

Treatment Choices of Advanced NSCLC Patients without Driver Mutations

Maintenance

Giorgio V. Scagliotti
University of Torino
Professor and Chair
Department of Oncology
giorgio.scagliotti@unito.it



Why Maintenance?

- Goal :
 - To extend progression-free and overall survival of patients with advanced NSCLC already treated with induction chemotherapy
 - To extend symptom-free survival of advanced NSCLC patients
- Therapeutic Action
 - Continuous administration of single agents/combos of cytotoxic agents and/or targeted agents
- Which target population?
 - Those with CR, PR or SD following induction and minimal cumulative toxicity

Maintenance Therapy: Strategies

- Continuation of a doublet beyond 4 cycles
- Initiating a new agent (“switch”)
 - *Carboplatin and paclitaxel followed by pemetrexed*
 - *Carboplatin and gemcitabine followed by docetaxel*
 - *Platinum-based doublets followed by erlotinib*
- Continuation of a targeted agent
 - *Carboplatin, paclitaxel and bevacizumab followed by bevacizumab*
- Continuing one (or two) of the same agents from the original combination
 - *Cisplatin and pemetrexed followed by pemetrexed as maintenance or carboplatin and gemcitabine followed by gemcitabine*

Early Studies of Maintenance Therapy in Advanced NSCLC

Study	Ph.	Induction Treatment Regimen	Length of Induction	Maintenance Agent Under Investigation	Endpoint: Improved OS	Endpoint: Improved PFS
Smith et al 2001 ¹	III	MVP (mitomycin + vinblastine + cisplatin)	3 cycles	3 more cycles	No	No
Socinski et al 2002 ²	III	Carboplatin + paclitaxel	4 cycles	Continuous treatment	No	No
Belani et al 2003 ³	II	Carboplatin + paclitaxel	2-4 cycles	Paclitaxel	No	No
Westeel et al 2005 ⁴	III	MIC (mitomycin + ifosfamide + cisplatin)	2-4 cycles	Vinorelbine	No	No
Brodowicz et al 2006 ⁵	III	Gemcitabine + cisplatin	4 cycles	Gemcitabine	No	TTP: Yes

All studies had Observation as comparator arm with the exclusion of the study of Brodowicz et al. in which BSC was the comparator

PFS: progression-free survival; OS: overall survival; TTP: time to progression; BSC: best supportive care

Smith IE, et al. *J Clin Oncol.* 2001;19:1336-1343. ; Socinski MA, et al. *J Clin Oncol.* 2002;20:1335-1343.

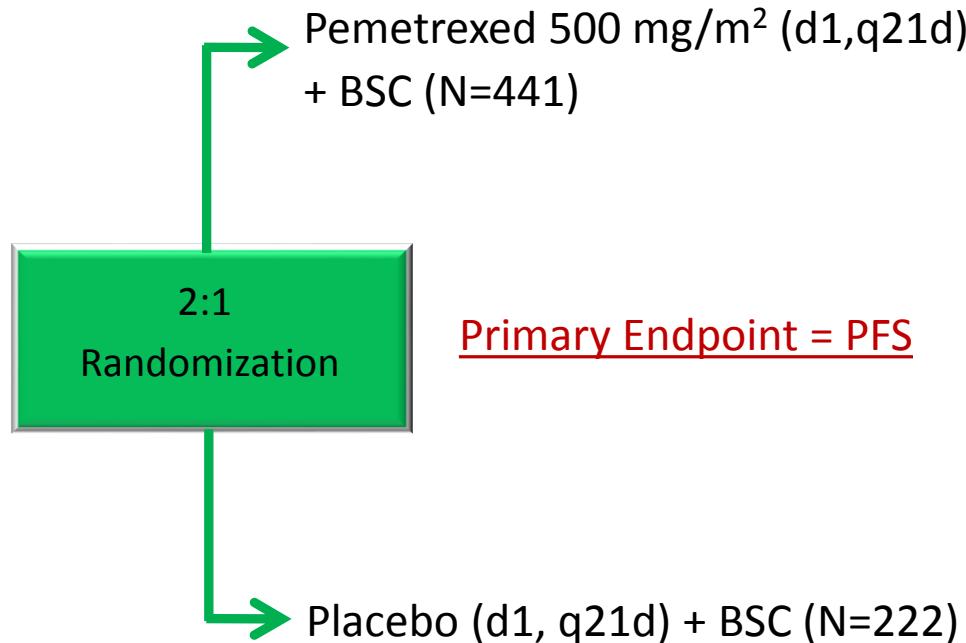
Belani CP, et al. *J Clin Oncol.* 2003;21:2933-2939; Westeel V, et al. *J Natl Cancer Inst.* 2005;97:499-506.

Brodowicz T, et al. *Lung Cancer.* 2006;52:155-163.

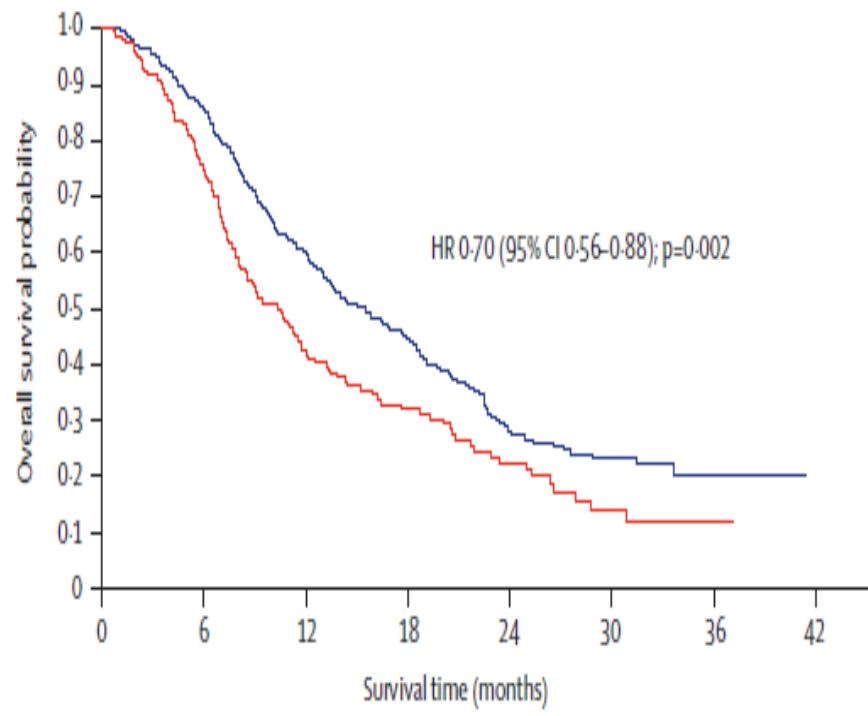
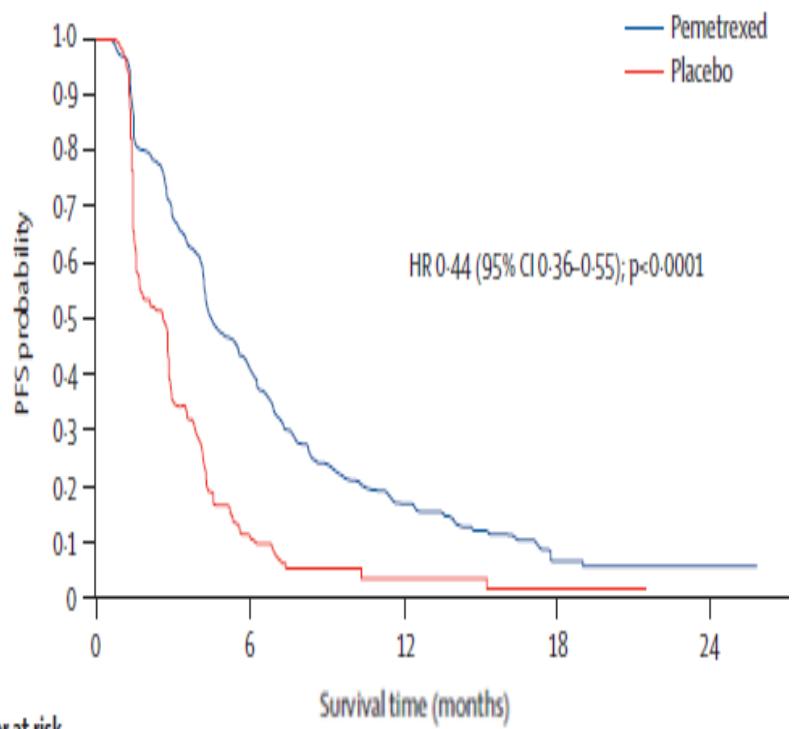
A Prototype of Switch Maintenance.....

Maintenance Pemetrexed Versus Placebo in Advanced NSCLC

- Stage IIIB/IV NSCLC
- ECOG PS 0-1
- 4 prior cycles of gem, doc, or tax + cis or carb, with CR, PR, or SD
- Randomization factors:
 - Gender
 - PS
 - Stage
 - Best tumor response
 - Non-platinum drug
 - Brain mets



