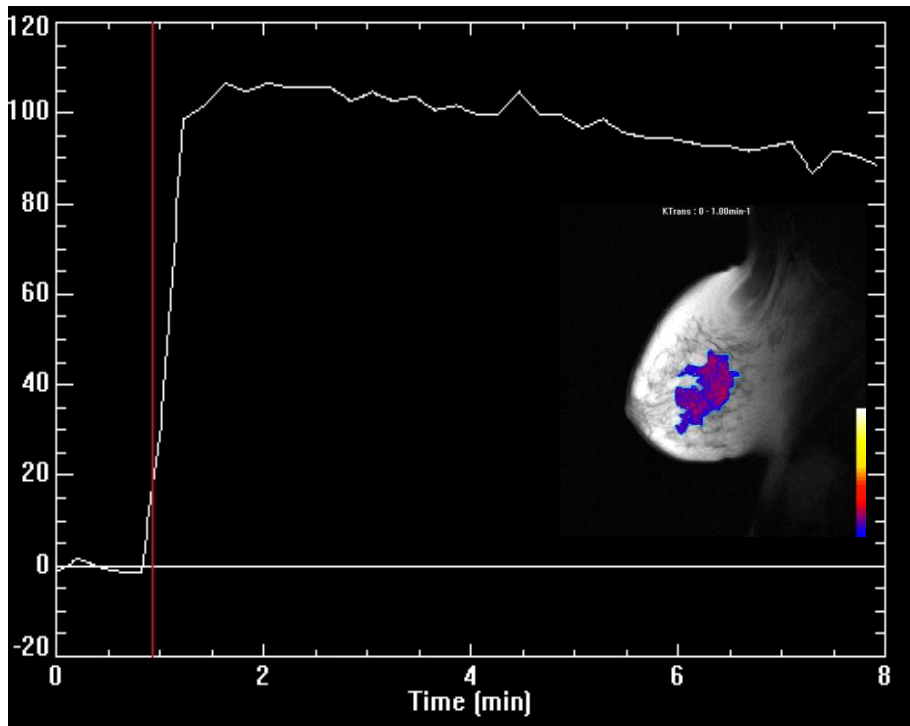
- High  $K^{\text{trans}}$  and  $\text{IAUGC}_{60}$  values after two cycles of neoadjuvant chemotherapy are associated with a worse DFS ( $K^{\text{trans}}$   $p=0.009$ ;  $\text{IAUGC}_{60}$   $p=0.024$ ) and OS ( $K^{\text{trans}}$   $p=0.07$ ,  $\text{IAUGC}_{60}$   $p=0.06$ ) on Kaplan Meier analysis



# Signal Intensity Time Curves (SITCs)

- Allows visual classification taking into account the steepness of SI change in early phase of contrast enhancement (wash-in) and intermediate / late phase (wash-out)
- Already used to help distinguish benign and malignant disease
- Easier to use than quantitative parameters e.g  $K^{trans}$



