

ESMO Clinical Practice Guidelines

ESMO Congress

Sunday 28th September, 2014

What are Clinical Practice Guidelines?

Systematically developed evidence-based statements aiming:

1. To assist **practitioners** in appropriate clinical decision-making (best clinical practice)
2. To improve quality of healthcare and outcomes for **patients**
3. To influence **national policies** for efficient allocation of resources and for better delivery systems

History & Evolution of ESMO Guidelines

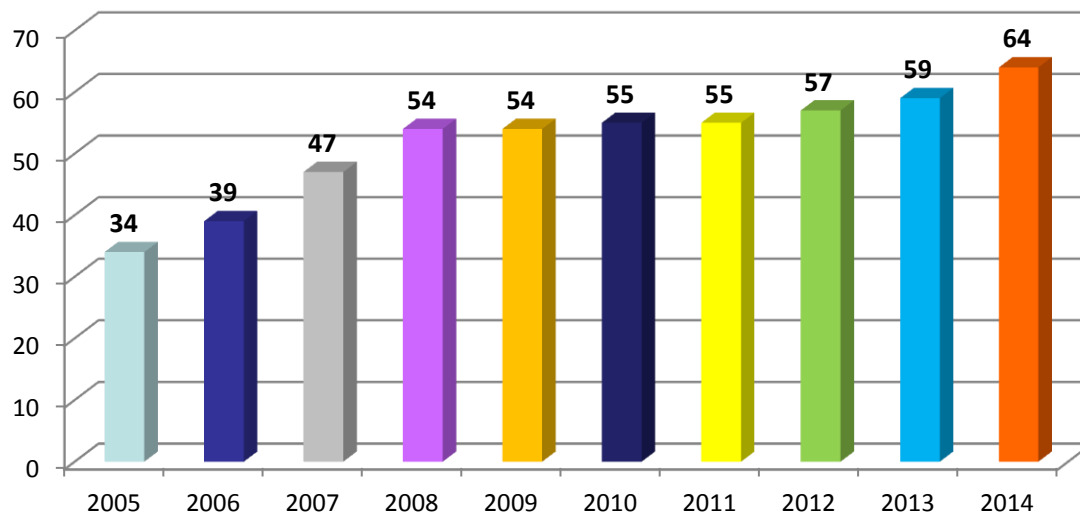
- ESMO first began to work on the development of guidelines in 1999 in order to help define the minimum standards of medical oncology practice for Eastern European countries.
- From 2001-2005 the **ESMO Minimum Clinical Recommendations** were published.
- In 2006 ESMO started to produce the **ESMO Clinical Recommendations** addressing a wider audience.
- In 2007 the **Consensus Conference derived guidelines** were established.
- Since 2010 they are called **ESMO Clinical Practice Guidelines**.
- The ESMO Guidelines Committee continue to strive for improvement of ESMO Guidelines with each new publication

What kind of guidelines?

The Clinical Practice Guidelines

- Average number of pages (2014): 9.5
- Evidence based
- Disease or topic oriented
- Available on the ESMO website
- Only those requiring update are published in Annals of Oncology

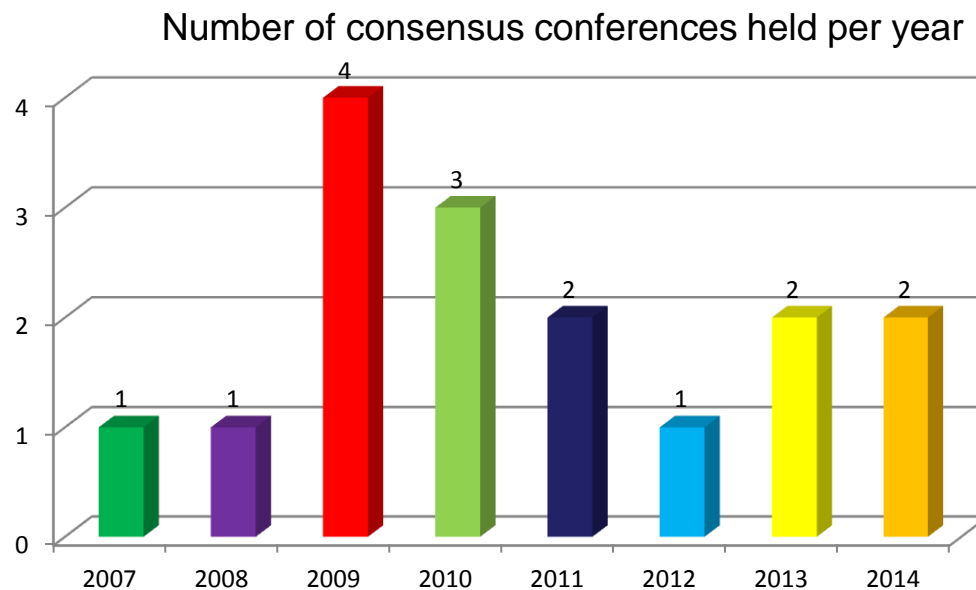
Number of ESMO Clinical Practice Guidelines



What kind of guidelines?

