

# **What do local ablative treatments contribute**

**T.J.M. Ruers**

**Dept Surgery**

**The Netherlands Cancer Institute**

**Amsterdam**

**NKI-AVL**

Het Nederlands Kanker Instituut  
Antoni van Leeuwenhoek Ziekenhuis



# **COCHRANE analysis 2012**

## Objective

To systematically review the role of radiofrequency ablation (RFA) in the treatment of CRLM

## Conclusion:

- Out of 18 studies, only 1 single RCT could be identified (EORTC/CLOCC)
- This study showed that PFS was significantly higher in the group that received RFA.

# Interpretation of results

	pts	Indication Unresectable disease	number of lesions per pt	Median follow up	Survival
Solbiati Eur J Ultrasound	117	< 4 lesions < 4cm	1.5	24 mo	1 yr 93% 2 yr 69%
Bleicher Ann Surg Oncol	153	1-13 lesions 1-13cm (2.5)	2.9	11 mo	1 yr 61%
Pawlik Ann Surg Oncol	172	2 - 21 lesions 1 – 12 cm	3	21 mo	1 yr 92% 2 yr 72%
Abdalla Ann Surg	57	1-8 lesions 2.5 cm	1	21 mo	2 yr 50% 3yr 38%
Berber J Clin Oncol	135	1-8 lesions 1 – 10 cm (4)	3.2	> 24 mo	2 yr 55% 3 yr 31%

## **Interpretation of results**

18 studies all retrospective or prospective controlled studies: median OS 11 - 40 months

# CLOCC Study: EORTC 40004



## Study design

**Patients with  
unresectable  
CRC liver  
metastases**

**R  
a  
n  
d  
o  
m  
i  
z  
e**

**RF + Systemic therapy  
± additional resection**

**Systemic therapy \***

\* Radical resection allowed if feasible upon downsizing

# CLOCC Study: EORTC 40004



## Aim

To assess

**Safety and efficacy of radiofrequency ablation in combination with systemic therapy in patients with unresectable colorectal liver metastases.**

# CLOCC Study: EORTC 40004



## Randomized Phase II trial

### Primary objective:

To demonstrate a 30-months OS > 38% in the RF + systemic therapy arm

### Secondary objectives:

PFS, OS, Safety, QoL

### Sample size:

152 patients (2 x 76)

### Study period:

April 2002 - June 2007

# CLOCC Study: EORTC 40004



## Patient characteristics (N=119)

		RF + Chemo (N=60)	Chemo (N=59)
<i>Age Median</i>		64 (31 - 79)	61(38 - 79)
<i>Sex Male</i>		37 (61.7%)	42 (71.2%)
<i>Number of liver lesions</i>	<i>Median</i>	4.0	5.0
	1	25%	21.5%
	2-5	48.3%	49.1%
	6-9	26.6%	38.9%
<i>Metachronous liver metastases</i>		37 (61.7%)	31 (52.5%)
<i>Prior chemotherapy for metastatic disease</i>		9 (15.0%)	8 (13.6%)
<i>WHO performance PS 0-1</i>	<b>PS 0</b>	47 (78.3%)	47 (79.7%)

# CLOCC Study: EORTC 40004



## Postoperative complications + toxicity

	<i>RF + Chemo n=57</i>	<i>Chemo n=59</i>
<b><i>Post-operative</i></b>		
Mortality	1 (1.8%)	
Cardiac failure or infarction	3 (5.3%)	
Hemorrhage	2 (3.5%)	
Infection (wound / abscess)	6 (10.5%)	
<b><i>During chemotherapy</i></b>		
Gr 3-4 Neutropenia	14 (27.5%)	12 (20.3%)
Gr 3-4 cardiotoxicity	5 (9.8%)	1 (1.7%)
Gr 3-4 diarrhea	10 (19.6%)	10 (16.9%)
Gr 3 neuropathy (no grade 4)	9 (17.6%)	8 (13.6%)

