

Prevention and handling of acute allergic and infusion reactions in oncology

Markus Joerger MD PhD

Medical Oncology&Clinical Pharmacology

Cantonal Hospital St.Gallen (Switzerland)

Disclosures

- research funding:

Roche Pharmaceuticals

Swiss National Foundation

Swiss Cancer League

Saladax Inc.

Sanofi-Aventis



OVERVIEW

- mechanism and definition
 - immune-type hypersensitivity reaction (HSR)
 - symptoms of acute infusion reaction (AIR)
 - clinical significance of AIR
- chemotherapy
- monoclonal antibodies (mAb)
- management of AIR
- what to do after AIR occurred

not covered: AIR to contrast agents, blood products



Infusion-related Adverse Drug Reactions (ADR)

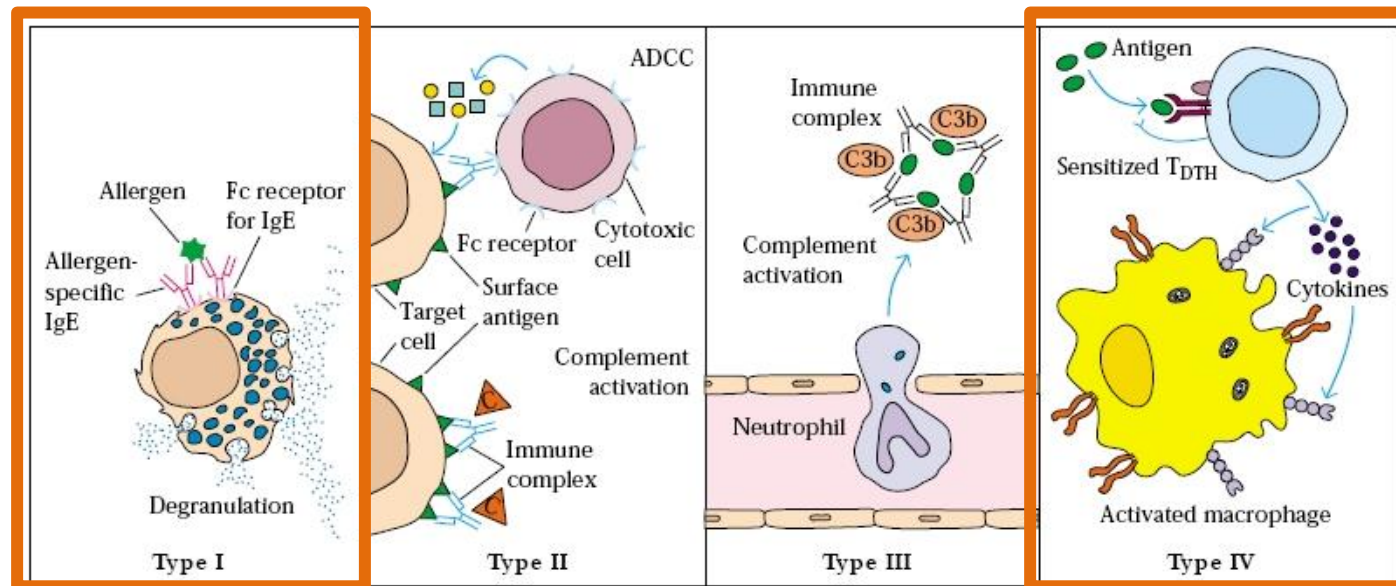
- intolerance (type A)
 - **predictable** ADR at normal doses due to the pharmacological activity of the drug
 - idiosynkrasie (type B)
 - **unpredictable** ADR due to individual predisposition, e.g. enzyme defect
- HSR/AIR
 - “drug allergy” and “pseudo-allergy”
 - one of four immune-type reactions
 - “anaphylaxis” and “anaphylactoid”



Four Immune-type HSR (Gell&Coombs)