Consensus Conference Derived Guidelines

- To address pre-selected questions to 30-40 multidisciplinary experts on specific tumour types
- 1-2 days meeting
- Funded by ESMO or other professional networks
- Update every 2-5 years
- Published in Annals of Oncology



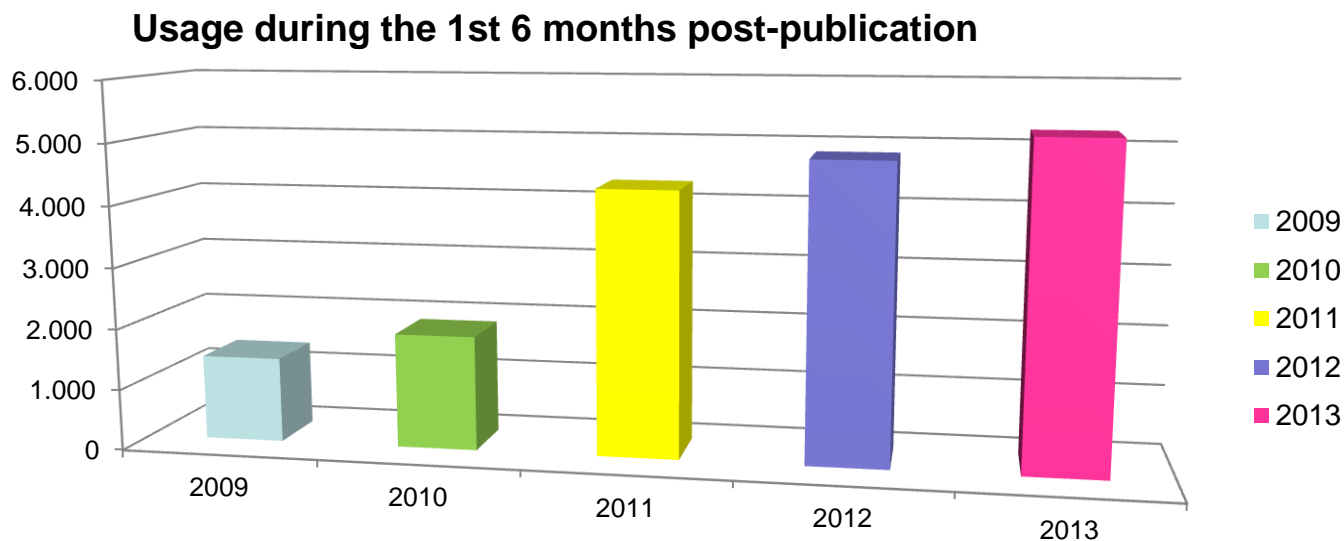
Dissemination and promotion

- Available:
 - In an annual supplement of Annals of Oncology
 - On the ESMO website (www.esmo.org)
 - On the OncologyPRO website (oncologypro.org)
- Translated:
 - Through Oxford University Press
 - In collaboration with National Cancer Societies
- Presented:
 - During Guidelines Interactive Sessions (every year since 2002).
 - To audiences of up to 3200 attendees.

ESMO CPG: overall download figures

Downloads within first 6 months post publication

	Total	Average per manuscript
2009 (54 manuscripts)	76717	1395
2010 (55 manuscripts)	103468	1881
2011 (13 manuscripts)	56220	4325
2012 (21 manuscripts)	101750	4845
2013 (20 manuscripts)	104783	5239



Supplement 2014: 16CPG

- Gastrointestinal tumours
 - Anal cancer *
 - Metastatic colorectal cancer *
 - Gastrointestinal stromal tumours
- Lung cancer
 - Metastatic non-small-cell lung cancer (NSCLC) *
- Urogenital tumours
 - Bladder cancer*
 - Renal cell carcinoma
- Haematological malignancies
 - Myelodysplastic syndromes * **NEW**
 - Hodgkin's lymphoma *
 - Follicular lymphoma *
 - Mantle cell lymphoma **NEW**
- CNS malignancies
 - High-grade glioma *
- Sarcomas
 - Soft tissue sarcomas
 - Bone sarcomas
- Supportive and palliative care
 - Bone health in cancer patients * **NEW**
 - Advanced care planning **NEW**
 - Management of refractory symptoms at the end of life and palliative sedation **NEW**

