### Accelerating drug development from bench to bedside

Young Oncologist Masterclass: Clinical trial protocol development

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## Disclosure slide

 I had a consultant/advisory role with Novartis, Janssen Cilag and Amgen.



Accelerating drug development from bench to bedside

- Reasons to believe in a successful strategy
- Examples of everything
- Challenges and unknown subjects
- Bench to Bedside and Bedside to Bench
- Conclusions



#### Accelerating drug development from bench to bedside

\* Reasons to believe in a successful strategy



#### **Chronology of Clinical Research**



#### Accelerating drug development from bench to bedside

8% of the tested products entering Phase I trials eventually cleared the hurdle of gaining FDA approval and entered the market.

✓ Fewer drug and biological submissions

 The development costs of these products reaching unprecedented levels



#### The Road of Discovery Key stages along the way to FDA approval



Barbara Dunn, Nature (2012)



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Barbara Dunn, Nature (2012)



#### **Translational Medicine**

should be bi-direccional

#### Industry

Design and produce agents, prognostic/diagnostic tests

#### Laboratory

"omics" analysis for target identification, Pre-clinical models Clinical samples analysis

## R Y

#### Clinic

Disease phenotype, Clinical Trials Samples collection



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# The Connectivity Map: a new tool for biomedical research

Justin Lamb (Nature 2007)

connecting a disease with a disease-modifying gene product and a chemical modulator of that protein



Figure 3 | **The Connectivity Map is a tool for the bench researcher.** The paths to showing that (a) an uncharacterized small molecule is a heat shock protein 90 (HSP90) inhibitor<sup>5</sup> and (b) sirolimus can reverse glucocorticoid resistance in acute lymphoblastic leukaemia<sup>6</sup> (see text for details) illustrate that the Connectivity Map (cmap) resource is best used in the context of a traditional research project. Indeed, its ultimate value relies on detailed experimental validation and follow-up.



#### Accelerating drug development from bench to bedside

\* Examples of everything









\* Hortobagyi, G. N. Trastuzumab in the treatment of breast cancer. *N. Engl. J. Med.* (2005).

#### **Examples of Delay**

### Genfitinib

## Response does not correlate with EGFR levels in the Tumor (IHC)





1-Paez JG; et al. Science 2004.

JOURNAL OF CLINICAL ONCOLOGY

Personalized Cancer Therapy With Selective Kinase Inhibitors: An Emerging Paradigm in Medical Oncology Ultan McDermott and Jeff Settleman



Biology: a transversal approach to different tumor histology



www.esmo2012.org

ALK: Anaplastic lynphoma kinase

#### Crizotinib: Pathway from Compound Identification to Discovery of ALK Target and Clinical Results

#### Crizotinib (PF-02341066) : Targeting the ALK fusion gene, a direct driver of oncogenesis



#### **Examples of Success**

### Tumor response to crizotinib (NSCLC) JCO; 2012



#### Crizotinib inhibits ALK; MET; ROS1(?)





#### ALK Inhibition for Non-Small Cell Lung Cancer: From Discovery to Therapy in Record Time

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#### Table 1. The Shortening Interval between Target Discovery and Effective New Cancer Treatments

Target	Year Target Discovered	Disease(s) and Proportions	Estimated Total # Pts Annually (US)	Drug(s)	Clinical Outcomes	Outcomes from Conventional Chemotherapy	Year Mutation- Targeted Treatment Documented
BCR-ABL	1960	CML (100%)	5,000	lmatinib Dasatinib Nilotinib	RR 90% 5y PFS 80% 5y OS 90%	RR 35% 5y OS 70%	2001
EGFR	1978	EGFR mutated NSCLC (10% of NSCLC)	17,000	Erlotinib Gefitinib	RR 75% Median PFS 11 mos Median OS 31 mos	RR 30% Median PFS 5 mos Median OS 24 mos	2004
KIT	1998	GIST	6,000	Imatinib	RR 55% Median PFS 27 mos Median OS 58 mos	RR 5% Median OS 20 mos	2002
BRAF	2002	V600E <i>BRAF</i> mutated melanoma (50% of melanoma)	34,000	PLX4032	RR 77% Median PFS 7 mos OS not yet determined	RR 10-20% PFS 1.5 mos OS 8 mos.	2010
ALK	2007	EML4-ALK NSCLC (5% of NSCLC)	8,500	Crizotinib	RR 55% 6 month PFS 70% OS not yet determined	RR 25% Median PFS 4-6 mos Median OS 12 mos	2010

ALK, anaplastic lymphoma kinase; CML, chronic myeloid leukemia; EGFR, epidermal growth factor receptor; GIST, gastrointestinal stromal tumor; NSCLC, non-small cell lung cancer; OS, overall survival; PFS, progression-free survival; RR, response rate; mos, months.



#### Accelerating drug development from bench to bedside

\* Challenges and unknown subjects



#### Limitations of pre-clinical models

<u>Limitations of *in vitro* experiments</u>: Cells were selected (ability to growth without stromal support)

<u>Limitations of *in vivo* models (Xenografts tumors)</u>: Human cancer cells interacting with non-human stromal cells (immunocompromised mice)

The fundamental bottleneck in drug discovery is not the validation of a target, but the validation of a disease model itself.