Maintenance Pemetrexed: PFS & OS Non-squamous NSCLC

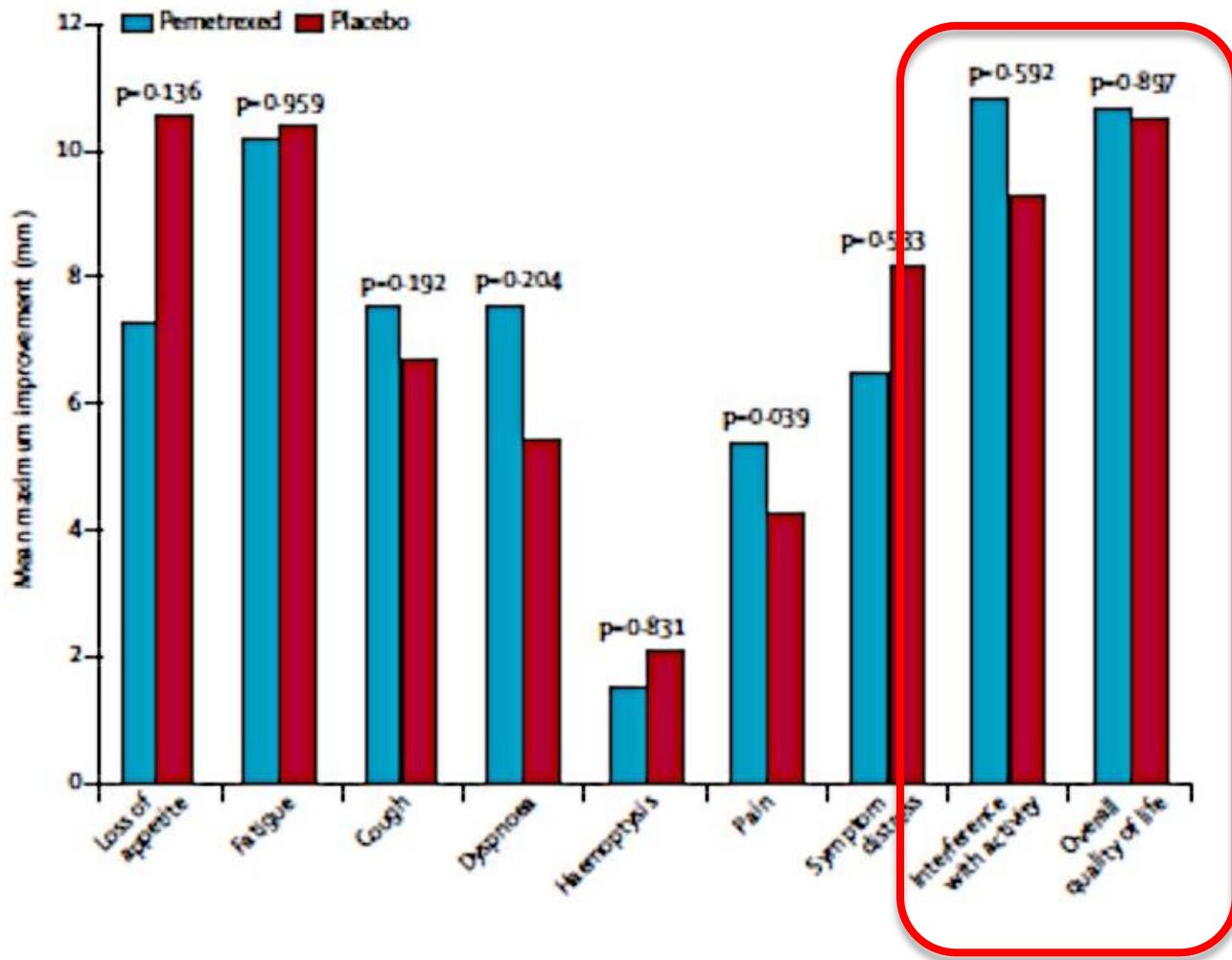


(Investigator assessed)

Ciuleanu et al Lancet 2009; 374(9699):1432-40.

QoL and Pemetrexed Maintenance

Mean Maximum Improvement in LCSS items

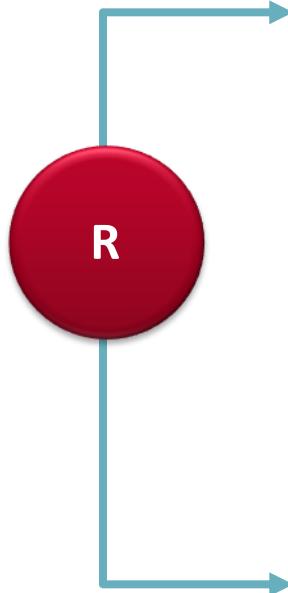


Immediate *versus* Delayed 2nd-Line Docetaxel in Advanced NSCLC

- Chemo-naïve
- Stage IIIB/IV NSCLC



- Gemcitabine $1,000 \text{ mg/m}^2$ d1, 8
- Carboplatin (AUC=5), day 1, every 21 days
- 4 cycles



Immediate Docetaxel

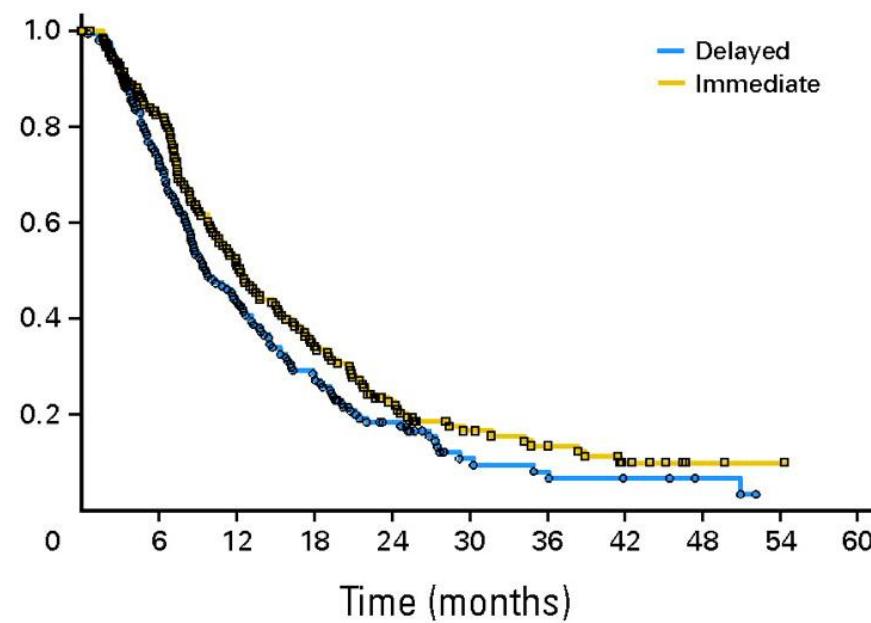
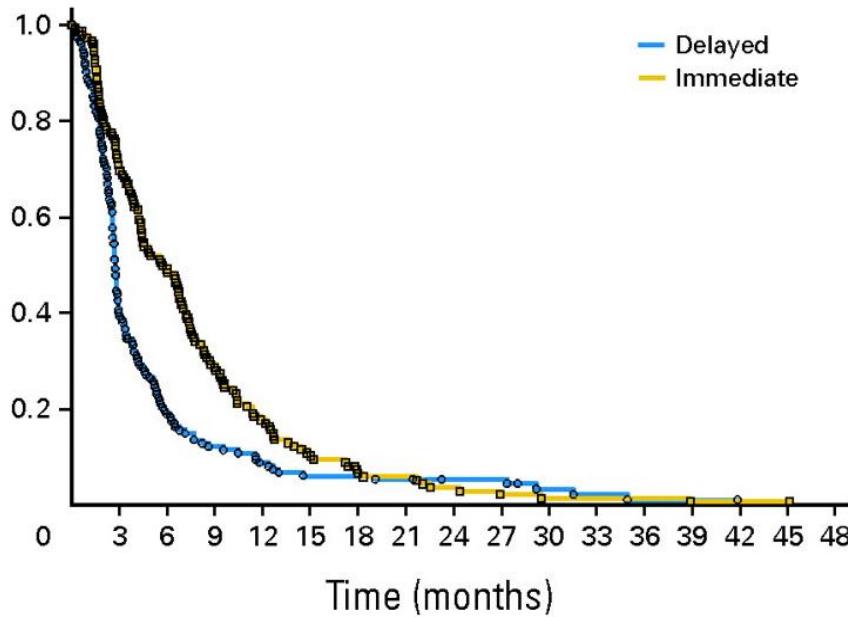
75 mg/ m^2 day 1, every 21 days until PD or maximum 6 cycles (N=153)

Delayed Docetaxel

Best supportive care until PD,
then 75 mg/ m^2 day 1, every 21 days
until PD or maximum 6 cycles (N=154)

Primary endpoint: OS measured from date of randomization until death
Secondary endpoints: tumor response rate, PFS, toxicity, quality of life

Immediate vs Delayed 2nd-Line Docetaxel in Advanced NSCLC: Results

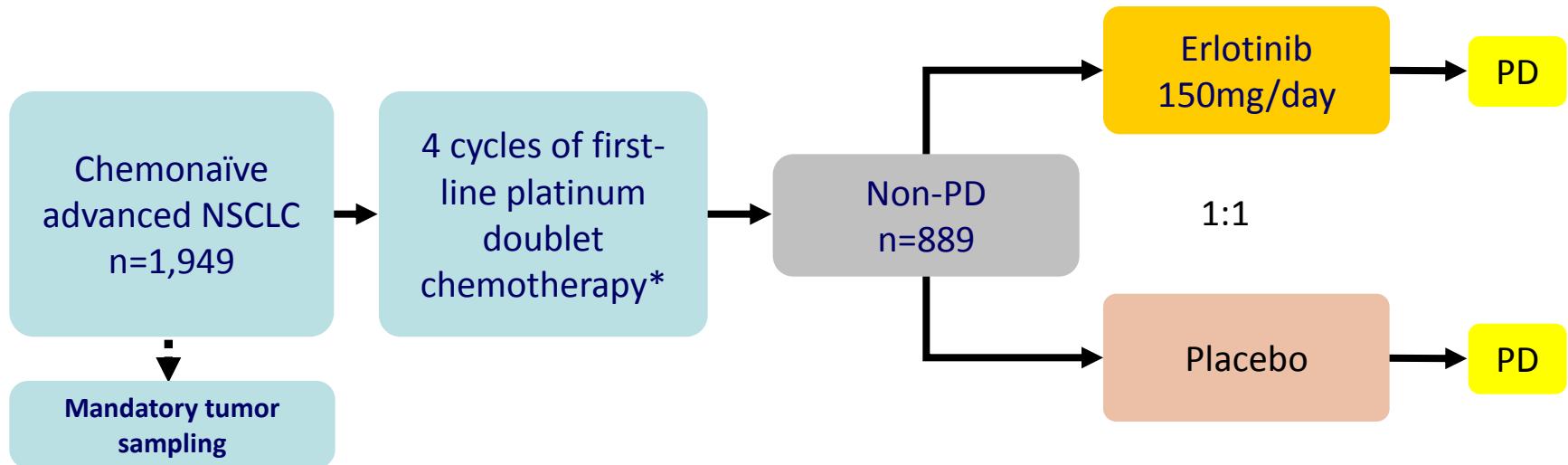


Results	Immediate Docetaxel	Delayed Docetaxel	P-Value
ORR, %	12% (36*)	11	NR
Median OS, mos; HR (95% CI)	12.3 (10.4-15.2)	9.7 (8.4-12.5)	.085
Median PFS, mos (95% CI)	5.7 (4.4-6.9)	2.7 (2.6-2.9)	0.0001

% of patients had a CR or PR from gemcitabine/carboplatin phase. PR=partial response.

