

# Patient interaction with multidisciplinary teams

## The expert's perspective

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## Who is the expert?

- We are all experts in the team...
- Let's talk about the physician's perspective
- The perspective from a Medical Oncologist

# The former traditional role of an oncologist in the MDT

- Male
- “Old & Wise”
- All-knowing
- ..Dominant



- Highly respected or highly feared by patients

# But the patients ask for new roles

- Emancipation by patients; want to be heard, want to communicate..
- Emancipation in the field of medical oncologists: many of them female, part-time working
- Empathetic
- Being more connective , better informed..

**Talking about the interaction of patients in MDT  
means knowing the perspective of patients:  
what do they want?**



# How do we know how the patients want to interact, when and on which topics?

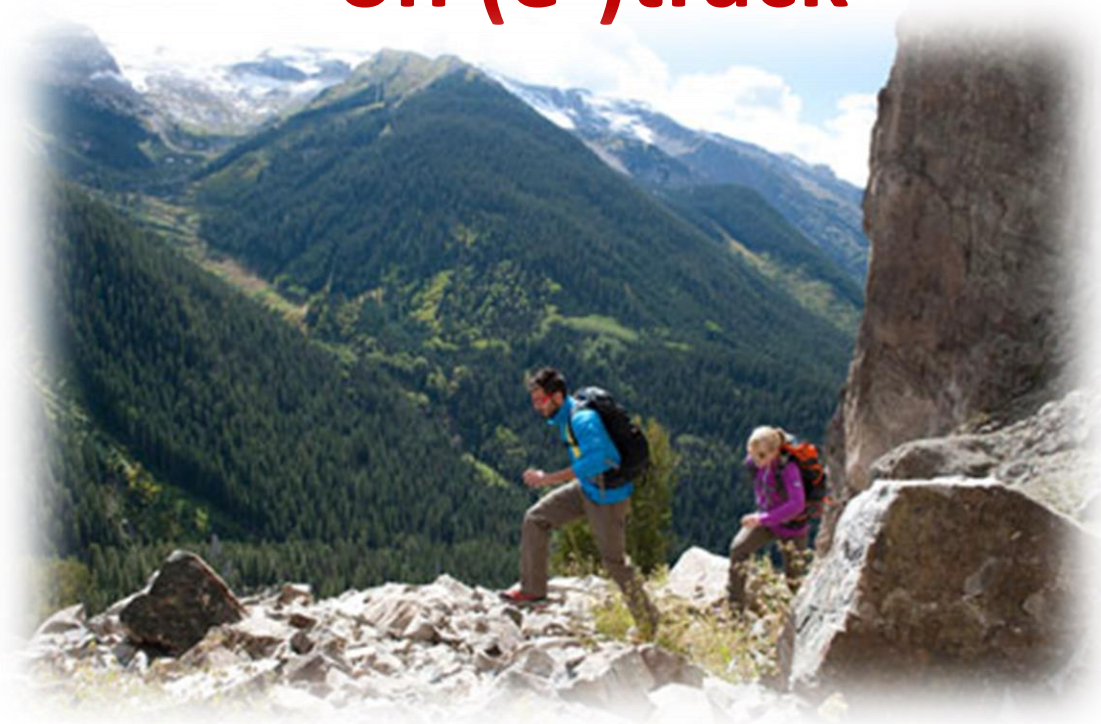


# It all starts with listening





**..and realize that the new patients are  
on (e-)track**





**“Please guide me through the bunch of information  
to the road which fits best to me”**



# An **example** of a new kind of patient interaction in an MDT

The Radboud, now **Dutch AYA platform**

For

**A**dolescents and **Y**oung **A**dult diagnosed with cancer at the age of 18-35 years

# It all started with listening



# What did the patients ask for to start with?

- A place for AYA pts themselves in the big hospital
- An AYA out patient clinic
- A better way of communication between patients