- type 1: IgE-mediated
- type 2: IgG-mediated cytotoxicity
- type 3: Immunocomplex-mediated
- type 4: T Cell-mediated, cytokines, complement

only with mAb



HSR: immediate/non-immediate

- definition by: European Network for Drug Allergy

I. **immediate** Reaction after <1 hour of exposure

- urticaria, angioedema, rhinitis, conjunctivitis, bronchospasm, overt anaphylaxis

II. **nonimmediate** Reaction after >1 hour of exposure

- cutaneous symptoms, maculopapular eruptions, vasculitis, toxic epidermal necrolysis, **Stevens-Johnson syndrome**, eosinophilia



Spectrum of acute HSR

GRADING OF HYPERSENSIVITY REACTIONS Common Terminology Criteria for Adverse Events (CTCAE) v4.0	
Grade 0 (no reaction)	No reaction
Grade 1 (mild)	Local reaction only Transient flushing or rash Drug fever $<38^{\circ}\text{C}$ ($<100.4^{\circ}\text{F}$)
Grade 2 (moderate)	Flushing Mild bronchospasm Rash, urticaria, dyspnea Drug fever $\geq 38^{\circ}\text{C}$ ($\geq 100.4^{\circ}\text{F}$)
Grade 3 (severe)	Moderate bronchospasm, Severe local reaction ($>10\text{mm}$ or lasting >24 hours) Serum sickness Allergy-related edema/angioedema Hypotension
Grade 4 (life-threatening)	Anaphylaxis
Grade 5	Death



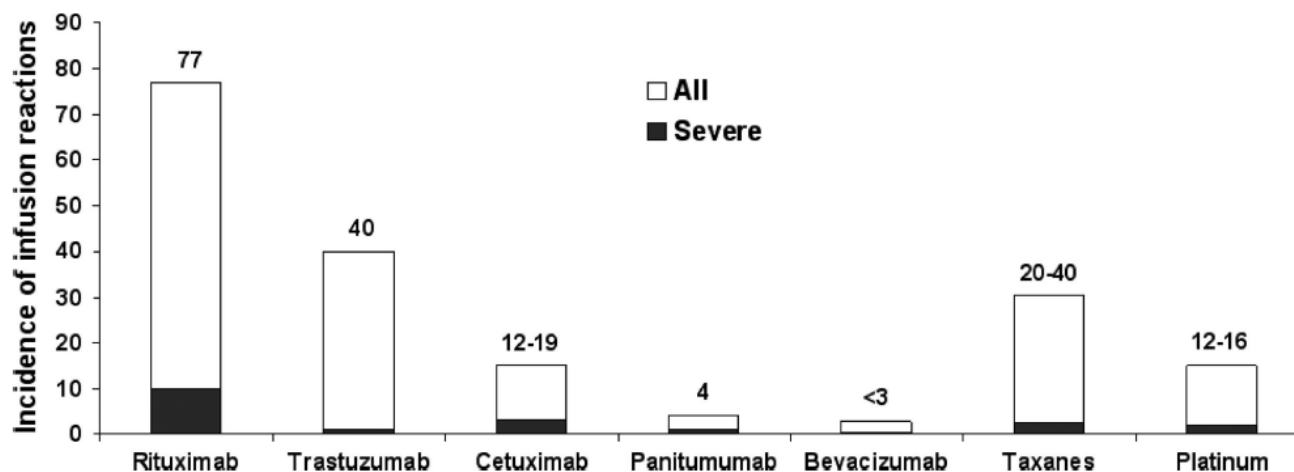
Anaphylaxis/Anaphylactoid Reaction: **Oncologic Emergency!**

- anaphylaxis (**HSR**)
 - systemic, immediate, IgE-mediated
- anaphylactoid reaction (**AIR**)
 - unspecific degranulation of mast cells or basophils
- risk factors for **HSR**
 - repeated administration of the drug (“priming”)
 - predisposition = atopy
 - history (or family history) of drug allergy



Clinical Significance of AIR

- every drug infusion may cause (severe) AIR
- skilled personnel mandatory
- adequate premedication mandatory