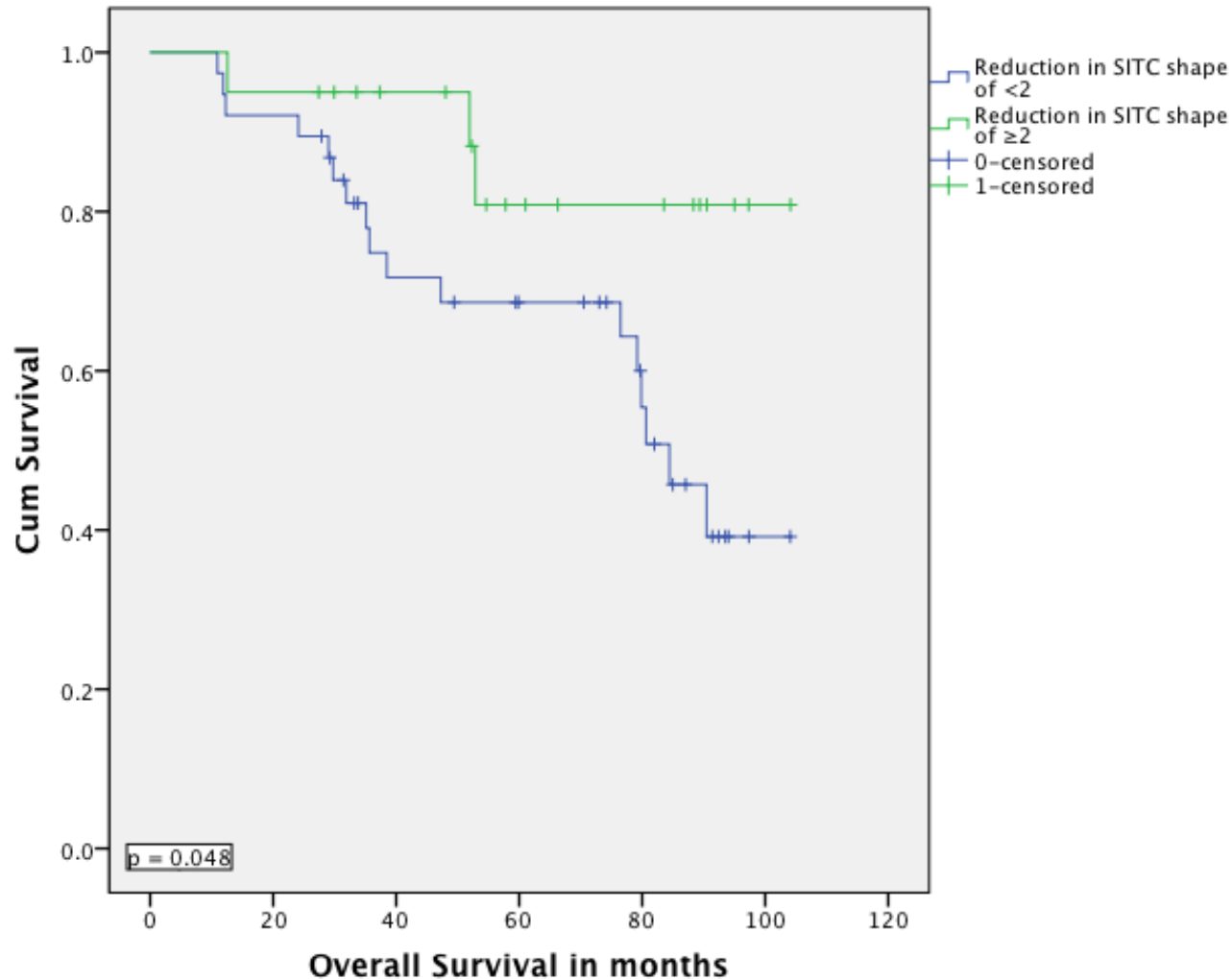


SITC for 42 year old woman with a 72mm G2 IDC of the breast ER and HER 2 positive, who had a complete pathological response and remains alive and disease free at 5 years.  $K^{\text{trans}}$  map (colour scale 0-1.0  $\text{min}^{-1}$ ) is superimposed upon SITC at baseline and after 2 cycles of docetaxel chemotherapy. The y-axis is the % signal intensity enhancement about baseline.

- (a) pre chemotherapy image shows a curve shape of 5 with the corresponding  $K^{\text{trans}}$  value of  $0.239 \text{ min}^{-1}$ .
- (b) post 2 cycles of chemotherapy shows a curve shape of 2 (reduction of 3 points) and  $K^{\text{trans}}$  of  $0.045 \text{ min}^{-1}$  (reduction of 81%).