# CLOCC Study: EORTC 40004



**Primary objective:  
30-months Overall Survival**

Treatment	Patients (N)	Observed Events (O)	Hazard Ratio (95% CI)	P-Value (Log-Rank)	Median (95% CI) (Years)	% at 30 months (95% CI)
<b>Chemo</b>	59	39	1.00	0.2176	3.38 (2.46, 4.18)	58.56 (44.82, 69.99)
<b>RF +Chemo</b>	60	31	0.74 (0.46, 1.19)		3.78 (2.76, N)	63.83 (50.10, 74.71)

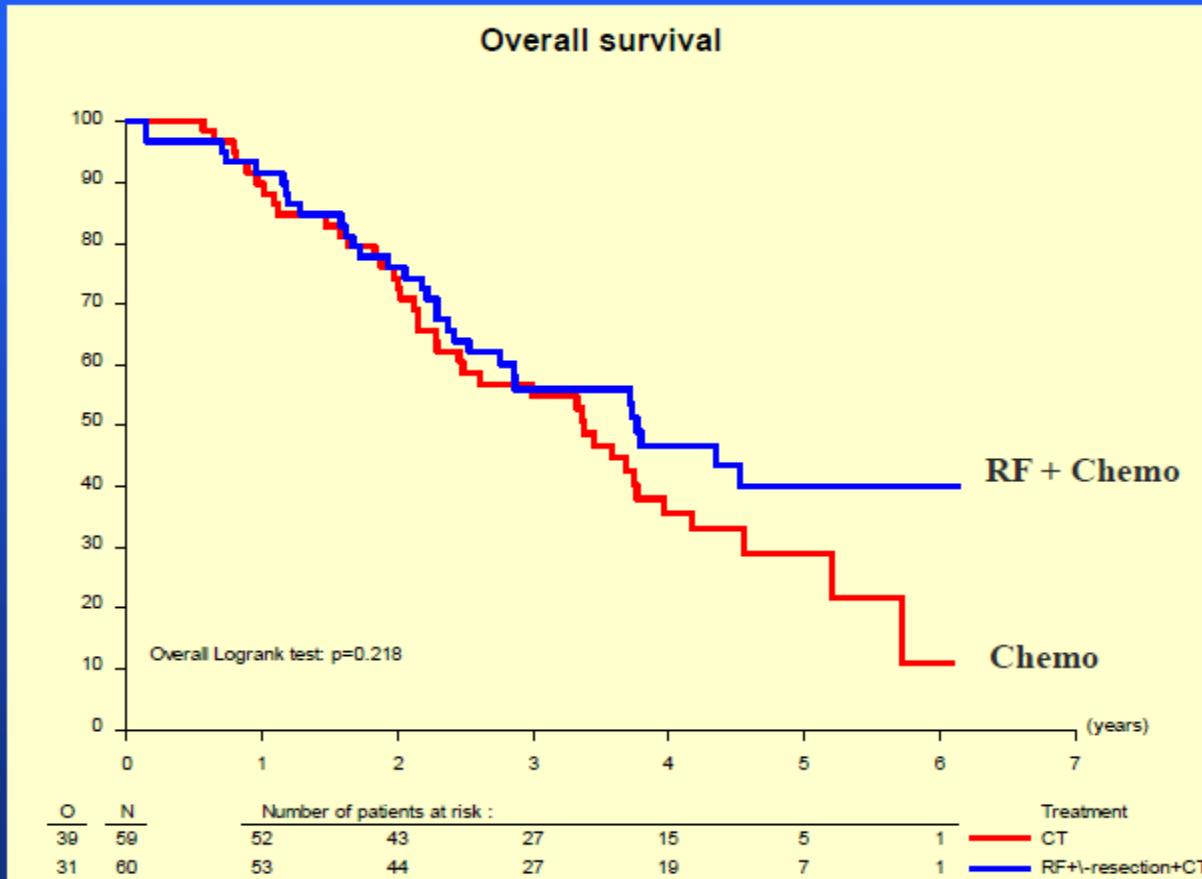
*Primary objective: 30-months OS in RF + Chemo >38%*