Chung et al, *The Oncologist* 2008;13:725-32



CHEMOTHERAPY



Platinum Salts: Oxaliplatin

- mild/**severe** HSR in <25/**1%** of cases¹
- after 7-8 cycles, minutes after the start of infusion
- **type I (II) reaction** ²
- use H1/H2 blockers, steroids, slow infusion rate³
- consider desensitization if oxaliplatin fundamental
- **differentiate between acute neurotoxicity and HSR**

¹Polyzos et al, *Oncoogy* 2009;76(1): 36-41.

² Syrigou et al, *Curr Allergy Asthma Rep* 2008;8(1):56-62.

³ Brandi et al, *Br. J. Cancer* (2003) 89(3):477-481. I

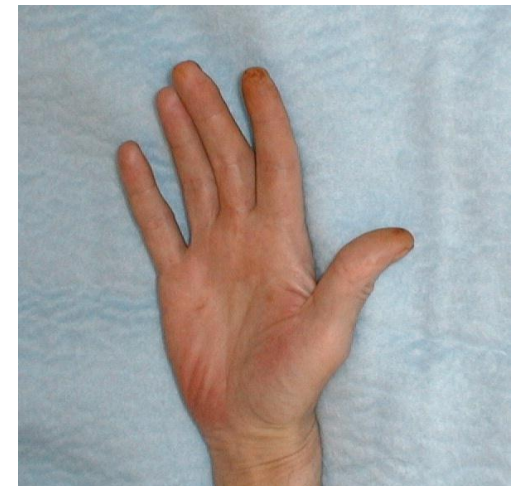


Carboplatin

- mild/severe HSR in 19/2% after 8 cycles ¹
- minutes to days after the start of infusion
- type I (IV) reaction
- use H1/H2 blockers, steroids, slow infusion rate
- switch to cisplatin in severe case (75% success)²
- skin tests reliable

¹Sliesoraitis et al, *Int J Gynecol Cancer* 2005;15(1):13-18.

²Callahan et al, *Am J Obstetr Gynecol* 2007;977(2): 199.e1-199.e5.



Cisplatin

- lower incidence of mild (0.4%) and severe HSR (0.8%) ¹
- minutes from the start of infusion
- usually after ≥ 6 treatment cycles
- type I (IV) reaction
- skin test not reliable
- consider desensitization if cisplatin fundamental ²

¹Sakaeda et al, *Int J Med Sci* 2011;8(4):332-338.

²Castels et al, *J Allergy Clin Immunol* 2008;122(3):574-80.



Taxanes

- AIR primarily due to the **solvent** “cremophor EL” (paclitaxel) and “polysorbate 80” (docetaxel, cabazitaxel)
- solvent-triggered histamine release (**not IgE**)¹
- 30%/ ≤4% of patients without/with premedication
- **dose- and infusion-rate dependent**
- **“hits early”**: first minutes of infusion, first 2 cycles
- disappears on rechallenge and premedication²

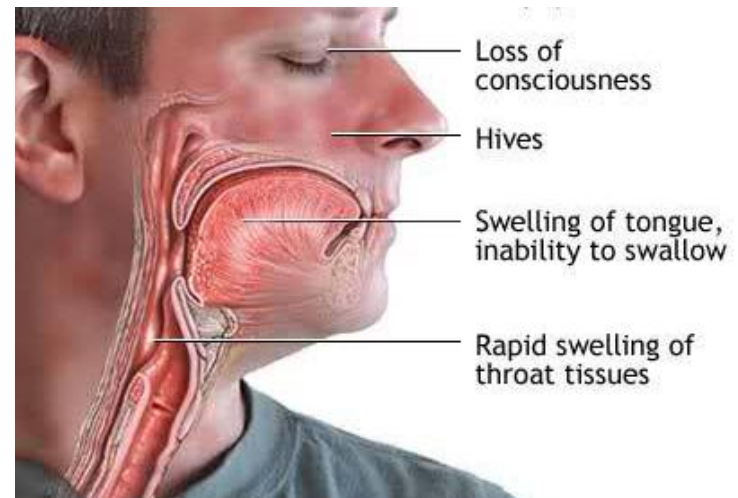
¹Ardavanis et al, *Anti-Cancer Drugs* 2004, 15:581–585

²Demoly et al, *Immunol Allergy Clin North Am* 2004;24(3):345-56.



