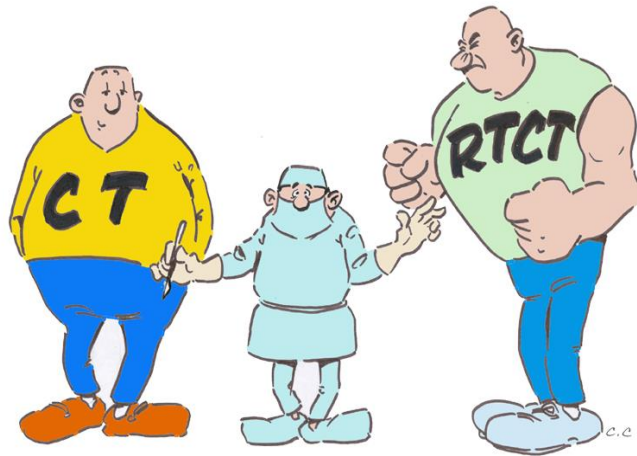


# superior sulcus tumours

## the case for multidisciplinary approach

**Dominique H. Grunenwald, MD, PhD**

*University of Paris VI. France*



15-18 April 2015, Geneva, Switzerland

**Organisers**



**Partners**



conflict of interest  
none



15-18 April 2015, Geneva, Switzerland

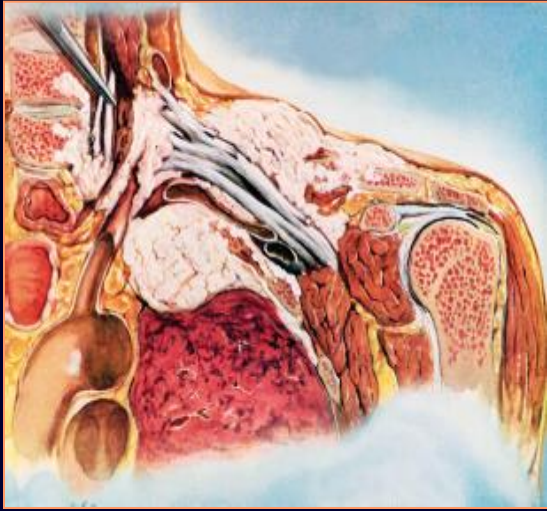
**Organisers**



**Partners**



# superior sulcus tumor



**complex disease**

**poor incidence**

**absence of randomized studies**

**clinical model for multimodal strategies**

# multiple challenges

- local control
  - muscles (sternomastoid, scalenes),
  - ribs,
  - vertebral body,
  - subclavian vessels, phrenic nerve, brachial plexus
- multidisciplinary surgery
  - thoracic surgeon
  - neurosurgeon, or spine surgeon
  - head and neck surgeon
- limits for adjuvant rt
  - chord
  - esophagus
  - brachial plexus
- systemic control
  - incidence of distant relapses (brain)





## *surgical history*

1. 1932-1956 : non curable, inoperable
2. 1956-1990 : rt + surgery (posterolateral thoracotomy)
3. 1990-2000 : progress in surgical technique
4. from 2000 : induction rt-ct followed by surgery

# Treatment of the Superior Sulcus Tumor by Irradiation Followed by Resection \*

ROBERT R. SHAW, M.D., DONALD L. PAULSON, M.D.,  
JOHN L. KEE, JR., M.D.

*From the Thoracic Surgery Section, Baylor University Medical Center and Department of Surgery, Southwestern Medical School, Dallas, Texas*

BRONCHOGENIC carcinomas that develop peripherally and invade the chest wall produce a painful syndrome that has been therapeutically difficult to control. The parietal pleura rather than being a barrier

from embryonal epithelial rests of the last branchial cleft. He suggested that they be called superior sulcus tumors although he admitted that better knowledge of the histopathology of the growth "may change

**Ann Surg 1961;154:29-40**

**1961**

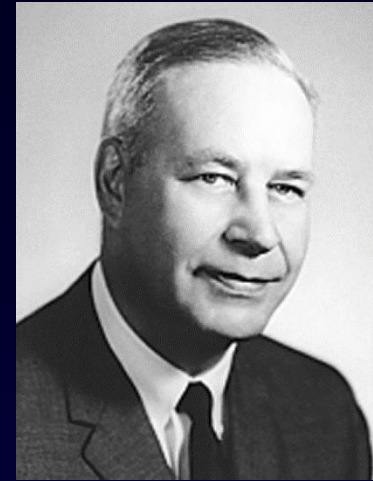


**Dr. Robert R. Shaw (1905-1992)**

# carcinomas in the superior pulmonary sulcus

preoperative irradiation and extended resection

|                        |     |
|------------------------|-----|
| eligible patients      | 46  |
| surviving over 5 years | 34% |



**Dr. Donald L. Paulson (1912-1999)**

prognostic factors:

- nodal involvement
- extent of the tumor
- pathological effects of preoperative irradiation in the resected specimens

**1975**

**"carcinomas of the superior pulmonary sulcus can be treated with extensive and intensive external irradiation with results equivalent to those of resection with or without preoperative irradiation"** R. Komaki 1981

(Milwaukee, Wisconsin)



