

The holistic approach of the patient

Jean Louis Pujol, Caroline Roth, Jean Pierre Mérel

Montpellier Academic Hospital, Epsilon lab and Inserm U1194

University of Montpellier, France



15-18 April 2015, Geneva, Switzerland

Organisers



Partners



Social representations

- Lung cancer as
 - ✓ Self inflicted disease
 - ✓ Poor prognosis
 - ✓ Medical treatments are considered as palliative only

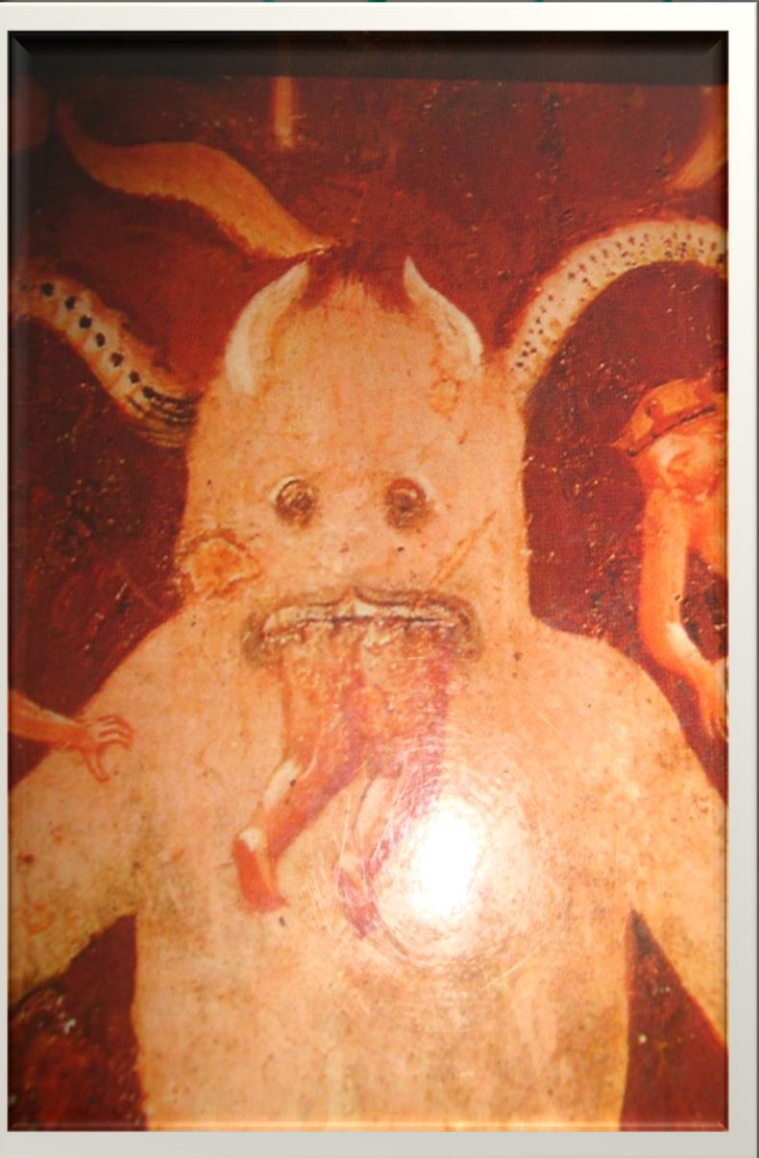
Time stasis

- Temporal anomy
- Loss of self-projection into the future (as a sociological standard)

Representations are complex and idiosyncratic

- archetypal theories
- Recycling of medical theories
- Theory of “denatured man”
- culture
- Contingency

Secular knowledge

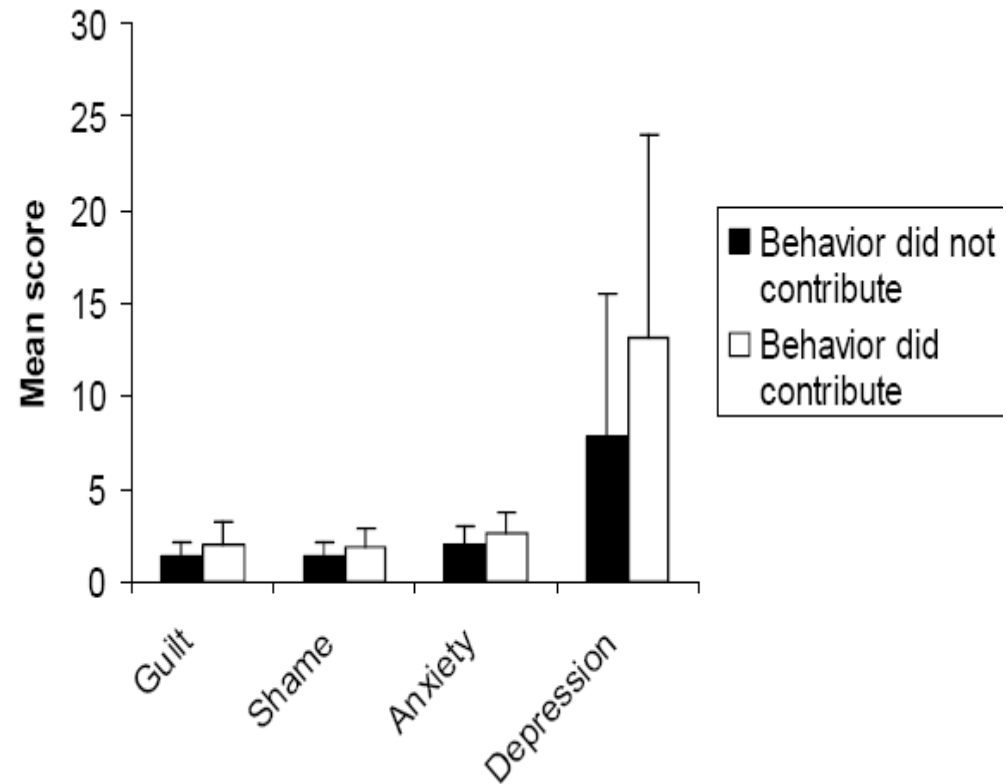


Anguish

- Diagnostic trauma as a reminiscence of an previous traumatic antecedent
- Rationalization
- Unconscious guilt, consciousness of guilt
- Anthromorphic theory: cancer as an intruder (disturbing strangeness)
- Theory of denatured man (man ill due to society and the lifestyles)