Taxanes: AIR

- symptoms: dyspnea, hypotension, urticaria, erythematous rash, tongue swelling, dysphagia
- differentiate between platinum & taxane AIR when given in combination!
- rapid normalization after discontinuation of the drug



Taxanes: Prevention of AIR

- oral dexamethasone 20mg –12 / –6(2) hours
- i.v. H1 and H2 blocker –30min
- dexamethasone prevention over 3 days for docetaxel
- i.v. dexamethasone 10-20mg –30min also safe¹
- **severe AIR @rechallenge:** desensitization or nab-paclitaxel²
- cross-reactivity in 90%²

¹ Bookman et al, *Annals of Oncology* 8: 611-614, 1997

² Fader et al, *Int J Gynecol Cancer* 2009;19: 1281Y1283

³ Dizon et al, *Gynecol Oncol* 2005;100(1):149-51.



L-Asparaginase

- enzyme from *E. coli* or *Erwinia chrysanthemi*
- 40% risk of **IgE-mediated** HSR (severe in $\leq 10\%$)¹
- risk factors: iv. (im.) application, previous exposure to L-Asp.²
- allergic patients have enzyme-neutralizing Ab's³
- after HSR occurred:
 - Switch to *Erwinia* Asparaginase⁴
 - Switch to PEG-Asparaginase (polyethylene glycol)⁵

¹Narta et al, *Crit Rev Oncol Hematol* 2007;61(3):208-221.

²Demoly, *Toxicology* 2005; 209(2):221-23.

³Woo et al, *Leukemia* 1998;12:1527-1533.

⁴Vrooman et al, *Pediatr Blood Cancer* 2010;54:199-205

⁵Raetz et al, *J Pediatr Hematol Oncol* 2010;32:544-563



Procarbazine

- HSR caused by type I, III or IV reaction
- HSR in 6 to 18% of patients
- symptoms include fever, maculopapular rash, urticaria, toxic epidermal necrolysis ¹
- rechallenge after HSR usually **not successful**, even with steroid prophylaxis ¹
- **no rechallenge**

¹Weiss, *Semin Oncol* 1992;19(5):458-77.



Podophyllotoxins

- AIR primarily due to the solvent “cremophor EL” (teniposide) and “polysorbate 80” (i.v. etoposide)
- AIR to teniposide in 6–41% ¹
- AIR to etoposide less frequent than with teniposide
- importance of adequate premedication and slow infusion
- high cross-reactivity ²

¹Lee et al, *Ann Allergy Asthma Immunol* 2009;102(3):179-87.

²Hudson et al, *J Clin Oncol* 1993;11(6):1080-84.



Intermediate potential for AIR

■ Anthracyclines

- usually mild cutaneous symptoms
- HSR may be prevented by low infusion rates
- desensitization to liposomal doxorubicin is an option ¹

■ Methotrexate

- infrequent, but **potentially severe** HSR
- acute pneumonitis after some days following MTX²
- very rare, acute liver failure³

¹Castells et al, *J Allergy Clin Immunol* 2008;122(3):574-80.

²Hlaing et al, *Int J Rheumatol* 2008;4 (2).

³Kaito et al, *Rinsho Ketsueki* 1990; 31:1862-1867.