SATURN

Study Design



Stratification factors:

- EGFR IHC (positive vs negative vs indeterminate)
 - Stage (IIIB vs IV)
 - ECOG PS (0 vs 1)
 - CT regimen (cis/gem vs carbo/doc vs others)
 - Smoking history (current vs former vs never)
 - Region

*Cisplatin/paclitaxel; cisplatin/gemcitabine; cisplatin/docetaxel cisplatin/vinorelbine; carboplatin/gemcitabine; carboplatin/docetaxel carboplatin/paclitaxel

Co-primary endpoints:

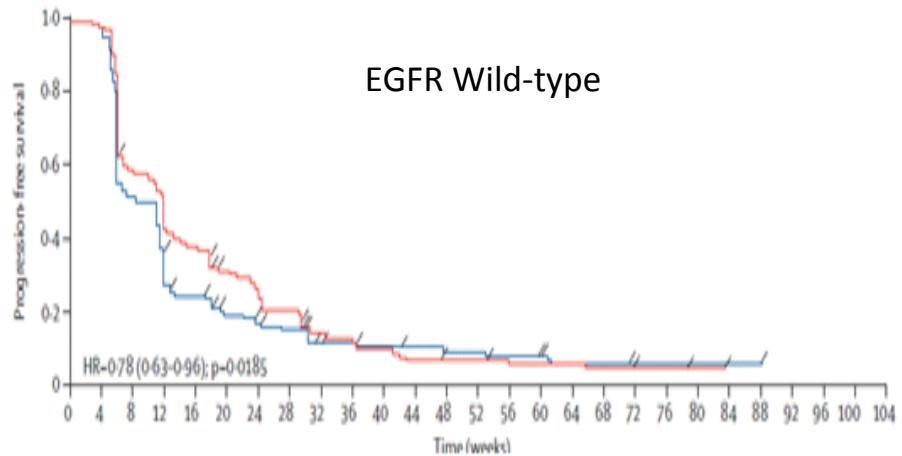
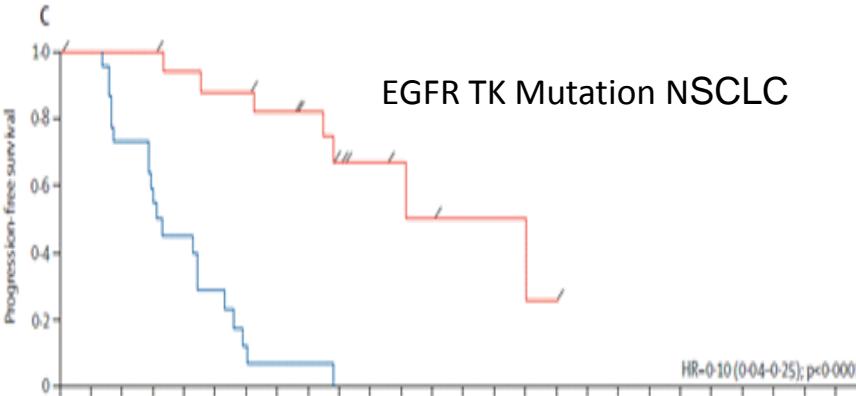
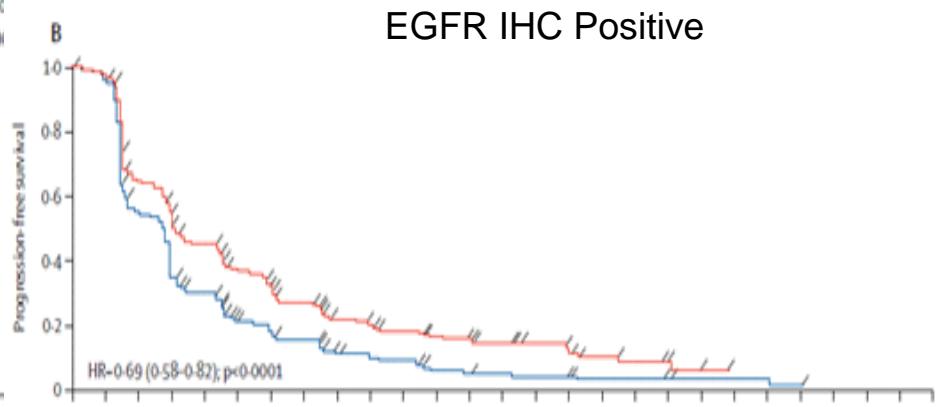
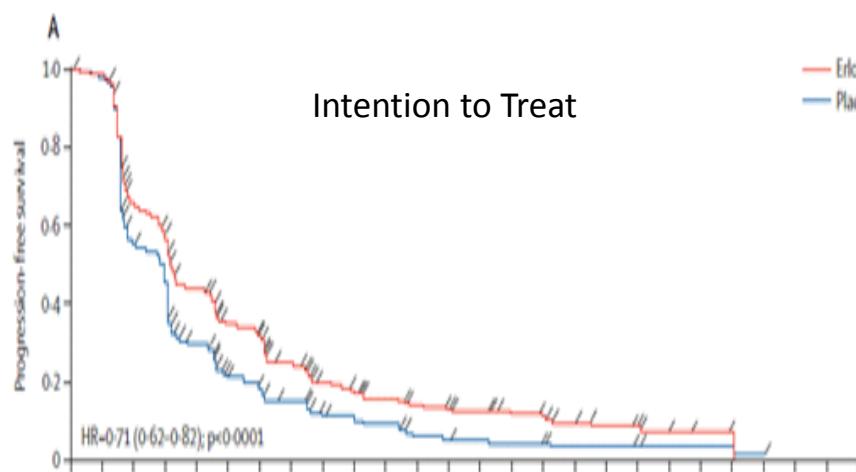
- PFS in all patients
 - PFS in patients with EGFR IHC+ tumors

Secondary endpoints:

- OS in all patients and those with EGFR IHC+ tumors, OS and PFS in EGFR IHC– tumors; biomarker analyses; safety; time to symptom progression; QoL