# Reduction in SITC of $\geq 2$ predicts for OS



# MRI response monitoring during NAC

## Relevance of Breast Cancer Subtype

- N=188 primary breast ca
- MRI pre and 6w post NAC
- Correlation of MRI changes with breast cancer subtype by IHC and residual disease post-NAC
  - TN, HER2+, ER+/HER2-
  - pCR: TN 34%, HER2+ 40%, ER+ 7%
- Correlations between change in largest diameter of late enhancement seen during NAC and residual disease seen in TN and HER2+ but not ER+/HER2-

# MRI response monitoring during NAC

## Relevance of Breast Cancer Subtype

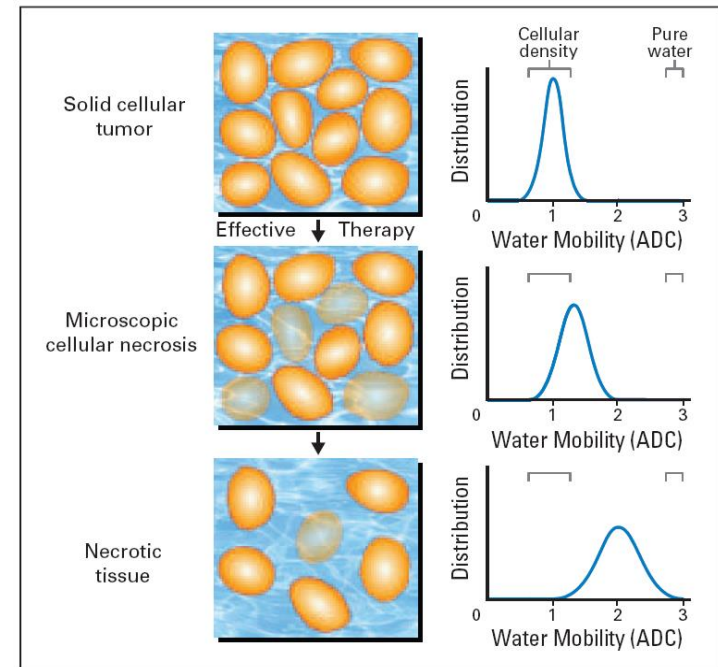
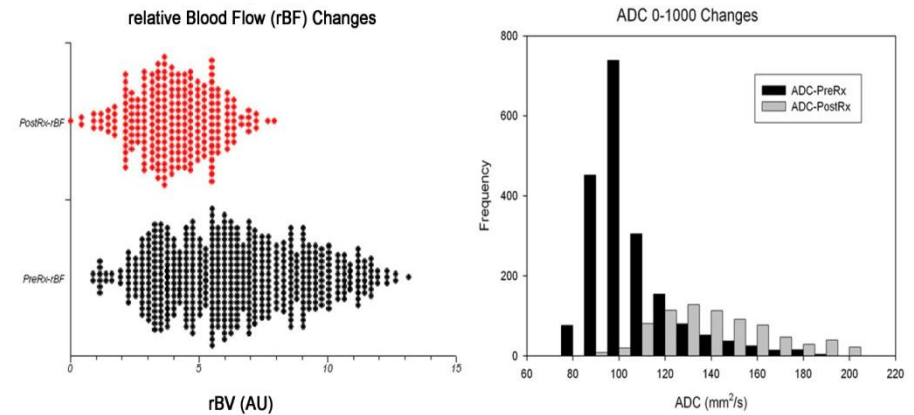
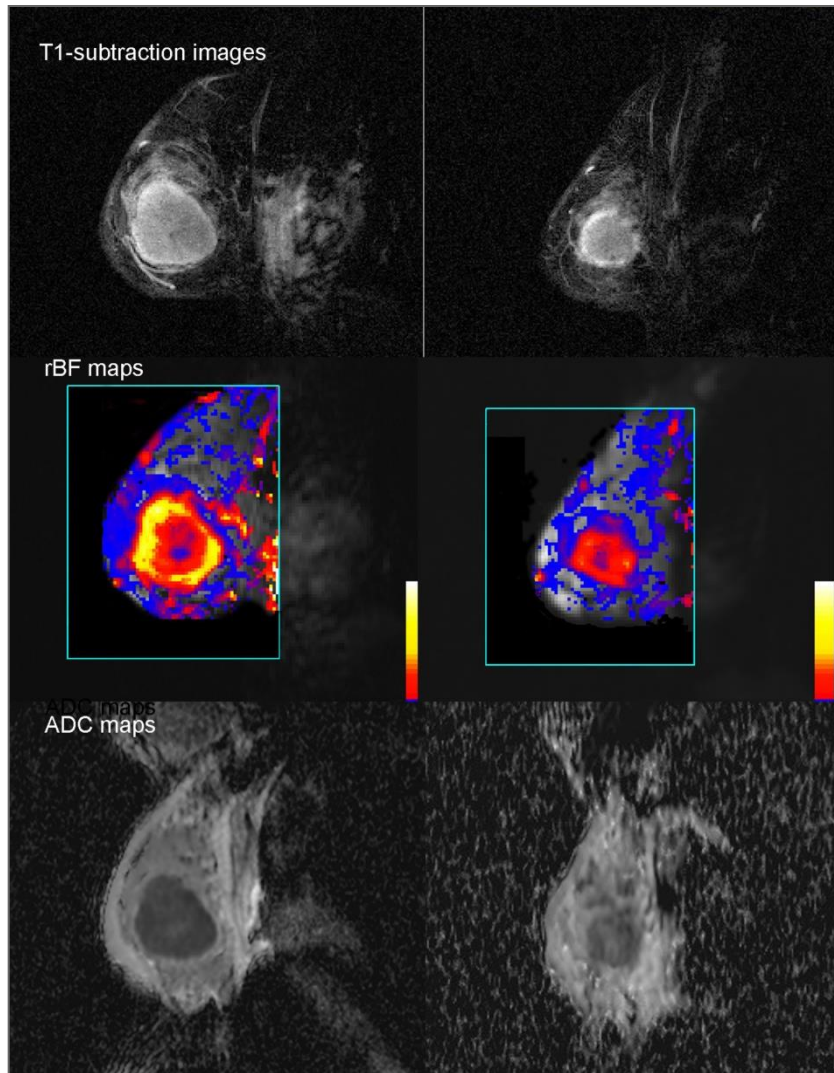
- Unifocal mass seen in
  - 57% TN, 18% HER2+, 33% ER+/HER2-
- Multifocal masses
  - 32% TN, 53% HER2+, 30% ER+/HER2-
  - (diffuse disease in the rest)
- TN regressed significantly more often as a shrinking mass than other two subtypes ( $p < 0.001$ )