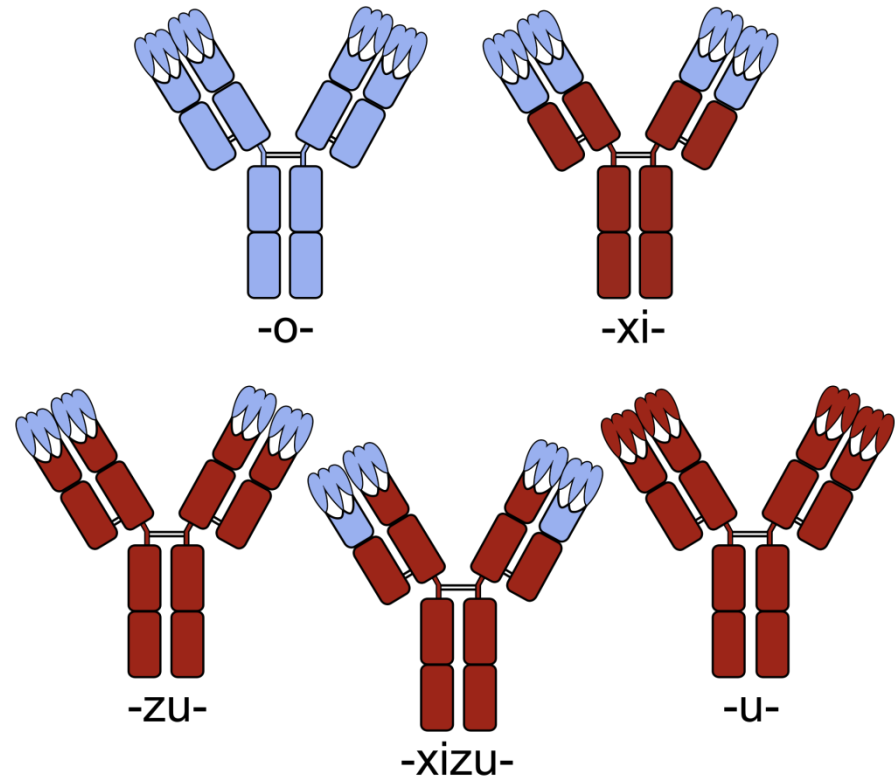


MONOCLONAL ANTIBODIES (mAb)



Monoclonal Antibodies (mAb)

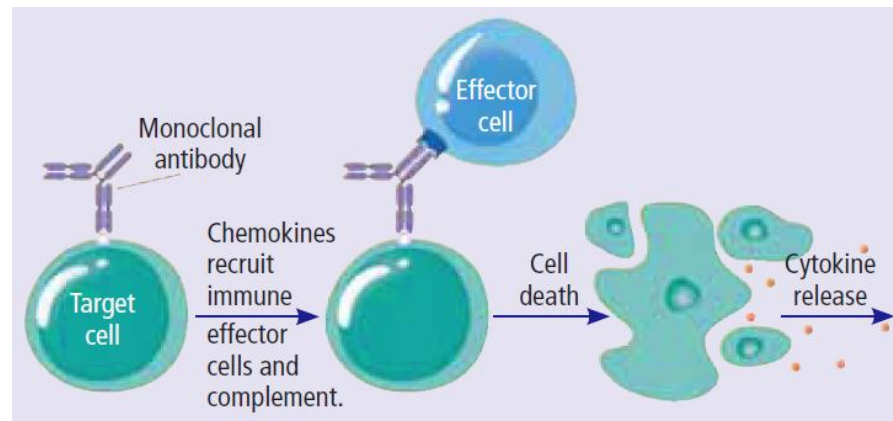
- murine with –o– stem
tositumomab, ibritumomab
- chimera with –xi– stem
cetuximab, rituximab
- humanized with –zu– stem
alemtuzumab, bevacizumab, trastuzumab,
pertuzumab, gemtuzumab
- human with –u– stem
panitumumab, ipilimumab, denosumab



mAb

- chimeric mAb: >50% human
- humanized mAb: 90% human
- fully humanized mAb: 99% human
- prevalent and induced anti-mouse Ab
- anti-mouse Ab → cytokine release (less prevalent HSR)
- AIR: stop infusion, H1/H2 blockers, restart at slow rate

