

Thymoma exhibiting pleural effusion at disease progression. Case report.

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Background & objectives

Thymomas are uncommon neoplasms. Relapse after aggressive locoregional treatment is unfrequent. Metastatic pleural dissemination can occur. However, malignant pleural effusion is rare. We present a case report, with emphasis on differential diagnosis and relevance of cell blocks use for immunocytochemistry.

Methods

53 year old woman suffering from miastenia gravis was found to have a mediastinal mass. B3 thymoma diagnosis was made. Margins were affected. She underwent locoregional radiotherapy. After 4 years of follow-up, disease relapsed as pleural nodules. She started systemic chemotherapy. Stable disease was achieved. 10 months later, she developed pleural effusion. Cytospins and cell blocks were evaluated.

Results

Small/medium size atypical cells were commonly seen in between scattered mesothelial cells. They showed high nuclear/cytoplasm ratio, anisonucleosis and clumsy chromatin. Immunophenotype was positive for CD99 and TdT. It was negative for P40, PAX8, CK19 and CK20. Pleural cavity involvement by thymoma was established.

Conclusion

Thymomas can rarely give rise to pleural effusions. Diagnosis can be challenging. Detailed review of the patient's personal history and immunocytochemistry remains crucial to clarify differential diagnosis. Cell blocks, if available, can be very useful.

References

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