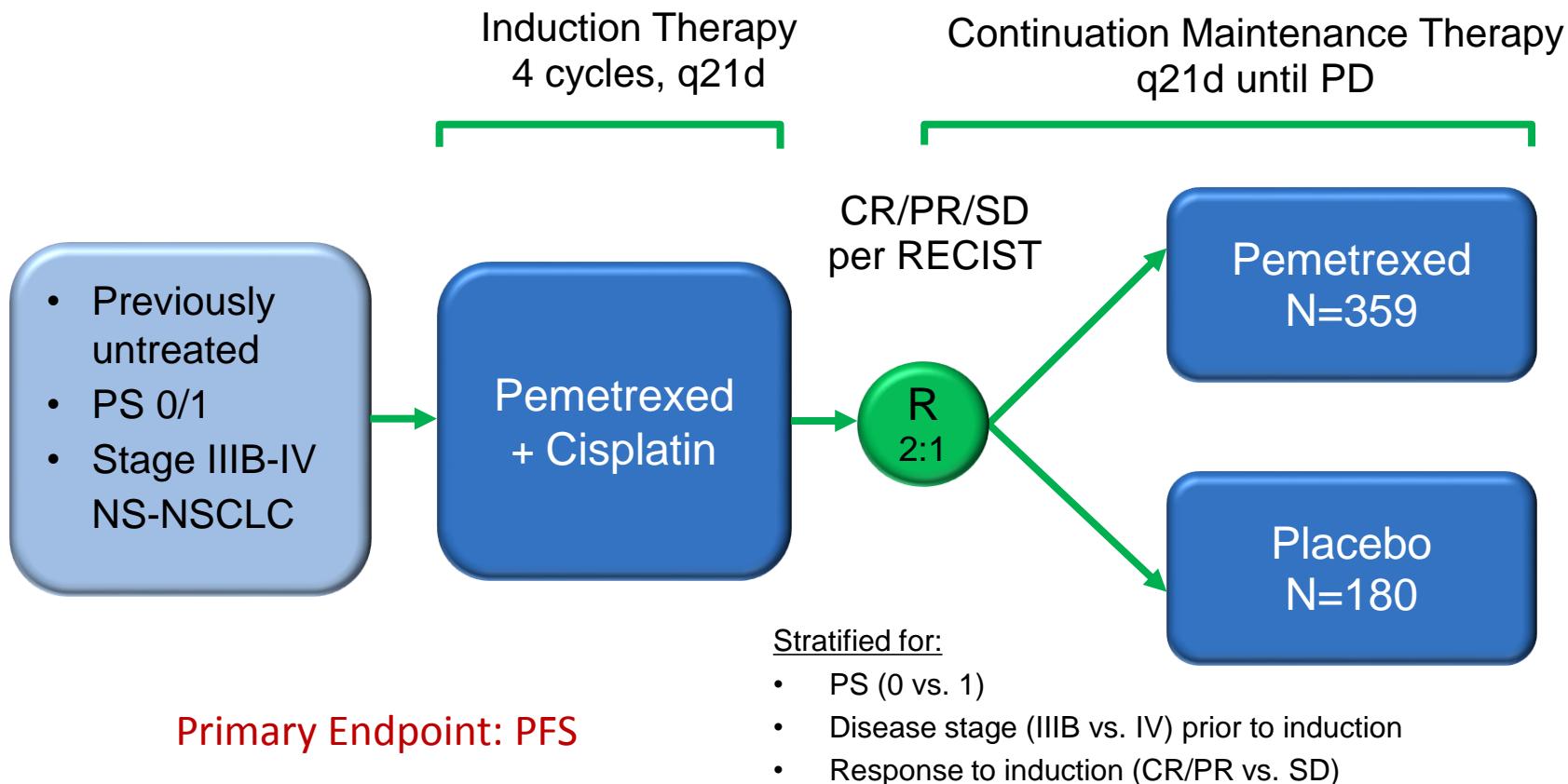
Maintenance Erlotinib

Progression Free Survival

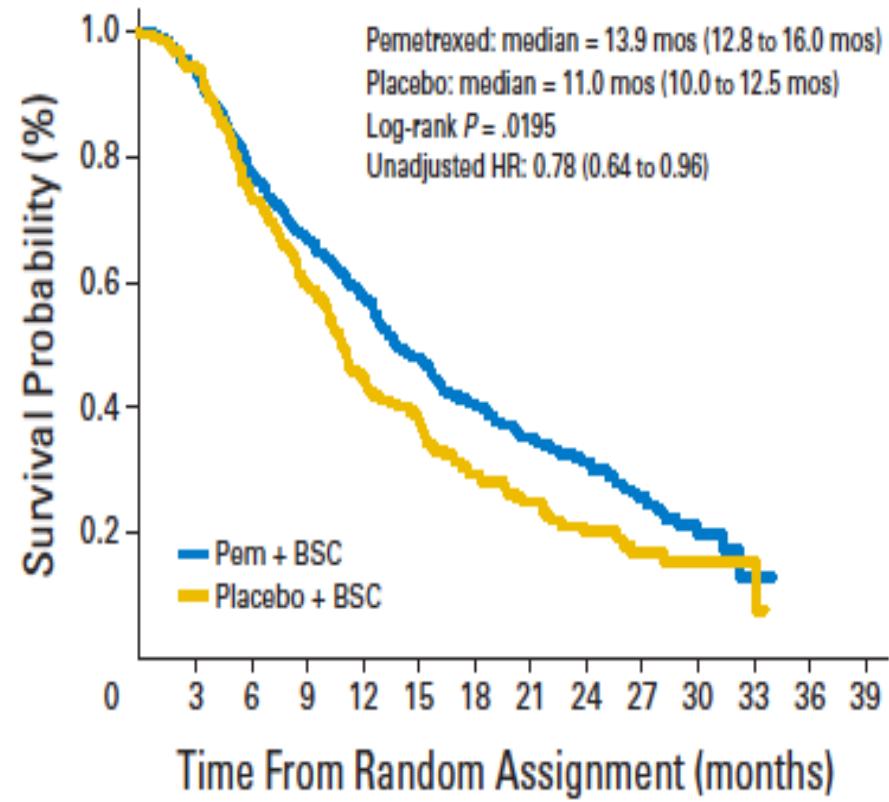
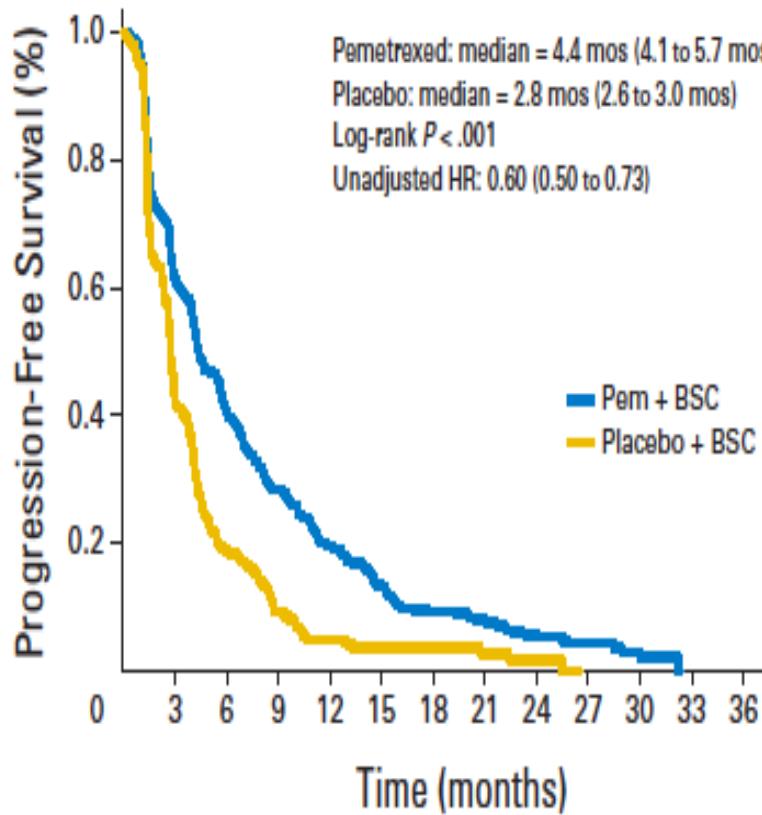


PARAMOUNT

Continuation Maintenance



PARAMOUNT: PFS & OS From Randomization



No. at risk												
Pem + BSC	359	215	139	97	67	47	32	22	16	10	5	0
Placebo + BSC	180	75	33	16	9	7	6	4	2	0	0	0

No. at risk												
Pem + BSC	359	333	272	235	200	166	138	105	79	43	15	2
Placebo + BSC	180	169	131	103	78	65	49	35	23	12	8	3

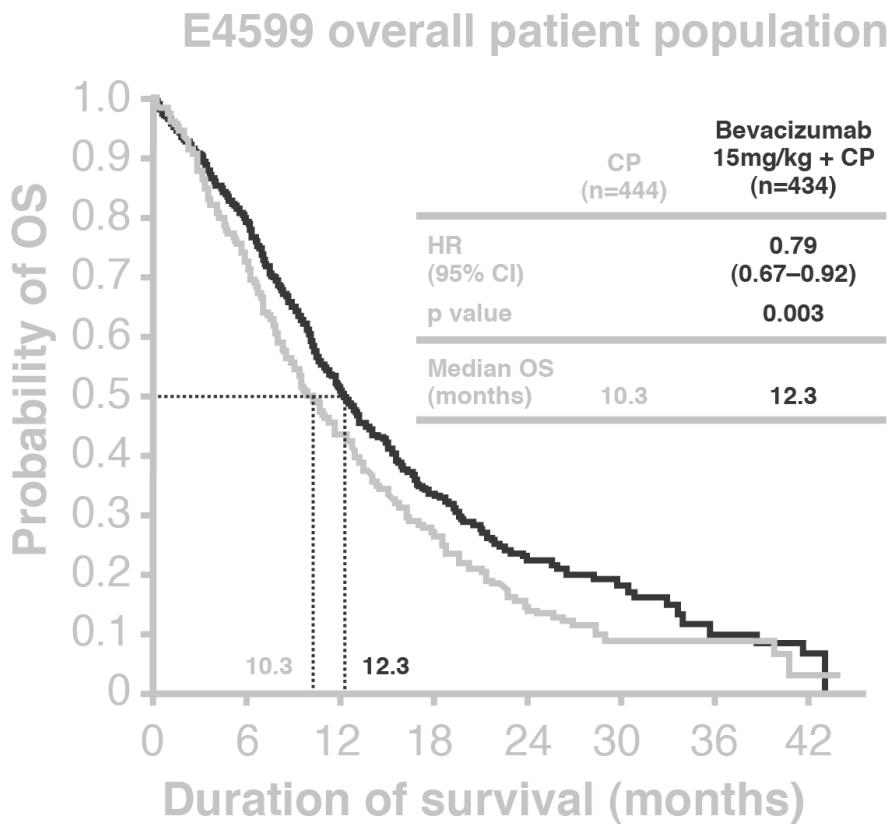
Induction: 4 v 6 courses

Paramount v JMDB

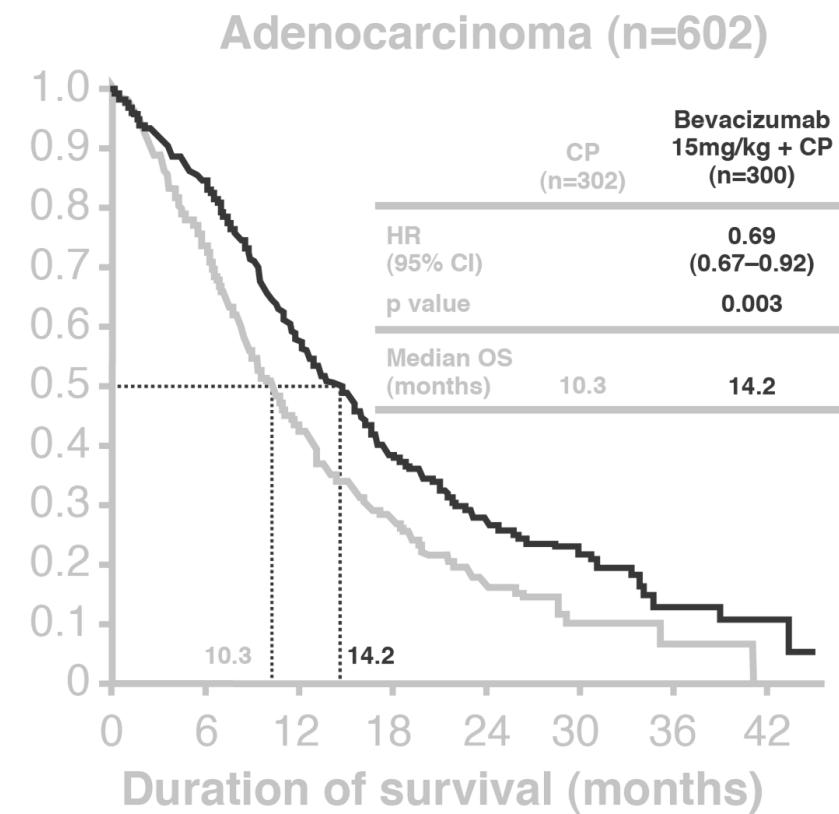
	PARAMOUNT Induction	JMDB
Median number of induction cycles	4 cycles then pemetrexed maintenance	1st-line treatment with 6 cycles
Response:		
• Response Rate (CR/PR)	30.1%	28.6%
• Disease control rates (CR/PR/SD)	74.5%	63.8%
Toxicity		
• Laboratory toxicities	13.7%	21.4%
• Nonlaboratory toxicities	14.8%	21.9%
• Possible treatment-related deaths	1.2%	1.0%
• Serious adverse events	14.2%	16.4%
Supportive care	More colony-stimulating factors in PARAMOUNT	More anti-emetics use in JMDB

Targeting angiogenesis/VEGF can improve survival

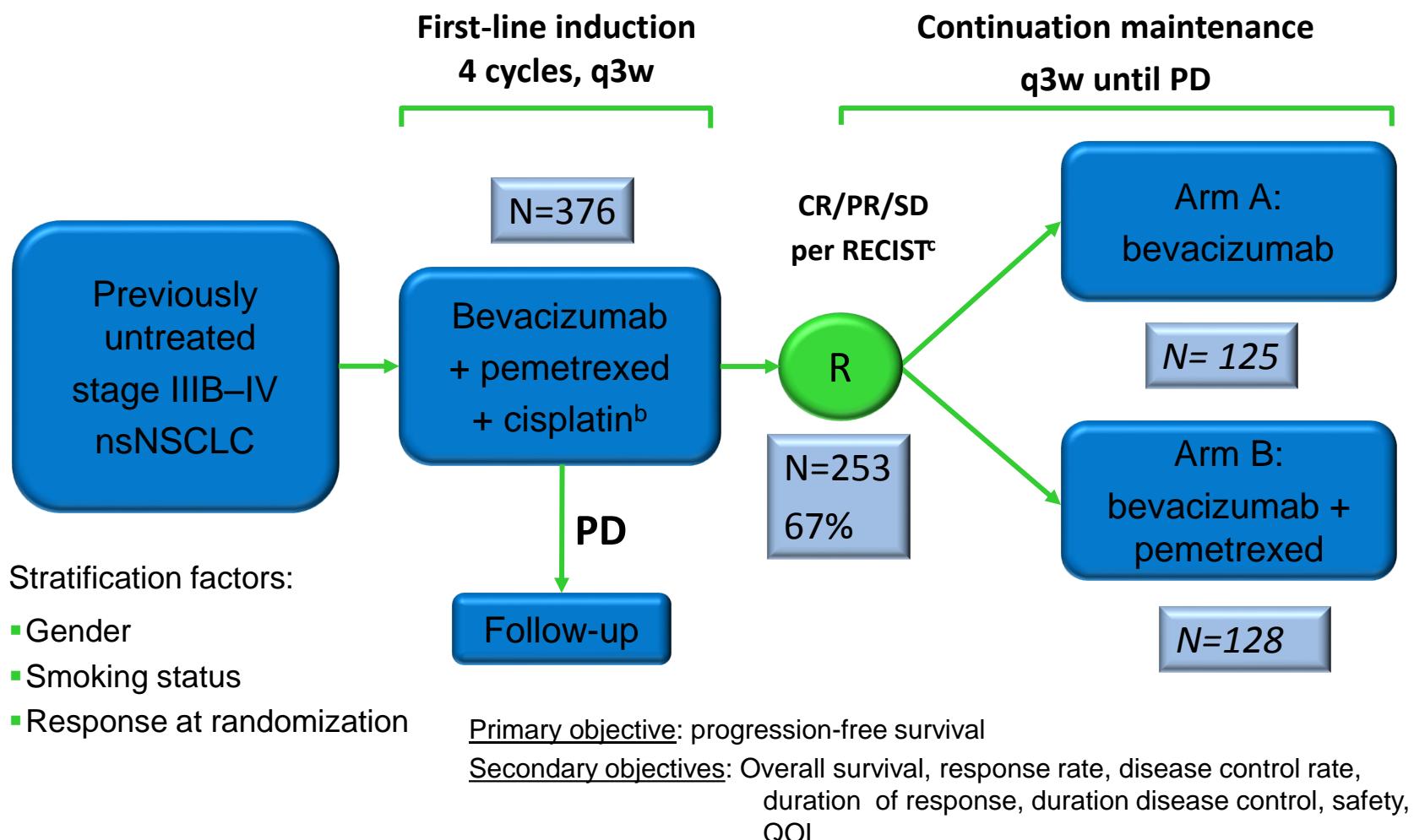
E4599: 1st line paclitaxel/carboplatin +/- bevacizumab in nonsquamous