more prevalent non-allergic type reaction (AIR)



mAb: General Remarks

- most AIR mild
- 2 pathomechanisms:
 - allergic → IgE
 - non-allergic → cytokine-mediated
- severe reactions are IgE-mediated
 - Consider desensitization, avoidance
- rechallenge successful with non-allergic reactions
- paracetamol & H1-blocker usually recommended
 - ... except bevacizumab, panitumumab



mAb

- NCI grading criteria for cytokine-release infusion reactions ¹

Grade 1	Mild reaction; infusion interruption or intervention not indicated
Grade 2	Infusion interruption indicated but responds promptly to symptomatic treatment (e.g., antihistamines, NSAIDs, steroids, IV fluids)
Grade 3	Prolonged symptoms (not rapidly responsive to symptomatic medication and interruption of infusion); recurrence of symptoms following initial improvement
Grade 4	Life-threatening consequences; vasopressors and/or ventilatory support indicated
Grade 5	DEATH

¹National Cancer Institute 2010.



mAb: Specific Compounds

- **rituximab**: AIR in 77% @ 1st application (7% severe HSR) ¹
- **trastuzumab**: AIR in 40% @ 1st application ¹
....lower with s.c.-trastuzumab
- **alemtuzumab**: given s.c. in a fractionated way to avoid AIR
- **cetuximab**: C-IgE in 0.6-21% of the U.S. population ²
- **bevacizumab&panitumumab**: no premedication necessary

¹Kimby E, *Cancer Treat Rev* 2005;31(6):456-73.

²Chung et al, *N Engl J Med* 2008;358:1109-17.



Rituximab: Tumor lysis-type Reaction

- lymphocytes >25G/L, high tumor load
- hypotension and bronchospasm in 10% of pts @1st exposure
- electrolyte abnormalities, renal dysfunction, high LDH
- tumor cell agglutination > cytokine release
- stop infusion, do not restart before careful diagnostics and Tx
- prophylaxis: inpatient 1st exposure, fractionated dosing (100mg), allopurinol, hydration, close monitoring

Byrd JC, *J Clin Oncol* 17:791-95.

Kimby, *CANCER TREATMENT REVIEWS* (2005) 31, 456–473.



MANAGEMENT OF AIR/HSR



Preparation

- obtain baseline assessment and vital signs
- assess for risk factors (eg. previous treatment)
- **educate** patient about potential symptoms of AIR/HSR
- make sure **emergency equipment** is available
- confirm that patient took **premedication**