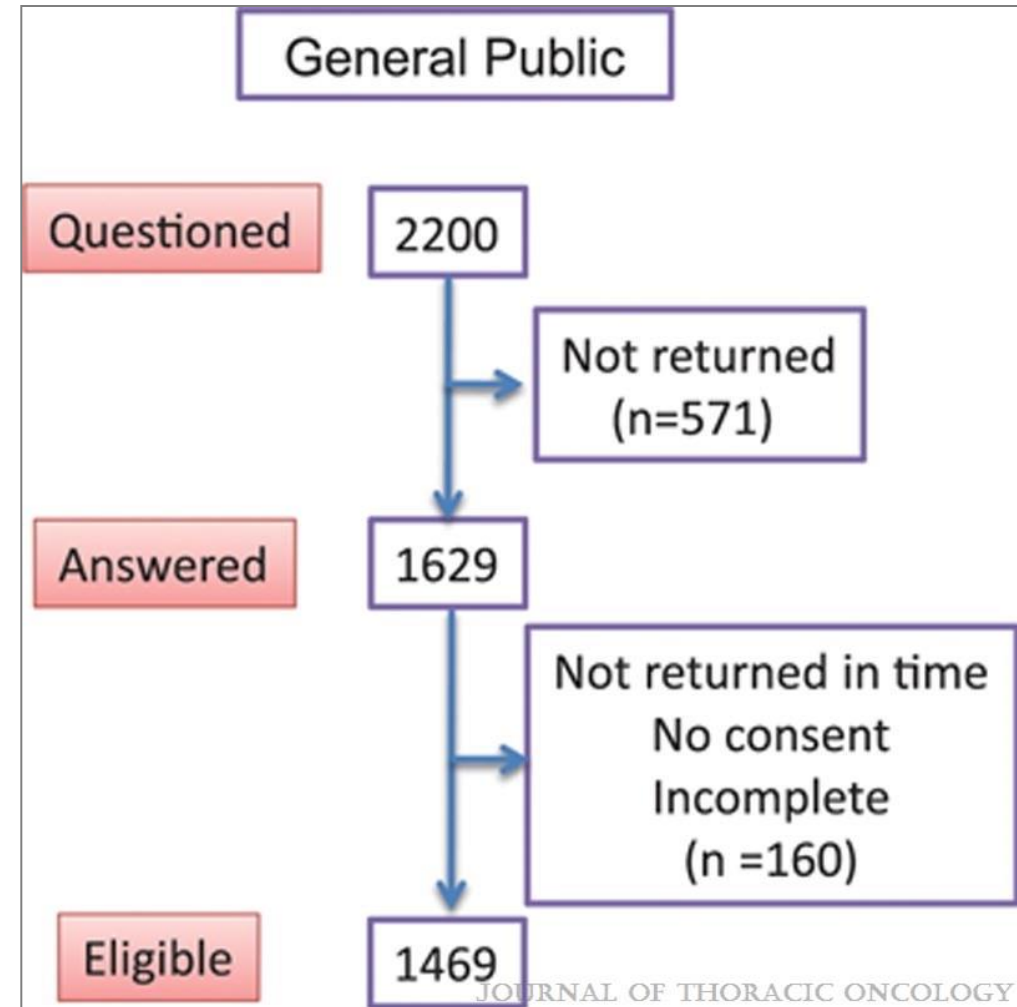
Patients' representations of cancer

Behaviour related versus behaviour unrelated

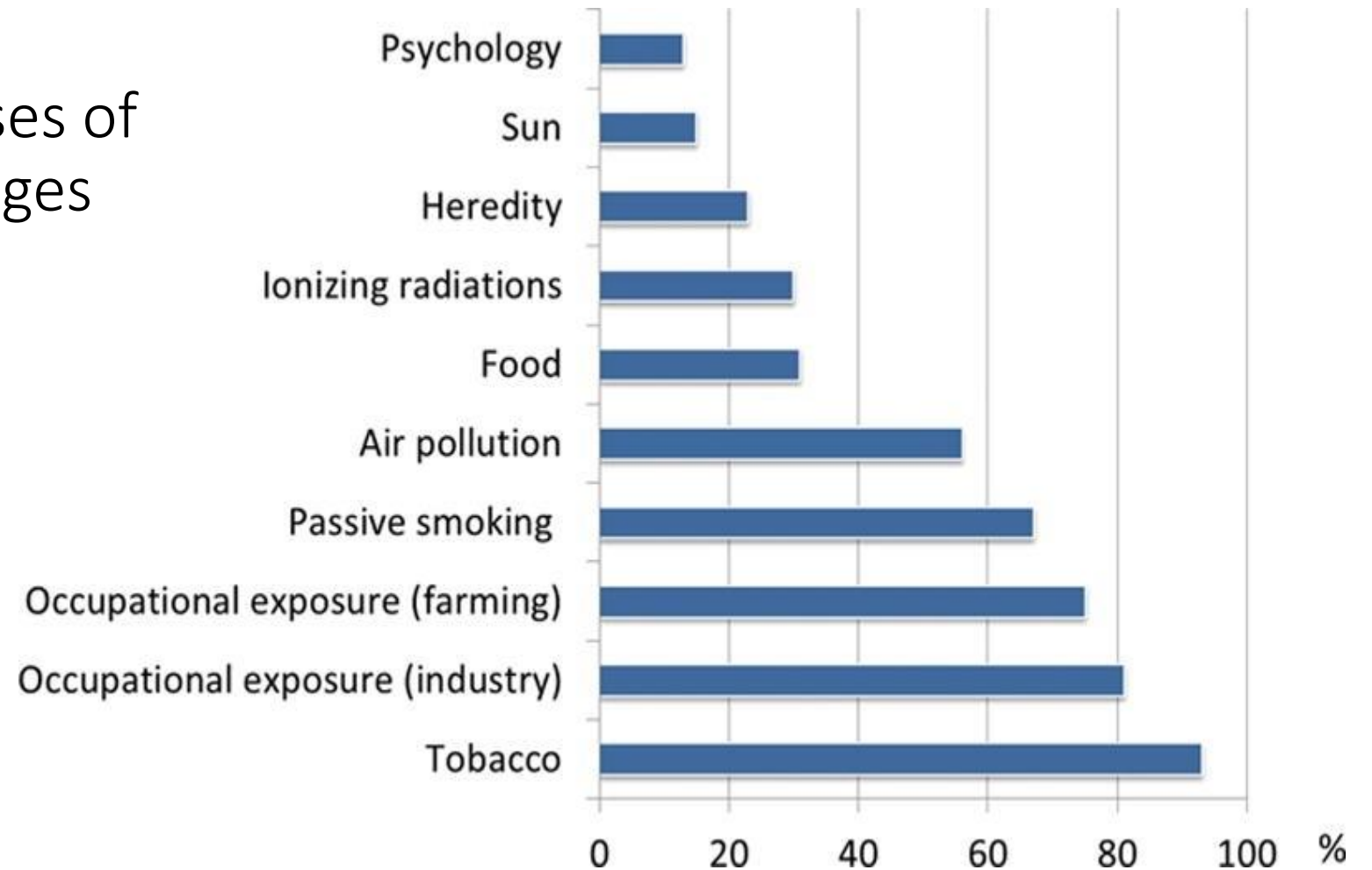


LoConte N, Clin Lung Cancer, 2008

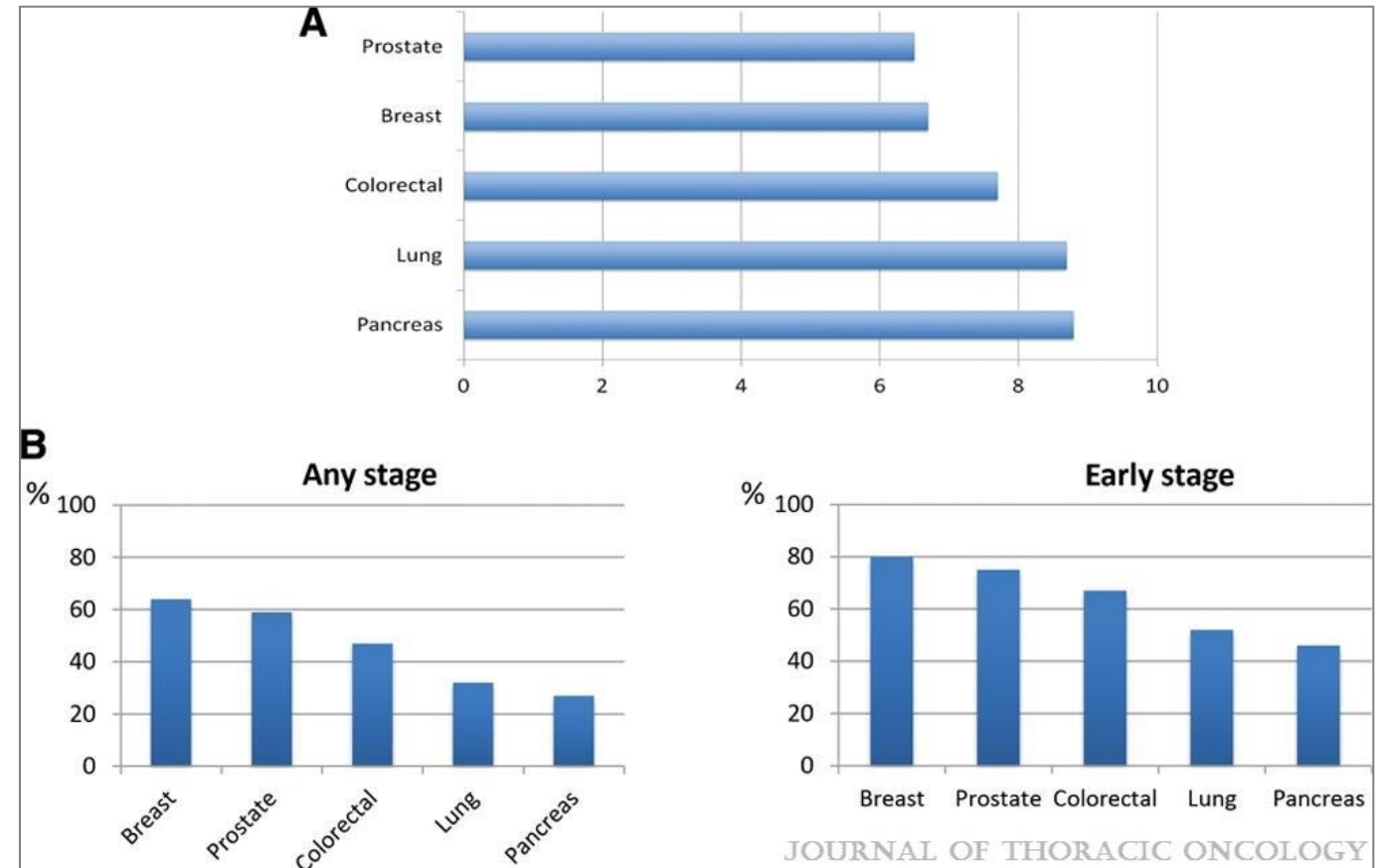
Secular social knowledge



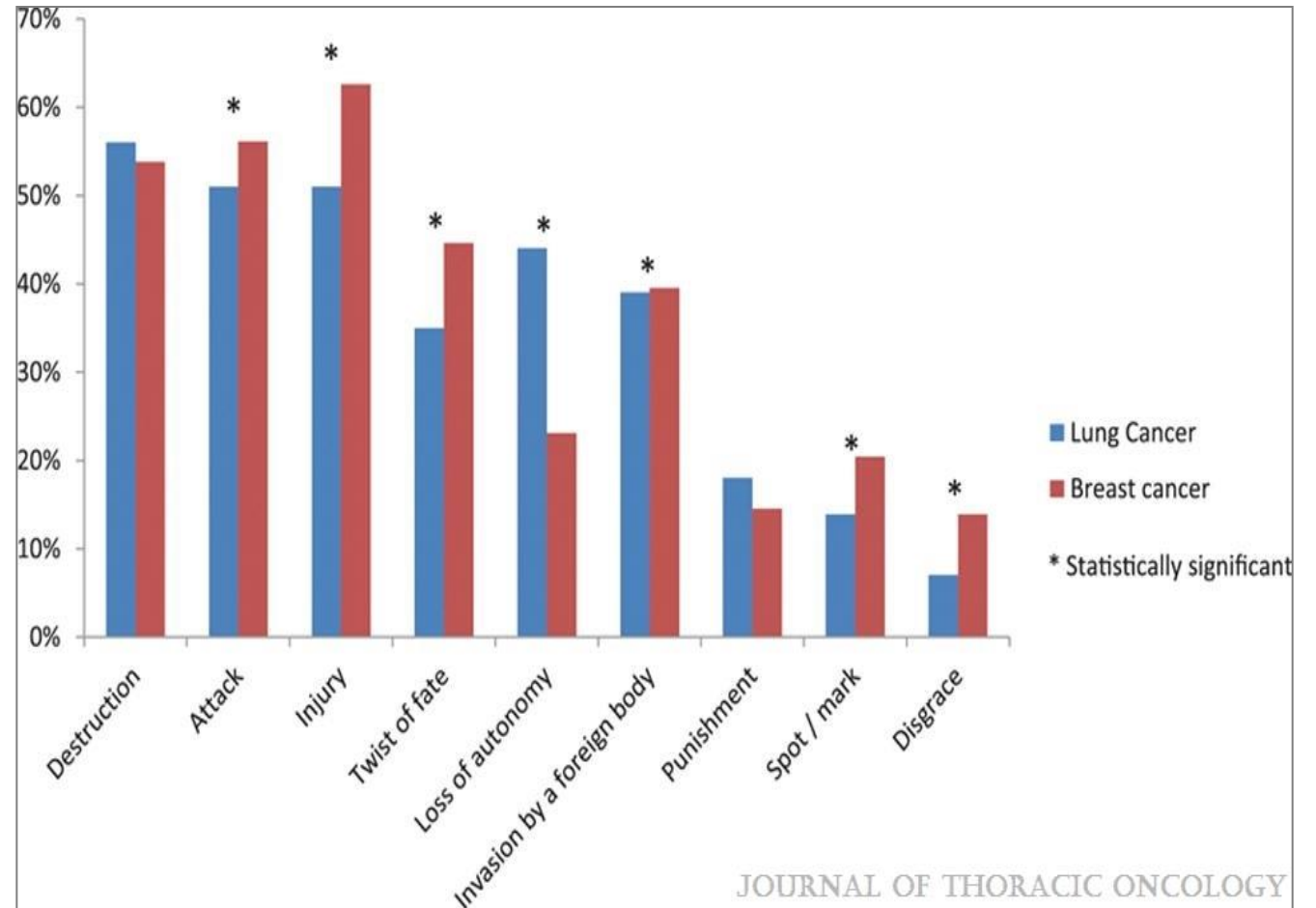
Beliefs about the causes of lung cancer (percentages of listed causes)



Assessing the gravity of five cancers. Answers to the question: “On a scale of 0–10, how would you rate the seriousness of these cancers?”



Comparison of how lung cancer and breast cancer feel to the patient. In response to the question *“According to you, how does a patient with lung/breast cancer consider their disease?”*





NOUS SOMMES
2 MILLIONS
DE HEROS
ORDINAIRES

Catherine
Je suis fière de pouvoir dire que j'ai surmonté il y a dix sept ans mon cancer de l'estomac. Fièvre de pouvoir en parler, tout simplement. J'ai trop souffert des non-dits qui ont entouré ma maladie.