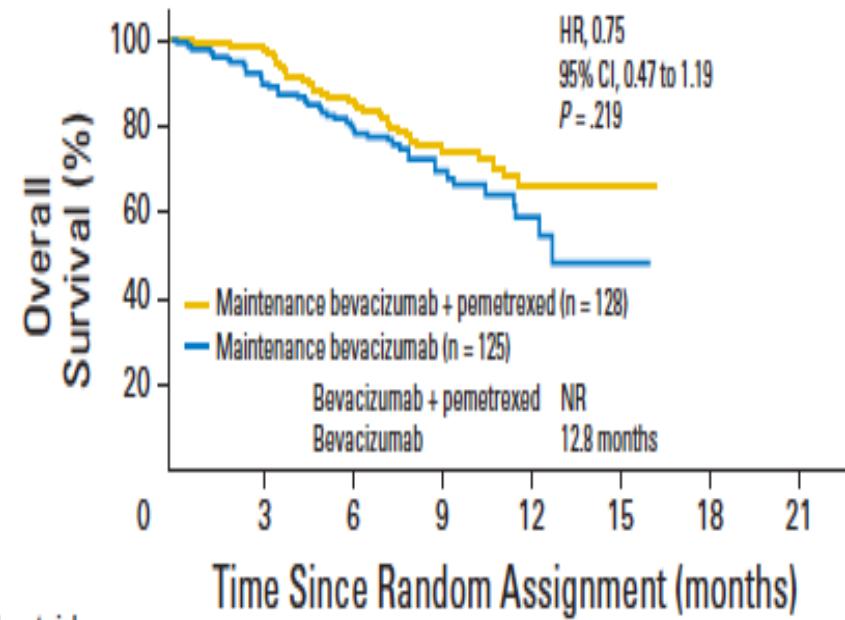
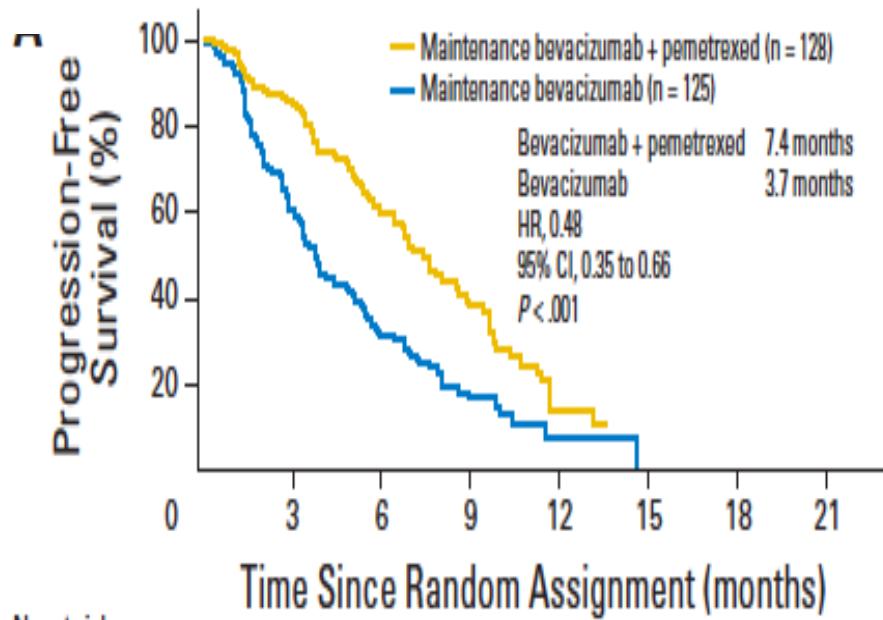
E4599: adenocarcinoma subset



AVAPERL

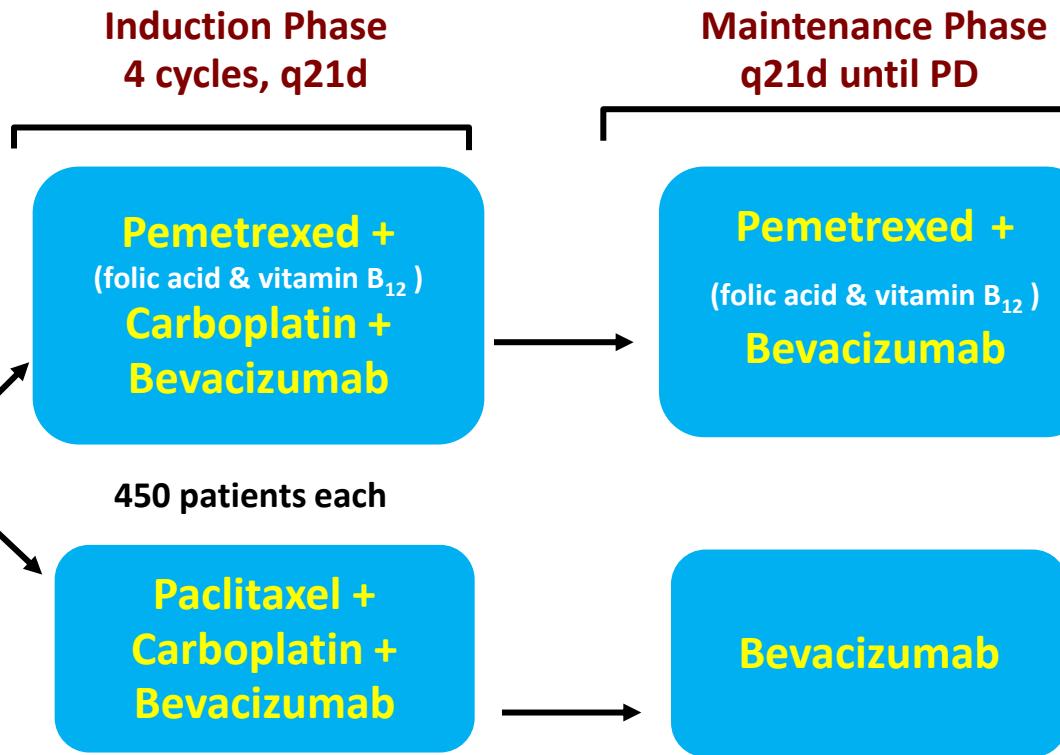
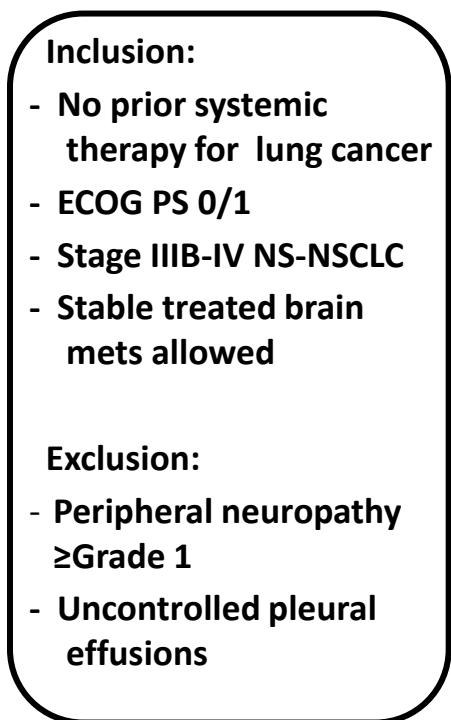


AVAPERL



PointBreak

Study Design

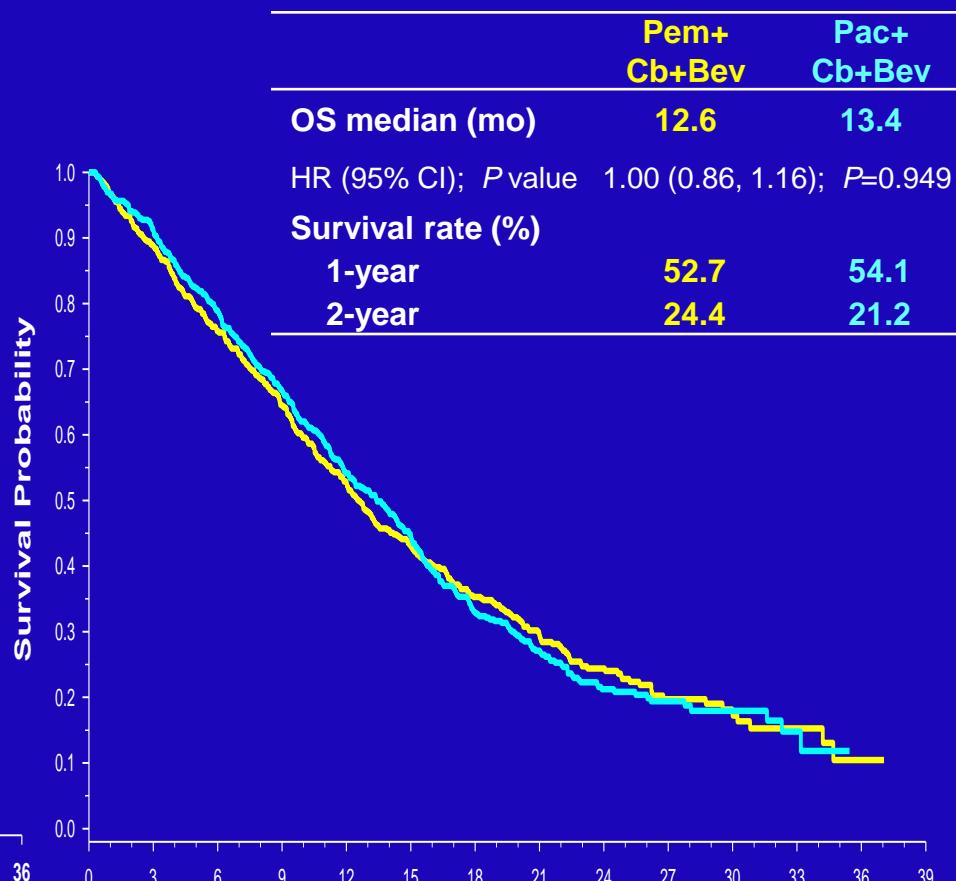
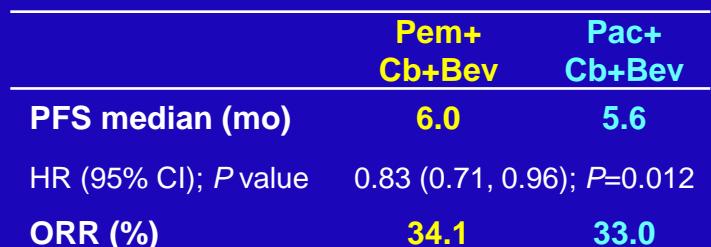


