What are Clinical Practice Guidelines?

Systematically developed evidence-based statements aiming:

1. To assist practitioners in appropriate clinical decision-making (best clinical practice)

2. To improve quality of healthcare and outcomes for patients

3. To influence national policies for efficient allocation of resources and for better delivery systems
ESMO first began to work on the development of guidelines in 1999 in order to help define the minimum standards of medical oncology practice for Eastern European countries.

From 2001-2005 the ESMO Minimum Clinical Recommendations were published.

In 2006 ESMO started to produce the ESMO Clinical Recommendations addressing a wider audience.

In 2007 the Consensus Conference derived guidelines were established.

Since 2010 they are called ESMO Clinical Practice Guidelines.

The ESMO Guidelines Committee continue to strive for improvement of ESMO Guidelines with each new publication.
What kind of guidelines?

The Clinical Practice Guidelines

- Average number of pages (2014): 9.5
- Evidence based
- Disease or topic oriented
- Available on the ESMO website
- Only those requiring update are published in Annals of Oncology
Consensus Conference Derived Guidelines

- To address pre-selected questions to 30-40 multidisciplinary experts on specific tumour types
- 1-2 days meeting
- Funded by ESMO or other professional networks
- Update every 2-5 years
- Published in Annals of Oncology

What kind of guidelines?

Number of consensus conferences held per year
Dissemination and promotion

- Available:
  - In an annual supplement of Annals of Oncology
  - On the ESMO website (www.esmo.org)
  - On the OncologyPRO website (oncologypro.org)

- Translated:
  - Through Oxford University Press
  - In collaboration with National Cancer Societies

- Presented:
  - During Guidelines Interactive Sessions (every year since 2002).
  - To audiences of up to 3200 attendees.
## ESMO CPG: overall download figures

### Downloads within first 6 months post publication

<table>
<thead>
<tr>
<th>Year</th>
<th>Total</th>
<th>Average per manuscript</th>
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<tbody>
<tr>
<td>2009 (54 manuscripts)</td>
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<td>1395</td>
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<tr>
<td>2010 (55 manuscripts)</td>
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<td>2013 (20 manuscripts)</td>
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### Usage during the 1st 6 months post-publication

![Chart showing usage over years](chart.png)
Supplement 2014: 16CPG

- Gastrointestinal tumours
  - Anal cancer *
  - Metastatic colorectal cancer *
  - Gastrointestinal stromal tumours

- Lung cancer
  - Metastatic non-small-cell lung cancer (NSCLC) *

- Urogenital tumours
  - Bladder cancer *
  - Renal cell carcinoma

- Haematological malignancies
  - Myelodysplastic syndromes * NEW
  - Hodgkin’s lymphoma *
  - Follicular lymphoma *
  - Mantle cell lymphoma NEW

- CNS malignancies
  - High-grade glioma *

- Sarcomas
  - Soft tissue sarcomas
  - Bone sarcomas

- Supportive and palliative care
  - Bone health in cancer patients *
  - Advanced care planning NEW
  - Management of refractory symptoms at the end of life and palliative sedation NEW

*Published individually on-line ahead of print
For all other existing titles published versions are considered current and remain available online
Pocket Guidelines

- 2011 – 1 pocket guideline (Lung Cancer)
- 2012 - 6 pocket guidelines:
- 2013 – 7 pocket guidelines:
In 2014 we have again expanded the range of pocket guidelines which now include – updated/new titles include:

- Breast Cancer
- Lung Cancer
- Urogenital Cancer
- Upper GI Cancers
- Lower GI Cancers
- Supportive Care
- Sarcoma & GIST
- Lymphomas
- Bone Health

2013 titles are still valid for Gynaecological Malignancies and Head & Neck
All of the latest pocket guidelines are now available on the ESMO Guidelines app.

The app also includes the ESMO Guides for Patients – several languages are available.

Available from iTunes and GooglePlay.
Guides for Patients based on ESMO Clinical Practice Guidelines, prepared in a format your patients can easily understand

*in collaboration with the Anticancer Fund

- The main goal of the project is to constantly help patients and their relatives to better understand the nature of different types of cancer and appreciate the best available treatment choices.

- Patient guides are available in different languages (English, Dutch, French, Spanish). Other languages are available for some titles.

- Download from www.esmo.org or www.anticancerfund.org

- Online: AML, bladder cancer, breast cancer, cervical cancer, CML, colorectal cancer, endometrial cancer, liver cancer, melanoma, non-small-cell lung cancer, oesophageal cancer, ovarian cancer, pancreatic cancer, prostate cancer, and stomach cancer

- Coming soon: Follicular lymphoma, Glioma, Head & Neck cancer, Soft-tissue sarcoma
THANK YOU

NEW GUIDELINES NOW AVAILABLE

PICK UP THE 2014 POCKET GUIDELINES HERE:

- Breast Cancer: Celgene, Booth 129
- Bone Health: Amgen, Booth 134
- Lower GI Cancers: Bayer, Booth 138
- Lung Cancer: Lilly Oncology, Booth 131
- Lymphomas: Lymphomas, Takeda Booth 132
- Sarcoma and GIST: PharmaMar, Booth 137
- Supportive Care: ESMO, Booth S1
- Upper GI Cancers: Lilly Oncology, Booth 131
- Urogenital Cancer: Bayer, Booth 138
- Gynaecological Malignancies (2013): PharmaMar, Booth 137

2014 ESMO CLINICAL PRACTICE GUIDELINES FROM THE ESMO BOOTH - S1