*Median follow up time 4.4 years (equal in both arms)*

# CLOCC Study: EORTC 40004



## Overall Survival



# CLOCC Study: EORTC 40004



**Secondary objective:**  
**Progression free survival**

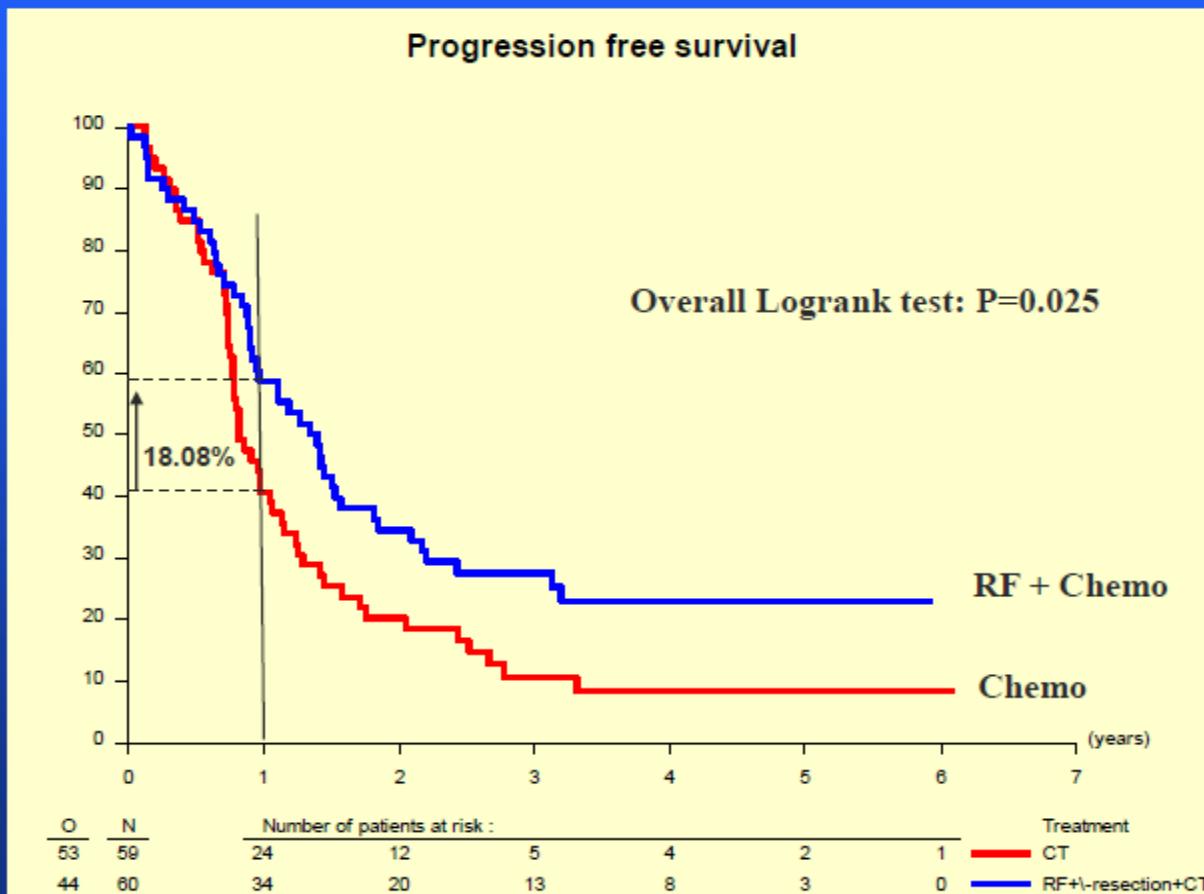
Treatment	Patients (N)	Observed Events (O)	Hazard Ratio (95% CI)	P-Value (Log-Rank)	Median (95% CI) (Months)	% at 3 Year(s) (95% CI)
<b>Chemo</b>	59	53	1.00	0.0249	9.92 (9.30, 13.67)	10.65 (4.22, 20.50)
<b>RF +Chemo</b>	60	44	0.63 (0.42, 0.95)		16.82 (11.66, 22.11)	27.65 (16.91, 39.47)