Stratified for:

PS (0 vs. 1); sex (M vs. F); disease stage (IIIB vs. IV); measurable vs. nonmeasurable disease

Pointbreak Trial

PFS & OS – ITT Population



Time from Induction (months)

Time from Induction (months)

ECOG 5508

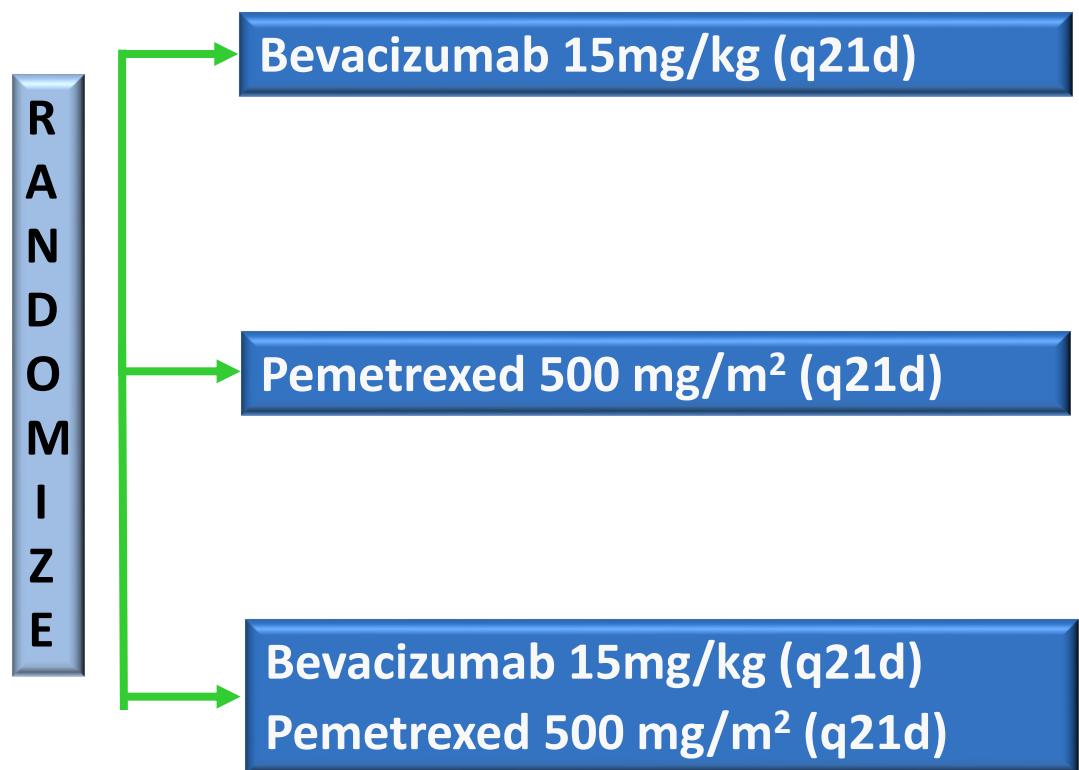
Phase III Study Design

- Stage IIIB/IV Bev eligible NSCLC
- PS 0-1
- 4 prior cycles of Carbo/Tax +Bev, with CR, PR, SD (864)

Randomization factors:

- Gender
- PS
- Stage
- Best tumor response to induction

Primary Endpoint = OS



B₁₂, folate, and dexamethasone given in Pem. arms

Total 1236 patients with 864 randomized (288/arm)

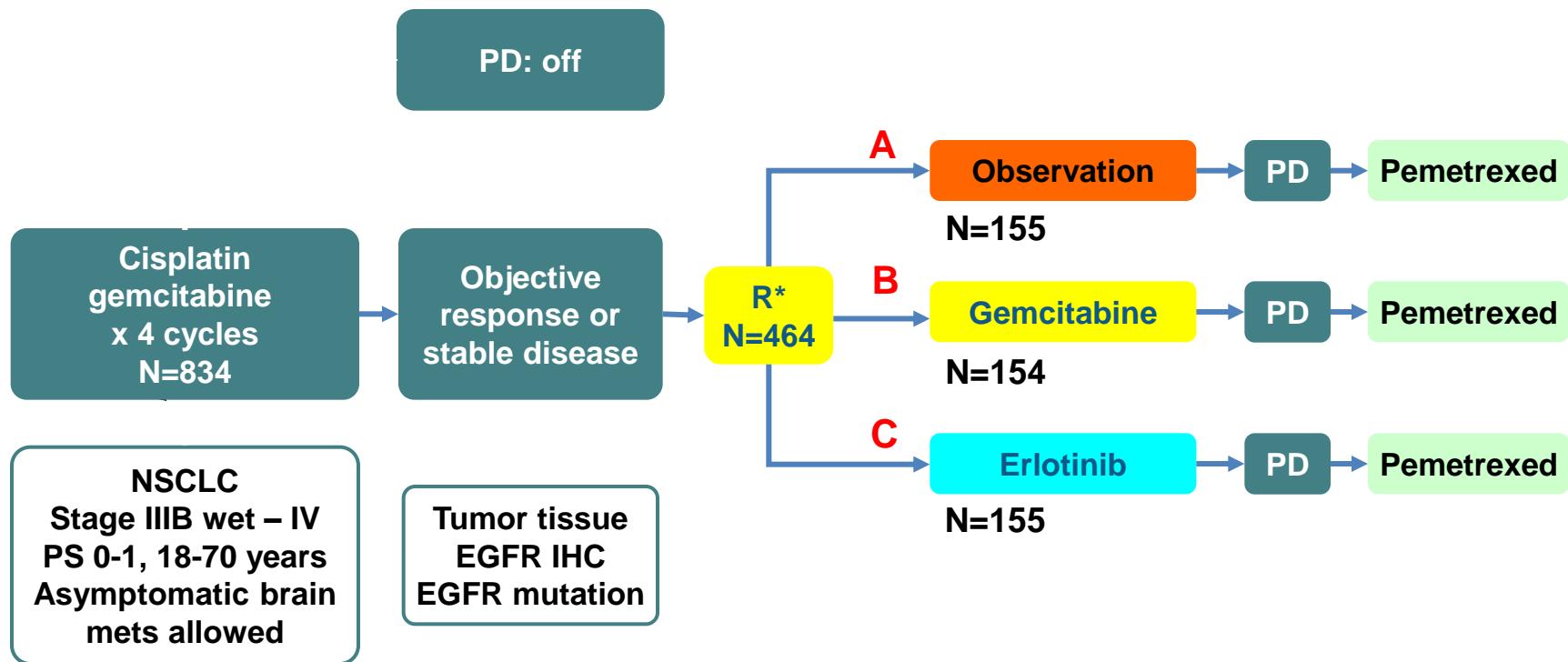
Control Arm Therapy at Progression

Study	Agent	Any Agent (%)	Cross-over (%)
Fidias	Docetaxel	62	62
JMEN	Pemetrexed	67	18
SATURN	Erlotinib	72	21
ATLAS	Erlotinib	56	40
Belani	Gemcitabine	17	n/a
IFCT-GFPC	Gemcitabine/Erlotinib	na	84*
PARAMOUNT	Pemetrexed	72	3.9**
INFORM	Gefitinib	67	30

Effective Treatment vs Suboptimal Treatment in the Control Arm?

* 2nd line pemetrexed mandated ** induction including pemetrexed

IFCT-GFPC 0502 study design



*Stratification factors:

- gender
- histology: adenocarcinoma vs other histology
- smoking status: non-smokers vs current/former smokers
- center
- response vs stabilization to induction chemotherapy