**1981**

**5-yr survival = 23%**

# CANCERS PULMONAIRES DE L'APEX ENVAHISSANT LA PAROI

1984

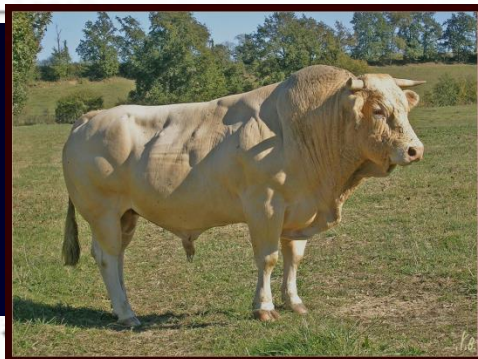
D. GRUNENWALD, L. TOTY

GRUNENWALD D., TOTY L. — Cancers pulmonaires de l'apex envahissant la paroi. Résultats d'une enquête menée auprès des membres de la Société de Chirurgie Thoracique et Cardiovasculaire de Langue Française.

GRUNENWALD D., TOTY L. — Apical lung cancers invading the chest wall. The results of a survey of the members of the Society of French Speaking Thoracic and Cardiovascular Surgeons. (In French).

Ann. Chir. : Chir. thorac. cardio-vasc., 1984, 38, n° 2, 85-87.

Ann. Chir. : Chir. thorac. cardio-vasc., 1984, 38, n° 2, 85-87.



**Surgery upfront!**

## RESULTATS DE LA CHIRURGIE DES CANCERS PULMONAIRES AVEC SYNDROME DE PANCOAST ET TOBIAS

Une série homogène de 76 opérés

L. TOTY<sup>1,2</sup>, D. GRUNENWALD<sup>1</sup>,  
H. BAKDACH<sup>2</sup>, A. COLCHEN<sup>1</sup>, M. LEROY<sup>1</sup>,  
C. PERSONNE<sup>1</sup>, P. HERTZOG<sup>2</sup>

TOTY L., GRUNENWALD D., BAKDACH H., COLCHEN A., LEROY M., PERSONNE C., HERTZOG P. — Résultats de la chirurgie des cancers pulmonaires avec syndrome de Pancoast et Tobias. Une série homogène de 76 opérés.

Ann. Chir. : Chir. thorac. cardio-vasc., 1984, 38, n° 2, 96-100.

TOTY L., GRUNENWALD D., BAKDACH H., COLCHEN A., LEROY M., PERSONNE C., HERTZOG P. — Results of the management of lung cancers with Pancoast syndrome. A homogeneous series of 76 operated patients. (In French).

Ann. Chir. : Chir. thorac. cardio-vasc., 1984, 38, n° 2, 96-100.

**76 patients**

# CANCERS PULMONAIRES DE L'APEX ENVAHISSANT LA PAROI

1984

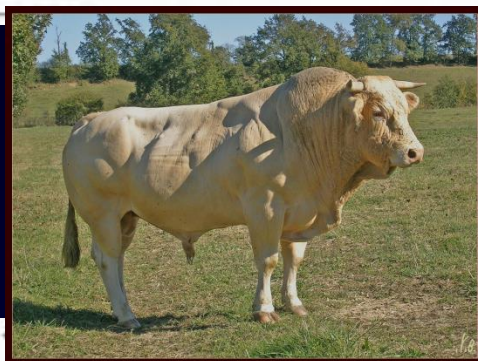
D. GRUNENWALD, L. TOTY

GRUNENWALD D., TOTY L. — Cancers pulmonaires de l'apex envahissant la paroi. Résultats d'une enquête menée auprès des membres de la Société de Chirurgie Thoracique et Cardiovasculaire de Langue Française.

Ann. Chir. : Chir. thorac. cardio-vasc., 1984, 38, n° 2, 85-87.

GRUNENWALD D., TOTY L. — Apical lung cancers invading the chest wall. The results of a survey of the members of the Society of French Speaking Thoracic and Cardiovascular Surgeons. (In French).

Ann. Chir. : Chir. thorac. cardio-vasc., 1984, 38, n° 2, 85-87.



**Surgery upfront!**

## RESULTATS DE LA CHIRURGIE DES CANCERS PULMONAIRES AVEC SYNDROME DE PANCOAST ET TOBIAS

Une série homogène de 76 opérés

TOTY L., GRUNENWALD D., BAKDACH H., COLCHEN A., LEROY M., PERSONNE C., HERTZOG P. — Résultats de la chirurgie des cancers pulmonaires avec syndrome de Pancoast et Tobias. Une série homogène de 76 opérés.

Ann. Chir. : Chir. thorac. cardio-vasc., 1984, 38, n° 2, 96-100.

L. TOTY<sup>1,2</sup>, D. GRUNENWALD<sup>1</sup>,  
H. BAKDACH<sup>2</sup>, A. COLCHEN<sup>1</sup>, M. LEROY<sup>1</sup>,  
C. PERSONNE<sup>1</sup>, P. HERTZOG<sup>2</sup>

TOTY L., GRUNENWALD D., BAKDACH H., COLCHEN A., LEROY M., PERSONNE C., HERTZOG P. — Results of the management of lung cancers with Pancoast syndrome. A homogeneous series of 76 operated patients. (In French).

