A randomized phase II study comparing erlotinib versus erlotinib with alternating chemotherapy in relapsed non-small cell lung cancer patients. The NVALT-10 study

Joachim G. Aerts, Henk Codrington, Nienke Lankheet, Sjaak Burgers, Bonne Biesma, Anne-Marie Dingemans, Andrew Vincent, Otilia Dalesio, Harry J.M. Groen, Egbert F. Smit,



on behalf of the NVALT Study Group

#### **Disclosure information**,

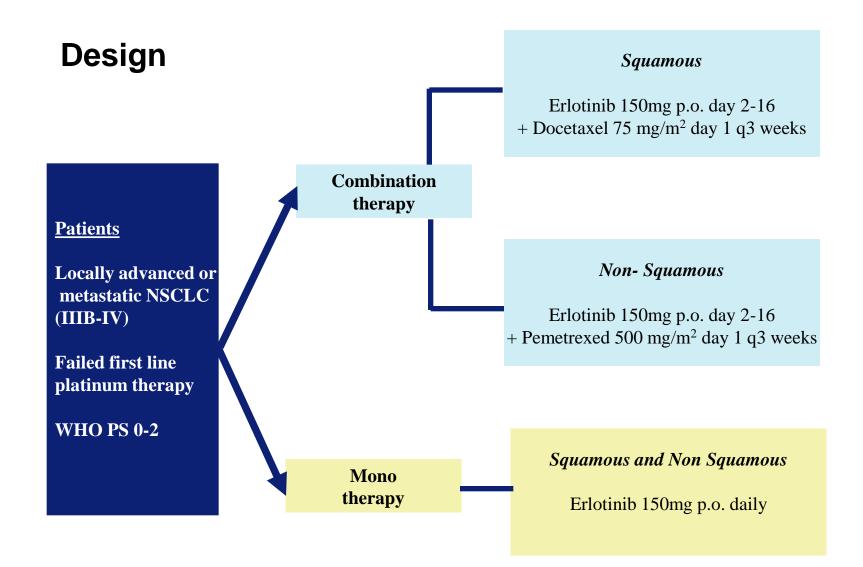
#### relations relevant to this session

- Consultant: Roche; Eli-Lilly
- Research funding: Roche, Eli-Lilly

#### **Background:**

- Pemetrexed, docetaxel and erlotinib are approved single agent treatments for advanced NSCLC after platinum therapy failure
- NVALT showed carboplatin pemetrexed combination therapy was superior to pemetrexed monotherapy in this setting<sup>1</sup>
- In preclinical models and exploratory trials pharmacodynamic separation EGFR-TKI and chemotherapy showed synergistic effects of both treatments<sup>2,3</sup>

<sup>1</sup>Smit EF et al , JCO 2010 <sup>2</sup>van Pawel J, ASCO 2011 <sup>3</sup>Giovanetti E, Mol Pharm, 2008



Chemotherapy planned 4 cycles Erlotinib until disease progression

# **Objectives**

Primary

 To compare the progression free survival (PFS) of erlotinib monotherapy versus the combination therapy of erlotinib and chemotherapy

- Secondary
  - Overall survival (OS)
  - Response rate (RECIST 1.1)
  - Toxicity (NCIC-CTC grading system version 3.0)
  - Duration of respons

#### **Statistical considerations**

#### Assumptions:

 80% power to detect (at alpha=0.05 two-sided log-rank test) a decrease of the hazard of progression in the combined arm of 33% (hazard ratio=0.67).

#### **Stratification Factors**

- WHO PS (0/1 or 2)
- Response to prior treatment (CR+PR or SD+PD)
- Treatment free interval after platinum (<6mths or >6mths)
- Histology (Squamous vs non squamous)

#### Subgroup analysis preplanned

Squamous versus non-squamous

#### Accrual

230 patients, analysis after 190 events

# **Demographic Characteristics**

		Erlotinib N= 115	Single agent + Erlotinib N= 116	
Gender				
(%)	Male	75 (65)	73 (63)	
	Female	40 (35)	43 (37)	
Age (range)				
	Median (Range)	64 (38-81)	63 (40-82)	
WHO PS				
	0/1	106 (92)	106 (91)	
	2	9 (8)	9 (9)	
Smoking		7 (6)	0 (8)	
status (%)	never	7 (6)	9 (8)	
	smoker	35 (30)	29 (25)	
	ex-smoker	63 (55)	68 (59)	
	unknown	10 (9)	10 (9)	