EGFR = epidermal growth factor receptor

IHC = immunohistochemistry; PD = progressive disease

IFCT-GFPC 0502

Overall 78% of patients received Pemetrexed

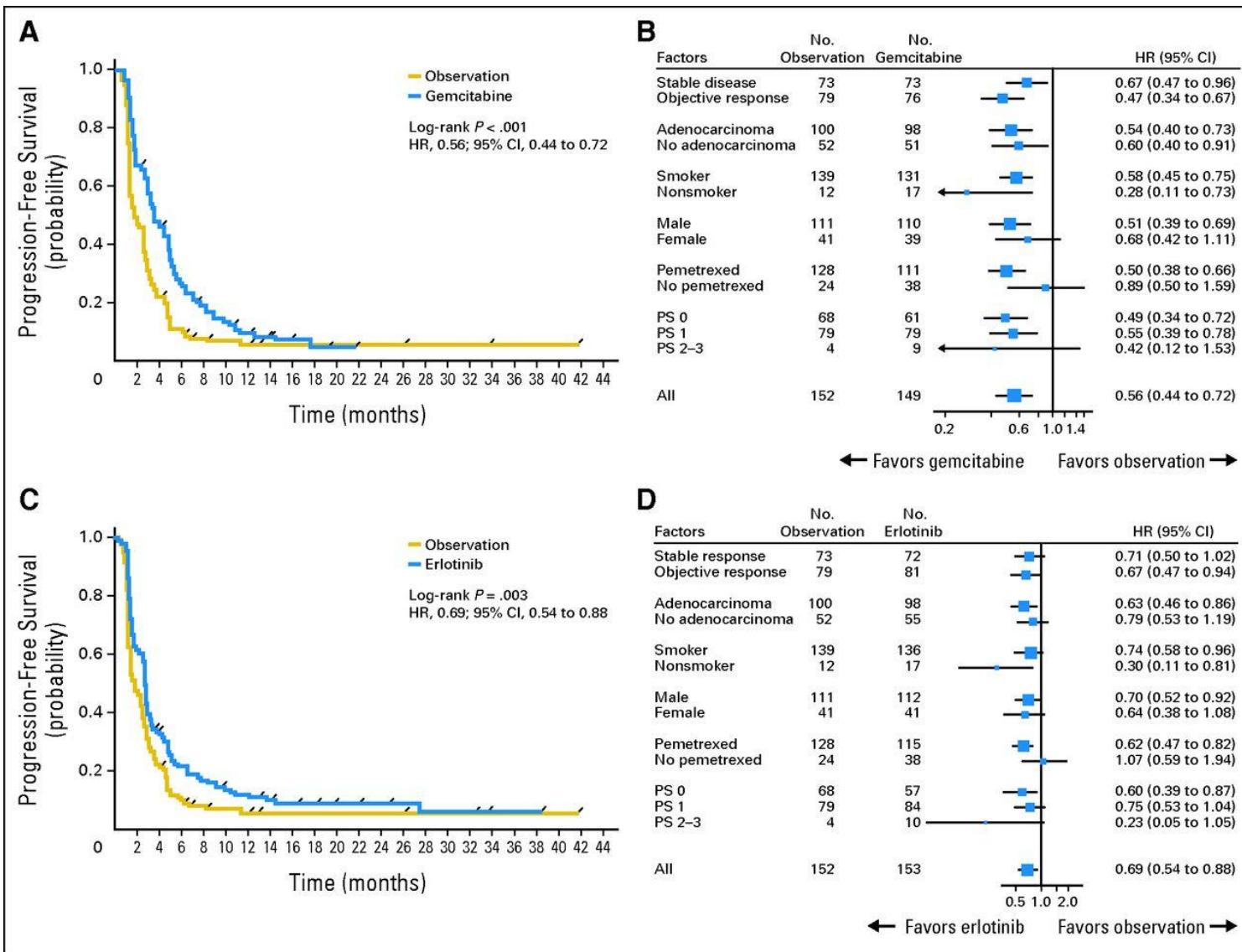
Observation – 83%

Gemcitabine – 74%

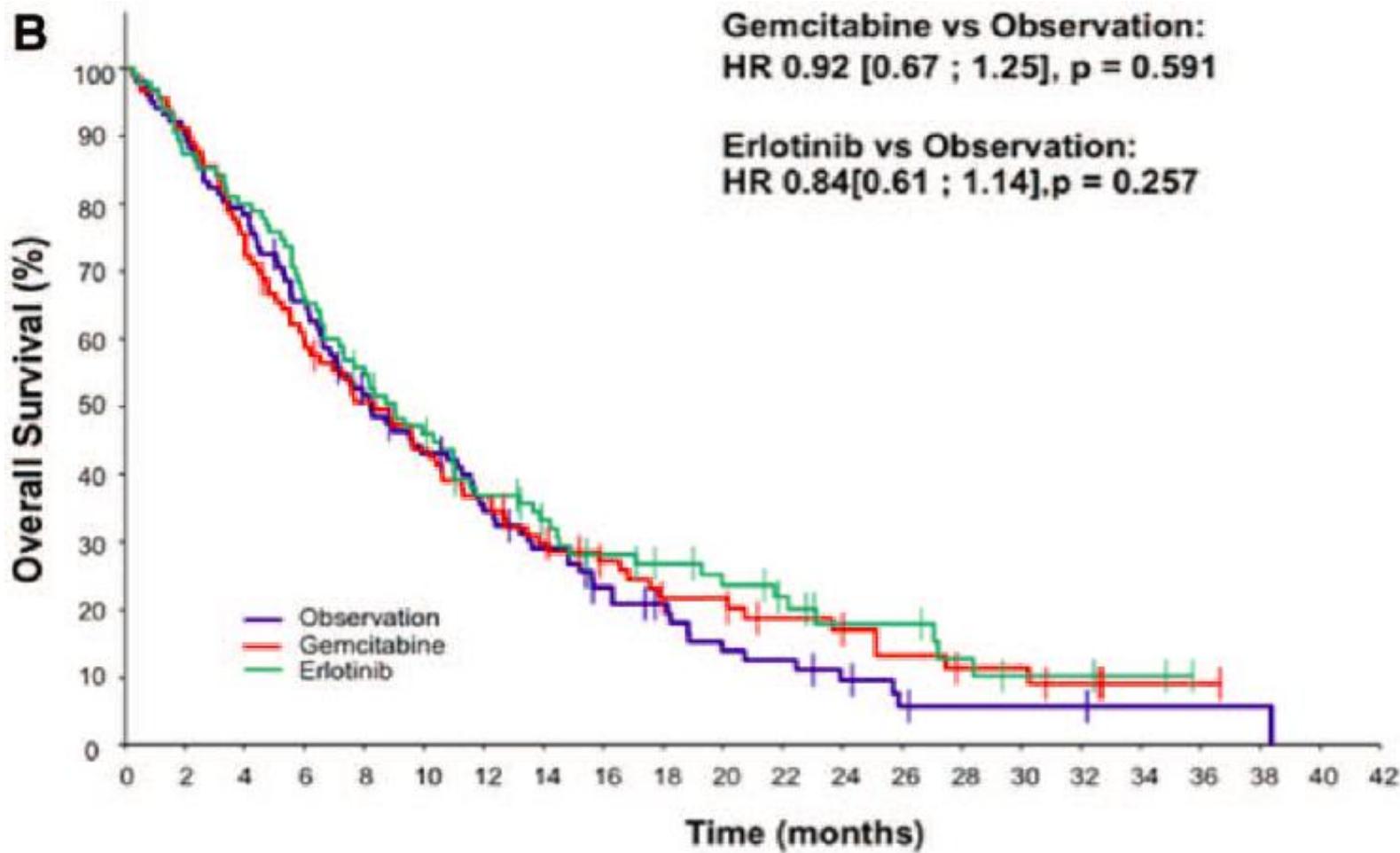
Erlotinib – 75%

94.5% of patients on the observation arm received subsequent therapy

Gemcitabine or Erlotinib Maintenance - PFS

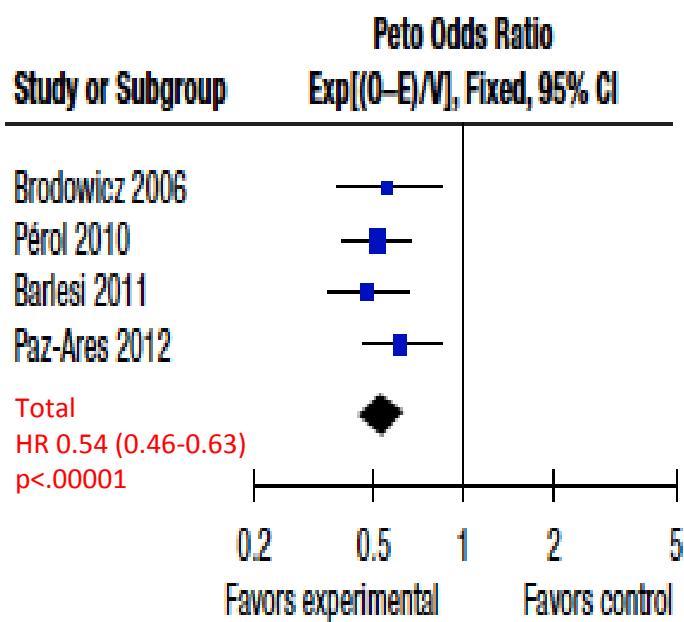


IFCT-GFPC 0502 – Overall Survival

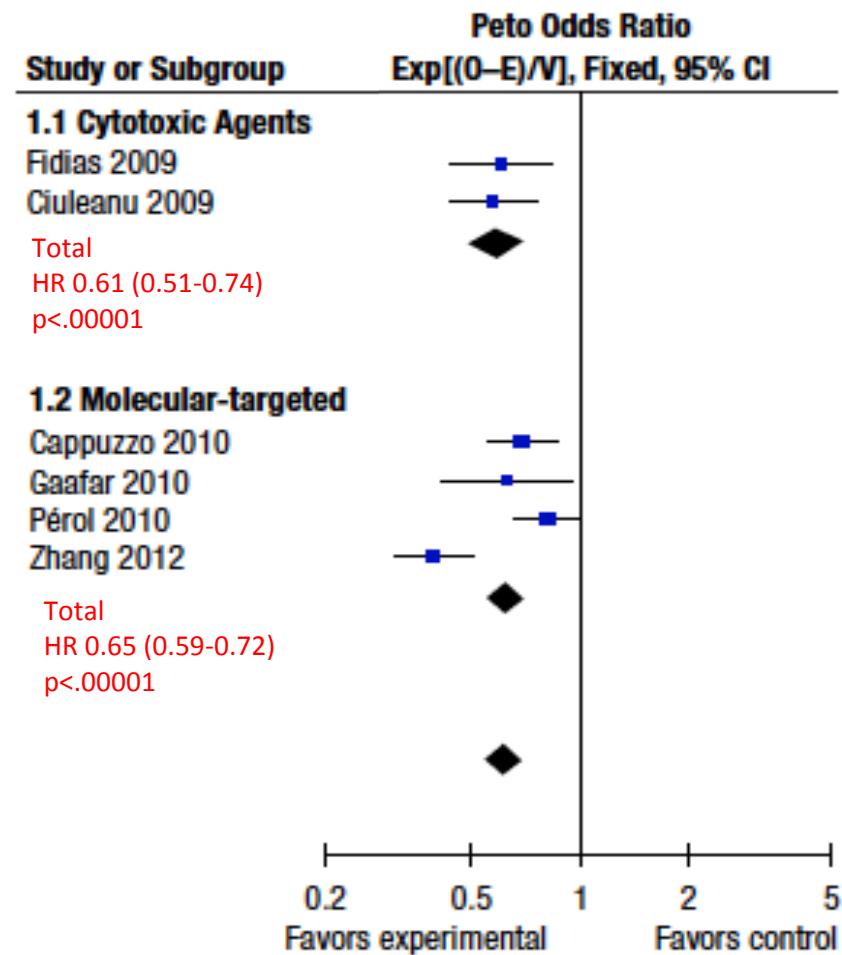


Meta-analysis of Maintenance Therapy : Progression Free Survival

Continuation Maintenance

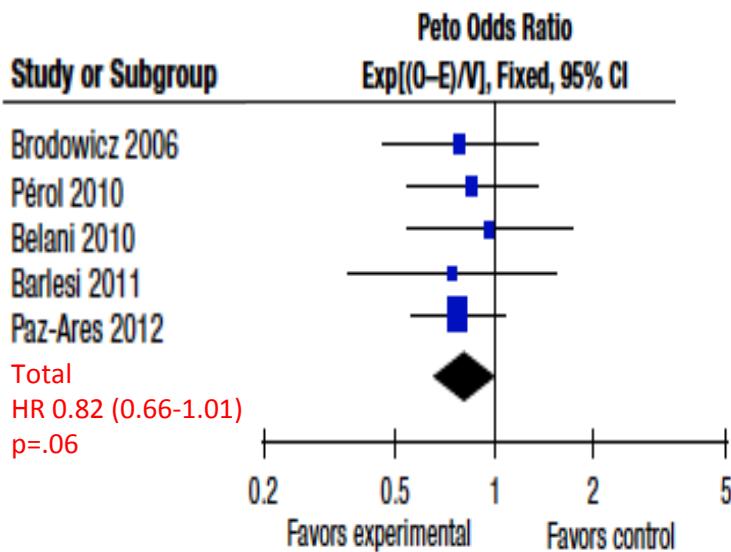


Switch Maintenance

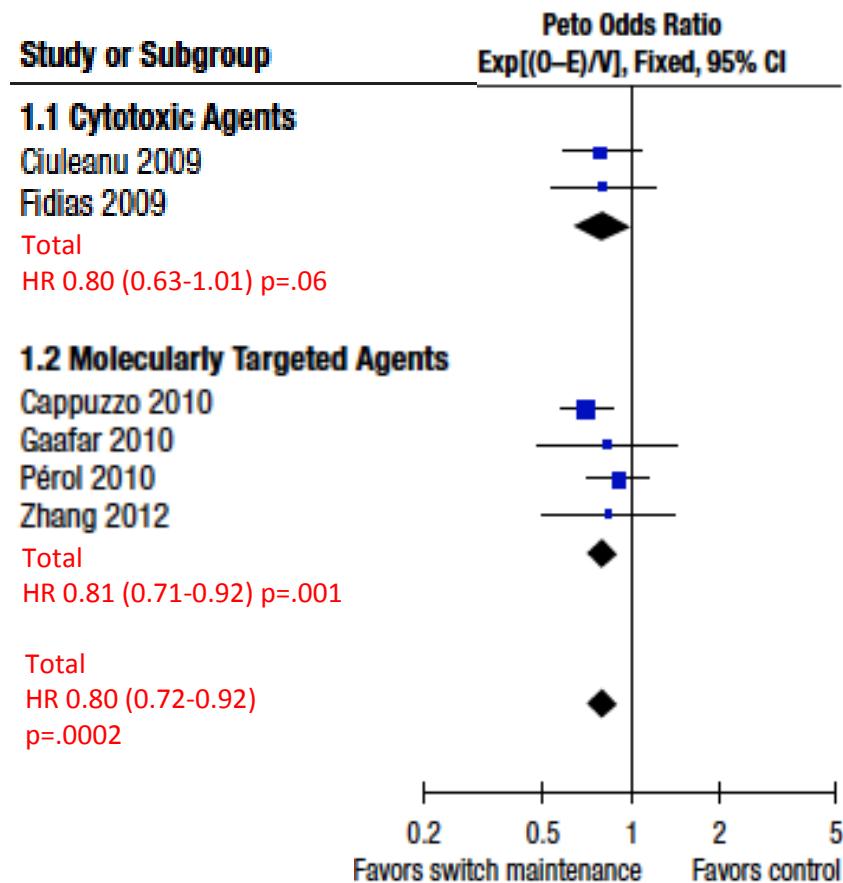


Meta-Analysis of Maintenance Therapy: Overall Survival

Continuation Maintenance



Switch Maintenance



7 trials report no detrimental effect on QOL

Pros & Contra of Maintenance Therapy

PRO

- Maintain Disease control
- Improves Progression-free Survival
- Improves Overall Survival
- Maintains Quality of Life
- Opportunity to treat more patients
- Patients support maintenance therapy

CONTRA

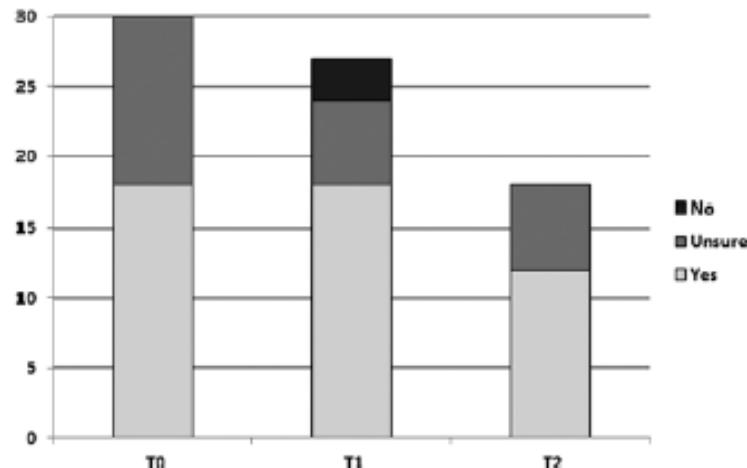
- Induction regimens of 4 vs 6 cycles may accomplish the same improvement in PFS
- The marked drop off in the % patients available for second line therapy in earlier reports appears not to be the case when patients are carefully followed
- Grade 3-4 AE rates of 30-40% are too high
- Cost of this intervention is just too expensive
- Need good biomarkers

Efficacy:

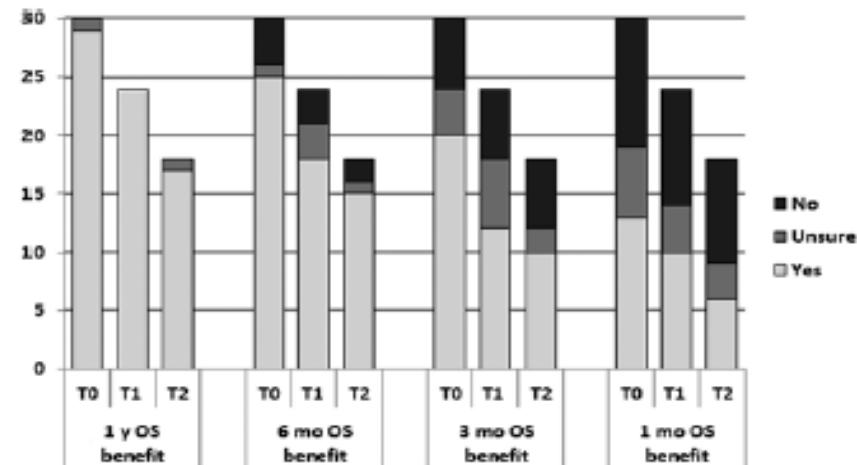
Quality of Life

Trial	N	Maintenance drug	QoL & Symptom Control
Switch Chemotherapy Maintenance			
Westeel et al.	181	Vinorelbine	NR