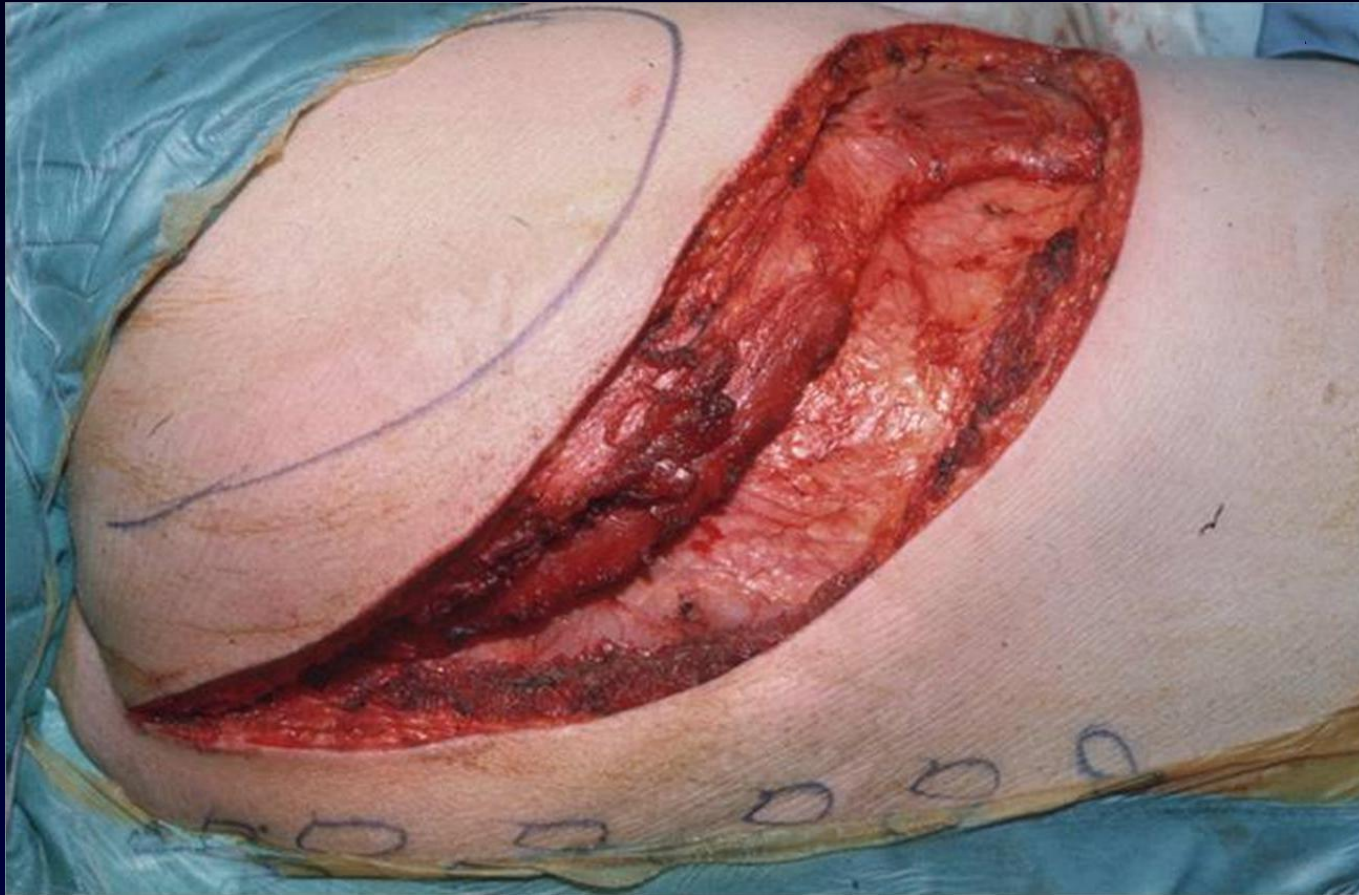
Ann. Chir. : Chir. thorac. cardio-vasc., 1984, 38, n° 2, 96-100.