# DCE-MRI characterisation of triple negative breast carcinomas

MRI parameter	ER-/PR-/HER2-	ER+/PR+/HER2-	p values
$K^{trans}$	0.19	0.23	p=0.575
$v_e$	0.33	0.39	p=0.001
$k_{ep}$	0.70	0.56	p=0.044
IAUGC <sub>60</sub>	12.59	14.17	p=0.596
rBV	215.51	132.96	p=0.533
rBF	5.68	2.98	p=0.252
MTT	44.27	47.69	p=0.007

- DCE-MRI vascular parameters correlate well with histological features in TNBC
- Lower  $v_e$  values in TNBC reflect a more cellular, less stromal environment
- Higher  $k_{ep}$  values reflect the rapid return of contrast into vasculature consistent with higher capillary permeability

# DW-MRI: Response to NAC



**Fig 1.** A schematic of the change in cellularity (left) and increased molecular water mobility measured as an apparent diffusion coefficient (ADC; right) as a tumor responds to treatment (top to bottom). For a tumor responding to therapy, an increase in extracellular space/membrane permeability allows greater water mobility and an increase in the ADC.

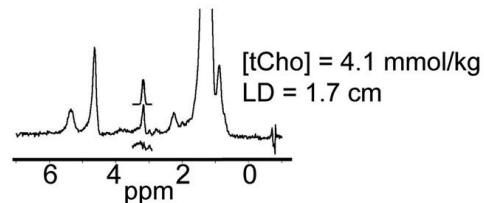
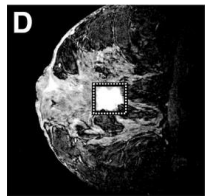
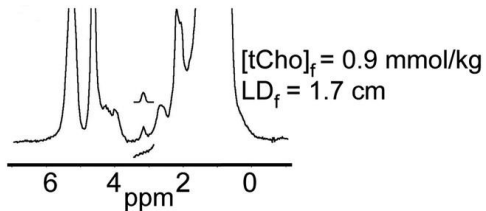
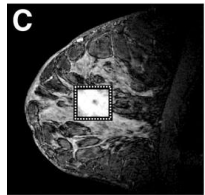
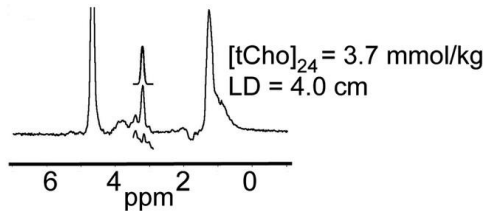
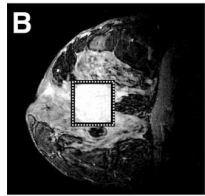
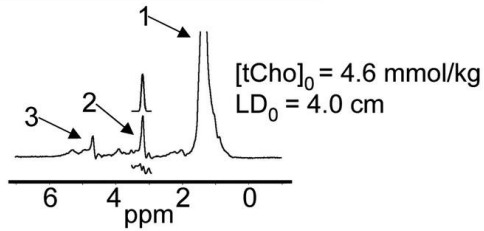
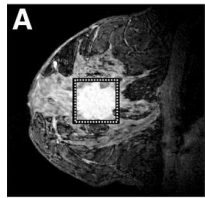
# MR Spectroscopy

- Can be performed alongside MRI
- Initial studies with  $^{31}\text{P}$ -MRS more recently with  $^1\text{H}$ -MRS because of increased sensitivity
- Provides information on changes in phospholipid metabolism
  - choline containing-compounds (tchol) elevated in malignant lesions
- Precise mechanisms unknown but tchol may reflect cellular proliferation. Precursor of membranes and may reflect increased membrane turnover by replicating cells
- Clinical applications
  - Diagnosis
  - Monitoring response to treatment

# MR Spectroscopy

## Monitoring response to treatment

$\% \Delta[t\text{Cho}]_{24} = -20\%$ ,  $\% \Delta\text{LD}_f = -58\%$



- 13/16 patients
- AC x4 PST
- MRS 4T
  - Pre
  - Post: 24 hr, x4 cycles
- Clin Resp after AC x4
  - 8/13 R, 5/13 NR