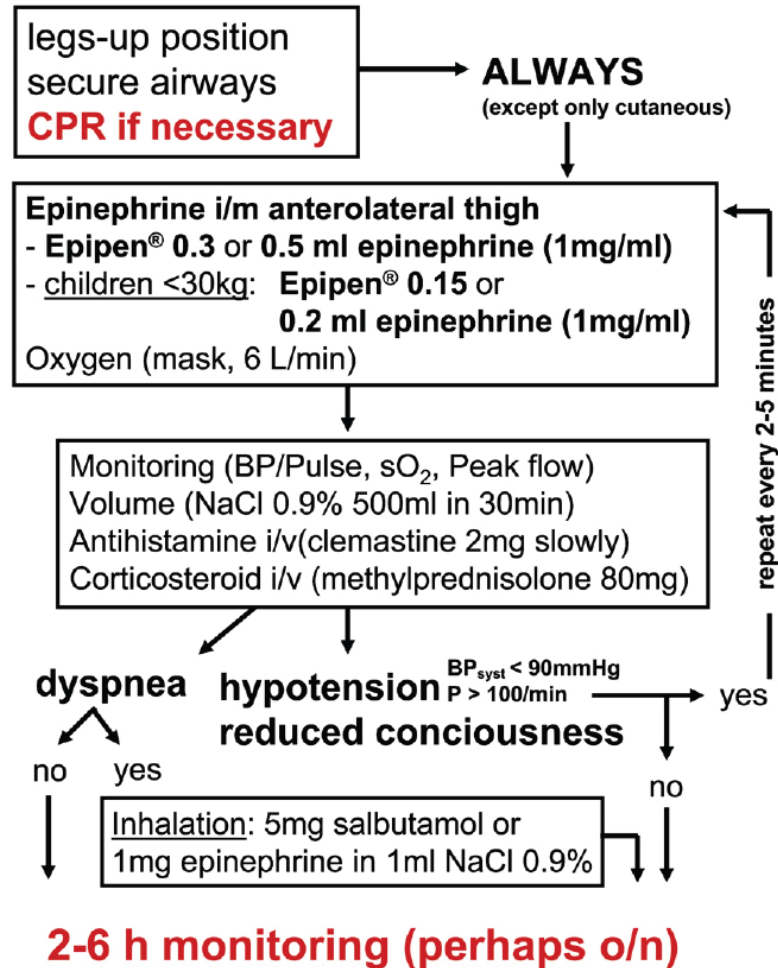
Treatment

- **stop infusion**
- give i.v. volume, keep systolic BP >90mmHg
- supine position (if no vomiting or dyspnea)
- severe: call emergency, epinephrine
- maintain airway, consider O₂
- monitor vital signs q2min until baseline is reached
- documentation



(suspected) Anaphylaxis: Treatment Algorithm

Infusion STOP and call for HELP



STRATEGIES AFTER AN AIR/HSR OCCURRED



Specific Compounds

- platinum salts:
mild-moderate HSR: use H1/H2 blockers, steroids, slow infusion rate,
severe HSR: desensitize, cautious cross-over
- taxanes, podophyllytoxins:
intensify premedication, **no substitution** (except nab-paclitaxel)
- L-Asparaginase:
switch to Erwinia/PEG-Asparaginase, intensify premedication, desensitize
- procarbazine:
discontinue
- mAb
intensify premedication, **slow infusion rate**
cetuximab → panitumumab¹

¹Langerak et al ,ClinColorectal Cancer, 2009;8(1): 49-54.



Drug Desensitization

- only with IgE-mediated HSR
- mast cell desensitization* > tolerant state
- reversible process
- presence of trained allergist and nursing staff

*receptor downregulation, exhaustion of mediators, enhanced metabolism or drug efflux



Drug Desensitization: Protocol

- **conventional:**
 - escalating i.d. doses (e.g. 1→3→10→30→100)
 - increasing i.v. infusion rate
- **drug-specific, simplified (e.g. paclitaxel)¹:**
 - 20mg oral dexamethasone –36/ –12/ –2 hrs
 - i.v. dexamethasone, H1 and H2 blocker –30min
 - paclitaxel 2mg/100ml NaCl/30min → 10mg/100ml/30min
 - remaining full dose in 500ml NaCl/3hrs



¹Markman et al, J Clin Oncol 2000; 8:102-105.



CONCLUSIONS

- **differentiate** between HSR, AIR, intolerance & idiosynkrasie
- **intensify** premedication in case of solvent/mAb-related AIR
- **desensitize** or substitute in case of severe IgE-mediated HSR

.....thanks for your kind attention!



Acknowledgments

- Institute for Toxicology and Clinical Pharmacology, University Hospital Basel (Switzerland)
 - Prof. Dr. St. Krähenbühl, Dr. M. Haschke, M. Donzelli
- Institute for Clinical Chemistry, University Hospital Bern (Switzerland)
 - Prof. Dr. C. Largiader, Dr. U. Amstutz, T. Fröhlich
- The Netherlands Cancer Institute and Slotervaart Hospital (NL)
 - Prof. Dr. J.H.M. Schellens, Prof. J.H. Beijnen, Dr. A. Huitema
- Institute of Pharmacy, University of Bonn (Germany)
 - Prof. Dr. U. Jaehde