Retrouvez les héros ordinaires sur **www.e-cancer.fr**
CANCER#OSERVICE 0810 810 821

INSTITUT
NATIONAL
du CANCER



PUBLIC

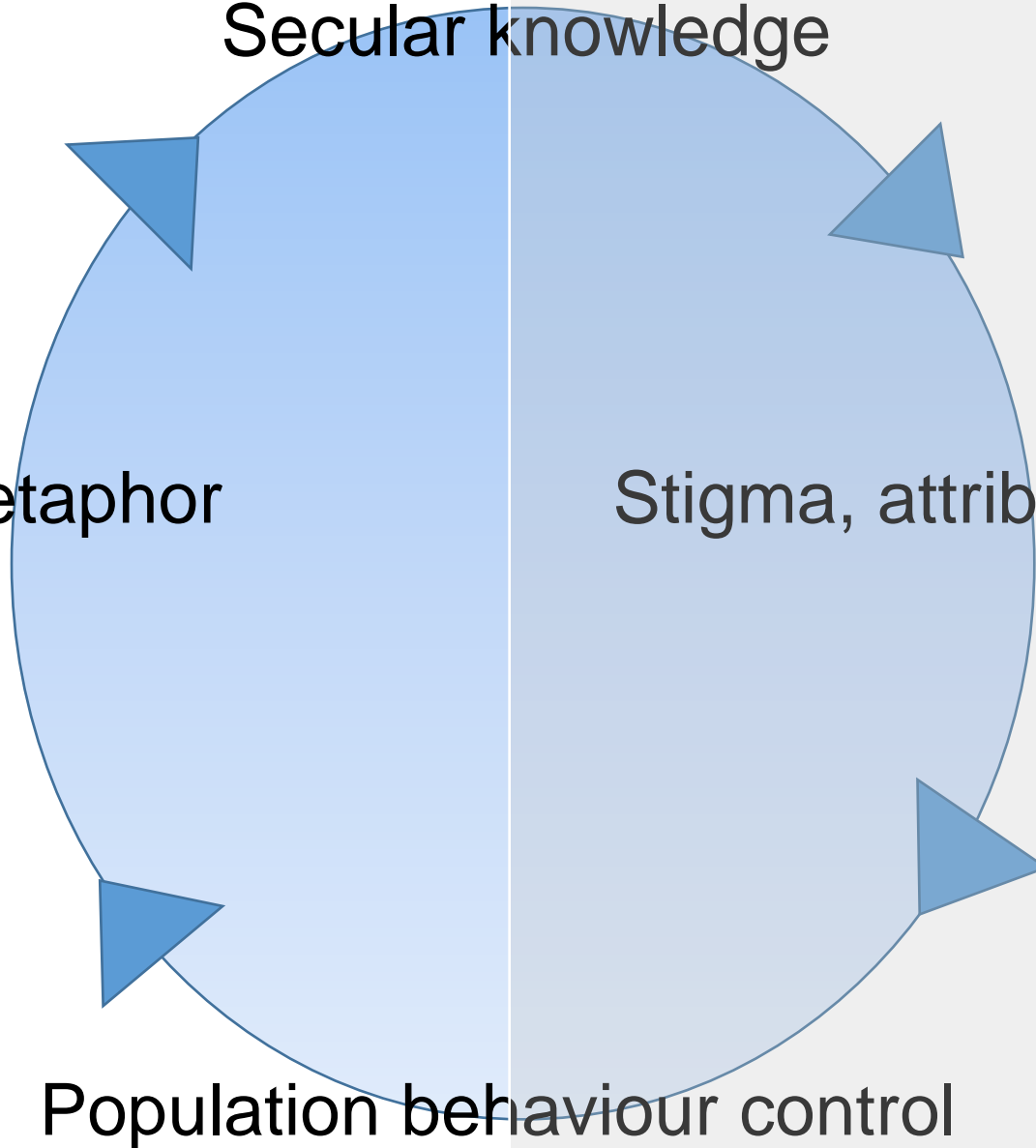
Secular knowledge

PATIENT

Disease as a metaphor

Stigma, attribution theory

Population behaviour control



Lung cancer and cigarette smoking

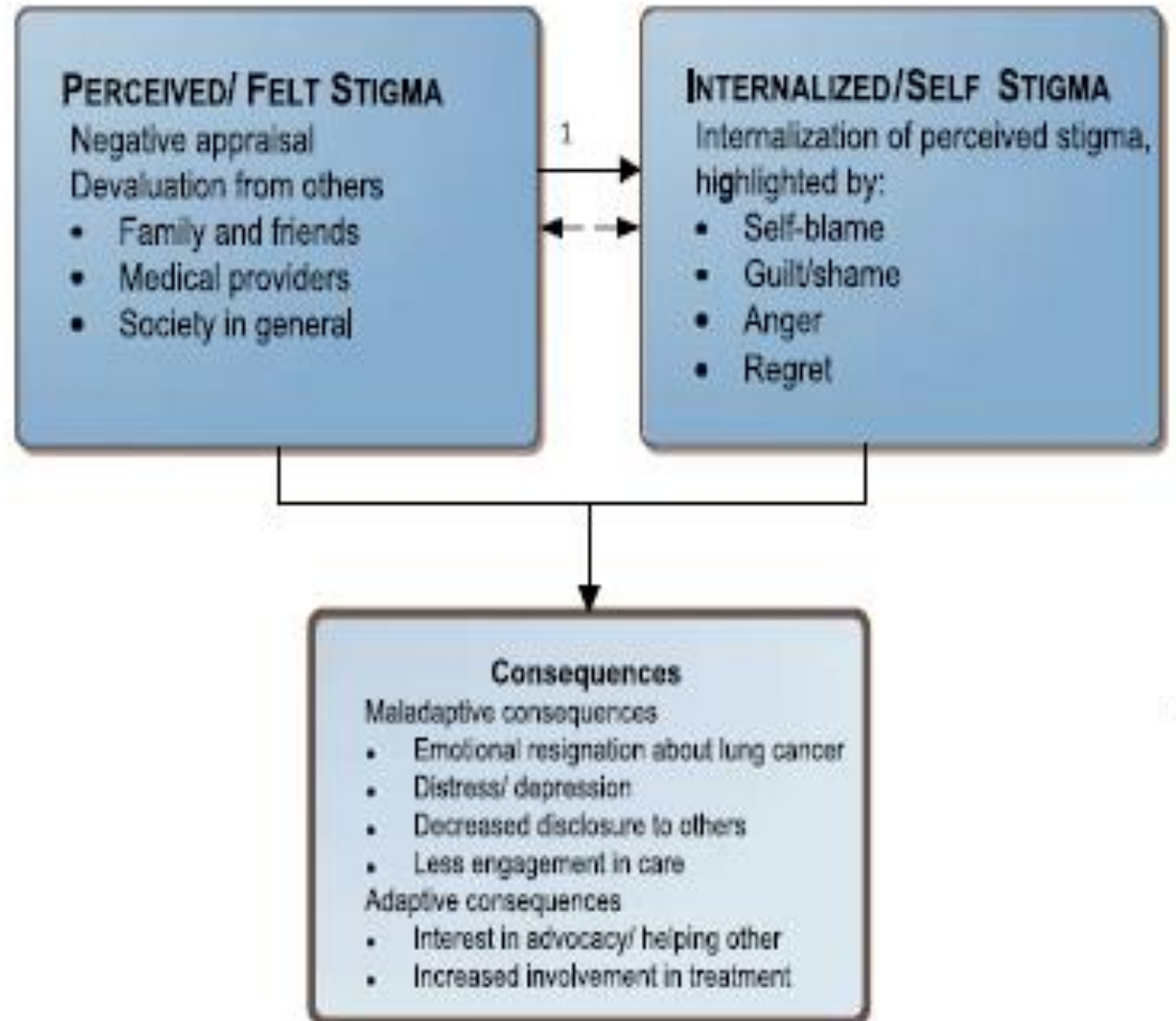
- Experience of stigma (perceived and internalized),
- Impact of present and past smoking,
- Coping