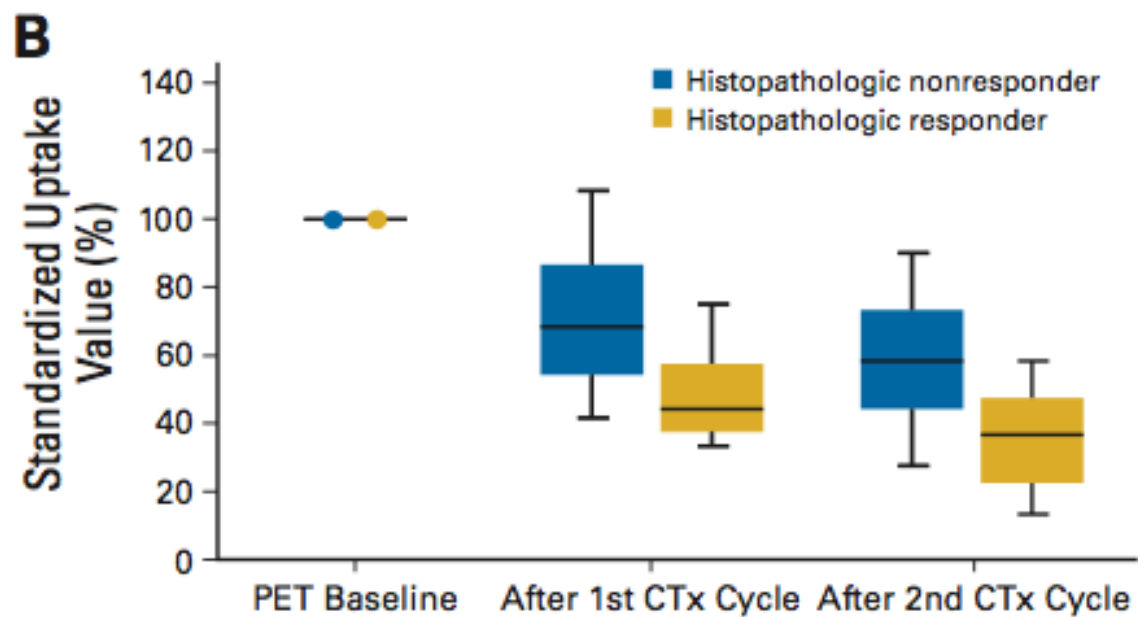
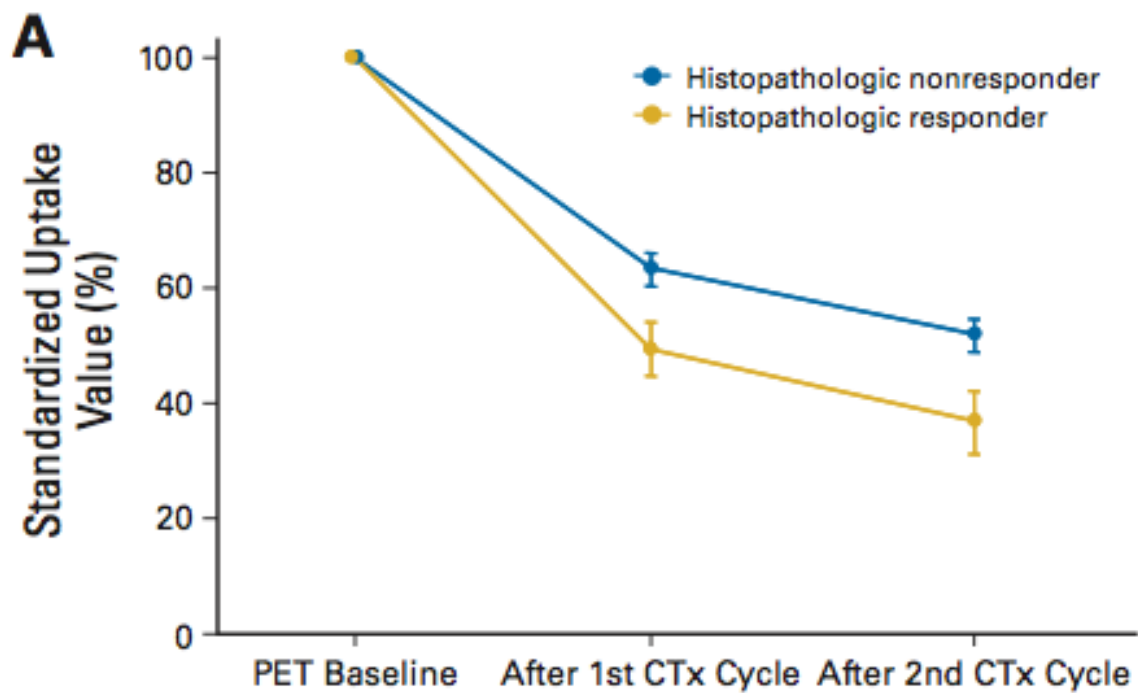
**Change in tCho at 24 hrs  
predictive of response**