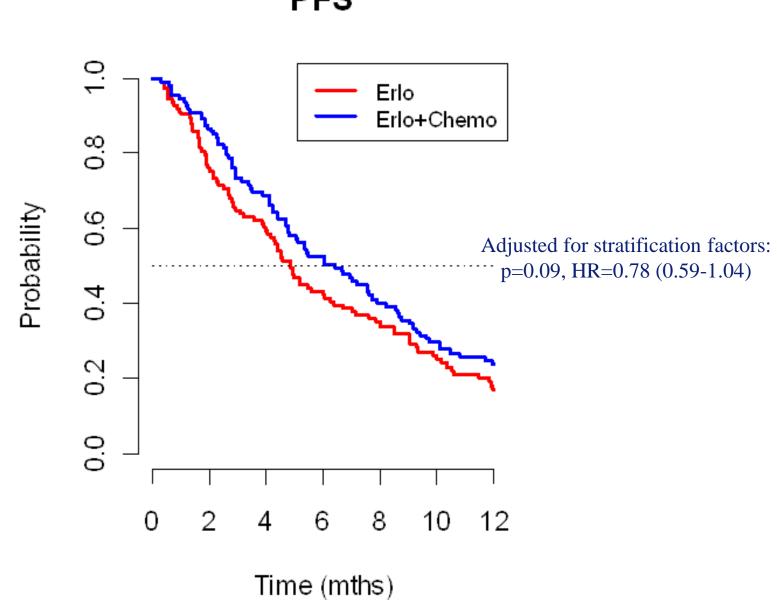
### **Disease Characteristics**

	Erlotinib N= 115	Single agent + Erlotinib N= 116
Histology (%) Adenocarcinoma	50 (43)	50 (43)
Large cell	15 (13)	21 (18)
Squamous cell	40 (35)	35 (30)
Bronchoalveolar		1 (1)
Other	6 (5)	4 (3)
unknown	4 (3)	5 (4)
K-Ras (%) not done Positive Negative	74 (64) 4 (3) 25 (22)	68 (59) 9 (8) 27 (23)
Unknown	12 (10)	12 (10)
EGFR mutation not done (%)	74 (64)	69 (59)
positive	3 (3)	0 (0)
negative	24 (21)	33 (28)
unknown	14 (12)	14 (12)
Stage (%) IIIb IV	28 (24) 86 (75)	22 (19) 94 (81)
unknown	1 (1)	

### **Reasons for treatment discontinuation**

	Erlotinib N= 115	Single agent + Erlotinib N= $116$	
On study (%)	3 (3)	9 (8)	
disease progression	76 (66)	60 (52)	
clinical progression	10 (9)	9 (8)	
death	10 (9)	7 (6)	
adverse event	10 (9)	16 (14)	
patient refusal	5 (4)	10 (9)	
protocol violation		3 (3)	
Other		1 (0.9)	
Missing	4 (3)	10 (9)	