76 patients

5-yr survival →

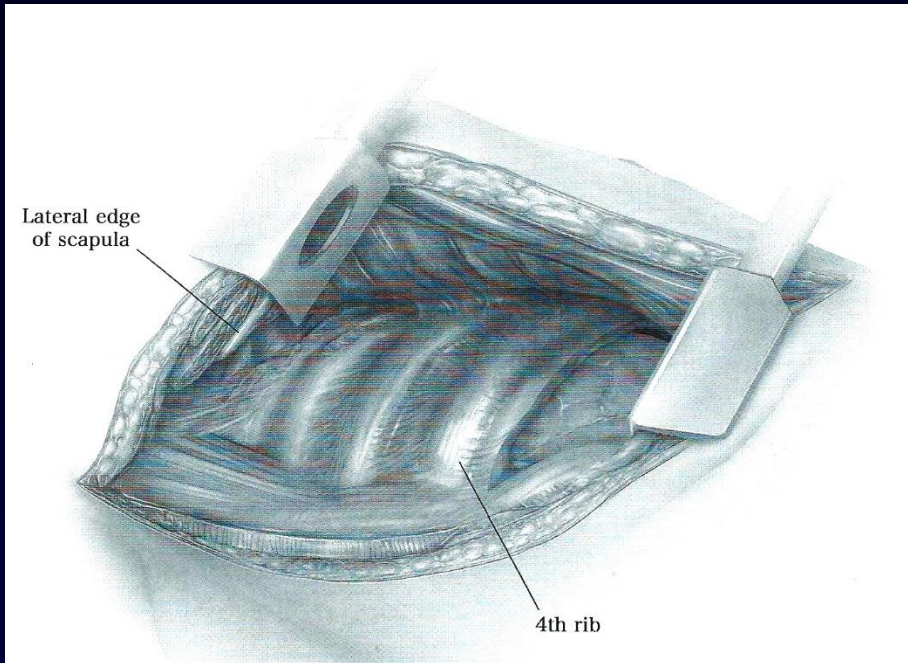
4,2%

# *classical posterior "Paulson's approach"*

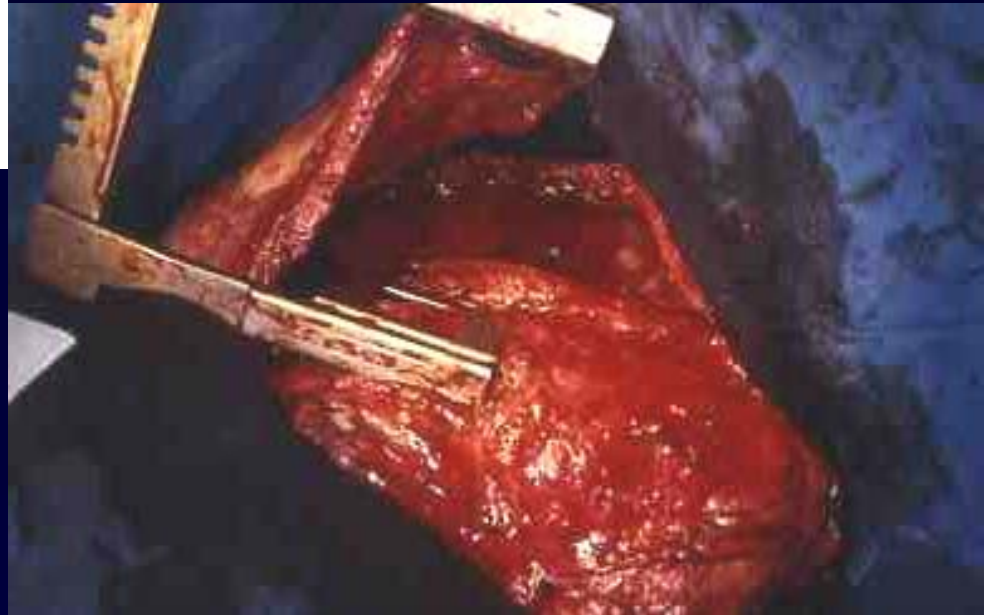


**the thoracotomy incision is extended posteriorly and superiorly  
division of the trapezius and rhomboid muscles**

# elevation of the scapula exposure of the apical chest wall

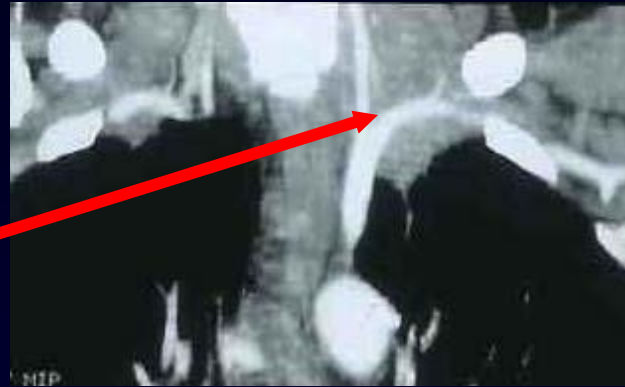


Operative techniques in thoracic and  
cardiovascular surgery 2011;16154-66

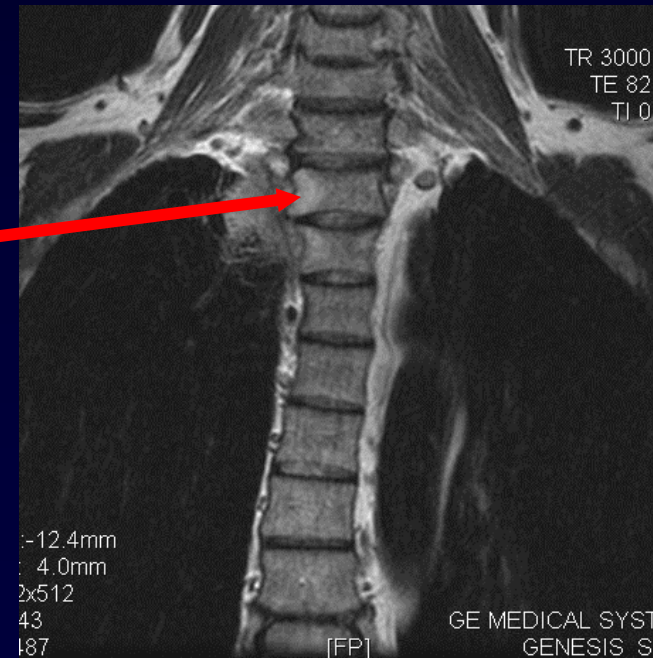


# surgical absolute contraindications

**supraclavicular  
vascular  
involvement**



**vertebral  
involvement**



*''control of locoregional disease  
remains the major challenge in  
treating lung cancers of the  
superior sulcus''*