Fidias et al.	309	Docetaxel	No differences
Capuzzo	889	Erlotinib	Better pain control
Cieleanu et al.	663	Pemetrexed	Better pain and hemoptysis control
Continuation Chemotherapy Maintenance			
Paz-Ares et al	539	Pemetrexed	No detrimental effect
Brodowicz et al.	206	Gemcitabine	NR
Belani et al.	255	Gemcitabine	NR
Perol et al.	309	Gemcitabine	NR

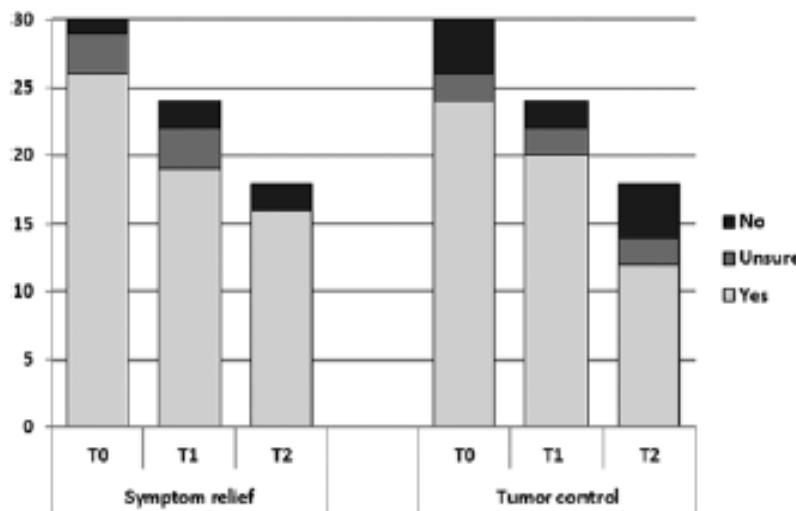
Patient Perception of Maintenance



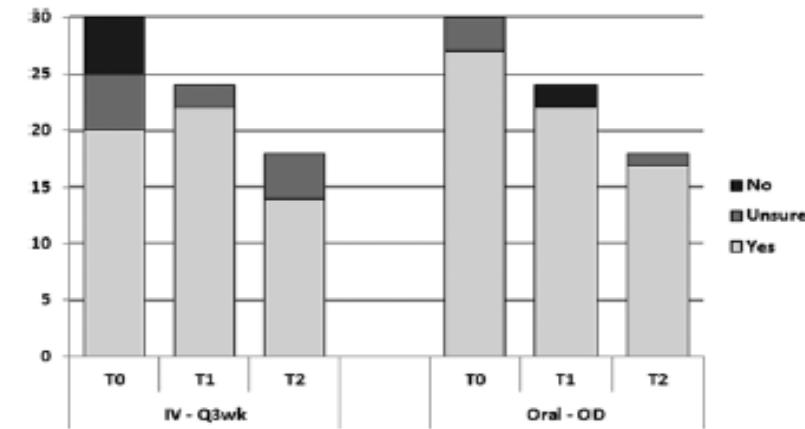
Do you think Maintenance therapy is worthwhile?



Do you think Maintenance therapy is worthwhile depending on the magnitude of the survival benefit?



Do you think Maintenance therapy is worthwhile if there was no survival benefit but symptom control benefit?



Do you think Maintenance therapy is worthwhile depending on mode of administration?

75% of patients would take MT for mild to moderate toxicity

Conclusion

- Maintenance therapy offers the possibility of continued active treatment to delay disease progression and symptom deterioration
- Continuation maintenance represents true maintenance.
 - Available data with pemetrexed are relevant and robust (and not inferior to those of switch maintenance), and claim for a change in the treatment paradigm
 - Further studies are ongoing
- Meta-analyses and patients' preference support the use of maintenance in advanced NSCLC

Maintenance in Advanced NSCLC

Treating Before Disease Progression Until Progression or Intolerance

Traditional approach

1st-line treatment
platinum doublet
chemotherapy
(4–6 cycles)

*Break from
treatment*

2nd/3rd line
treatment

Diagnosis

CR/PR/SD

PD

PD

Maintenance approach

Maintenance therapy

Diagnosis

CR/PR/SD

PD

PD



Increased
time to PD