Semi-structured interviews

Table 1. Participant characteristics

| | Interview | Focus group |
|-----------------------------|-----------|-------------|
| | (n = 42) | (n = 23) |
| Characteristics | n (%) | n (%) |
| <i>Sex</i> | | |
| Male | 20 (48) | 12 (52) |
| Female | 22 (52) | 11 (48) |
| <i>Education</i> | | |
| 11th grade or less | 7 (17) | 1 (4) |
| High school graduate or GED | 9 (21) | 5 (22) |
| Some college | 10 (24) | 7 (30) |
| College graduate | 8 (19) | 6 (26) |
| Post graduate training | 8 (19) | 4 (17) |
| <i>Marital status</i> | | |
| Married/partnered | 29 (69) | 18 (78) |
| Divorced | 7 (17) | 3 (13) |
| Widowed | 2 (5) | 1 (4) |
| Single, never married | 4 (10) | 1 (4) |
| <i>Race</i> | | |
| White | 27 (64) | 16 (70) |
| Black/AA | 12 (29) | 5 (22) |
| AI or Alaska Native | 1 (2) | 0 (0) |
| Asian or PI | 2 (5) | 2 (9) |

High frequency of stigma
explains mal-adaptative
consequences



PTSD in patients and significant others facing diagnosis of lung cancer

- to determine the level of PTSD by means of IES in patients for whom lung cancer has been diagnosed ; control group: COPD
- to compare PTSD in patients and their significant others
- to determine whether or not IES and GHQ-28 correlate

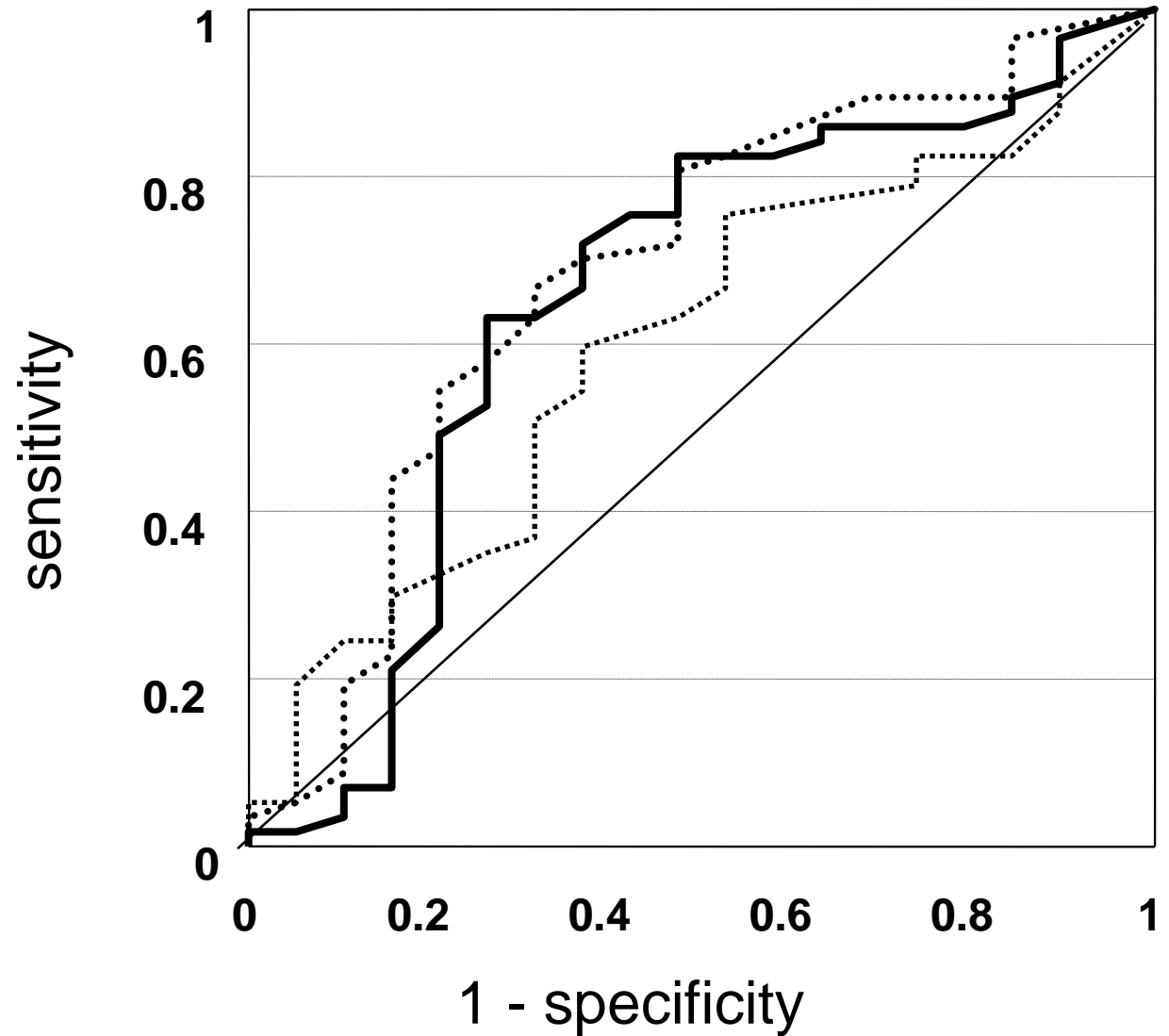
Participants' demography and social positioning

| | Lung cancer pts n (%) | Relatives n (%) | COPD n (%) | <i>P</i> [†] |
|---------------------|--------------------------|--------------------|---------------|-----------------------|
| N | 41 | 16 | 19 | |
| Age (median) | 59 | 60.5 | 57 | 0.54 |
| Women | 18 (43.90) | 12 (75.00) | 9 (47.37) | 0.69 |
| Marital status | | | | 0.39 |
| Knowledge of cancer | | | | 0.004 |
| Personal experience | 31 (75.61) | 1 (6.25) | 1 (5.26)* | |
| Relative affected | 8 (19.51) | 13 (81.25) | 11 (57.89) | |
| None of the above | 2 (4.88) | 2 (12.50) | 5 (26.32) | |
| Smoking habits | | | | 0.004 |
| Never smoker | 3 (7.32) | 6 (37.50) | 10 (52.63) | |
| Former smoker | 30 (73.17) | 5 (31.25) | 8 (42.11) | |
| Active smoker | 8 (19.51) | 5 (31.25) | 1 (5.26) | |
| Educational degree | | | | 0.18 |
| A level or less | 24 (58.54) | 6 (37.50) | 8 (42.11) | |
| Bachelor or higher | 16 (39.02) | 10 (62.50) | 11 (57.89) | |
| Missing data | 1 (2.44) | | | |