# FDG PET to assess response in NAC

- No established definition of pathological response
- No established optimal SUV threshold

Study	No. of breast cancers	No. of cycles of NAC	Timing of PET scans	Definition of pathological response	Optimal SUV threshold
Schelling; JCO, 2000	24	3-4	After 1 <sup>st</sup> or 2 <sup>nd</sup> cycle	pCR or residual small foci of tumour cells	55%
Smith; JCO, 2000	30	8	After 1 <sup>st</sup> , 4 <sup>th</sup> , 7 <sup>th</sup> cycles	Complete microscopic and Complete macroscopic response	Not determined
Rousseau; JCO, 2006	64	6	After 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 6 <sup>th</sup> cycles	>50% therapeutic effect	60%
Berriolo-Riedinger; Eur J Nucl Med Mol Imaging, 2007	47	4-6	After 1 <sup>st</sup> cycle	pCR	60%
McDermott; Breast cancer Res Treat, 2007	96	6-8	After 1 <sup>st</sup> , 3 <sup>rd</sup> or 4 <sup>th</sup> , final cycle	>90% reduction in cellularity	Various
Duch; Eur J Nucl Med Mol Imaging, 2009	50	4	After 2 <sup>nd</sup> cycle	pCR	40%
Kumar; Eur Radiol, 2009	23	6	After 2 <sup>nd</sup> cycle	pCR	50%
Schwarz-Dose; JCO, 2009	104	4-6	After 1 <sup>st</sup> and 2 <sup>nd</sup> cycles	pCR or residual small foci of tumour cells	45% after 1 <sup>st</sup> cycle, 55% after 2 <sup>nd</sup> cycle
Martoni; Cancer, 2010	34	6-8	After 2 <sup>nd</sup> , 4 <sup>th</sup> , final cycles	>90% reduction in cellularity	50%
Hatt; Journal Nucl Med, 2013	51	8	After 2 <sup>nd</sup> cycle	pCR or >50% therapeutic response	48%
Zucchini; European Journal Cancer, 2013	60	6-8	After 2 cycles	Uncertain	50%





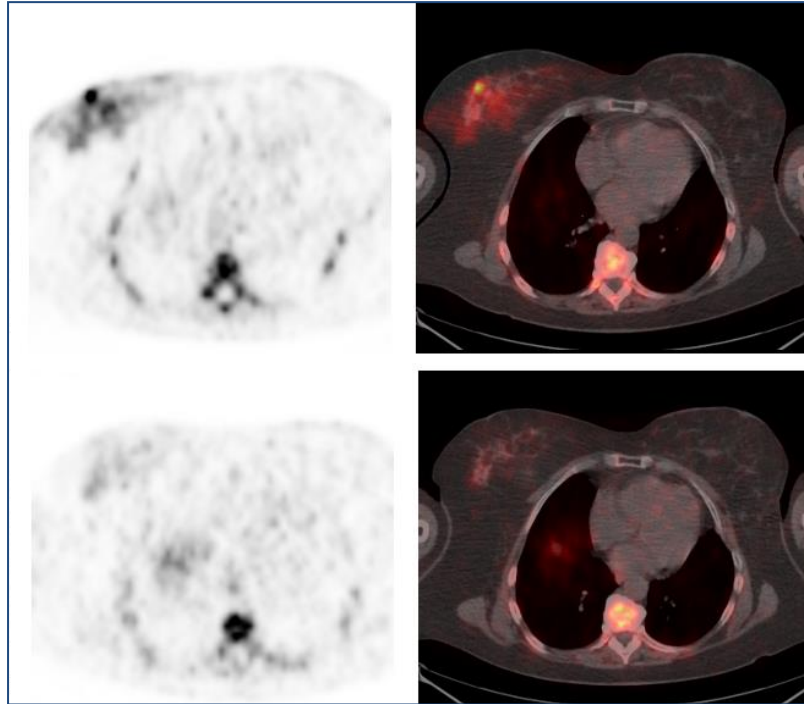
# FLT-PET as an early biomarker of response to NAC

