



NEOADJUVANT IMMUNOTHERAPY PLUS CHEMOTHERAPY IN TRIPLE-NEGATIVE BREAST CANCER A METAANALYSIS AND SYSTEMATIC REVIEW

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INTRODUCTION

In the early stages, the use of neoadjuvant treatment is the standard of care in triple negative breast cancers (TNBCs). Patients who achieve a pathological complete response (pCR) with primary therapy have improved survival outcomes. The programmed cell death protein 1 (PD-1) is an immune checkpoint that inhibits T-cell effector function within tissues. Its ligand, PD-L1, has been shown to have high expression in TNBCs. To date, major research efforts are being undertaken to determine the use of **PD-1/PD-L1 immune checkpoint inhibitors in TNBC**. Recent randomized controlled trials (RCTs) have shown promising activity of PD-1/PD-L1 inhibitors in the neo-adjuvant setting.

METHODS

A systematic search of Pubmed, Embase, Cochrane, Clinical trials databases and hand search were utilized to identify RCTs investigating the use of neo-adjuvant PD-1/PD-L1 inhibitors plus standard chemotherapy in TNBC. Trials published up to March 2020 were included. Using the random effects model, pooled Odds ratios (ORs) with 95% confidence intervals (CI) were calculated for pCR. Subgroup analysis of pCR rates based on PD-L1 expression was also done.

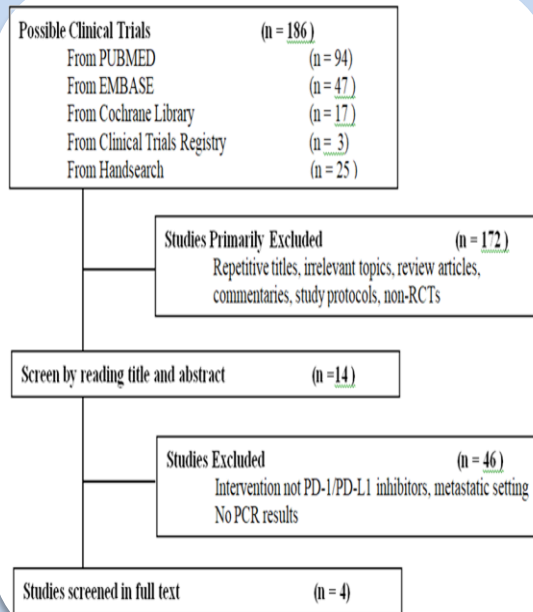


Fig. 1 Search Strategy

RESULTS

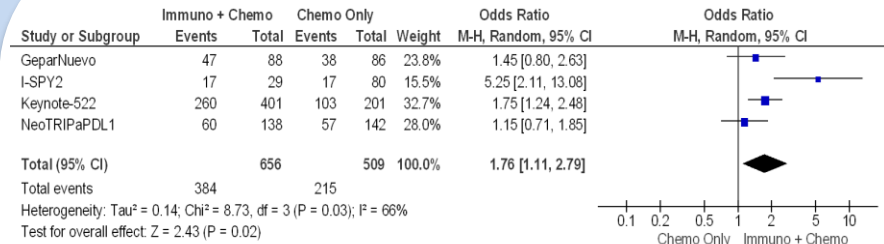


Fig. 2 Four RCTs were included (N=1306) and analyzed. Neoadjuvant immunotherapy plus chemotherapy showed significant pCR benefit of 58.5% vs 42.2% compared to chemotherapy alone (OR1.76, 95%CI1.11-2.79, P<0.02).

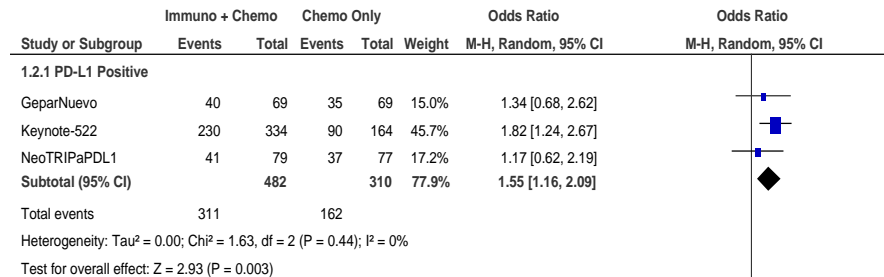


Fig. 3 Subgroup analysis based on PD-L1 expression showed that in the immunotherapy group, there is a significantly higher pCR rate in the PD-L1-positive population than in the PD-L1 negative group (64.5%vs39.4%, OR1.55, 95%CI 1.16-2.09, p=0.003, I² = 0%).

CONCLUSIONS

PD-1/PD-L1 inhibitors combined with chemotherapy was associated with increased pCR rates in TNBC, hence, supporting its use in the neo-adjuvant setting. Subgroup analysis showed that the benefit of adding immunotherapy was more significant in those with PD-L1-expressing tumors. This indicates that the PD-L1 immune marker may have utility in selecting TNBC patients who can benefit more from PD-L1 inhibitors. Longer follow-up of these studies would hopefully show significance in progression-free survival and overall survival.