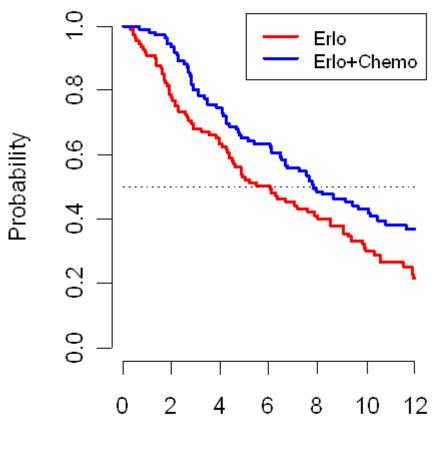
#### **Progression-Free Survival**



PFS

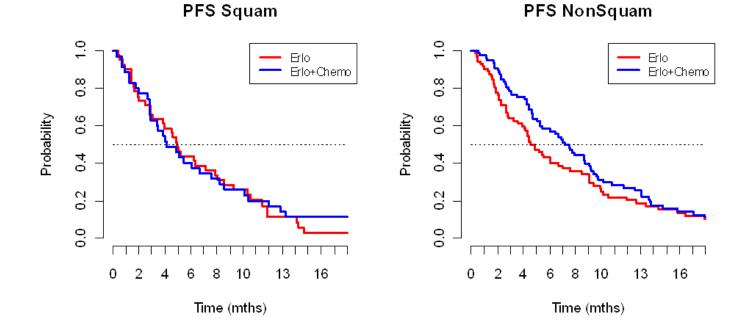
### **Overal Survival**

os



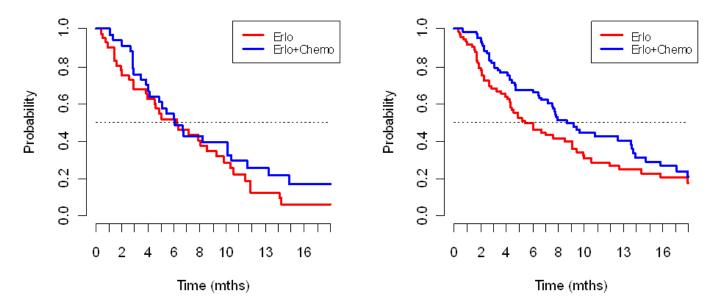
Adjusted for stratification factors: p=0.02, HR=0.67 (0.50 - 0.93)

Time (mths)



OS Squam





### **Results:**

	All patients		Squamous		Non- squamous	
	Mono.	Comb.	Mono.	Comb.	Mono.	Comb.
PFS months Median (95% CI). P-value	4.9 (4.2-6.3)	6.1 (4.7-7.9) .09	<b>4.9</b> ( <b>3.8 - 8.0</b> )	4.1 (2.9 - 8.2) n.s.	4.9 (3.9 - 7.6)	7.0 (5.3 - 9.1) .10
OS months Median (95% CI). P-value	5.5 (4.5 - 8.5)	7.8 (6.5 - 10.4) .02	6.2 (4.5 - 9.8)	6.1 (4.1 - 11.7) n.s.	5.5 (4.3 - 9.4)	7.9 (6.7 - 13.7) .02

# **Best overall response**

	Erlotinib N= 115	Single agent + Erlotinib N= 116	
PR (%)	7 (6)	16 (14)	
SD	36 (31)	43 (37)	
PD	50 (43)	30 (26)	
NE	20 (17)	24 (21)	
Missing	2 (2)	3 (3)	
8	- (-)		

# Toxicity

	Erlotinib N= 113	Single agent + Erlotinib N= 114
Grade 3+ Toxicities (%)	22 (19)	63 (55)
Hemoglobin	0	4%
Leucocytes	0	13%
Neutrophils	0	7%
Platelets	0	4%
Fatigue	5%	12%
Rash	7%	15%
Diarrhea	4%	10%
Febrile neutropenia	0	6%
Infection	0	4%

# Drug exposure

	Erlotinib N= 115	Single agent + Erlotinib N= 116
Did not start (%)	2 (2)	2 (2)
Erlotinib dose reduction (%)	10 (9)	19 (16)
chemo dose reduction(%)		8 (7)
Erlotinib cycles Median (range)	2.0 (0-29)	3.0 (0-39)
Cycles of chemotherapy(%) 0		5 (4)
1		56 (22)
2		23 (20)
3		8 (7)
4		54 (47)

# **Treatment after disease progression**

	Erlotinib N= 115	Single agent + Erlotinib N= 116	
3rd line treatment	48 (42%)	45 (39%)	

# Summary:

- In non-squamous histology, combination therapy pemetrexed and erlotinib increases PFS and OS compared to erlotinib monotherapy.
- In squamous histology, combination therapy docetaxel and erlotinib did not increase efficacy compared to erlotinib monotherapy.
- Combination therapy increases toxicity. Safety profiles were consistent with existing data and suggest an increased erlotinib level during pemetrexed combination.

#### **Ackowledgements**

We thank the patients and their families who participated in the trial

 We also thank all NVALT investigators, nurses, data managers, and support staff.