*vw rusch, et al. 2000*



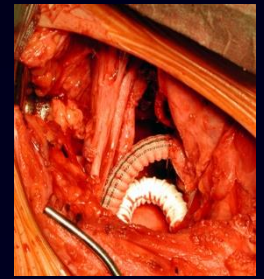
## *surgical history*

1. 1932-1956 : non curable, inoperable
2. 1956-1990 : rt + surgery (posterolateral thoracotomy)
3. 1990-2000 : progress in surgical technique
4. from 2000 : induction rt-ct followed by surgery

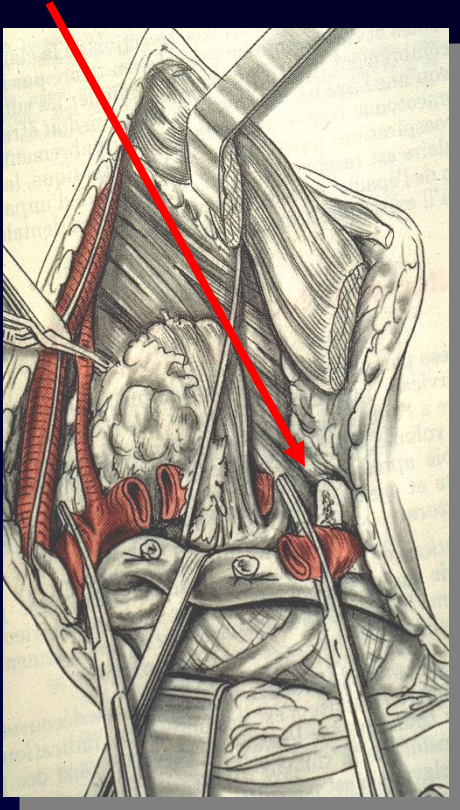
**anterior approaches**

**vertebral resections**

# anterior approaches allow vascular resections and reconstructions

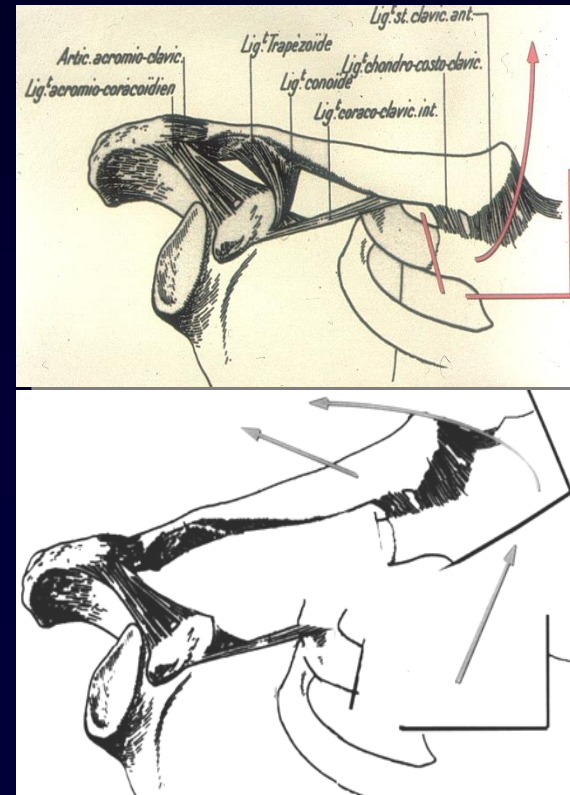


## transcervical approach (clavicle resection) 1993



Darteville PG, et al. JTCS 1993;105:1025-34

## transmanubrial approach (sparing clavicle) 1997



Grunenwald D, et al. JTCS 1997;113:958-61

# vertebral resections 1996

Original Article

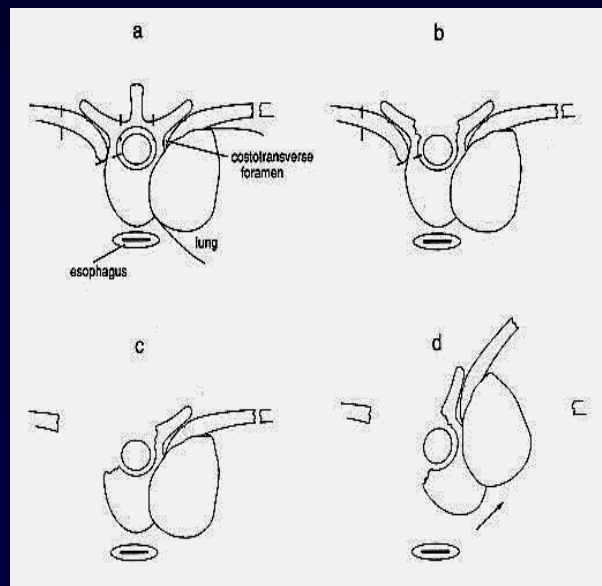
## Total Vertebrectomy for En Bloc Resection of Lung Cancer Invading the Spine

Dominique Grunenwald, MD, Christian Mazel, MD,

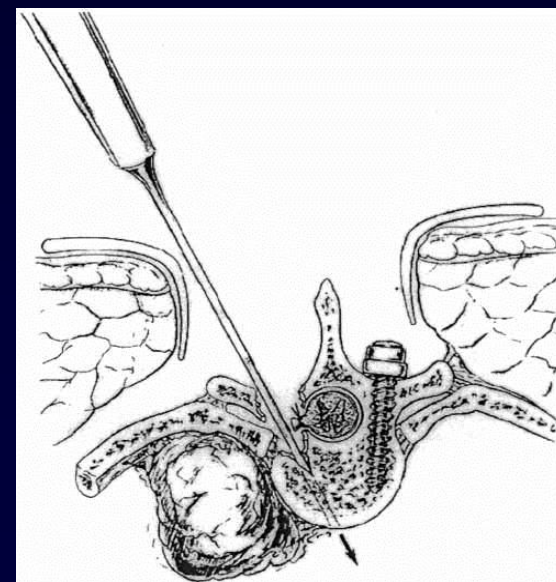
the section of the chest wall in tumor-free margins, together with a wedge resection in the left upper lobe. The "resected" lung was left attached to the chest wall and spine in the pleural cavity. A complementary dissection to free the posterior mediastinum from the spine was also performed, and the thoracotomy was closed.