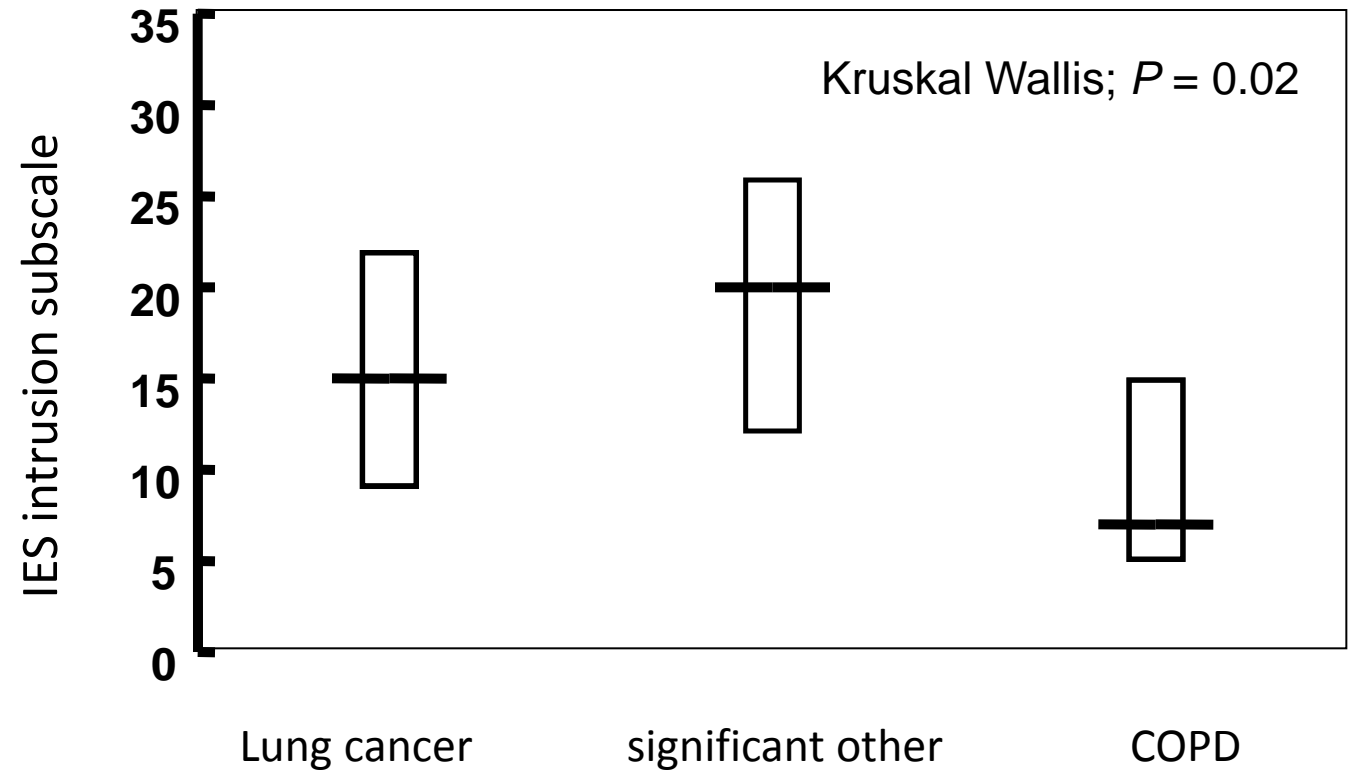
[†]Statistical comparison between the three groups: Mann and Whitney U test for age; comparisons using χ^2 tests for all others; *protocol violation.

ROC comparing specificity in lung cancer versus COPD

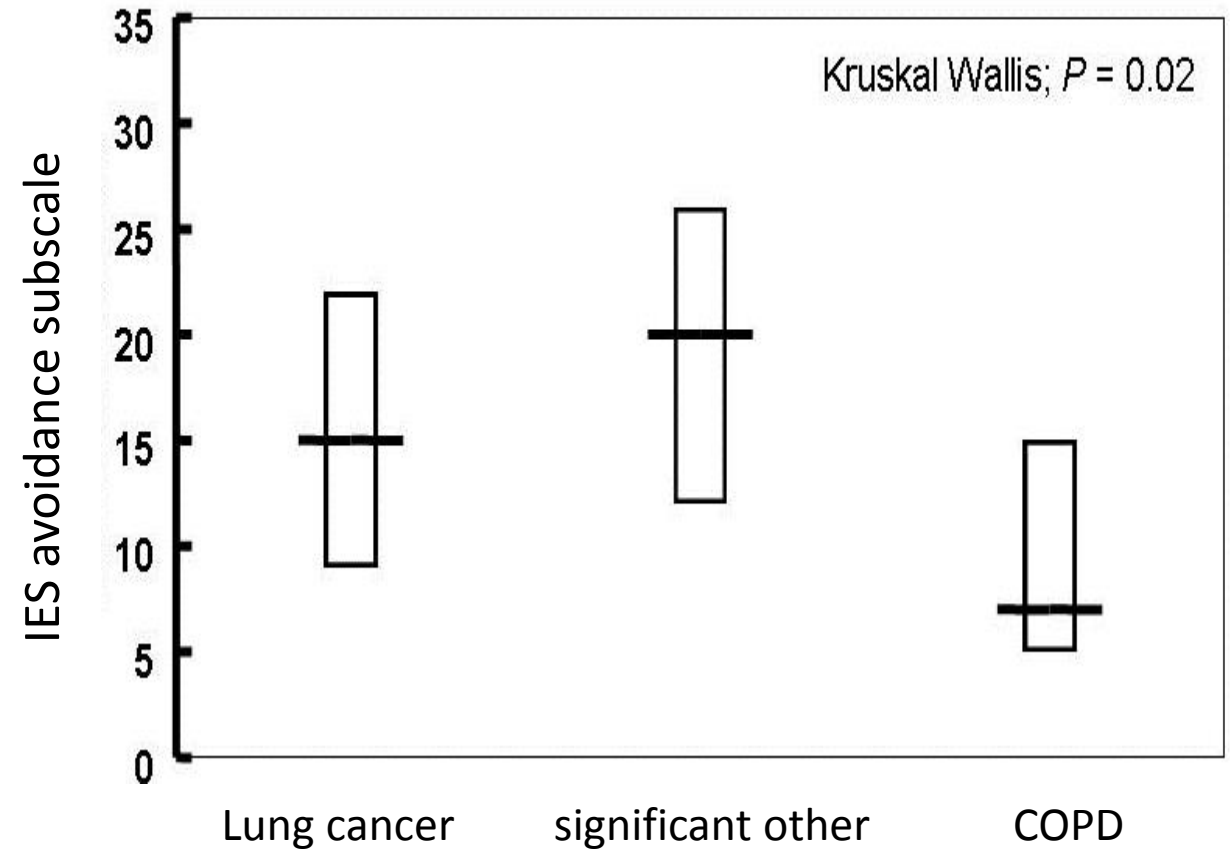
- total IES
- Intrusion subscale
- Avoidance subscale