*Median follow up time 4.4 years*

# CLOCC Study: EORTC 40004



## Progression free survival



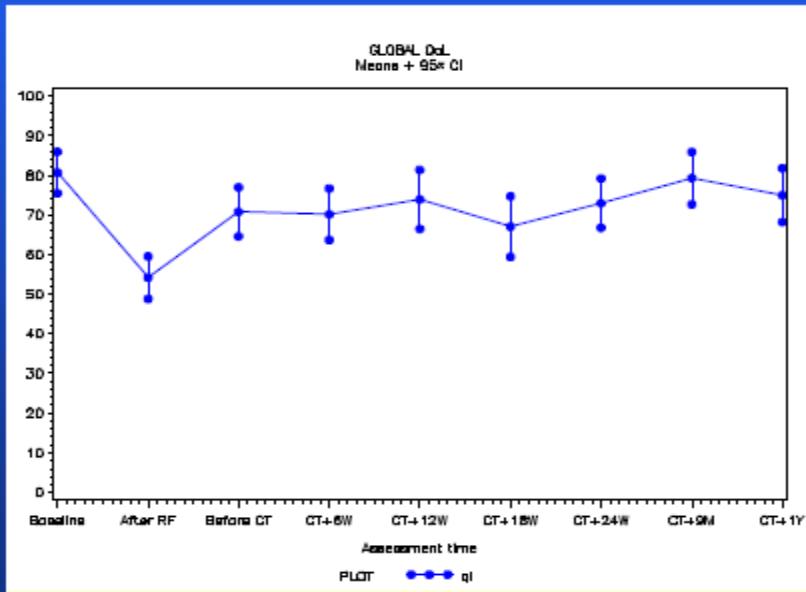
# CLOCC Study: EORTC 40004



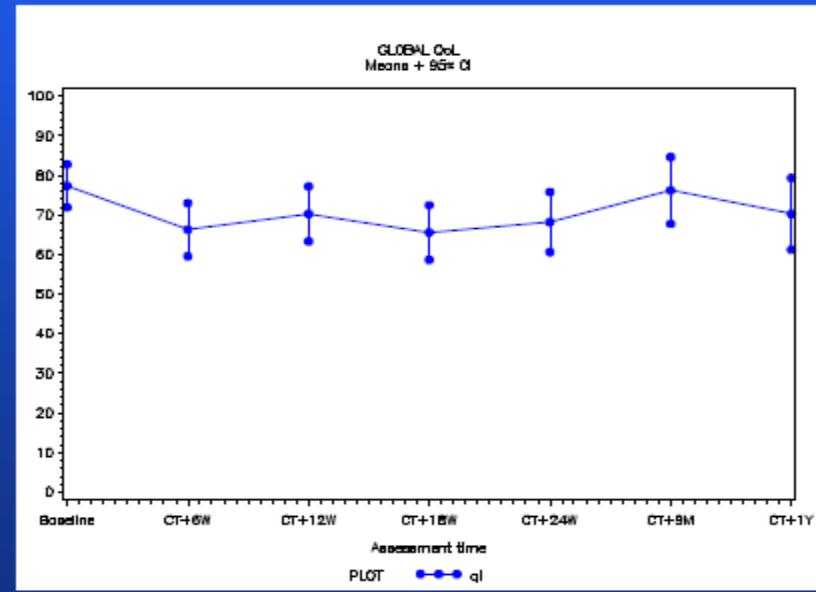
## Quality of Life (QoL)

### EORTC QLQ-C30: Global health status

*RF + Chemo*



*Chemo*



# CLOCC Study: EORTC 40004



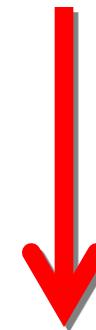
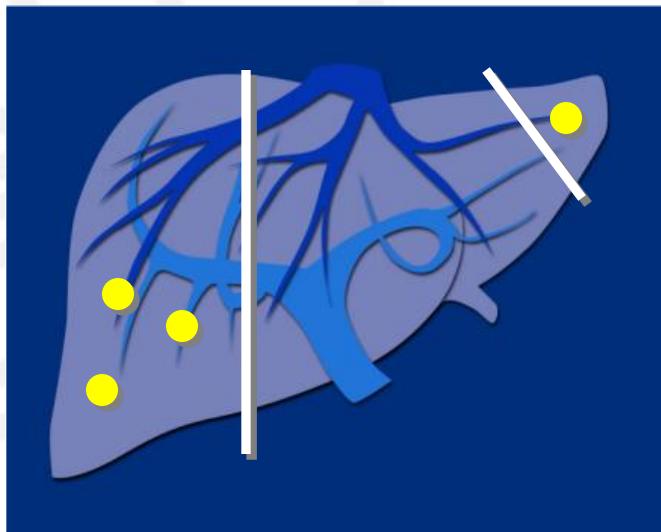
## Conclusions