## Good correlation between the observed model disease phenotype and the human disease condition



MILESTONE 11 The road less travelled

Congruence between disease models and human disease is ultimately a question of ontology





#### **Biology-Driven Clinical Research**



"... each frequent cancer type could, in fact, be subdivided into several rare molecular diseases according to relevant oncogenic events." F. Andre et all JCO (2011)



#### biology-driven phase II trials\*



proof of mechanism

congress

2-

Speed drug

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\* F. Andre et all JCO (2011)

#### biology-driven phase II trials

✓ large panels of xenograft models for preclinical purposes



✓ robust bioassay
before starting a biology-driven phase II trial

- high throughput-technologies or dedicated bioassay for each molecular alteration
- specific expertise is required for the biologic interpretation of high-throughput technologies
- ✓ Easy access (distance) to phase 2 trials



#### Early phase clinical studies: can we do better?

#### Phase 0

Proof-of-concept trial: single doses of a new drug; early assessment of whether the molecular target of the drug is beeing inhibited (measuring pharmacodynamics end-points before and after drug administration)

#### Phase 1

Accelerated Titration Designs: permit within-patient dose escalation and use only one patient per dose level until grade 2 or greater toxicity is seen.

#### Phase 2

It is often undesirable to restrict entry to phase 2 trials based on what one thinks one knows about the drug target, at least in cases where this knowledge is uncertain...

Richard Simon Cancer Principles & Practice of Oncology; 9th Editon (2011)

#### Challenges of Tumor Behaviour

Genomic Heterogeneity Clonal Evolution Heterotypic Signaling Metastases Cascade Minimal Residual Disease Acquired Resistance Narrow Therapeutic Margin

#### **Host Variability**



#### How to integrate information-rich datasets In the discovery and validation of a <u>disease model ?</u>





#### Accelerating drug development from bench to bedside

\* Bench to bedside and Bedside to bench



**Translational drug investigators** 

#### preclinical and clinical groups

✓ Discovery biologists,

✓ Members of preclinical and clinical safety sciences,

✓ Clinical pharmacologists,

✓ Experimental medicine experts,

✓ Biomedical informatician,

✓ Epidemiologists



#### Bench to Bedside and Bedside to Bench

hypotheses derived from complex experimental models often simply do not translate to human pathology.

discovery-driven research should be promoted in the context of translational medicine and should be better referred to as "reality-driven" research

> direct human observation may direct to the study of hypotheses relevant to human reality

The Observational Art of Clinical Scientists



#### **Genetic Share: The Tumour and the Host**





Skin rash with anti-EGFR therapy Predicts anti-tumor response

What the host tell us about the success of the anti-tumor therapy (tumor biology)?



#### **Bone-Targeted Therapies**



Phase II multicentre study to assess saracatinib effects on bone markers in cancer patients with bone metastasis



Breast or prostate cancer Metastatic bone disease No prior exposure to bisphosphonates

Threshold level of bone resorption (urinary NTx ≥30 nmol BCE/mmol creatinine)



Open label, 4-week treatment period Stable hormonal therapy allowed; no concomitant chemotherapy Bone markers assessed at baseline and weeks 1, 2, and 4

**Endpoints** Serum **BCTx** Safety Serum: bALP, ICTP, PINP, TRAP5b; Urine: NTx/Cr, aaCTx/Cr Saracatinib steady-state PK Serum: PTH. tALP. calcium. phosphate, **RANKL/OPG** Pain PSA PK/PD **Exploratory biomarkers** & DNA

SoC, standard of care

\*Continuation of therapy beyond 4 weeks if clinical benefit



## $\begin{array}{l} \mbox{Resorption markers} \\ \mbox{Mean baseline scaled ratio (%) } \pm \mbox{SE} \end{array}$

#### Serum βCTx





#### Serum ICTP



www.esmo2012.org

\*Derived from the geometric least square estimate of the baseline scale ratio; ZA, zoledronic acid





#### In vitro evaluation of the anti-tumoral and anti-osteoclastogenic effect of combination schemes of zoledronic acid and saracatinib in breast cancer

Sandra Casimiro, Maria M. Coelho, Irina Alho, Luis Costa

**Clinical and Translational Oncology Research Unit** 

04.07.2012



- 1. Zoledronic acid (ZA) acts by leading to osteoclast apoptosis
- 2. ZA has anti-tumoral effect in vitro
- 3. Saracatinib (AZD0530) inhibits Src, an important player in osteoclastogenesis
- 4. ZAD0530 also has anti-tumoral effect in vitro
- 5. In a phase II trial, AZD0530 decreased ICTP (MMP-1 cleavage of type I collagen), hypothesizing an osteoclast-independent effect
- 6. The combination of ZA with AZD0530 may improve the antiresorptive therapy and have an increased anti-tumoral effect



#### AZD0530 decreases MMP-1 expression in vitro (MDA-MB-231)





## ZA+AZD0530 with increased effect in inhibition of osteoclastogenesis *in vitro* (RAW264.7)





#### Accelerating drug development from bench to bedside

\* Conclusions



Accelerating drug development from bench to bedside

"Translational research describes a <u>bi-directional</u> sharing

of knowledge and ideas by the scientific and clinical

disciplines to develop biomarkers that reliably select

the <u>mechanisms</u> that can lead to

breakthrough therapeutics"

Damian O'Connell and David Roblin; Drug Discovery Today (2006)



Thank you for your attention Luís Costa

> Translational research (Bidireccional)

Personalized Medicine Faster time to success

Accelerating drug development: from bench to bedside

Reductionist Science => Disease Model

Biology-Driven Clinical Research (Biomarkers)



### **Lisbon Academic Medical Center**



Integrate forefront scientific research with medical teaching, medical training and patient care

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