Intrusion subscale

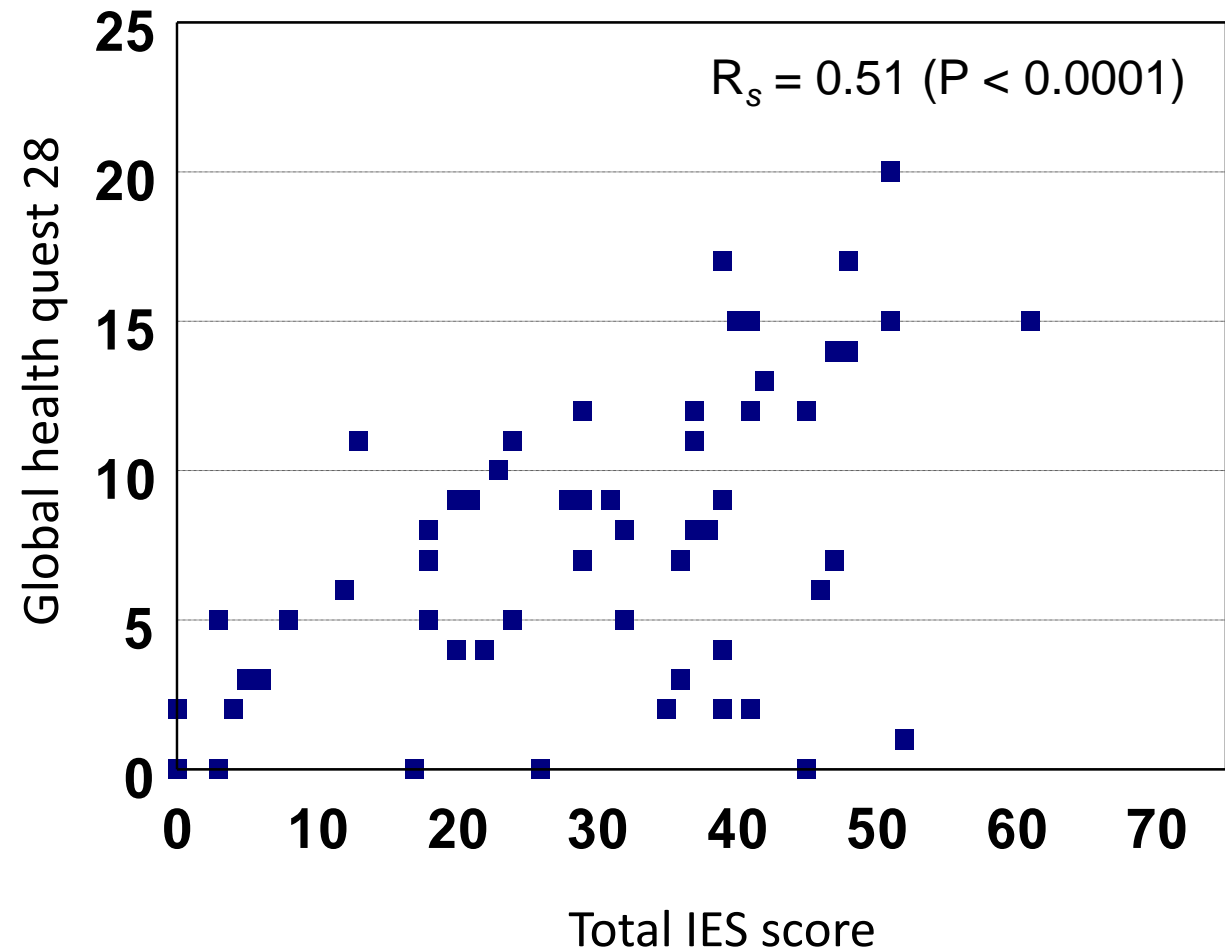


Avoidance subscale



Patients and significant others facing a diagnosis of lung cancer are at high risk of PTSD. The level of IES intrusion in persons facing lung cancer increases emotional distress that in turn affects quality of life.

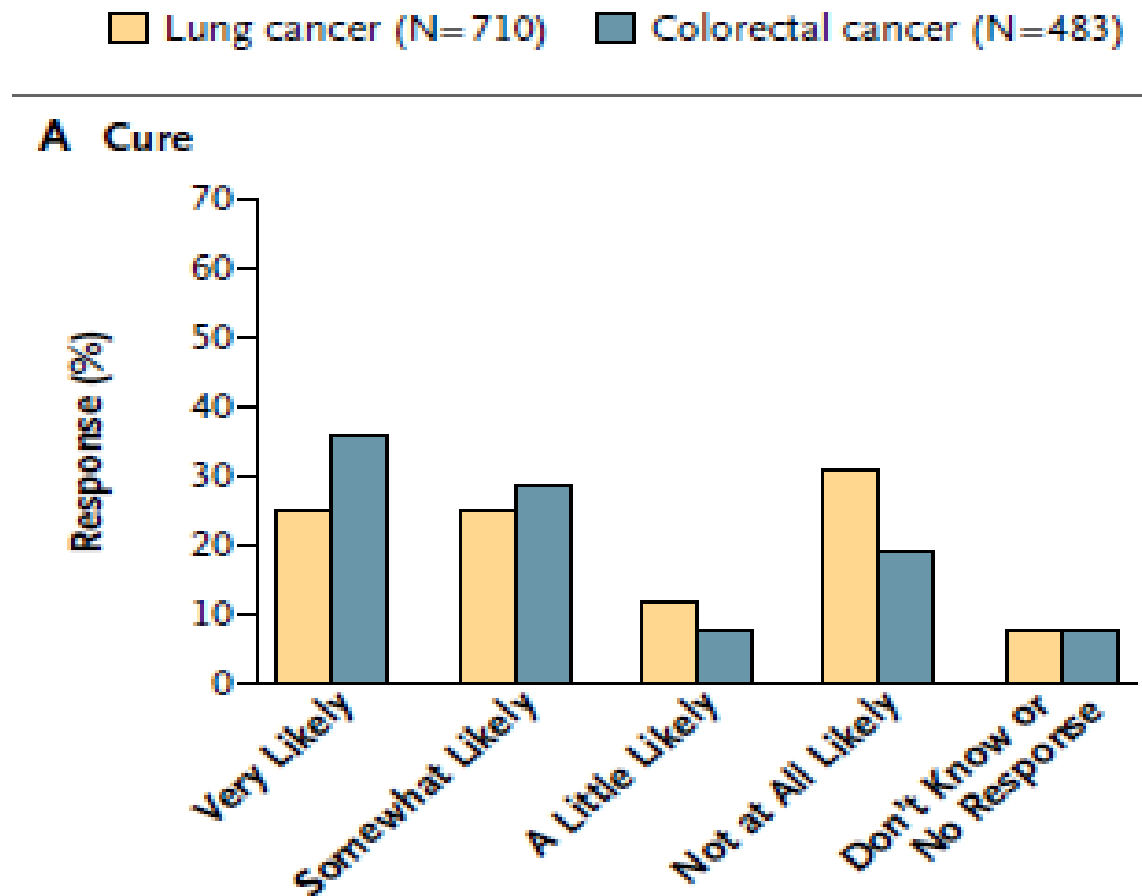
Pujol JL, Psychology 2013.
Vol.4, No.6A1, 1-7



The multiple meanings of the word “cancer”

| Cancer | Setting | Character | goal |
|---------------------|------------|----------------|--|
| Scientific material | Research | Searcher | Knowledge |
| <i>Disease</i> | Biology | MD, caregiver | Treatment |
| <i>Illness</i> | Experience | Patient | To circumvent Biographic disruption |
| <i>Sickness</i> | Culture | Social, public | General meaning Attribution theory |

Patient's expectation about cure



Patient's expectations about chemotherapy

- Advanced lung cancer is an incurable disease
- 69% patients overestimate the expected effectiveness of CT.
- Belief in the CT is twice as high in patients with empathic relationship with the oncologist .
- This belief encourages patients to accept the CT

Physician's expectation about chemotherapy?

- 30 key opinion leaders in thoracic oncology (22 have answered)
- Online survey consisting of five different fictive patient case reports who are expected to receive CT according to guidelines.

SITUATION a (1/5)

Patient in clinical conditions that fit with planned treatment.
Mucinous adenocarcinoma, metastases to the seventh rib and clavicle.
EGF-R negative, ALK negative, K-RAS mutation exon 2 codon 13.
Treatment planned: CISPLATIN - PEMETREXED chemotherapy.