- In patients with unresectable CRLM, RFA + systemic therapy is safe and significantly improves PFS compared to systemic therapy alone

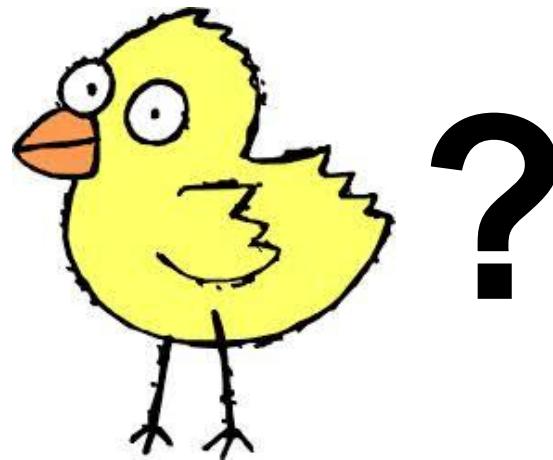
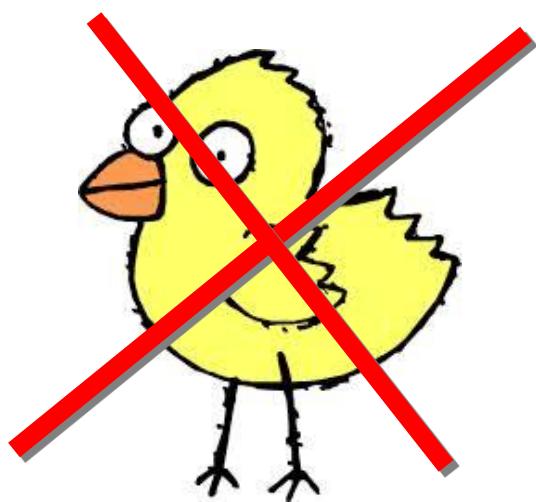
## **Definition resectability**

- When all macroscopic disease can be removed with clear (negative) margins
- While leaving sufficient functioning liver tissue

## Two clinical cases



Resection



# Route of RFA

<i>Procedure</i>	<i>n cases</i>	<i>n recurrences</i>	<i>% recurrences</i>	<i>P value</i>
<i>Open</i>	907	40	4.4%	$P < 0.001$
<i>laparoscopic</i>	515	30	5.8%	
<i>percutaneous</i>	3002	493	19%	

# Local recurrence after open RFA

- Lesions < 4 cm

<b>CLOCC study</b>	<i>RF performed (lesions N=170)</i>
Recurrence RF lesion	<b>11 (6.5%)</b>

# **Second EORTC study**

## **AIM OF SECOND STUDY**

To describe ...

- local tumour control after RFA and resection of CRLM
- for lesions  $\leq 4$  cm (max lesion size for RFA)
- in a controlled prospective setting

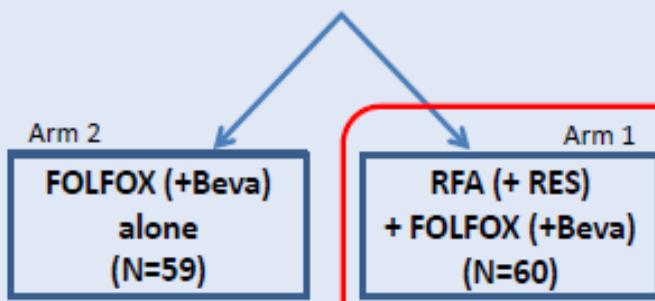
# EORTC TRIALS 40004 (CLOCC) AND 40983 (EPOC)