*Published individually on-line ahead of print

For all other existing titles published versions are considered current and remain available online

Pocket Guidelines

- 2011 – 1 pocket guideline (Lung Cancer)
- 2012 – 6 pocket guidelines:



- 2013 – 7 pocket guidelines:



Pocket Guidelines - 2014

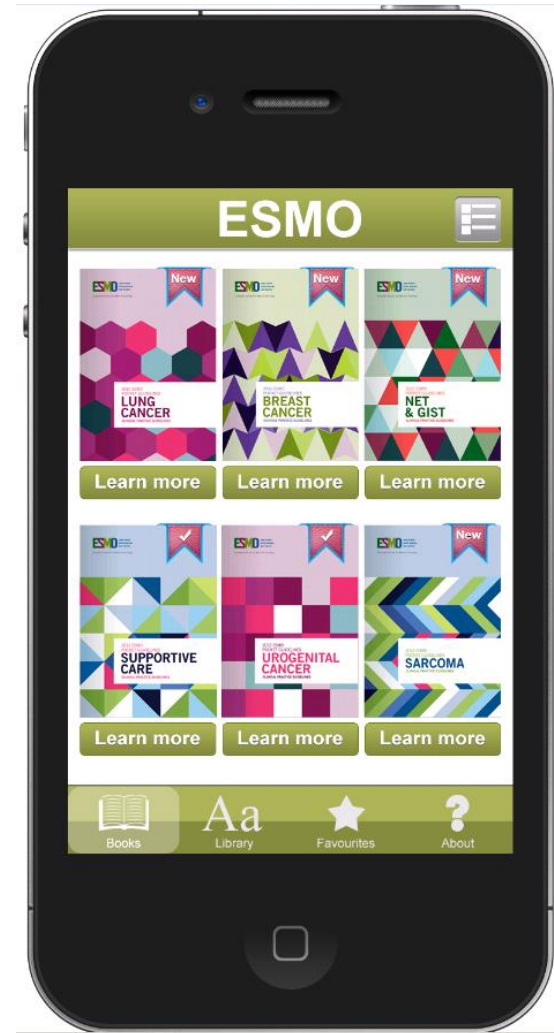
- In 2014 we have again expanded the range of pocket guidelines which now include – updated/new titles include:
 - Breast Cancer
 - Lung Cancer
 - Urogenital Cancer
 - Upper GI Cancers
 - Lower GI Cancers
 - Supportive Care
 - Sarcoma & GIST
 - Lymphomas
 - Bone Health

- 2013 titles are still valid for Gynaecological Malignancies and Head & Neck



ESMO Guidelines app

- All of the latest pocket guidelines are now available on the ESMO Guidelines app
- The app also includes the ESMO Guides for Patients – several languages are available
- Available from iTunes and GooglePlay



Guides for Patients* based on ESMO Clinical Practice Guidelines, prepared in a format your patients can easily understand

*in collaboration with the Anticancer Fund

- The main goal of the project is to constantly help patients and their relatives to better understand the nature of different types of cancer and appreciate the best available treatment choices.
- Patient guides are available in different languages (English, Dutch, French, Spanish). Other languages are available for some titles..
- Download from www.esmo.org or www.anticancerfund.org
- **Online:** AML, bladder cancer, breast cancer, cervical cancer, CML, colorectal cancer, endometrial cancer, liver cancer, melanoma, non-small-cell lung cancer, oesophageal cancer, ovarian cancer, pancreatic cancer, prostate cancer, and stomach cancer
- Coming soon: Follicular lymphoma, Glioma, Head & Neck cancer, Soft-tissue sarcoma

THANK YOU

NEW GUIDELINES NOW AVAILABLE

PICK UP THE **2014 POCKET GUIDELINES** HERE:



Breast Cancer Celgene, Booth 129

Bone Health Amgen, Booth 134

Lower GI Cancers Bayer, Booth 138

Lung Cancer Lilly Oncology, Booth 131

Lymphomas Lymphomas, Takeda Booth 132

Sarcoma and GIST PharmaMar, Booth 137

Supportive Care ESMO, Booth S1

Upper GI Cancers Lilly Oncology, Booth 131

Urogenital Cancer Bayer, Booth 138

Gynaecological Malignancies (2013) PharmaMar, Booth 137

2014 ESMO CLINICAL PRACTICE GUIDELINES FROM THE ESMO BOOTH - S1