The last step to a complete en bloc resection was vertebrectomy through an enlarged posterior approach (6) (Fig 1). Briefly, the first stage is a laminectomy at the

**no effraction of the tumor block**

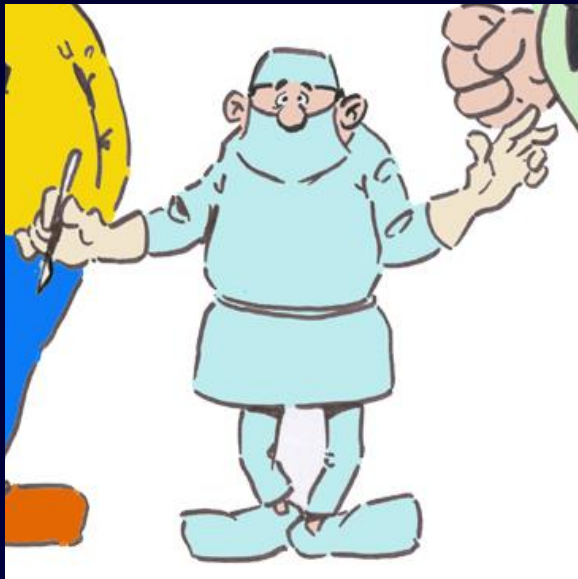
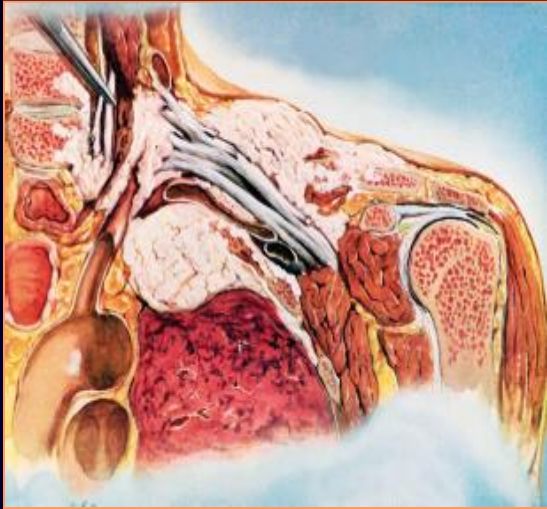


Grunenwald D, et al.  
Ann Thorac Surg 1996;61:723-6



Grunenwald DH, et al.  
JTCS 2002;123:271-9

# superior sulcus tumor



outcomes  
from surgery ?

# results of induction therapy (predominantly rt) and surgical resection for nsccl of the superior sulcus

| Author (y)      | No. | Preop. tt | Compl. res. (%) | Loc.rec. (%) | 5-yr surv. (%) |
|-----------------|-----|-----------|-----------------|--------------|----------------|
| Paulson (1975)  | 61  | RT        | NS              | NS           | 26             |
| Attar (1979)    | 73  | RT        | 48              | NS           | NS             |
| Ginsberg (1994) | 124 | RT        | 56              | 72           | 26             |
| Maggi (1994)    | 60  | RT        | 60              | 15           | 17             |
| Komaki (2000)   | 62  | RT,RT-CT  | 53              | NS           | 38             |
| Hagan (1999)    | 34  | RT        | NS              | 20           | 33             |
| Rusch (2000)    | 225 | RT,RT-CT  | 56              | 40           | 29             |
| Martinod (2003) | 139 | None, RT  | 81              | 31           | 35             |

# resection of T3 and T4 lung cancers of the superior sulcus

retrospective review of 225 patients (24 yr)

preoperative RT 55%

actuarial 5-year survival

|      |     |
|------|-----|
| IIB  | 46% |
| IIIA | 0   |
| IIIB | 13% |

2000



# resection of T3 and T4 lung cancers of the superior sulcus

retrospective review of 225 patients (24 yr)

preoperative RT 55%

actuarial 5-year survival IIB 46%

IIIA 0

IIIB 13%

carcinomas in the superior pulmonary sulcus

preoperative irradiation and extended resection

eligible patients 46  
surviving over 5 years 34%

prognostic factors:

- nodal involvement
- extent of the tumor
- pathological effects of preoperative irradiation in the resected specimens