## CLOCC trial

### Unresectable CRLM

Max 10 lesions

Lesions size  $\leq 4\text{cm}$

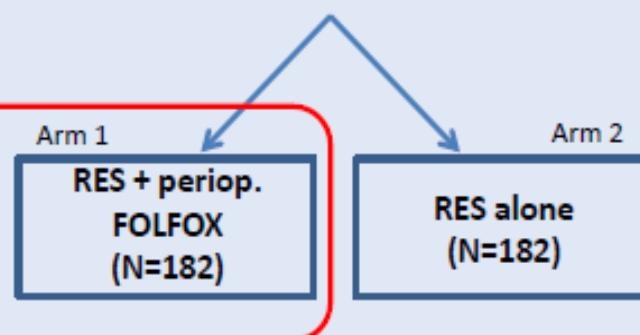


RFA 55 pts.

## EPOC trial

### Resectable CRLM

Max 4 lesions



RES 81 pts.

### Patient selection for this study:

- CLOCC arm 1 and EPOC arm 1
- Adequate local treatment
- Lesion size  $\leq 4\text{cm}$

## **ENDPOINT OF THIS STUDY**

Local recurrence rate on lesion basis after RFA and resection of CRLM

- LR was defined as tumor progression at site of resection / RFA
- All local liver recurrences were confirmed by the local investigator

# DEMOGRAPHY

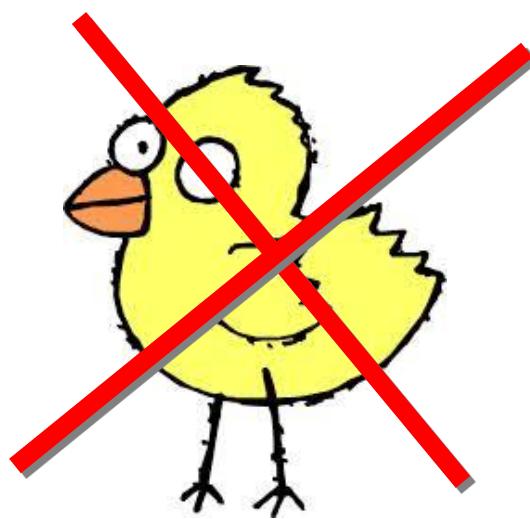
	RFA ( $\pm$ RES) - CLOCC (N=55)	RES - EPOC (N=81)
<b>Age (years) Median (Range)</b>	64 (39 – 79)	61 (29-77)
<b>Sex – male N (%)</b>	33 (60.0)	58 (71.6%)
<b>ECOG/WHO performance status N (%)</b>		
0	42 (76.4)	61 (75.3%)
1	13 (23.6)	20 (24.7%)
<b>Metachronous liver metastases N (%)</b>	35 (63.6%)	55 (67.9%)
<b>Time to liver metastasis (days) Median (Range)</b>	300 (28-1802)	373 (0 - 2837)
<b>Number metastases Median (Range)</b>	 <span style="color: red;">4 (1-9)</span> <span style="color: red;">1 (1-4)</span>	
1-3	27 (49.1%)	74 (91.4 %)
$\geq 4$	28 (50.9%)	7 (8.6%)
<b>Diameter largest metastases at baseline (cm) Median (Range)</b>	3.0 (1.0-3.9)	2.8 (0.5-4.0)
<b>Lesions</b>	<b>167 RFA</b>	<b>110 resected</b>

# DISEASE PROGRESSION

First progressions	RFA-CLOCC (N=55)	RES-EPOC (N=81)
<u>Recurrences</u>	38 (69.1%)	48 (59.3%)
Local recurrence per patient		
- Per patient	8 (14.5%)	6 (7.4%)
- Per lesion	10/167 (6.0%)	6/110 (5.5%)
Non-local liver recurrence	17 (30.9%)	18 (22.3%)

## IN SUMMARY

- During open RFA local recurrence rate on a lesion basis is similar between RFA and Resection



# **What do local ablative treatments contribute**

## **EORTC CLOCC Study**

- In pt with unresectable CRLM local ablation by RFA results in prolongation of PFS of 7 months

## **Consequences**

- In patients with unresectable CRLM local tumor ablation should be considered