Thymidine analogue

Uptake is related to activity of thymidine kinase 1 enzyme (high in proliferating cells)

Neoadjuvant study at MVCC (n=20)

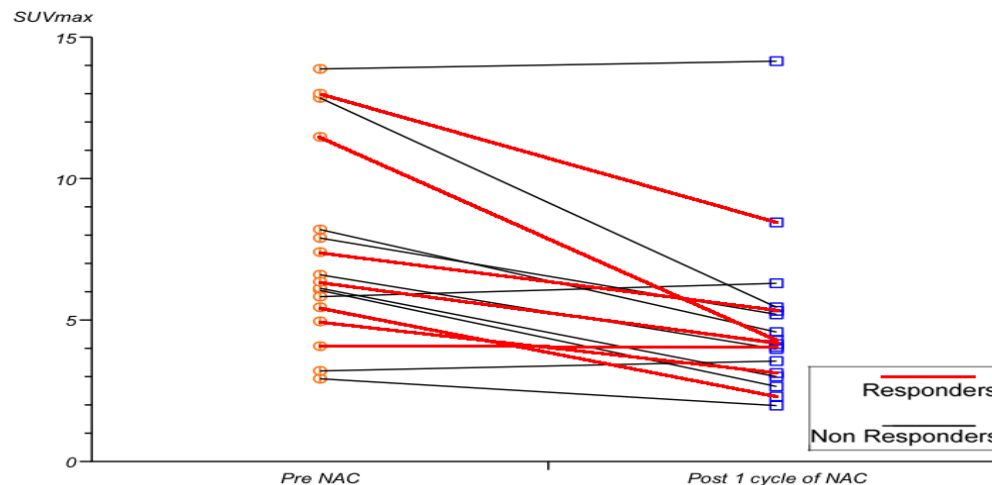
-baseline FLT-PET scan  
-repeat 2 weeks post-NAC



**At the 2-week scan, there is an early reduction in FLT uptake with little morphological change.**

# FLT PET-CT as a biomarker of proliferation

- Ki-67 measured at baseline
- Ki-67 was correlated with baseline  $SUV_{max}$  (  $p=0.006$  )
- $Mean_{SUV}$  7.3 pre, 4.6 post chemo
- 3/20 did not have a drop in SUV
- $\Delta SUV$  did not predict path response



# FDG PET does not identify residual disease post NAC

- N=10 with 'good clinical response' (after FEC x 6)
- FDG PET post-NAC/pre-surgery and compared to histology
- No patient had uptake in the primary breast ca
- 9/10 patients had residual invasive carcinoma ranging from 2 – 20mm

# Challenges of imaging in assessing response to NAC

- Most studies tend to be non-randomised, single institution with <100 patients
- Expensive and evolving technology
  - Not widely available
  - Techniques not standardised
  - timing of repeat scanning unknown
    - may be different for different modalities, treatments, sub-types
- Neoadjuvant therapy not standardized
- Endpoints used may (e.g., pCR, clinical response) may be surrogates for DFS/OS

# Conclusions

- Multi-modality imaging in an MDT setting is an essential part of neoadjuvant therapy
- MRI is a good predictor of residual disease but less so for predicting pCR
- Functional/Molecular Imaging techniques yield data that reflect
  - biochemical, molecular, cellular processes
  - can be co-registered onto anatomical images
- Changes in tumour metabolism, proliferation and vascularity precede changes in tumour size
- Standardised imaging should be incorporated into future neo-adjuvant trials