» * Champs obligatoires

| | -2 | -1 | 0 | 1 | 2 | |
|---|--|-----------------------|-----------------------|-----------------------|-----------------------|-------------|
| * 1 - How likely in your opinion will chemotherapy be curative? | <div>not at all likely</div> <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Very likely |
| * 2 - How likely in your opinion will chemotherapy prolong survival? | <div>not at all likely</div> <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | very likely |
| * 3 - How likely in your opinion will chemotherapy allow symptom alleviation? | <div>not at all likely</div> <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | very likely |

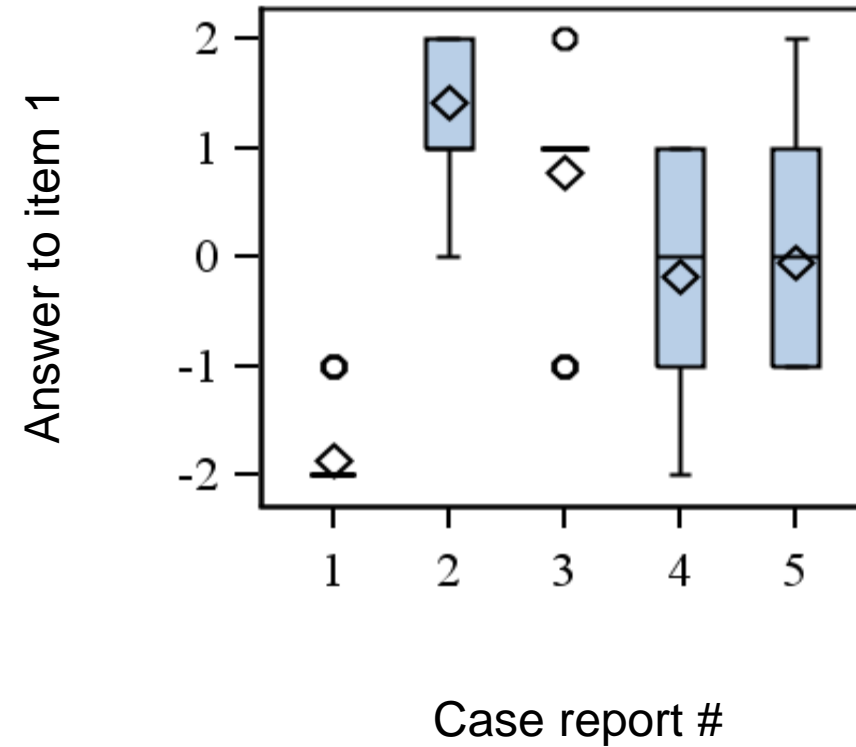
Patient in clinical conditions that fit with planned treatment.
 Acinar adenocarcinoma of the lung, T2N1M1 : solitary left adrenal metastasis
 Treatment planned:
 # Chemotherapy, four cycles with CISPLATIN - PEMETREXED combination.
 # next step decision is postponed at the end of four cycle program according to tumour assessment.

» * Champs obligatoires

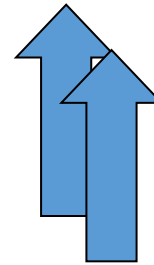
| | | | | | | |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------|
| * 1 - How likely in your opinion will chemotherapy be curative? | -2 | -1 | 0 | 1 | 2 | |
| not at all likely | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Very likely |
| * 2 - How likely in your opinion will chemotherapy prolong survival? | -2 | -1 | 0 | 1 | 2 | |
| not at all likely | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | very likely |
| * 3 - How likely in your opinion will chemotherapy allow symptom alleviation? | -2 | -1 | 0 | 1 | 2 | |
| not at all likely | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | very likely |

Valider

“How likely in your opinion will chemotherapy be curative?”



Pujol JL, submitted



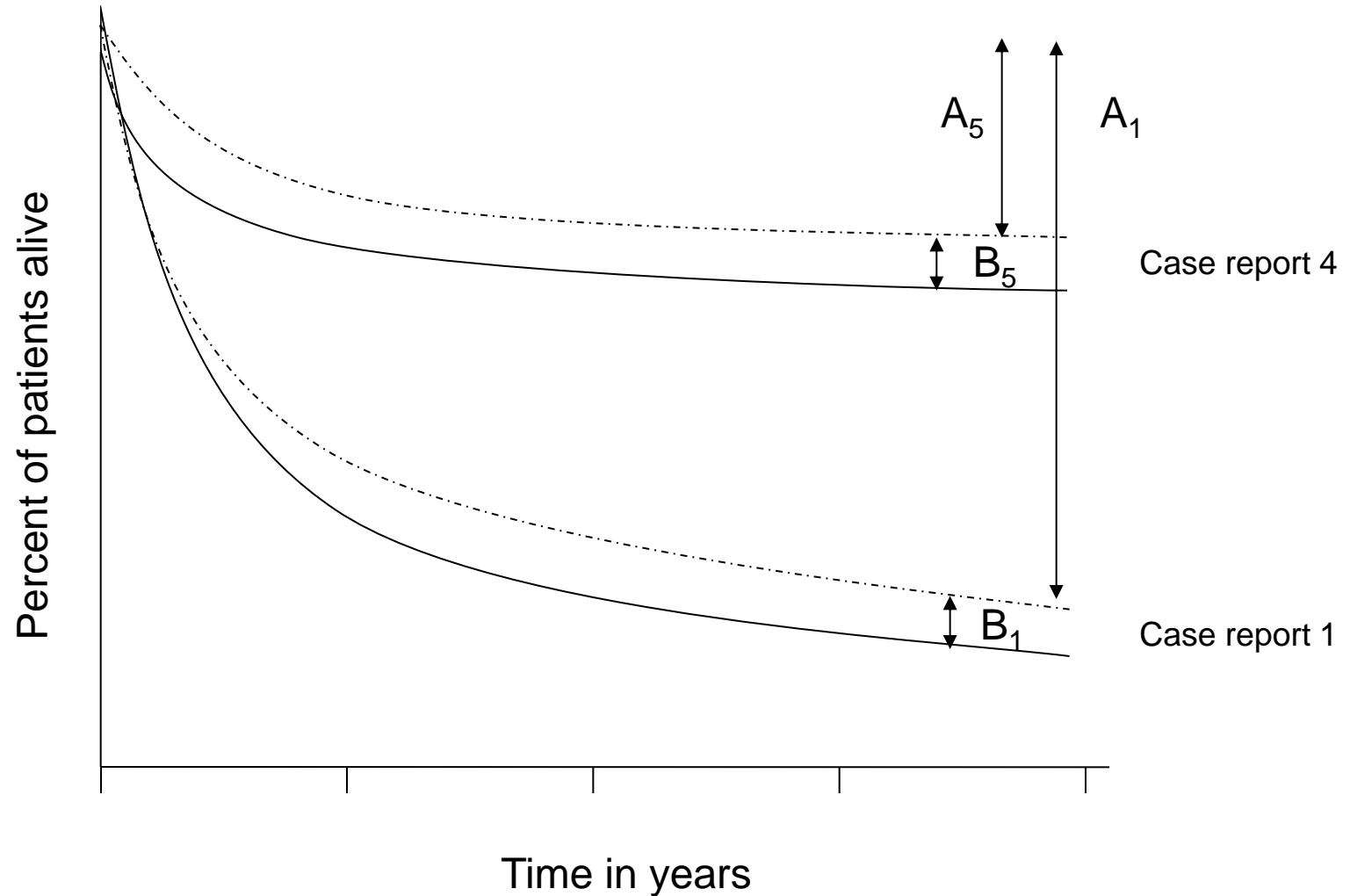
“How likely in your opinion will chemotherapy be curative?”

| | Case report # | | | | |
|------------------------|---------------|-------------|-------------|--------------|-------------|
| Réponses (n) % | 1 | 2 | 3 | 4 | 5 |
| Not at all likely (-2) | (19) 86.3 | (0) 0.00 | (0) 0.00 | (4) 18.1 | (0) 0.00 |
| Other answers | (3) 13.6 | (22) 100 | (22) 100 | (18) 81.8 | (22) 100 |

Fischer: $P < 0.0001$; ddl: 4

area B is the perceived zone of traitement effectiveness; Curability concept is the subtle relationship of HR to the area $A + B$;

Curability concept is a ratio of the percentage of lifes actually saved to the percentage of life that treatment should save it was absolutely effective.



Conclusions

- Traumatic atmosphere of lung cancer diagnosis, and mainly the anguish it generates, creates a biographical disruption.
- This dissension reveals the cultural system of reference and the social representations in which the subject is trapped.
- The therapeutic response consists in helping the patient build up new grids of references.