# The role of the medical oncologist here?

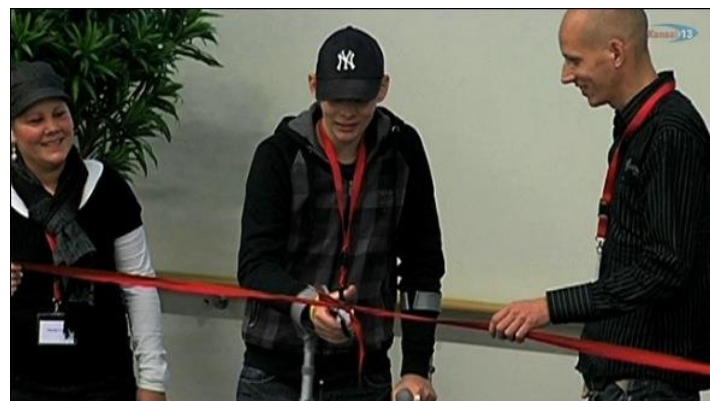
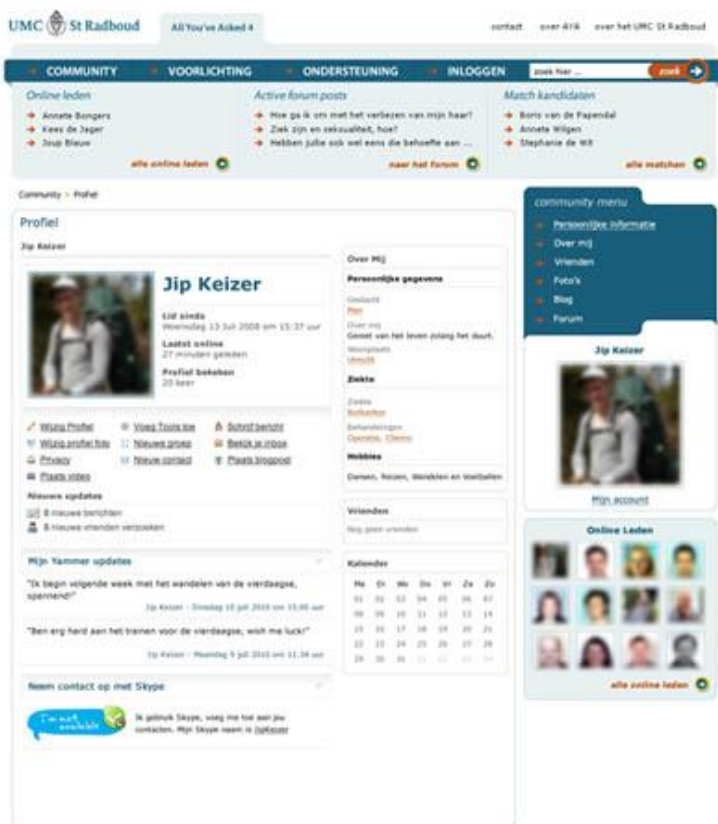
- To FACILITATE
- TO LISTEN, TO ADAPT PROCESSES
- TO FIND THE RIGHT PEOPLE

# We started an out patient clinic for AYA age related aspects of the disease





# With input from patients the digital protected AYA4 community was initiated





## We built an **AYA taskforce**

- With 4 patients, representing their group
- Medical specialists: orthopedic surgeon, urologist, surgeon, medical oncologist, (fertility-)gynaecologist,
- Experts nurses from hematology, medical oncology
- Social worker and psychologist
- AYA program leader
- Technical chair: senior HRM staff member from concern staff

***INVOLVE THE WHOLE HOSPITAL.... SET THE SCENE***



# A hospital-wide integrated and AYA-centered care concept



MAD  
2014



MO

congress

“The food should be improved”;  
is the doctor responsible?



A positive advice could help getting things done..







# The MDT is a team of allied forces

- Alliance with others medical specialists & health workers
- Allied with the patients and their families
- The specialist is the keyplayer in creating opportunities for innovations
- The AYA platform concept is applicable to all patient groups in oncology



**Patients interaction in a multidisciplinary  
team: YES**

**Sit together, listen, facilitate and (inter)act!**