# prognostic factors influencing survival

prognostic factor

*p* value

limited res. / lobectomy

.08

T4 / T3

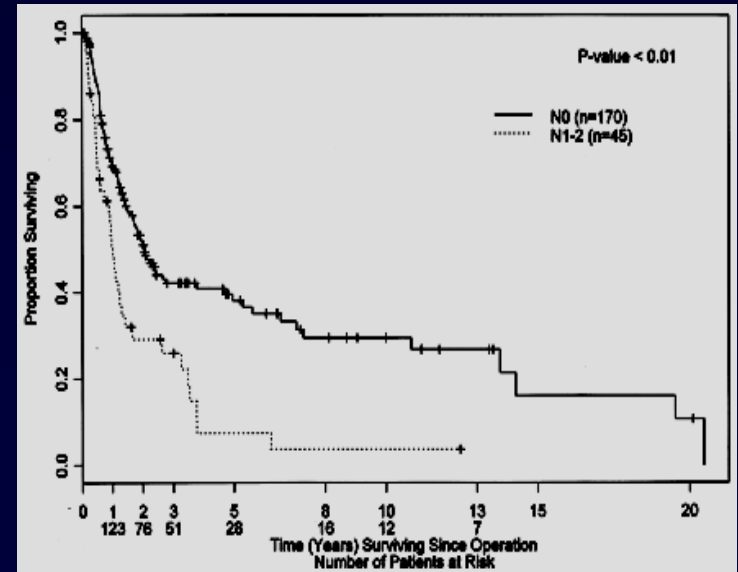
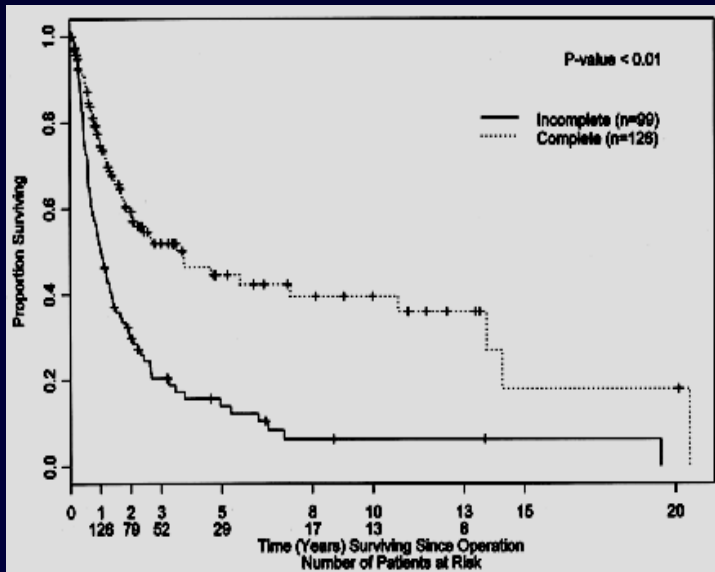
.05

IR / CR

< .01

N1-2 / N0

< .01



# induction ct-rt and surgical resection for superior sulcus nsccl: long-term results of SWOG 9416 (Intergroup Trial 0160)

2007

T3-4, N0-1 SS nsccl

cis-eto x 2 and concurrent 45 Gy radiation

stable or responding disease → thoracotomy

|                           |     |        |
|---------------------------|-----|--------|
| thoracotomy               | 80% | (n=88) |
| complete resection        | 76% | (n=83) |
| path. CR or min. micr. d. | 56% | (n=61) |
| 5-yr surv. all patients   | 44% |        |
| compl. resection          | 54% |        |

# induction chemotherapy, concurrent chemoradiation and surgery for Pancoast tumour

induction ct followed by concurrent ct-rt (45 Gy hfa)  
surgery 4-6 weeks post-radiation

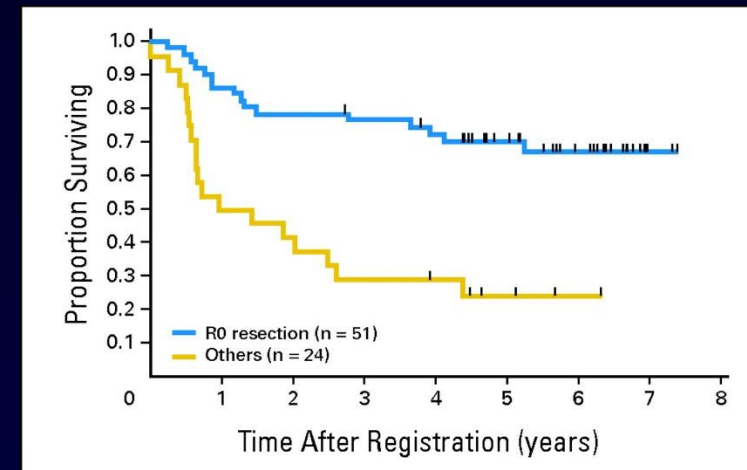
31 consecutive patients

|                           |                  |
|---------------------------|------------------|
| grade 3-4 toxicity        | 32%              |
| eligible for surgery      | 94% (n=29)       |
| <b>complete resection</b> | <b>94%</b>       |
| post-operative mortality  | 6.4%             |
| major complications       | 20.6%            |
| <b>median survival</b>    | <b>54 months</b> |
| 5-yr survival             | 46%              |

2007

**2 cycles of ct (mitomycin, vindesine, cisplatin)  
concomittant radiotherapy (45 Gy)  
thoracotomy 2 to 4 weeks after completion  
(JCOG trial 9806)**

|                                 |            |
|---------------------------------|------------|
| <b>surgical resection</b>       | <b>57</b>  |
| <b>pathol. compl. resection</b> | <b>51</b>  |
| <b>pathol. compl. response</b>  | <b>12</b>  |
| <b>major postop. morbidity</b>  | <b>8</b>   |
| <b>treatment-related deaths</b> | <b>3</b>   |
| <b>overall 5-yr survival</b>    | <b>56%</b> |



**2008**

# induction concurrent crt compared with induction rt for superior sulcus nsccl: a retrospective study

39 pts (induction followed by surgery)

2010

two groups

induction rt (1993-1999)

induction crt (since 1999)

|                        | rt | crt | <i>p</i> |
|------------------------|----|-----|----------|
| complete resection (%) | 65 | 91  | 0.024    |
| pCR from induction (%) | 12 | 45  | 0.032    |
| 5-yr survival (%)      | 12 | 36  | 0.007    |
| tumor-free surv. (mo.) | 17 | 40  | 0.007    |

# induction concurrent crt compared with induction rt for superior sulcus nsccl: a retrospective study

39 pts (induction followed by surgery)

2010

two groups

induction rt (1993-1999)

induction crt (since 1999)

|                        | rt | crt | <i>p</i> |
|------------------------|----|-----|----------|
| complete resection (%) | 65 | 91  | 0.024    |
| pCR from induction (%) | 12 | 45  | 0.032    |
| 5-yr survival (%)      | 12 | 36  | 0.007    |
| tumor-free surv. (mo.) | 17 | 40  | 0.007    |

# complete pathological response is predictive for clinical outcome after tri-modality therapy for carcinomas of the superior pulmonary sulcus

5-yr overall survival

|                 |     |           |
|-----------------|-----|-----------|
| pCR             | 70% | $p=0.001$ |
| residual tumour | 20% |           |

|                    |       |      |           |
|--------------------|-------|------|-----------|
| vital tumour cells | < 10% | 65%  | $p<0.001$ |
|                    | >10 % | 18 % |           |

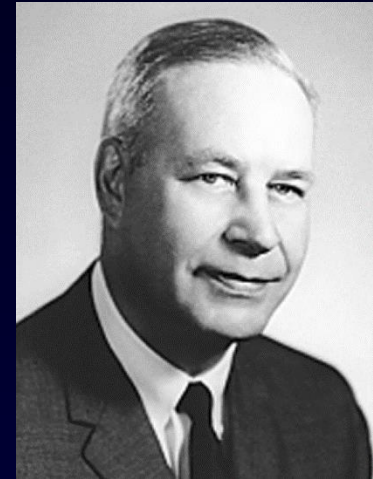
a modification of the pathological staging system after radiotherapy, incorporating the percentage of vital tumour cells, is proposed

# carcinomas in the superior pulmonary sulcus

preoperative irradiation and extended resection

eligible patients 46

surviving over 5 years 34%



Dr. Donald L. Paulson (1912-1999)

prognostic factors:

- nodal involvement
- extent of the tumor
- pathological effects of preoperative irradiation in the resected specimens

1975

# Pancoast tumor: a modern perspective on an old problem

Glassman LR, Hyman K. Curr Opin Pulm Med 2013;19:340-3

**"with a multidisciplinary approach and the use of trimodality therapy this entity has evolved from a universally fatal disease to one that is treatable with outcomes similar to those of other stage-matched nsclc"**



# en bloc vertebrectomy / intralesional approach

## upfront surgery / induction rt-ct

|                 | pers.    | MDA           | Toronto |
|-----------------|----------|---------------|---------|
| yr              | 2006*    | 2009          | 2013    |
| induction       | none, ct | none          | ct-rt   |
| surg. technique | en bloc  | intralesional | en bloc |
| pts             | 34       | 31            | 48      |
| partial vert.   | 28       | 16            | 38      |
| total vertebr.  | 6        | 15            | 10      |
| R0 res. (%)     | 88       | 56            | 88      |
| mortality (%)   | 3        | 5             | 6       |
| 5-yr surv. (%)  | 24       | 27            | 61      |

\* unpublished

special treatment issues in nsccl: diagnosis and management of lung cancer, 3rd ed: **American College of Chest Physicians** evidence-based clinical practice **guidelines**

in patients with a Pancoast tumor, a multimodality approach appears to be optimal, involving chemoradiotherapy and surgical resection, provided that appropriate staging has been carried out

# trimodality therapy in Pancoast tumours

## unresolved questions :

- 1) role of PET-CT in restaging tumors
- 2) significance and implications of ipsilateral supraclavicular lymph node disease: N3 or "N1"?
- 3) downstaged N2 disease (trimodality treatment)
- 4) role of prophylactic cranial irradiation
- 5) role of high dose of RT (up to 60 Gy)
- 6) role of adjuvant postoperative chemotherapy

**"carcinomas of the superior pulmonary sulcus can be treated with extensive and intensive external irradiation with results equivalent to those of resection with or without preoperative irradiation"** R. Komaki 1981

(Milwaukee, Wisconsin)

**5-yr survival = 23%**



**1981**



R. Komaki 1981

1990

"surgical resection should be used whenever possible for superior sulcus tumor"

R. Komaki 1990

(Houston, Tx)



## CHAIRMAN'S ADDRESS

HENRY K. PANCOAST, M.D.

PHILADELPHIA

Medicine is not and cannot be an exact science because of the complexity of the human element involved. Roentgenology is the youngest branch of the specialties and is a study of living pathology. Even pathology is subject to many changes through experience, progress in investigation and study. This is one